Piperine as an inhibitor of the MdeA efflux pump of Staphylococcus aureus

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Piperine, a trans-trans-isomer of 1-piperoyl-piperidine, was tested in combination with mupirocin for antimicrobial activity against Staphylococcus aureus strains including meticillin-resistant S. aureus. The combination markedly reduced the MIC of mupirocin and also lowered the mutation frequency. Enhanced accumulation and efflux of ethidium bromide from wild-type and mutant (Mupr-1) strains in the presence of piperine indicated that inhibition of efflux could be a possible mechanism of potentiation of mupirocin activity by piperine. The combination of piperine with mupirocin in a dermal infection model of mice showed better in vivo efficacy when compared with the commercially available formulation of 2% mupirocin.

INTRODUCTION

Meticillin-resistant Staphylococcus aureus (MRSA) is an emerging threat to public health in many parts of the world (Grundmann et al., 2006). It is one of the most commonly identified antibiotic-resistant pathogens responsible for nosocomial infections and accounts for approximately 40–50% of infections in intensive care units (Diekema et al., 2001; Perl et al., 2002). Moreover, nasal carriage of this organism has been found to be the important factor in acquiring nosocomial infection in patients undergoing surgery and insertion of implant devices (Wertheim et al., 2005). A recent study showed a threefold increase in risk for non-surgical patients who were nasal carriers compared with non-carriers in acquiring a nosocomial S. aureus bacteraemia (Wertheim et al., 2004). The emergence of community-acquired MRSA has raised the alarm for better control of this organism.

Mupirocin (pseudomonic acid A) is one of four structurally related antibiotics, the others being pseudomonic acids B, C and D, isolated originally from Pseudomonas fluorescens. Mupirocin was introduced for the topical treatment of primary and secondary skin infections in 1985. This antibiotic inhibits RNA and protein synthesis by selective binding to the bacterial isoleucyl-tRNA synthetase and prevents the formation of isoleucyl-tRNA. However, the extensive use of mupirocin for eradication of MRSA colonization has resulted in the emergence of resistance in this organism. Due to emergence of resistance to mupirocin, experts now recommend it as a prophylactic agent before surgery (Cookson, 1998). Interestingly, mupirocin resistance has been characterized as low level (MIC 8–256 µg ml⁻¹) and high level (MIC ≥512) (Poupard, 1995). Low-level resistance is thought to result from spontaneous mutations in the chromosomal gene iles2 (mupA), whereas high-level resistance comes from the acquisition of a transferable plasmid containing the mupA gene, which encodes the divergent mupirocin-resistant isoleucyl-tRNA synthetase (Schmitz et al., 2000). Furthermore, the use of mupirocin alone without systemic treatment in low-penetration situations, such as multiple or large wounds and in throat and rectal carriage, is also thought to encourage such mutations (Cookson, 1998).

The process of efflux is carried out by membrane proteins called efflux pumps. These efflux pumps have evolved primarily in procaryotic and eukaryotic cells to remove toxins from the interior of the cell. This protective function enables them to survive in hostile environments. In the case of mupirocin, a multidrug efflux transporter, MedA, has been found to be responsible for a 4–16-fold increase in its MIC (Huang et al., 2004). Inhibition of efflux pumps can significantly increase the clinical utility of existing antibiotics which are identified as the substrates of these pumps (Poole, 2004; Kumar et al., 2008). It is also noteworthy that the frequency of efflux-mediated resistance is often higher than the frequency of the resistance based on target alterations. In this way, the expression of efflux pumps has rendered many bacteria multidrug-resistant (Lomovskaya & Bostian, 2006). This has gained importance in the era of frequent multidrug resistance (Levy, 2002; Poole, 2004). Recently, we reported piperine...
and its analogues as potentiators of ciprofloxacin activity against *S. aureus* and found that piperine reduced the MIC of ciprofloxacin by up to eightfold in *S. aureus* 1199B (a NorA-hyperexpressing strain), indicating its role as a NorA inhibitor (Kumar et al., 2008).

In the present study, we evaluated piperine as a potentiator of the activity of mupirocin and its possible role as an inhibitor of the MdeA efflux pump of *S. aureus*.

