Phenotypic variation in *Actinobacillus actinomycetemcomitans* during laboratory growth: implications for virulence

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This study examined alteration of specific virulence traits associated with phenotypic changes seen when a low-passage disease-associated and well maintained parent strain of *Actinobacillus actinomycetemcomitans* was compared to a laboratory-grown spontaneous variant/mutant. Clinical isolates of *A. actinomycetemcomitans* recovered from periodontitis patients typically grow as rough, adherent colonies on primary culture but undergo transformation to smooth, non-adherent colonies following repeated passage in vitro. The relationship of these phenotypic changes to the virulence of the organism or to the processes that underlie this transformation are not understood. A fresh clinical isolate, designated strain CU1000, was obtained from the first molar site of a patient with classical signs of localized juvenile periodontitis and used as the parent strain to study virulence-related phenotypes. Following several passages of CU1000 on selective agar, a spontaneous variant that demonstrated smooth, opaque, non-adherent colonies was isolated and designated strain CU1060. This study compared the properties of these two strains with respect to colony morphology, autoaggregation, surface appendages, adherence to saliva-coated hydroxyapatite (SHA), LPS chemotype and activity, induction of fibroblast proteinase activity and antigenic properties. CU1000 demonstrated rough, raised, star-positive colonies which upon electron microscopic examination revealed the presence of large, flexible, bundled fibrils. In addition, CU1000 showed adherence to SHA, several unique protein antigens and elevated endotoxin and fibroblast proteinase activity. CU1060, on the other hand, showed minimal adherence to SHA and fewer reactive proteins compared to the fresh clinical isolates. This strain formed smooth, opaque colonies on agar, showed minimal fibril formation and limited endotoxin and fibroblast-proteinase-inducing activity. These findings demonstrate that clinical isolates of *A. actinomycetemcomitans* undergo significant virulence-reducing phenotypic alterations during in vitro passage and support the need to study this organism in its clinical form.

Keywords: *A. actinomycetemcomitans*, virulence, phenotype, clinical isolate

INTRODUCTION

*Actinobacillus actinomycetemcomitans*, a Gram-negative, capnophilic coccobacillus capable of causing severe infections in humans (Kaplan et al., 1989), has been implicated as a primary aetiologic agent of localized juvenile periodontitis (Newman et al., 1976). In addition, *A. actinomycetemcomitans* has been isolated from infections of the heart (Anolik et al., 1981), brain (Garner, 1979), thyroid (Burgher et al., 1973), lungs (Yuan et al., 1992), bone (Muhle et al., 1979) and urinary tract (Townsend & Gillenwater, 1969). Several virulence

Abbreviations: APMA, aminophenylmercuric acetate; FSF, foreskin fibroblasts; S(T)EM, scanning (transmission) electron microscopy; (S)HA, (saliva-coated) hydroxyapatite.

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factors associated with this bacterium have been shown to affect leukocytes, monocytes (Baehni et al., 1979; Taichman et al., 1980; Tsai et al., 1979), epithelial cells (Kamen, 1983) and fibroblasts (Shenker et al., 1982; Stevens et al., 1983). To date, the only putative virulence factor that has been well characterized at the genetic level is the 116 kDa leukotoxin protein, which lyzes human and primate polymorphonuclear leukocytes and is encoded by the \( \text{IktCABD} \) operon (Kraig et al., 1990; Lally et al., 1989).

Fresh isolates of \( A. \text{actinomycetemcomitans} \) produce rough, star-positive, adherent colonies. Cells from rough colonies adhere to the walls of the culture vessel when grown in broth and have been reported to possess fimbriae (Inouye et al., 1990; Rosan et al., 1988; Scannapieco et al., 1987). Each of these studies and others have reported that prolonged in vitro growth of these isolates results in transformation to a smooth, non-adherent colony type that fails to demonstrate fimbriae (Wyss, 1989). Since clinical isolates routinely exhibit a rough, adherent phenotype, it seems reasonable to conclude that these characteristics contribute to the ability of the organism to colonize the oral cavity (Rosan et al., 1988; Slots, 1982a; Zambon, 1985). However, the inability to preserve the stability of the rough fimbriae phenotype has made it difficult to study clinically relevant forms of \( A. \text{actinomycetemcomitans} \). Consequently, much of the research related to \( A. \text{actinomycetemcomitans} \) has been performed using frequently grown laboratory strains, such as Y4 (ATCC 43718), which appears to have lost many of the ‘attachment or surface-related’ features of fresh clinical isolates (Inouye et al., 1990; Rosan et al., 1988; Scannapieco et al., 1987). Laboratory growth of a number of other pathogenic strains, such as \( \text{Escherichia coli} \) (Guerina et al., 1983), \( \text{Neisseria gonorhoeae} \) (Kellogg et al., 1963), \( \text{Shigella flexneri} \) (Duguid & Gillies, 1957) and \( \text{Vibrio cholerae} \) El Tor (Finkelstein et al., 1979), have resulted in a similar loss of disease-associated virulence traits.

Several strains of \( A. \text{actinomycetemcomitans} \) were isolated from patients with juvenile periodontitis. One specific strain (CU1000) obtained from a patient with a classical case of localized juvenile periodontitis was used for detailed analysis. This strain displayed the rough, star-positive colony morphology expected of fresh clinical isolates. We found this phenotype to be relatively stable when the organism was grown on solid medium, although spontaneous variants exhibiting a smooth, non-adherent phenotype emerged at a low frequency. One such variant (CU1060) was isolated and retained for further study. Both CU1000 and its smooth variant CU1060 proved to be serotype b (Saarela et al., 1992) and showed leukotoxin promoter regions similar to \( A. \text{actinomycetemcomitans} \) strain 652 (Brogan et al., 1994; Goncharoff et al., 1993). All experiments reported herein are based on the isolation and characterization of a fresh clinical strain of \( A. \text{actinomycetemcomitans} \) (CU1000) and a variant (CU1060) that arose spontaneously during growth of this strain. The purpose of this study was to determine the difference in some biological properties associated with virulence when comparing this wild-type rough-fimbriated strain of \( A. \text{actinomycetemcomitans} \) to its smooth, non-fimbriated spontaneous mutant strain.

