INTRODUCTION

Many pathogens, including Shigella flexneri, express virulence factors conditionally and under tight control. This is true of invasins and the type III secretion system (T3SS) by which they are delivered into host cells. Together with various environmental conditions, nutrients are often included among factors that influence the pathogenicity of bacteria (Miller et al., 1989). The supply of the amino acid tryptophan is for example critical for intracellular pathogens such as chlamydiae (Beatty et al., 1994; Byrne et al., 1986). Four amino acids (Asp, Glu, Arg, Ser) increase the production of cholera toxin and of the pilus colonization factor TcpA in Vibrio cholerae when they are added to minimal growth medium (Miller & Mekalanos, 1988). However, examples of molecules affecting virulent phenotypes through direct addition to the medium are scarce in both bacteria (Karlsson et al., 1999; Prunier et al., 2007; Rietsch & Mekalanos, 2006) and pathogenic eukaryotes (Domergue et al., 2005; Fox & Bzik, 2002; Pfefferkorn, 1984). Understandably, controlled investigations focused on deciphering the influences of gene products on other genes are designed to exclude other possible effectors, especially changes of the environment. Consequently, influences on the virulence of nutrients or other subtle and complex factors within the milieu of an in vivo infection are often neglected. The expression of virulence genes in S. flexneri, the causative agent of bacillary dysentery, is illustrative of a substantial role of the environment on pathogenesis. Its requirements for the modification Q34 in the tRNA differ according to specific substances present in or absent from the growth medium (Durand & Björk, 2003). The stimulatory role on virulence gene expression conveyed by putrescine, or by a mixture of the metabolically related arginine and methionine, in the growth medium suggests nutrient-specific influence of pathways for the invasive behaviour of S. flexneri. This effect provides a route to better understanding fundamental yet undere xplored aspects of metabolites on pathogenicity.

The facultative intracellular bacterium S. flexneri, which is very closely related to Escherichia coli, destroys the mucosa of the colon in humans and monkeys by invading and replicating in epithelial cells and by moving between such cells. Extensive destruction leads to a characteristic bloody diarrhoea which may favour the dissemination of the pathogen. Invasion is promoted by the activation of regulatory elements borne on a 230 kbp large virulence plasmid and on the bacterial chromosome. The determinants for the effectors of the virulence are also borne on the plasmid. They include the determinants for the invasins IpaB, C, D and the elements of a T3SS involved in the correct delivery of the virulence effectors into the host cell and secreted into the surrounding milieu. Through direct interactions with cellular targets, these effectors influence various cellular signalling pathways and perturb the innate immune activation of the host (Ogawa & Sasakawa, 2006).

Metabolic control through ornithine and uracil of epithelial cell invasion by Shigella flexneri

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This paper shows that compounds in defined growth media strongly influence the expression of the effectors of virulence in the human invasive pathogen Shigella flexneri. Ornithine in conjunction with uracil reduces the haemolytic ability of wild-type cultures more than 20-fold and the expression of the type III secretion system more than 8-fold, as monitored by an mxiC: : lacZ transcriptional reporter. mxiC gene expression is further decreased by the presence of methionine or branched-chain amino acids (15-fold or 25-fold at least, respectively). Lysine and a few other aminated metabolites (cadaverine, homoserine and diaminopimelate) counteract the ornithine-mediated inhibition of haemolytic activity and of the expression of a transcriptional activator virF reporter. The complete abolition of invasion of HeLa cells by wild-type bacteria by ornithine, uracil, methionine or branched-chain amino acids establishes that these metabolites are powerful effectors of virulence. These findings provide a direct connection between metabolism and virulence in S. flexneri. The inhibitory potential exhibited by the nutritional environment is stronger than temperature, the classical environmental effector of virulence. The implications and practical application of this finding in prophylaxis and treatment of shigellosis are discussed.
Virulence genes are functionally organized in a cascade, which, under the right environmental conditions, amplifies the expression of invasins 100–200-fold. The virF gene, the most upstream gene in this cascade, encodes an AraC-family transcriptional activator. It is required for the expression of the virulence effector VirG, which is responsible for the intracellular motility of *Shigella*, manifested through its ability to polymerize actin molecules of the cytoskeleton of the host cells. The VirF protein also activates the expression of VirB, another transcriptional activator and member of the ParB family, involved in plasmid partitioning. The VirB protein is required for induced expression of the *ipa* operon and for the activation of the genes encoding the proteins constituting the T3SS apparatus. The influences of temperature, osmolarity and pH on the expression of the virulence genes have been extensively studied (Maurelli *et al.*, 1984; Nakayama & Watanabe, 1995; Porter & Dorman, 1994), and this pathogen is consequently considered a paradigm in virulence gene regulation.