**METHODS**

**Bacteria.** *S. aureus* ATCC 29213 was obtained from the American Type Culture Collection and used throughout the studies. *S. aureus* Mupr-1 was a laboratory-generated mupirocin-resistant mutant. The strains MRSA 33, MRSA 450 and MRSA 15187 were obtained from the American Type Culture Collection and used throughout the studies.

**Antimicrobials and chemicals.** Mupirocin powder (>98 % pure) was a kind gift from Ochoa Laboratories. Ethidium bromide and piperine powder were purchased from Sigma–Aldrich.

**Medium.** All media were from Becton Dickinson. Mueller–Hinton Medium.

**In vitro combination studies.** Combination studies were performed by a broth chequerboard method (Elipoulus & Moellering, 1996). A series of twofold dilutions of mupirocin in MHB (pH 7.0) was tested in combination with twofold dilutions of piperine in 96-well microtitre plates. The final concentrations of mupirocin and piperine were 0.03–64 and 0.8–50 μg ml⁻¹, respectively. Bacterial inocula were prepared by adjusting the inoculum density of overnight cultures to a pH 7.5 with HCl and exposed to ethidium bromide at a concentration of 2 μg ml⁻¹. The increase in fluorescence as ethidium bromide entered the cells was measured as a decrease in fluorescence.

**PCR amplification and sequencing of the promoter region of the mdeA gene of *S. aureus* Mupr-1.** DNA was isolated from the cell pellet obtained from an overnight culture of *S. aureus* Mupr-1. The DNA was dissolved in sterile DNase- and RNase-free water and quantified using a NanoDrop spectrophotometer (Thermo Fisher Scientific). Primers were designed using Primer3 software (Rozen & Skaltsky, 2000) and were purchased from Sigma. The primers used for mdeA amplification were 5'-TTCATCTCTATC-CCTCCTTG-3' (forward) and 5'-CTTCGACATTTAAAGCTTCC-CC-3' (reverse) with a product size of 186 bp. PCR amplification was carried out in a 20 μl reaction mixture containing 1× PCR buffer (MBI Fermentas), 0.20 mM dNTPs, 5 pmol each primer, 1.5 U DNA Taq polymerase (MBI Fermentas) and ~50 pmol genomic DNA isolated from *S. aureus* Mupr-1. The thermal cycling parameters were: 5 min at 94 °C, 35 cycles of 1 min at 94 °C, 45 s at 53 °C and 1 min at 72 °C, and a final extension of 10 min at 72 °C. The PCR product was purified using a PCR purification kit (Qiagen) and subjected to sequence analysis by the Big Dye terminator cycle sequencing method using an ABI PRISM 377XL sequencer (Applied Biosystems).

**Selection of resistant mutants in vitro.** First-step mutants of *S. aureus* ATCC 29213 were selected as described previously (Drugeon et al., 1999). A bacterial suspension containing 10⁶ c.f.u. in 100 μl was plated on MHA containing mupirocin at different concentrations varying from 0.5 to 2 μg ml⁻¹, individually and in combination with piperine at 25 and 50 μg ml⁻¹. Mutation frequencies were calculated by dividing the total number of colonies appearing after 48 h of incubation at 37 °C on the drug-containing plate by the total number of c.f.u. plated.

**Selection and susceptibility of mupirocin-resistant mutants of *S. aureus*.** Mupirocin-resistant mutants were selected by plating 10⁶ c.f.u. *S. aureus* ATCC 29213 on an MHA plate containing 0.5 μg mupirocin ml⁻¹ (2 × MIC). Ten colonies were randomly picked and individually passaged on MHA medium with increasing concentrations of mupirocin (up to 256 μg ml⁻¹). The susceptibilities of these mutants to mupirocin (in the presence or absence of 25 μg reserpine or piperine ml⁻¹) were determined by an agar dilution method (CLSI, 2008). One of the mupirocin-resistant mutants showing an MIC of 256 μg ml⁻¹ was designated Mup⁺-1. This mutant and *S. aureus* ATCC 29213 were used to check the restoration of the MIC of mupirocin and ethidium bromide by piperine using the broth microdilution method. Reserpine (a known efflux pump inhibitor) at 25 μg ml⁻¹ was used as a control in this study.