**METHODS**

**Media and growth conditions for bacteria.** \( A. \text{actinomycetemcomitans} \) was maintained on a base medium, designated AAGM agar, which consisted of 40 g Trypticase soy agar 1-1 (Fisher) and 6 g yeast extract 1-1 (Sigma) supplemented with 0.4% sodium bicarbonate (Sigma) and 0.8% dextrose (Mandell & Socransky, 1981; Slots, 1982b). Tryptase soy broth (30 g 1-1) was substituted for agar to make AAGM broth. \( A. \text{actinomycetemcomitans} \) laboratory strain Y4 (ATCC 43718) was used. Methods for isolation and maintenance of clinical isolates of CU1000 are described below.

\( \text{Porphyromonas gingivalis} \) W-50 (ATCC 35978) was grown in medium consisting of \( g \) 1-1 Trypticase peptone (15), yeast extract (5), NaCl (2.5), dextrose (2.5) and cysteine/HCl (0.65) supplemented with 1 g haemin 1-1 and 100 mg menadione 1-1. The organism was grown at 37 °C in anaerobic conditions for 3 d.

\( E. \text{coli} \) INVF \( \alpha \) was grown on an LB agar plate consisting of \( (g \) 1-1) Bacto tryptone (10; Difco), yeast extract (5) and NaCl (5) with the addition of 15 g agar 1-1 if needed. The organism was grown at 37 °C in air for 24 h.

**Isolation of \( A. \text{actinomycetemcomitans} \) strains.** The primary \( A. \text{actinomycetemcomitans} \) strain used in this study was obtained from a 13 year old, medically healthy, African-American female patient who manifested classical signs of localized juvenile periodontitis (Newman et al., 1976). Initial isolation of \( A. \text{actinomycetemcomitans} \) was accomplished on AAGMBV agar, consisting of AAGM with the addition of 75 μg bacitracin ml-1 (Sigma) and 5 μg vancomycin ml-1 (Sigma) (Slots, 1982b). Plates were incubated at 37 °C in an atmosphere of 5% CO \(_2\) for 3–5 d. The mesial proximal surface of the first molar, chosen as the sampling site, demonstrated a periodontal pocket of 6–7 mm with early evidence of bone loss on radiographic examination. Following isolation of the site with cotton rolls, supragingival plaque was removed with a dental scaler and medium absorbent paper points (Johnson & Johnson) were inserted into the subgingival pocket for 10 s. Paper point samples were removed, placed into Eppendorf tubes containing 200 μl reduced transport medium (Syed & Loesche, 1972), subjected to 30 s vortex agitation, immediately streaked onto AAGMBV agar and incubated for 3–5 d at 37 °C in an atmosphere of 5% CO \(_2\). Colonies of approximately 1–2 mm diameter, having a rough surface texture, displaying an internal star-like configuration when observed by transmitted light microscopy and leaving a footprint in the agar after removal were classified as typical clinical isolates (Slots, 1982a). These isolates were found to be Gram-negative, catalase-positive and were confirmed as \( A. \text{actinomycetemcomitans} \) by PCR analysis (Goncharoff et al., 1993). One such colony was subcultured on agar and named CU1000. Colonies fitting this description were removed from the agar with a punch, placed in AAGM broth containing 10% DMSO and frozen at -80 °C for future use. When these isolates were thawed, inoculated and grown in AAGMBV broth, they adhered avidly to the test tube wall.
CU1060 originated on an AAGMBV agar plate as a spontaneous, smooth-textured variant of CU1000. When grown in broth, cells derived from this colony no longer adhered to the wall of the test tube. After restreaking on agar, these colonies were smooth, creamy, devoid of an internal star and remained catalase-positive. Cells from these colonies were Gram-negative and were confirmed as *A. actinomycetemcomitans* by PCR analysis. A single well isolated colony with these characteristics was restreaked and stored as described for CU1000. PCR was used to check the identity of these variant strains throughout the study.

**Preparation of cells from rough strains.** Single colonies were passed from plate to plate and confirmed as *A. actinomycetemcomitans* as described above. In all cases strains were maintained from single well isolated colonies. The thick part of a streak taken from a single well isolated plate-grown colony was used to promote more rapid growth of cells in broth. In this manner, a heavy streak was used as the inoculum for 200 ml AAGMBV broth in a 750 ml plastic Falcon Tissue Culture Flask (Fisher). Flasks were placed on their sides and incubated for 3 d at 37 °C. After the broth was decanted to remove any non-adherent cells, the walls of the flask were washed thoroughly three times by vigorous shaking in the presence of 50 ml 0·15 M PBS (0·85 % PBS, pH 7·4; Sigma). Following washing, adherent cells were scraped from the walls of the flask with a Falcon cell scraper 3087 (Fisher), suspended in 20–30 ml PBS, pelleted at 8000 g for 10 min and resuspended in 2 ml PBS to an approximate OD_{660} of 0·8, equivalent to a cell concentration of 1 x 10^8 cells ml⁻¹ (stock suspension). These cells were plated on AAGMBV agar and confirmed as *A. actinomycetemcomitans* by visual, biochemical and PCR methods. For all assays, cells were subjected to sonication at low power output for 15 s with a Branson sonifier to allow for assessment of OD_{660}.