Acquired through oral contamination, *S. flexneri* crosses the different parts of the digestive tract before reaching the terminal part of the colon where disease typically ensues. Since expression of the virulence genes is a prerequisite for cellular invasion, the growth conditions must trigger the expression of these genes. Indeed, the expression of the effectors of virulence decreases as growth conditions deviate from those prevailing in the lower gut, including 37 °C, pH near 7.4, or osmolarity of saline. Temperature, osmolarity and pH exert a cumulative influence on the transcription of the virF gene (Dorman & Porter, 1998). Variations in the concentration of VirF correlate with variations in the expression of invasins and occur in parallel with changes in environmental conditions that affect transcription of the virF gene. Mutants defective in the formation of VirF do not express virulence-associated genes in culture. Thus, there is a close correlation between the synthesis of VirF and expression of virulence-associated phenotypes, such as the invasion of HeLa cells and the contact haemolytic assay.

Interestingly, the efficiency with which the *virF* mRNA is translated into the VirF polypeptide is also critical for the expression of virulence genes. The integrity of the tRNA modification genes *tgt* and *miaA*, responsible for the synthesis of the modified nucleosides queuosine (Q) and 2-methylthio-N^6^-isopentenyladenosine (ms^2i6A) respectively, is a prerequisite for full expression of VirF and thereby of the invasins. The translation of the *virF* mRNA can modulate the environmental signal very tightly. Thus, although *virF* transcription is similar to that found in the wild-type, *miaA* :: *KmSma* mutants of *S. flexneri* exhibit a total inhibition of virulence gene expression at 37 °C grown in rich undefined medium (Durand *et al.*, 1997), and a *tgt* mutant shows the same effect grown in glucose minimal medium (Durand & Björk, 2003). This post-transcriptional step should be considered in the analysis of the stimulation provided by the environment, not only quantitatively but also qualitatively, since a regulation at this step also allows the input of additional regulatory influences. There is as yet no clear experimental evidence for the mediation of an environmental influence on the expression of virulence genes through variations in the level of the tRNA modification. However, the production of VirF in the *tgt* mutant and subsequently the production of invasins is clearly dependent on the presence of amino acid mixtures in the growth medium, and the specific requirement of arginine plus methionine has been demonstrated (Durand & Björk, 2003). These enrichments, however, do not influence virulence gene expression in the wild-type. The medium-dependent expression of virulence genes observed in the *tgt* mutant suggests that difference in the degree of tRNA modification and presence of specific nutrients could shape the virulence response mounted by *S. flexneri*. Indeed, genetic analyses dedicated to the identification of mutants with decreased invasivity have shown that biosynthetic pathways such as those for methionine biosynthesis (Rothman & Corwin, 1972; Zagaglia *et al.*, 1991) or guanine biosynthesis (Cersini *et al.*, 1998; Noriega *et al.*, 1996) are involved in the process of invasion. Although these studies did not identify the metabolic intermediates influencing invasion, quinolinate, which is an intermediate in NAD biosynthesis, was recently reported to inhibit invasion (Prunier *et al.*, 2007). Nevertheless, a gap exists in the wider understanding of how metabolic pathways may influence virulence gene expression in *S. flexneri*. Screening for molecules active on the haemolytic ability of wild-type *S. flexneri*, we have found that ornithine (Orn) and uracil (Ura) in the medium severely reduce virulence gene expression and, surprisingly, to the same degree as does reduced temperature. Further supplantations identified specific metabolites in the growth medium that can act as regulators of the pathogenicity of *Shigella* as strong as the more established environmental conditions of temperature, osmolarity and pH.

**METHODS**

**Bacterial strains and plasmids.** Wild-type *S. flexneri* 2a YSH6000 (Sasakawa *et al.*, 1986) was used together with the virulent strain 2457T (Formal *et al.*, 1971). Strain N1436, the congenic *::Tn5* derivative of YSH6000, has been described (Durand *et al.*, 1994; Okada *et al.*, 1991). Plasmid pHW848 (virF::lacZ) was provided by H. Watanabe (Nakayama & Watanabe, 1995). Strain BS184, a 2457T derivative harbouring the *mxiC*: *lacZ* fusion, was provided by A. Maurelli (Maurelli & Sansonetti, 1988).

**Growth media.** Bacteria were grown at 37 °C in the rich medium LB (Miller, 1972). Glucose minimal medium buffered with MOPS (Neidhardt *et al.*, 1974) was supplemented with nicotinic acid (2.5 μg ml^-1^). In enrichment experiments individual components of the defined rich MOPS medium (Neidhardt *et al.*, 1977) were added to minimal MOPS glucose medium. l-Ornithine monohydrochloride (Sigma), cadaverine, putrescine and homoserine were added to the growth media at a concentration of 10 mM.

**Virulence phenotype assay.** In the contact haemolytic assay the absorbance at 545 nm of the supernatant of an incubation mix of...
bacteria with sheep erythrocytes reflects the production of invasins (Sansonetti et al., 1986). Haemolytic activity is expressed as a percentage relative to the haemolytic activity expressed by the wild-type grown to late-exponential phase in a reference medium, either un-supplemented minimal MOPS or LB. Variations in the absolute level of haemolysis can occur from experiment to experiment. Therefore, in each experiment, the haemolytic activity was always related to the activity in the wild-type. Moreover, comparisons between the relative levels of haemolysis in different experiments (each being done in at least four replicates) should take this point into account. Additions of the various nutrients did not grossly affect the growth of the bacteria.

For the invasion assay, bacteria were grown as indicated in the ‘Growth media’ section above before exposing them to HeLa cells (each being done in at least four replicates) should take this point into account. Additions of the various nutrients did not grossly affect the growth of the bacteria.

**Immunoblotting.** Bacteria grown in the various media were sampled at the end of the exponential phase of growth and their quantity was normalized according to the optical density of the culture. The cells were washed, and then boiled for 3 min in sample buffer prior to SDS-PAGE. Immunoblotting of SDS-PAGE-resolved antigens was performed as described by Nakata et al. (1992). The VirF-specific antiserum HALLON has been described previously (Durand et al., 2000). The antibodies directed toward Ipa proteins have been described (Pål et al., 1989). Detection of immune complexes was performed with either the ECL or the ECF system (Amerlham Life Science); bands of interest were quantified via the appropriate scanning methodology.

**Analysis of content of modified nucleosides in tRNA.** Strains were grown in the appropriate medium at 37 °C and harvested at a density of approximately 4 × 10^8 cells ml⁻¹. tRNA was prepared by phenol extraction (Emilsson & Kurland, 1990), purified on a Nucleobond column, and digested to nucleosides by nuclease P1 and alkaline phosphatase (Gehrke et al., 1982). The hydrolysate was analysed by HPLC (Gehrke & Kuo, 1989).

**RESULTS**

**Ornithine in the growth medium reduces the haemolytic activity of wild-type S. flexneri**

The stimulatory influence of arginine (Arg) plus methionine (Met) and of the polyamine putrescine on the virulence system of S. flexneri has been evidenced previously (Durand & Björk, 2003). Although this nutritional stimulatory effect was observed in a mutant background (tgt) lacking queuosine (Q) in the tRNA, this observation prompted us to test the response mediated by metabolites of arginine-methionine-polyamine metabolism on the virulence gene expression of wild-type S. flexneri. Ornithine (Orn) is a precursor in the biosynthetic pathway leading to Arg and is also the starting metabolite in the synthesis of the polyamine putrescine, which is converted to another polyamine, sperrmidine, by transfer of a methyl group from the Met derivative S-adenosylmethionine (Fig. 1). In contrast to the stimulation of virulence gene expression in the tgt mutant mediated by the Arg + Met mixture or by putrescine (Durand & Björk, 2003) (see also Fig. 2a, bars 1, 2, 3, 4), the addition of Orn to the minimal growth medium triggered a decreased haemolytic ability of the wild-type S. flexneri (Fig. 2a, bar 5). Testing different concentrations of Orn (0.1–20 mM), a dose response was observed between 1 and 10 mM Orn (data not shown; no response was observed using 0.1 mM, and 20 mM did not increase the inhibition compared to 10 mM). We conclude that although the stimulatory effects of Arg + Met and putrescine are not detected in the wild-type by monitoring the haemolytic ability, the expression of virulence genes is sensitive to the composition of the growth medium also in wild-type S. flexneri.