**Preparation of cells from smooth strains.** Single well isolated colonies of CU1060 were passed from plate to plate and a single colony grown on AAGMBV agar was used as the inoculum for 500 ml AAGMBV broth. After 3 d growth at 37 °C, the broth culture was pelleted by centrifugation at 8000 g for 10 min. Pelleted cells were washed twice, resuspended in 2 ml PBS and adjusted to an approximate OD_{660} of 0·8. Confirmation of cell identity was made by biochemical and PCR methods.

**Electron microscopy.** Bacterial cells used for microscopic examination were obtained from both solid and broth cultures. In the case of agar-plate-derived cells, distinct, well isolated colonies were used for microscopy. For negative staining, the colonies were picked from plates, dispersed and resuspended in 1 % phosphotungstic acid adjusted to pH 7·2 with 1 M NaOH. Broth-grown cells were incubated overnight, washed, pelleted and stained, or, in some instances, washed, pelleted and resuspended in 0·85 % PBS/0·01 % sodium azide (Sigma, pH 7·4, prior to negative staining. Standard methods were used for transmission (Rosan et al., 1988) and scanning electron microscopic observation (Holt et al., 1990). The identity of the specimens was not known during electron microscopic examination to preclude preferential selection of structures associated with a particular strain.

**Autoaggregation of clinical and laboratory strains.** For autoaggregation, 1 ml samples of the adjusted stock suspensions of CU1000 and CU1060 were placed into five 10 x 75 mm borosilicate test tubes (Fisher). Sonication was required to dissociate clumps of cells in suspension, which occurred in the case of CU1000. Dispersion was accomplished with a Branson Sonicator micro tip at a duty cycle setting of 50 % set at an output value equal to 1·5. Each tube was subjected to one sonication time of 5, 15, 30, 45 or 60 s. After dispersion was achieved and the cell suspension appeared homogeneous, the formation of aggregates could be assessed over time. Formation of aggregates in each tube was recorded as the time at which clumps of cells settled to the bottom of the tube, with no turbidity visible in the broth. Cell viability was checked prior to and after each sonication period by plating and counting. The goal of these experiments was to determine the sonication time required for uniform dispersion of cells so that aggregation would not confound the assessment of cell concentration in the biological assays described below.

**Adherence to saliva-coated hydroxyapatite (SHA).** In adherence studies, 1 ml of the adjusted stock suspension of CU1000 and CU1060 were used to achieve an approximate OD_{660} of 0·9. To break up clumps, cells were sonicated for 15 s at low power output as described. For attachment assays, 50 mg hydroxyapatite (HA) beads (BDH) were placed in Eppendorf tubes, washed and equilibrated in buffered KCl (0·05 mM KCl, 1 mM potassium phosphate pH 6·0, 1 mM CaCl₂, 0·1 mM MgCl₂, overnight (Clark et al., 1978). Whole unstimulated saliva was collected repeatedly from five periodontally and medically healthy adults in wide mouth plastic tubes to achieve a minimum pooled volume of 40 ml. Salivary collections were separated into aliquots, frozen, thawed when needed and then clarified by centrifugation for 30 min at 10000 g. Immediately after centrifugation, the clear supernatant resulting from this procedure was used in experiments as described below. Clarified saliva (1 ml) was added to 50 mg HA beads contained in Eppendorf tubes. The saliva was equilibrated with the HA beads for 2 h at 37 °C after which the SHA beads were subjected to centrifugation at 12000 g for 10 min. Beads were then washed three times with buffered KCl prior to reaction with bacteria. CU1000 or CU1060 (200 μl of each culture) were added to 32 Eppendorf tubes, 16 each. Cells and SHA beads were incubated for 2 h at 37 °C with slow rotation. After incubation, the beads were washed three times in buffered KCl and each bead/bacterial complex was then subjected to sonication at low power impulse using a Branson Sonicator to remove cells attached to the SHA for quantification. Eight sonication times (30 s, 1, 2, 5, 10, 15, 30, 45, 60 s), one time for each pair of tubes of each strain. The longer sonication times were required to dislodge the more avidly bound cells. After each sonication period, the beads were allowed to settle to the bottom of the tube (~ 2 min). One hundred microlitres of the supernatant was removed from each tube and serial dilutions of the supernatants were plated on AAGMBV agar for quantification of colonies. Plates were incubated for 72 h at 37 °C and total c.f.u. ml⁻¹ for each tube was plotted against the time of sonication. Preliminary experiments indicated that cells detached after 30 s sonication in a highly reproducible manner and that 60 s sonication had no effect on cell viability. Estimation of the quantity of unbound cells (UC) was extrapolated from counts found in the supernatant fluid immediately prior to the sonication cycle (zero time). Maximally bound cells (BC) were calculated by subtracting the number of cells found in the supernatant after 60 s sonication from counts found at zero time. Avidity, or strength of binding to SHA, was related to the duration of time of sonication required to reach the point at which no additional cells could be removed from the beads. The longer the sonication time required to achieve this equilibrium, the greater the avidity of the cells in question. In all cases binding of CU1000 was compared to that of CU1060. Experiments were performed three times. BSA-coated and uncoated HA were used as controls.
Preparation of rabbit antiserum against the rough strain CU1000. Whole cells from strain CU1000 were used as the antigen and injected into three adult male New Zealand white rabbits showing no pre-immune cross-reacting titre to the target organism (Pocconoe Rabbit Farm, Canadensis, PA, USA). Antisera were titrated against both CU1000 and CU1060 using immunofluorescence microscopy. Rabbits achieving a serum titre of greater than 1:2560 against CU1000 antigens were bled. IgG was prepared from decomplexed serum. Titres to strain CU1060 were at least 16-fold less than those achieved for the clinical isolate CU1000. Strain CU1060 was used to adsorb antigens common to both strains, resulting in a polyclonal antiserum with strong specificity for CU1000 (Fine et al., 1996).