The influence of the growth medium on virulence required further exploration of this Orn-mediated nutritional inhibition of haemolysis. Supplementation of the Orn-containing medium with the active compounds identified previously was therefore undertaken. Whereas putrescine completely counteracted the Orn-mediated inhibition, the Arg + Met mixture did not (Fig. 2a, bar 9 black and bar 6). Met alone reinforced the inhibition mediated by Orn (Fig. 2a, bar 8), whereas Arg alone showed, on the contrary, a slight counteracting effect on the inhibitory effect of Orn (Fig. 2a, bar 7, black). However, this Arg-mediated effect was far less than the counteracting effect provided by the presence of Arg + Met mixture in mutant cultures (Fig. 2a, white bars 2 and 4). The difference in the haemolytic activity expressed in the two Orn-containing cultures (Orn + Met versus Orn + putrescine; compare Fig. 2a, black bars 8 and 9) was more than sixfold. Clearly, the nutritional context strongly influences the haemolytic ability of the wild-type, suggesting that virulence gene expression is triggered by the presence of specific nutrients, which can be either stimulatory or inhibitory.

**Orn in the growth medium does not influence tRNA modification**

Since lack of Q in tRNA, as in the tgt mutant, reduces virulence gene expression, the observed Orn effect might be caused by a reduced level of Q in the tRNA of the wild-type. However, this is not the case, since modification of tRNA in wild-type S. flexneri was independent of Orn in the growth medium (data not shown). Thus, the decreased virulence observed in the presence of Orn in the wild-type cells was not mediated by undermodification of the tRNA.

**Uracil and branched-chain amino acids in the growth medium increase the inhibitory effect of Orn on haemolysis**

Orn is a precursor for putrescine (Fig. 1). Putrescine, as shown above, counteracts the Orn-mediated inhibition.
Orn is also the precursor for Arg and citrulline. As shown above, Arg shows only a minor counteracting effect on the inhibition of virulence gene expression exerted by Orn, and citrulline supplementation does not show a significant difference (Fig. 2b, bar 3). However, in the biosynthetic pathway leading to arginine, the transformation of Orn into citrulline involves carbamoyl phosphate (Glansdorff, 1996). This compound otherwise feeds the conversion of aspartate to carbamoyl aspartate at the first step of the pathway leading to pyrimidine synthesis (Fig. 1). Accordingly, the pyrimidine and arginine biosynthetic pathways share mutual regulatory influences, providing our rationale for examining the possible involvement of pyrimidines in the expression of virulence genes.

We added the bases uracil (Ura) or cytosine (Cyt) together with Orn to the growth medium (Fig. 2b, bars 4, 5, 6). To our surprise, Ura further reduced Orn-mediated inhibition of the haemolytic activity from 20–33% to only 5% of the level expressed in the wild-type (Fig. 2b, bar 4). As by adding Orn alone to the growth medium, a dose response was observed also in the presence of 0.2 mM Ura (data not shown). On the other hand, Cyt had a slight counteracting effect on the Orn-mediated inhibition (Fig. 2b, bar 6). Addition of Ura or Cyt without Orn to minimal MOPS medium showed only a slight (Ura) or no (Cyt) decrease of the haemolytic activity of the wild-type strain YSH6000. Thus, the Orn-mediated inhibition of virulence gene expression is reinforced by the presence of Ura but not by Cyt.