Electrophoretic and Western blot analysis of polypeptides. CU1000 and CU1060 were grown as described above. Comparisons were made of whole cells and a supernatant extract derived from whole cells. Whole-cell concentrations were based on optical density and adjusted for equivalence. Supernatant concentrations were estimated for protein by means of the Bio-Rad protein assay. Equivalent protein in the 130–170 μg ml⁻¹ range was used. For whole cells, 100 μl samples of the adjusted stock suspensions of either CU1000 or CU1060 were pelleted at 14000 g. Supernatant fluid was removed and this whole-cell preparation was resuspended in 100 μl SDS loading buffer (Laemmli, 1970). For supernatant preparations, whole cells were resuspended, subjected to vortex agitation at maximum speed for 10 min to shear surface structures and centrifuged for 30 min at 10000 g. The supernatant was removed and centrifuged for 10 min at 14000 g. The resulting supernatant preparation was removed, dried under vacuum and resuspended in 100 μl SDS loading buffer. In addition, a 10% ammonium sulfate precipitation was performed on the supernatant fraction, an extract from the cell surface. Both whole-cell and supernatant preparations were dissolved in loading buffer, boiled for 30 min and pelleted at 14000 g for 30 min prior to gel loading. Fifteen microlitres of this supernatant was applied to an 18% SDS polyacrylamide running gel (Laemmli, 1970). A 3% stacking gel and a discontinuous buffer system was used.

Western blotting was performed on proteins derived from SDS polyacrylamide gels and transferred to nitrocellulose in a water bath, added to a 14% SDS resolving gel and a 3% SDS stacking gel and run at a constant voltage of 200 V for 5 h (Apicella et al., 1994). Gels were fixed with a solution of 40% ethanol and 5% acetic acid, washed in dH₂O and stained with ammoniacal silver (Tsai & Frasch, 1982).

Initial experiments to determine endotoxin levels of CU1000 and CU1060 were performed using sonicated cell extracts and the Limulus lysate end point clotting assay (Cape Cod Associates). In subsequent experiments, 45% phenol/water preparations were made of cell suspensions of CU1000, CU1060, Y4 and E. coli. The water phase was removed and subjected to a second extraction with an equal volume of 90% phenol (Westphal & Jann, 1963). This phenol/water mixture was heated at 100 °C for 15 min. Phenol-treated cell extracts were centrifuged and the water phase removed and serially diluted in pyrogen-free water for subsequent testing. Protein concentrations of starting cell suspensions were determined using the Bio-Rad protein assay so that Limulus levels could be related to activity per protein concentration of starting material. Dilutions (10⁻¹–10⁻⁶) of phenol/water extracts were distributed in pyrogen-free Eppendorf microfuge tubes for treatment in the Limulus amoebocyte lysate pyrochrome assay (Cape Cod Associates) (Lindsay et al., 1989). Aliquots (50 μl) from each dilution were placed in wells of a 96-well microplate. A negative control of pyrogen-free water and positive controls of E. coli endotoxin standards were added to wells in duplicate (standard dilutions were from 0.1 to 0.5 endotoxin units at 3 ng per endotoxin unit). An equal volume of the Limulus pyrochrome reagent was added to each well and samples were gently agitated and incubated at 37 °C for 30 min. The reaction was stopped by addition of 10 μl acetic acid and samples were read with a microplate reader at 405 nm. Results were compared to a standard curve generated from the E. coli endotoxin standard and expressed as endotoxin units of activity per unit of protein of CU1000 or CU1060 sample. All experiments were repeated on three separate occasions.

Effect of CU1000 and CU1060 on stimulation of fibroblasts to produce collagenase-like proteinase. Both cultures of A. actinomycetemcomitans strains CU1000 and CU1060 were grown as described above. The cells were harvested by centrifugation, washed, resuspended in 10–15 ml 0.15 M PBS and sonicated for 12 min at a power setting of 4 and a duty cycle of 50% to disrupt cell membranes. The sonic extract was centrifuged for 30 min at 10000 r.p.m. to obtain a clear supernatant which was used for determination of fibroblast proteinase activation. Strain Y4 (ATCC 43718) was prepared in a manner similar to that of CU1060. E. coli and P. gingivalis were grown as described above.

Supernatant fractions were assayed for protein (Bio-Rad). Primary foreskin fibroblasts (FSF) were established and grown in Dulbecco's Modified Eagle Medium (DMEM; Gibco) containing 10% heat-inactivated foetal calf serum (Sigma) and 1% penicillin-streptomycin-glutamine (Gibco). Fibroblasts were grown in 75 cm² tissue culture flasks (Fisher) and incubated for 4–6 d in a 5% CO₂ atmosphere at 37 °C. For experimentation, cells grown to a confluent state were separated from the floor of the flask by addition of 2 ml trypsin for 1 min with gentle agitation. Dislodged cells were mixed and transferred in 1 ml aliquots (at a concentration of 4 x 10⁴ cells ml⁻¹) to 24-well Falcon tissue culture trays (Fisher). A challenge dose of 100 μl derived from each of the bacterial cell extracts and/or a saline control dose of equal volume was added in duplicate to the FSF. Incubation of the FSF and their challenge dose was accomplished in an atmosphere of 5% CO₂ at 37 °C for 24 h. After incubation, the supernatant was
A. actinomycetemcomitans phenotypes and virulence

Fig. 1. (a, d) Morphology of Actinobacillus actinomycetemcomitans strains. CU1000 shows a rough-textured, star-positive surface structure (a) whilst CU1060 shows a smooth, star-negative opaque structure (d). (b, c, e, f) Scanning electron micrographs of A. actinomycetemcomitans. CU1000 fibrils appear to have joints or kinks along their surface and some appear to extend from cell to cell (b, c). CU1060 does not demonstrate these fibrils, although a few short truncated structures were observed (e, f). Bars, 1 μm.

removed and assayed for collagenase-like proteinase activity. Supernatants from FSF treated with extracts from CU1000 and CU1060 were compared to controls that consisted of FSF with no extract, FSF with extracts known to produce little if any collagenase-like/proteinase material (E. coli) and low level collagenase-producing extracts (P. gingivalis W-50) to assess the sensitivity of the assay. To test for background collagenase-like/proteinase activity, appropriate concentrations of extract material derived from the bacteria in question was added to the test material in the absence of FSF.