We looked for other nutrients able to further decrease the haemolytic activity of the cultures in conjunction with the Orn + Ura mixture. Met, which reinforced slightly the Orn-mediated decrease on this virulence associated phenotype (Fig. 2a, bar 8, black), acted synergistically with the Orn + Ura mixture (Fig. 2b, bar 7). Screening of other components of the rich MOPS medium showed that branched-chain amino acids (Val + Ile + Leu: BCAA) together with the Orn + Ura mixture reduced the haemolytic ability as much as Met and to the limit of detection (Fig. 2b, bar 8). Val added alone to the Orn + Ura mixture also reduced the haemolytic activity to the level of detection (Fig. 2b, bar 10), suggesting that Val could be the active compound of the BCAA mixture. However, Val did not influence the reduction of the haemolytic activity

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**Fig. 1.** Metabolic relationships of nutrients (in bold) monitored in this study for their role in the expression of virulence genes of *S. flexneri*. This scheme is drawn from the knowledge in *E. coli* (Neidhardt et al., 1996). The nutritional compounds identified in this study for their activity on virulence-associated phenotypes indicate the involvement of the arginine and polyamine biosynthetic pathways as well as intermediates in the pyrimidine, lysine and methionine pathways. In these pathways, the genes *codA, speF* and *cadA* are present in *E. coli* but absent in *S. flexneri*. As has been suggested for *cadA*, the absence of these genes, which are marked with *, could be related to the pathoadaptive evolution which led from commensal *E. coli* to modern *Shigella* (Casalino et al., 2003; Maurelli et al., 1998), supporting the critical role of uracil, putrescine and cadaverine in virulence gene expression identified in this study. In addition, *argF*, which encodes one of the isozymes for ornithine carbamoyltransferase, is absent in *S. flexneri* and a transposable element IS1 alters the promoter region of the gene *speB*, responsible for the conversion of agmatine to putrescine. Since astC, encoding the acetylornithine aminotransferase isozyme in *E. coli*, is also absent in *S. flexneri*, the gene *argD*, encoding a protein with two activities, acetylornithine aminotransferase and N-succinyl-diaminopimelate aminotransferase, could coordinate the biosynthesis of arginine/ornithine and of lysine in *S. flexneri*.
induced by Orn (Fig. 2b, bar 11). Since these supplementations of the Orn- and Ura-containing medium inhibited the haemolytic activity of wild-type bacteria almost completely (Fig. 2b, bars 7–10), we tested the expression of the T3SS reporter construct mxiC::lacZ in order to further confirm the effect of Orn in conjunction with Ura, Met and BCAA. Not only did Orn reduce similarly the haemolytic ability and the transcription of the mxiC gene (Fig. 3, bar 2) but also the addition of Ura, Met or BCAA in conjunction with Orn reduced further the haemolytic activity and mxiC transcription to the same degree (Fig. 3, black and grey bars 3, 7, 11, 14, and 15). However, added to the medium without Orn, these compounds did not show any influence neither on the haemolytic ability nor on transcription (Fig. 3, black and grey bars 4, 5, 8, 9, 12, 13, and 16).

Substances counteracting the Orn-mediated inhibition of the haemolytic activity include homoserine and lysine (Lys) as well as the Lys-related compounds meso-diaminopimelate (DAP) and cadaverine.

Homoserine is an intermediate in the synthesis of Met and BCAA (Fig. 1). Since these compounds are clearly involved in the expression of the virulence genes, we explored the related metabolite homoserine for its possible involvement on the haemolytic ability in the wild-type in either the presence or absence of Orn. In contrast to the reinforcement of Orn-mediated inhibition of the haemolytic activity by Met (Fig. 2a, black bar 8), added homoserine was counteractive, and re-established haemolytic activity to the wild-type level (Fig. 2b, bar 12). Thus, homoserine, like putrescine (Fig. 2a, black bar 9), relieved the inhibition of virulence mediated by Orn.

In an undefined rich medium (LB), addition of Orn or Orn+Ura did not influence virulence gene expression of the wild-type strain (data not shown). Similarly, Orn did not influence the virulence gene expression of the wild-type strain in a defined rich medium (rich MOPS). It is possible that additional nutrients in the rich media also impinge on virulence gene expression. Defined rich MOPS medium contains all 20 amino acids, all four nucleobases and a...
Nutrients control virulence gene expression

vitamin mixture (Neidhardt et al., 1977), but does not contain putrescine or homoserine. We therefore initiated a systematic search for the metabolite(s) exerting this counteracting effect present in rich MOPS medium (data not shown). It revealed Lys alone as the counteractive agent (Fig. 2b, bar 13). We further tested metabolites that are part of the lysine pathway but not present in the rich MOPS medium. meso-Diaminopimelate (DAP), the direct biosynthetic precursor of Lys, as well as cadaverine, a degradation product of Lys, also counteracted the Orn-mediated inhibition of the haemolytic activity (Fig. 2b, bars 14 and 15).

In summary, the identified metabolites that were able to counteract the Orn-mediated inhibition of virulence gene expression are directly or indirectly associated with the biosynthesis of polyamines. These results illustrate the importance of the quality of the growth medium on the virulence response elicited by S. flexneri. Clearly, the influence of nutrition on virulence, as shown previously for the tgr mutant (Durand & Björk, 2003), is not an esoteric phenotype shown by a mutant but it is an intrinsic behaviour of wild-type bacteria.

**Orn and Ura rival temperature as powerful effectors of virulence gene expression for S. flexneri**

To establish the effect of the nutritional environment on virulence gene expression at the molecular level, we monitored the expression of Ipa proteins by Western blot analysis (Fig. 4). Orn + Ura decreased the level of Ipa proteins more than did growth at 30 °C. Addition of Met or of BCAA to cultures containing the Orn + Ura mixture (Fig. 4) further lowered the level of IpaC, already strongly reduced by the Orn + Ura mixture. Val added alone to the Orn + Ura mixture (Fig. 4) also reduced IpaC, suggesting here also that Val could be the active compound in the mixture of BCAA. Thus, the decrease of haemolytic activity induced by the various metabolites was correlated with a corresponding decrease of the invasins IpaB, C and D.

The decrease in the expression of invasins occurring when Orn, Ura, Met and BCAA were included in the defined medium was tested for its biological relevance by determining the ability of the bacteria to invade human cells. As expected from the level of invasins, Orn, Ura, Met and BCAA together inhibited the invasivity of the prototypic wild-type strains YSH6000 and 2457T in the gentamicin killing assay to a greater degree than that induced by low temperature (30 °C) (Fig. 5). Thus, a correct choice of supplements to the growth medium demonstrates that the inhibitory potential of invasion exhibited by the nutritional environment is stronger than temperature, the classical environmental effector of virulence.

**Orn alone at 37 °C and growth at 30 °C reduce virF transcription to the same degree**

We have shown previously that temperature, tRNA modification and DNA superhelicity change the level of the key regulatory protein VirF present in the bacteria (Durand et al., 2000). We therefore suspected that the nutrients also acted primarily by altering the expression of VirF, targeting both the expression of invasins and the expression of the T3SS. Indeed, addition of Orn to the defined glucose minimal medium decreased by one-third the level of the VirF protein as monitored by Western blotting (Fig. 6). The Orn + Ura mixture inhibited the expression of VirF by about two-thirds, which is much

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**Fig. 3.** The expression of the T3SS is reduced to a similar extent as the haemolytic ability by the composition of the growth medium. The expression of the T3SS was monitored by the expression of mxiC::lacZ (grey bars). The data are presented as percentage of the β-galactosidase activity in unsupplemented glucose minimal MOPS medium. For comparison the haemolytic activity (Fig. 2b) is shown (black bars).

**Fig. 4.** The composition of the growth medium controls the levels of invasins: Western blot analysis of the expression of the effectors of the invasins IpaB, C and D in the wild-type S. flexneri strain YSH6000 growing in minimal MOPS glucose medium or in media supplemented by the indicated nutrients at 37 °C or at 30 °C. The band of intermediate molecular mass between IpaB and IpaC revealed by the immunostaining is not involved in invasion and serves as an internal control.
We note that the level of VirF in a culture growing at 37 °C reduced (Fig. 2b, bars 2 and 11), consistent with the combination with Orn did not reduce the level of VirF extent than the mixture of Orn and Ura (Fig. 6). Val in medium supplemented with Orn alone, but to a lesser inhibited the expression of VirF as compared to the Addition of Met to Orn-containing minimal medium YSH6000; white bars, wild-type strain 2457T.

more than the effect seen with Orn alone (Fig. 6) and consistent with the lower haemolytic activity exhibited by Orn + Ura compared to Orn alone (Fig. 2b, bars 2 and 4). Addition of Met to Orn-containing minimal medium inhibited the expression of VirF as compared to the medium supplemented with Orn alone, but to a lesser extent than the mixture of Orn and Ura (Fig. 6). Val in combination with Orn did not reduce the level of VirF more than Orn alone, although the haemolysis was slightly reduced (Fig. 2b, bars 2 and 11), consistent with the reduction of the reporter mxiC::lacZ (Fig. 3, bar 14 grey).