Proteinase/collagenase-like activity was determined by means of a substrate consisting of hide powder linked to Remazol brilliant blue (Rinderknecht et al., 1968). In our modification of the assay, 5 mg hide powder was added to 4.9 ml 0.05 M Tris/HCl buffer, pH 7.8 (Trizma HCl; Sigma). To determine the sensitivity of the reaction and to develop a standard curve, 100 μl volumes of dilutions of pure type VII collagenase (6.25-50 μg ml⁻¹) (Sigma cat. no. C0773) were added to the hide powder reagent. The blue colour released into the supernatant was measured by spectrophotometry at A₅₉₅. Calculation of the bacterial extract-induced FSF enzyme activity was extrapolated from data obtained from calculations of enzyme activity derived from standard curves. Tubes (1.5 x 15 cm) containing mixtures of hide powder and collagenase or extract material were incubated at 37 °C for 30 min with agitation at 5 min intervals. Tubes were cooled in ice and contents were filtered through Whatman No.1 filter paper. Filtrates were assayed spectrophotometrically at A₅₉₅ and results were reported in μg enzyme activity (μg protein added to the hide powder)⁻¹. Aminophenylmercuric acetate (APMA) was added to extract-treated FSF at a final concentration of 15 mM in Tris/HCl buffer, pH 7.5. This treatment was used to activate latent collagenase-like proteinase activity produced by FSF. The APMA/FSF cell mixture was incubated for 2 h at 37 °C in an atmosphere of CO₂ and the supernatant removed for subsequent determination of enzyme activity in APMA-treated and untreated cells (Golub et al., 1990; Sorsa et al., 1992). Under these assay conditions only fibroblast-derived proteinase activity is enhanced by addition of APMA (Golub et al., 1990; Sorsa et al., 1992). To determine the effect of heat treatment on A. actinomycetemcomitans activation of fibroblasts, extracts from CU1000 were divided into two equal aliquots; one heated to 100 °C for 20 min, the other kept at room temperature. Equal concentrations of heat-treated and untreated extracts were incubated with 1 ml FSF cultures for 24 h. Supernates were removed and assayed for enzymic activity. Estimates of the molecular mass of the collagenase-like/proteinase-stimulating factor were assessed by passing extracts from A. actinomycetemcomitans through molecular mass exclusion columns of <10, <30 and <100 kDa (Microcon/Amicon). Fractions obtained in this manner were applied to the FSF cultures and tested for their ability to activate fibroblasts to produce collagenase-like proteinase material.

RESULTS

General features of a clinical isolate of A. actinomycetemcomitans and its isogenic smooth variant

Colony morphology. Fresh clinical isolates of A. actinomycetemcomitans were obtained and appeared as raised, convex, raisin-textured colonies that left a ‘footprint’ in the agar after removal. The colonies were
approximately 1–2 mm in diameter and had a characteristic central internal star when observed by transmitted light microscopy (Fig. 1a). One such colony was purified by restreaking and named CU1000. It was possible to maintain the rough colony morphology of CU1000 for greater than 65 passages of single colonies on AAGMBV agar. Transfer of these colonies from solid medium to broth resulted in growth of cells that adhered to the glass walls of the test tube or the plastic walls of the culture flask. Binding of the bacteria was so tenacious that efforts to subculture the organism by sampling the broth without agitation or scraping routinely failed to produce growth. However, when CU1000 was grown repeatedly in broth culture, eventually the cultures would produce a turbid mixture of adherent and non-adherent cells. Aliquots taken from the centre of these broth cultures and plated on AAGM agar demonstrated raised, smooth, translucent colonies that lacked an internal star. Smooth colonies with the same growth properties in broth appeared rarely and spontaneously during growth of CU1000 on solid medium. One such variant was named CU1060 (Fig. 1d). This smooth strain showed the same properties as those derived from broth cultures.

**Electron microscopic analysis of rough (CU1000) and smooth (CU1060) strains.** CU1000 and CU1060 were examined by scanning electron microscopy (SEM) and transmission electron microscopy (TEM). Scanning electron micrographs of CU1000 (Fig. 1b, c) revealed individual cells within a dense matrix of thick fibrils. Multiple fibrils extended from each cell with the distal ends seemingly attached to the surface. The fibrils gave the appearance of having joints or kinks along their length and showed evidence of branching. In some cases, these fibrils appeared to be distributed around the entire cell. When found in this configuration, these structures resembled the bundle forming pilin seen in enteropathogenic *E. coli* (Nataro et al., 1992). The long fibrils were absent from cells from the smooth strain CU1060, although short truncated structures could be observed on some of the cells (Fig. 1e, f). The most striking structures observed by TEM of negatively stained cells were long, densely bundled fimbriae-like appendages that protruded from the surface of rough strain CU1000 (Fig. 2c). No such...
structures were observed on cells of smooth strain CU1060 (Fig. 2b). The long fibrils seen on the surface of CU1000 by SEM examination may represent the bundled fimbriae observed by TEM (Fig. 2c).