We note that the level of VirF in a culture growing at 37 °C in the presence of Orn + Ura is equivalent to that in a culture growing at 30 °C (Fig. 6). Thus, the effect exerted by the various metabolites on the haemolytic activity was correlated with a reduced level of VirF, the master regulator of virulence in Shigella. However, an appreciable amount of VirF (one-third of the amount in minimal MOPS at 37 °C) was still detected when the haemolysis was brought to the lowest level either by the temperature (Fig. 6, mMOPS 30 °C) or by the nutrients (Fig. 6, Orn Ura), suggesting that the metabolites could affect the cascade of events leading to the expression of invasins also independently of the VirF-mediated effect.

Osmolarity (Porter & Dormans, 1997), pH (Nakayama & Watanabe, 1995) and temperature (Tobe et al., 1991) influence transcription of virF. Therefore, we monitored its transcription in the presence of metabolites influencing the haemolytic activity. Using the virF-::lacZ fusion (Nakayama & Watanabe, 1995), built previously to investigate the transcriptional regulation of virF expression by the pH, we monitored the β-galactosidase activity expressed by this reporter in minimal MOPS medium in the presence or absence of Orn (Fig. 7). Orn caused a 50–70% decrease of the β-galactosidase activity, i.e. to a similar degree as the reduction of the haemolytic activity and as the level of VirF protein as monitored by Western blotting. We concluded that Orn in the growth medium acted, like pH and temperature, on the transcription of virF.

The addition of Ura, Met or BCAA to the Orn-containing medium has synergistic effects on the inhibition of haemolysis (Fig. 2b, bars 2, 4, 7, 8), of Ipa production (Fig. 4), and of expression of the type III reporter mxiC::lacZ (Fig. 3, grey bars), but the extent of reduction of the expression of the virF-::lacZ reporter was less than that for genes believed to be under the direct control of VirF (Fig. 7). Thus, Ura, Met and BCAA may influence the expression of VirF post-transcriptionally or act directly on the genes downstream of VirF in the regulatory cascade of virulence in Shigella.

As expected, homoserine, Lys, DAP and cadaverine, which counteracted the Orn-mediated decrease in haemolysis (Fig. 2b, bars 12–15), also counteracted the Orn-mediated reduction of virF transcription (Fig. 7).

Fig. 5. The composition of the growth medium controls invasion. The nutritional environment inhibits invasion more efficiently than growth at 30 °C, as expected from the lowered levels of invasins (Fig. 4). Bacteria grown at 30 °C or 37 °C in minimal MOPS glucose medium supplemented or not with inhibitory nutrient mixtures [Orn, Ura, Met, Val (+) or Orn, Ura, Met, Val, Leu, Ile (+ +)] and normalized to the same optical density were used to infect HeLa cell monolayers. Black bars, wild-type strain 2457T.

Fig. 6. The level of the VirF protein parallels the influence of the nutritional environment on virulence gene expression: Western blot analysis of the expression of VirF in the presence of the nutrients that influence haemolytic activity of strain YSH6000. A representative experiment is shown out of three done. Below each lane the level of VirF resulting from scanning (Image Quant) is reported relative to the level found in MOPS medium.

**DISCUSSION**

Here we report a novel manifestation of how the environment influences the expression of virulence genes of the human pathogen S. flexneri. A few specific metabolites unexpectedly show a strong regulatory effect on the invasivity of wild-type S. flexneri YSH6000 as well as on the other prototypic wild-type strain 2457T (data not shown). Orn reduced 3–10-fold the haemolytic ability of wild-type strains (see Fig. 2b, bar 2 for strain YSH6000), and decreased accordingly the expression of the virF-::lacZ gene fusion and the level of VirF, which is the upstream regulator of virulence in S. flexneri. Addition of Ura or Met reinforced the Orn-mediated reduction of the haemolytic activity five- and twofold, respectively (Fig. 2b, bars 2, 4;
The expression of invasins more efficiently than growth at bars 7–10). Consistently, in defined medium they abolished activity of the bacteria to a non-detectable level (Fig. 2b, activity by itself (Fig. 2b, bar 11), inhibited the haemolytic activity. Orn alone decreases the expression of virulence genes. The amino acid Orn is not present in proteins, but is an intermediate in the biosynthesis of arginine and of putrescine in E. coli (Fig. 1) and also in their degradative pathways.