**Autoaggregating tendencies of CU1000 and CU1060.** Autoaggregation was defined as the ability of cells to form aggregates or clumps that settled to the bottom of a liquid broth suspension. Sonication was used to disaggregate and disperse clumps of cells to produce a relatively homogeneous suspension so that reaggregation could be determined in a quantitative manner over time. Incremental increases in the time of sonic dispersion were used to increase the time required for reformation of aggregates. Results for CU1000 demonstrated a linear relationship between the length of time used for sonic dispersion of clumped cells and the time required for reaggregation. The sonication times used correspond with reaggregation times as follows: 5 s sonication resulted in a settling time of 24 min; 15 s resulted in a reaggregation time of 66 min; 30 s resulted in a reaggregation time of 102 min; 45 s resulted in a reaggregation time of 156 min; 60 s resulted in a reaggregation time of 186 min ($r^2$ value of 0.989). In contrast, the smooth strain CU1060 did not reaggregate under any conditions. All experiments were performed in duplicate. Results obtained in these studies were critical for the remaining experiments.

**Comparison of virulence properties of the two isogenic strains**

**Adherence to SHA.** CU1000 and CU1060 were tested for their ability to adhere to SHA. Adherence was de-
Table 1. Stimulation of fibroblasts to produce collagenase-like activity

<table>
<thead>
<tr>
<th>Bacterial extract</th>
<th>Collagenase-like proteinase activity (µg activity/µg extract protein ml⁻¹)</th>
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<tbody>
<tr>
<td>Control (FSF only)</td>
<td>0 ± 0</td>
</tr>
<tr>
<td>E. coli INF'α</td>
<td>0.006 ± 0.007</td>
</tr>
<tr>
<td>P. gingivalis</td>
<td>0.033 ± 0.015</td>
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<tr>
<td>ATCC 53978</td>
<td></td>
</tr>
<tr>
<td>CU1000</td>
<td>0.215 ± 0.017*</td>
</tr>
<tr>
<td>CU1060</td>
<td>0.080 ± 0.026</td>
</tr>
<tr>
<td>Y4</td>
<td>0.061 ± 0.020</td>
</tr>
</tbody>
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*Significant by ANOVA analysis and Scheffé F testing at P < 0.05.

terminated by incubation of beads with known and equivalent quantities of CU1000 and CU1060. Supernatants containing bacteria removed after sonication of the bead/bacterial complex for different time periods were titred on AAGM agar to count the colonies. Beads were sonicated for times ranging from 0 to 60 s to estimate attached bacteria dislodged from the beads. The zero time counts contained bacteria in the supernatant before sonication was started. These counts were used to assess unbound cells. Counts obtained after 60 s sonication were used to estimate the maximum number of bound cells. In the case of CU1060, few if any cells were bound to SHA (Fig. 3). In contrast, the rough clinical isolate CU1000 attached avidly at high levels to SHA. The plateau point required for maximal removal of cells from SHA was approximately 30 s for CU1000. There was little difference between the number of cells attached at zero time and at 60 s following sonication in the case of CU1060, thus no plateau point could be determined. Binding of CU1000 to HA was reduced by pretreatment with either saliva or BSA (data not shown). BSA pretreatment reduced binding of CU1000 to HA minimally (2%); however, reduction by saliva pretreatment was substantial (87%) (HA data not shown). Since A. actinomycetemcomitans lives in a serum environment, binding to BSA-coated HA may be more in keeping with in vivo conditions.

Polypeptide and serological differences between the two strains. Coomassie-blue-stained SDS-polyacrylamide gels of whole-cell extracts and supernatants derived from CU1000 and CU1060 revealed few qualitative differences between the two strains. The most consistent finding was the demonstration of a 17 kDa protein band with an anomalous shape present in the cell-surface extract derived from the clinical isolate CU1000 that was not seen in CU1060 (Fig. 4, lane B). A further purification was performed by addition of 10% ammonium sulfate to the supernatant to yield a precipitate of the crude cell extract. While this purification did not yield any differences in Coomassie-blue-stained gels (Fig. 4, lanes C, D), Western blot analysis of these proteins highlighted the intensity of the two reactive areas that appeared to be unique to CU1000, the 47 and 17 kDa bands (Fig. 4, lane F arrows). The exact nature of the differences in these surface-related proteins is currently under study.

LPS profiles and Limulus activity of CU1000 and CU1060. Electrophoretic profiles of LPS derived from strains CU1000 and CU1060 were distinct (Fig. 5, lanes B, C). In all cases the LPS gels showing CU1000 banding patterns appear to illustrate tighter banding while those from CU1060 appear to show multiple bands that are more diffuse. These differences were consistently reproduced in three separate gels comparing CU1000 to CU1060. Phenol/water-extracted LPS from CU1000 and CU1060 differed in their Limulus amoebocyte lysate reactivity, LPS from strain CU1000 exhibiting approximately 100 times greater reactivity than CU1060 [293 ± 50 endotoxin units (µg protein)⁻¹ for CU1000 compared to 3.29 ± 0.33 endotoxin units (µg protein)⁻¹ for CU1060]. The Limulus activity of the CU1060 compares favourably to levels of crude endotoxin-like material seen in experiments with strain Y4 and E. coli (Nishihara et al., 1986).

Effect of CU1000 and CU1060 on fibroblast collagenase-like activity. In all experiments extract material from CU1000 stimulated FSF to produce a collagenase-like/proteinase activity. Extract material from each of the bacterial strains at concentrations of 10–250 µg material ml⁻¹...
Table 2. Preliminary characterization of fibroblast-inducing factor produced by CU1000

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Collagenase-like proteinase activity (μg activity/μg extract protein ml⁻¹)</th>
<th>Relative activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Untreated</td>
<td>0.26±0.01</td>
<td>100</td>
</tr>
<tr>
<td>Heat-treated</td>
<td>0.27±0.01</td>
<td>104*</td>
</tr>
<tr>
<td>APMA added†</td>
<td>0.49±0.02</td>
<td>188</td>
</tr>
<tr>
<td>Molecular mass exclusion &gt; 10 kDa‡</td>
<td>0.008±0.003</td>
<td>0</td>
</tr>
<tr>
<td>Molecular mass exclusion &gt; 30 kDa‡</td>
<td>0.33±0.03</td>
<td>127</td>
</tr>
<tr>
<td>Molecular mass exclusion &gt; 100 kDa‡</td>
<td>0.29±0.03</td>
<td>1125</td>
</tr>
</tbody>
</table>