The counteracting effect of Lys on Orn-mediated inhibition may explain the inefficiency of Orn in LB, since LB contains many uncharacterized substances. To be taken up by the bacterium, Lys and Orn share a common transporter which has a stronger affinity for Lys than for Orn (Celis et al., 1973). Therefore, Orn could be excluded from entering the cell by Lys, explaining the counteracting effect of Lys on Orn inhibition of virulence gene expression. However, DAP also belongs to the lysine pathway but uses a different transporter (Berger & Heppel, 1972). DAP counteracts the Orn effect by re-establishing the level of haemolysis to that exhibited in minimal medium in the wild-type (Fig. 2b, bar 14). Therefore, although the Lys effect may be caused by inhibition of Orn uptake, the DAP effect suggests that a direct influence on the metabolism by Lys is causing the observed effect. It is likely that metabolic pathways leading to and from DAP are inter-regulated in Shigella species and of enteroinvasive E. coli (Prunier et al., 2007). However, presence of quinolinate in the growth medium reduces the level of IpaB and IpaC only twofold. Prunier et al. (2007) suggested that the drastic influence of quinolinate on invasion is not caused primarily by the expression of these invasion genes but rather by some impairment in the secretion by the T3SS.

The involvement of specific nutrients in virulence systems is not unique to S. flexneri (Beatty et al., 1994; Domergue et al., 2005; Fox & Bzik, 2002; Pfefkerkorn, 1984). It is striking that to observe an influence by the nutritional environment requires judicious and specific supplementations.
contaminating composition of the luminal content changing along the environmental controls (Porter & Dorman, 1997). The appropriate activation when this is required, as for other secreted virulence factors and ensure a strong and strong and strong production of pathogenic factors. The unexpected sensitivity of virF expression to Orn identifies the most upstream regulator of virulence as a target to changes in specific part(s) of the metabolism. This sensitivity may be a feature of the original host from which virF has probably been transferred horizontally. In this regard, the similarity of virF to the oruR gene of Pseudomonas aeruginosa, another transcriptional activator of the AraC family, involved in ornithine catabolism (Hebert & Houghton, 1997), should be noted as offering another potential area of study for corresponding nutrient effects. Schuhmacher & Klose (1999) have shown that for V. cholerae, the ToxT-dependent transcriptional activity of virulence-associated genes is modulated by environmental signals such as temperature and presence of bile salts. The hypothetical influence of these environmental features on translation of the toxT mRNA was not evoked as a possible explanation for these modulations in V. cholerae. However, the suggested interference by environmental molecules in the activity of the metabolism controlled by the ToxT protein, which, like VirF of Shigella, belongs to the AraC transcriptional regulators, may very well apply to the VirF regulated metabolism in Shigella.

Knowledge of VirF in S. flexneri as a common target for nutritional intake and for environmental influences indicates that the environment can affect virulence gene expression by regulating metabolic pathways identified in this study. It is not surprising therefore that in vitro factors known to influence nutritional intake and the overall metabolic status – pH, temperature, osmolarity, and mutations in critical pathways like tRNA modifications – have the potential to interfere with virulence gene expression.

‘Success’ for a bacterium in general means the ability to multiply, whereas for a pathogen it is also the ability to multiply in the suitable host with proper timing. Seeing the host as a medium has been exploited in strategies for the in vivo selection of virulence genes, such as IVET (Mahan et al., 1995). Here we have shown that the composition of the growth environment is a critical factor for the success of S. flexneri as a pathogen. The adaptation of the bacterial metabolism represents information on the surroundings of the pathogen. Our data show that the invasive system of S. flexneri, in particular, captures and exploits this metabolic information by either delivering or withholding the virulence response, even as other environmental requirements such as temperature, osmolarity and pH, are met. At the least, this may be critical for the expression of the immunogenic components expected from living vaccine strains as well as for the efficiency of Shigella-based DNA vaccines (Xu & Ulmer, 2003). Most importantly, a large part of our knowledge on the physiopathology of S. flexneri and related organisms appears to depend on features conditioned by the quality of the nutritional surroundings. Thus, this influence, suspected since the origins of bacteriology (Pasteur, 1880), must be taken into account to obtain control over diseases.

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