*No effect.
†Stimulates fibroblasts to produce more enzyme.
‡Molecular mass range of fibroblast-inducing factor (10–30 kDa); heat insensitive.
§Equivalent to background level as seen when fibroblasts are unstimulated.

were added to FSF and in each case CU1000 produced a statistically significant level of proteinase/collagenase-like activity in the FSF supernatant compared to all other material added. In all cases results were compared to proteinase/collagenase levels of the bacterial extracts alone and to the culture supernatants containing FSF alone, FSF plus E. coli (negative control) and FSF plus P. gingivalis (low-positive control). Table 1 shows data representative of these experiments and shows the level of collagenase-like/proteinase activity resulting from the addition of 60 μg bacterial extract material ml⁻¹ to the FSF culture (P < 0.05). Data in Table 2 indicate that the stimulatory material induced by CU1000 is heat-insensitive, has a molecular mass between 30 and 100 kDa, and appears to be derived from fibroblasts, since addition of APMA increased latent fibroblast activity while addition of APMA to the material derived from CU1000 in the absence of fibroblasts had no effect. All quantitative data presented in this section are shown as means ± SD and are derived from experiments where samples were run in duplicate a minimum of three times.

**DISCUSSION**

Initial observations indicated that the clinical strain (CU1000) and its variant (CU1060) demonstrated similar characteristics to key attributes previously described for *A. actinomycetemcomitans* (Slots, 1982a). The clinical isolate appeared as a rough, star-positive colony that demonstrated fibrillar extensions, antigenic patterns and attachment properties consistent with characteristic features reported for *A. actinomycetemcomitans* isolates (Scannapieco et al., 1987; Slots, 1982a). The laboratory strain appeared as a smooth colony with no fibrils, with a reduced and different pattern of proteins and minimal attachment. It is unclear whether previous reports have studied clinical and laboratory variant strains obtained from a young patient with active disease (Inouye et al., 1990). Nevertheless, clear differences between clinical isolates and laboratory strains have been described before (Rosan et al., 1988). In spite of these differences, only a few studies include clinical isolates in their evaluation of the pathogenic properties of *A. actinomycetemcomitans*.

**Rationale and methodology for studies using stably maintained clinical isolates**

There are at least three possible explanations for the failure to include clinical isolates in studies of *A. actinomycetemcomitans*. First, it has been proposed that it is difficult to consistently maintain the strain in its clinical state. This conclusion is based on reports that the clinical isolate loses its most obvious characteristics of fimbriae and adherence on repeated passage (Inouye et al., 1990; Rosan et al., 1988; Scannapieco et al., 1987). Second, the clinical isolate aggregates and the resulting clumped cell mass makes it difficult to achieve a homogeneous suspension of cells for reproducible quantitative experimentation (Rosan et al., 1988; Wyss, 1989). Finally, since only a few differences between clinical isolates and laboratory variants have been described to date, the potential importance of these differences may have been overlooked (Zambon, 1985; Zambon et al., 1988). This report addresses these issues directly in an effort to establish the relevance of the well preserved clinical phenotype. We agree that conversion of rough, star-positive, adherent, fimbriated colonies to smooth, star-negative, non-adherent, afimbriate colonies on subculture of *A. actinomycetemcomitans* can be readily accomplished (Rosan et al., 1988; Scannapieco et al., 1987). However, we show here that it was possible to maintain the phenotype of the original clinical isolate indefinitely. In our hands, the rough phenotype is maintained by passage from solid medium to solid medium. In contrast, repeated passage of isolates in broth enriches for smooth, star-negative, non-adherent variants. Five clinical isolates have been tested thus far and all remained rough and star-positive when passed on agar after many subcultures (more than 60) following clinical isolation (data not shown; Fine et al., 1995b, 1996). We have also been able to obtain smooth variants from each of these isolates (data not shown; Fine & Furgang, 1997; Fine et al., 1995b, 1996). These
phenotypes have been preserved by freezing at \(-80^\circ\)C for long-term storage for over 4 years. We have not yet detected reversion of smooth variants to the rough, adherent phenotype on artificial medium \textit{in vitro}. Moreover, we have not observed conversion of the smooth strain to a rough phenotype or vice versa in studies where rifampin-labelled strains have been implanted and maintained in the oral cavity of Sprague–Dawley rats for 8 weeks (Goncharoff \textit{et al.}, 1996). The ability of clinical isolates to autoaggregate has been reported although no quantitative approach to this characteristic has been documented (Rosan \textit{et al.}, 1988). We have developed a timed reaggregation assay in which we demonstrate the effect of low-pulse sonication on the disassociation of cell clumps. Using this assay we were able to show that a 30 s sonication does not affect cell viability and visible reaggregation takes as long as 1-5 h. This approach yielded reproducible cell density readings for at least 30 min following a 15 s sonication so that quantitative experimentation could be performed. With these conditions at hand we began to explore a series of \textit{A. actinomycetemcomitans} putative virulence traits that had not previously been studied by comparing CU1000 to CU1060.

**Comparison of presumptive virulence traits of clinical isolates and their laboratory variants**

Our experiments included comparison of CU1000 and CU1060 with respect to presumed ‘surface-related’ features, including attachment properties, stimulation of immune responsiveness and tissue-destructive traits. The rough strain, CU1000, displayed the properties of attachment to SHA, whereas the smooth variant, CU1060, did not. This attachment to SHA was so outstanding that we compared the binding of CU1000 to \textit{Streptococcus gordonii} G9B, a pioneer colonizing species and found that CU1000 attached in greater numbers with greater avidity and in a pattern that resembled a \textit{Pseudomonas aeruginosa}-like biofilm (Fine \textit{et al.}, 1995a; Hoyle \textit{et al.}, 1993). Moreover, pre-treatment of HA with BSA minimally reduced binding of CU1000 (2% reduction). Since serum is more representative of the medium that \textit{A. actinomycetemcomitans} encounters in its natural environment, binding and retention to serum-coated surfaces could be an important initial virulence trait for establishment of this organism in the oral cavity and this requires further study.

Comparison of the two strains in their ability to stimulate immune responsiveness was initiated by estimating differences in Western Blot profiles of transferred surface proteins. A 17–18 kDa protein derived from CU1000 appeared as a prominent surface antigen in Western Blot analysis when the two strains were compared. A further purification of crude cell extract material from CU1000 increased the intensity of this band and revealed a second distinct band in the 47 kDa region. In addition, preliminary observations have revealed that the 17–18 kDa protein in strain CU1000 is reactive with antisera from juvenile periodontitis patients but not with sera from healthy controls (not shown). These findings suggested that the periodontal patient was seeing an antigen on the surface of CU1000 that might have been missing or in low concentration in the laboratory variant strains. Much of the literature related to the pathogenic potential of \textit{A. actinomycetemcomitans} has been based on virulence factors derived from the laboratory strain Y4 or other frequently grown laboratory strains. Moreover, much of the antibody data obtained from patients afflicted with periodontal disease have been tested using Y4 and other laboratory strain(s) to provide the target antigens. In light of this report and those of others (Inouye \textit{et al.}, 1990; Saito \textit{et al.}, 1992; Wyss, 1989), this approach may miss useful information about patient responses. In addition, we have detected at least one other antigen, a 47 kDa protein, seen when clinical isolates were compared to smooth variants typical of laboratory strains. The use of well defined clinical isolates as a source of target antigens to detect patient antibody responses appears to be warranted (Saito \textit{et al.}, 1993; Wyss, 1989).

Like other effective pathogens \textit{A. actinomycetemcomitans} requires several distinct and well choreographed virulence traits that enable the organism to cause destruction of host tissue (Finlay & Falkow, 1989). One prominent virulence trait attributed to many Gram-negative pathogens is the presence of highly reactive and tissue-destructive endotoxin or LPS (Rosen, 1961). LPS patterns can be determined by gel electrophoresis and endotoxin activity can be estimated by the \textit{Limulus} lysate assay (Apicella \textit{et al.}, 1994; Lindsay \textit{et al.}, 1989). Comparison of LPS banding using silver-stained SDS-PAGE indicated that CU1000 and CU1060 have different LPS patterns. Preliminary chemical analyses have confirmed the results obtained by gel electrophoresis (data not shown). When tested for activity using either the crude sonicated form of the organisms, or a modified phenol/water extract, it was apparent that CU1000 had significantly more \textit{Limulus} activity per pg starting protein than either CU1060, Y4 or an \textit{E. coli} standard. \textit{Limulus} activity has often been used as a measure of B cell mitogenicity and cell cytotoxicity and is thought of as a surrogate for endotoxin activity (Tew \textit{et al.}, 1989). These findings suggest that clinical isolates possess a significantly greater potential for LPS-related pathogenicity than their laboratory homologues. A second prominent virulence trait often associated with the destruction of periodontal tissue and attributed to another well studied periodontal pathogen, \textit{P. gingivalis}, is the production of tissue-destructive enzymes such as collagenase (Mayrand & Grenier, 1985). Previous reports have suggested that \textit{A. actinomycetemcomitans} has collagenase activity (Robertson \textit{et al.}, 1982). Using our assay CU1000, CU1060 and Y4 did not produce collagenase. However, our results did show that CU1000, unlike CU1060 or Y4, stimulated FSF to produce an enzyme that degraded connective tissue. These findings agree with some reports (Sorsa \textit{et al.}, 1992) but appear to contradict earlier reports indicating that \textit{A. actinomycetemcomitans} causes fibroblast cyto-
toxicity and decreased metabolic activity (Shenker et al., 1982; Stevens et al., 1983). However, reports on cytotoxicity did not characterize fibroblast collagenase activity, nor did they use clinical isolates. The factor that induces fibroblast activity is heat-insensitive and has a molecular mass range between 30 and 100 kDa that could suggest a low molecular mass LPS. More work needs to be done to better characterize this potential virulence trait.

In conclusion, findings suggest that there are a number of traits that CU1000 possesses that are either absent or significantly depressed in the isogenic laboratory variant. It is our assumption that the lack of interest in the clinical form of A. actinomyctetemcomitans stems from its fragile stability, its characteristic of clumping or autoaggregation and the limited number of differences reported between the clinical and laboratory state of this well recognized oral pathogen. In this study, we have described methods of maintenance and preservation of the clinical isolate that have not been shown previously and compared these properties to a spontaneous laboratory variant/mutant. We therefore conclude that the methods described above for preservation and manipulation of the clinical isolate and its laboratory variant can provide a useful first step for the in depth analysis of virulence traits attributed to this important oral pathogen. This study focused on presumed 'surface-associated' properties related to attachment, immune responsiveness and tissue-destructive activities as they were seen in a parental and variant strain. We found that the clinical isolate in its characteristic rough phenotype displayed several distinctive features that should be important to the colonization and pathogenesis of A. actinomyctetemcomitans. However, it is likely that additional phenotypes that include the expression of other putative virulence factors could also be affected in the transformation to the smooth variant. The study of 'isogenic' strains should therefore provide a useful strategy for uncovering potential pathogenic traits for molecular analysis of genes and factors associated with disease.

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A. actinomycetemcomitans phenotypes and virulence


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