**Effect of piperine on the accumulation and efflux of ethidium bromide.** Measurement of the level of ethidium bromide accumulation and efflux in wild-type *S. aureus* 29213 and the mutant strain Mup⁺-1 was based on a previously described method (Brenwald et al., 1998). Briefly, for measurement of the level of accumulation, bacterial strains were grown overnight on TSA. Bacterial suspensions were prepared at an OD₅₆₅ of 0.2 in uptake buffer [110 mM NaCl, 7 mM KCl, 50 mM Na₂HPO₄, 0.4 mM NaH₂PO₄, 52 mM Tris base, 0.2% (w/v) glucose, adjusted to pH 7.5 with HCl] and exposed to ethidium bromide at a concentration of 2 μg ml⁻¹. The DNA was dissolved in sterile DNase- and RNase-free water and quantified using a NanoDrop spectrophotometer (Thermo Fisher Scientific). Primers were designed using Primer3 software (Rozen & Skaltsky, 2000) and were purchased from Sigma. The primers used for mdeA amplification were 5'-TTCATCTCTATC-CCTCCTTG-3' (forward) and 5'-CTTCGACATTTAAAGCTTCC-CC-3' (reverse) with a product size of 186 bp. PCR amplification was carried out in a 20 μl reaction mixture containing 1× PCR buffer (MBI Fermentas), 0.20 mM dNTPs, 5 pmol each primer, 1.5 U DNA Taq polymerase (MBI Fermentas) and ~50 pmol genomic DNA isolated from *S. aureus* Mup⁺-1. The thermal cycling parameters were: 5 min at 94 °C, 35 cycles of 1 min at 94 °C, 45 s at 53 °C and 1 min at 72 °C, and a final extension of 10 min at 72 °C. The PCR product was purified using a PCR purification kit (Qiagen) and subjected to sequence analysis by the Big Dye terminator cycle sequencing method using an ABI PRISM 377XL sequencer (Applied Biosystems).

**In vivo efficacy of the combination.** The in vivo efficacy of the combination was tested in a mouse model of infection. This study was approved by the Institutional Animal Ethics Committee (IAEC study no. SSP-0415, August 2009). A dermal infection model was developed on 2–3-week-old female Swiss albino mice weighing 20–22 g using MRSA 15187 as the infectious organism. The complete back side of
the anaesthetized mouse was cleaned by removing hair and a blood-oozing patch of 1 cm² was created by abrasion with sandpaper. A sterile cotton swab dipped in inoculum adjusted to a 0.5 McFarland standard (prepared from an overnight culture) was applied to the abraded area and left for 24 h to establish infection. Treatment was started at 24 h post-infection and each group of five mice was treated three times a day for 5 consecutive days with 2 % and 0.5 % (w/v) mupirocin alone, and with 0.5 % (w/v) mupirocin in combination with 0.5 % and 0.25 % (w/v) piperine. Both mupirocin and mupirocin combined with piperine were formulated in polyethylene glycol 400 (Rankem). Formulations were applied over the infected area with the help of a sterile cotton swab. A group of infected mice treated with placebo (polyethylene glycol) was used as the untreated control. The mice were sacrificed humanely by CO₂ asphyxiation 24 h after the last treatment was applied. The infected patch was aseptically dissected and homogenized in 1 ml normal sterile saline. Serial tenfold dilutions of the homogenates were plated in triplicate onto MHA supplemented with 2 μg ciprofloxacin ml⁻¹. The plates were incubated overnight at 37 °C and bacterial colonies were enumerated manually to calculate the number of c.f.u. per infected skin patch.

Statistical analysis. All experiments were repeated two to three times with two replicates for each condition tested and similar results were obtained on all occasions. Data were expressed as means ± SD and statistical analysis was carried out using Excel 2003 (Microsoft).

RESULTS

Combination studies

The results of the chequerboard combination studies performed at pH 7.0 are shown in Table 1. A fourfold reduction in the MIC of mupirocin from 0.25 to 0.06 μg ml⁻¹ for S. aureus ATCC 29213 was observed when piperine was tested at 50 μg ml⁻¹. The same concentration of piperine was also found to be effective in reducing the MIC of the three MRSA strains tested in this study. This reduction in MIC was most prominent for S. aureus Mupr-1, which exhibited a fourfold reduction in the MIC of mupirocin in presence of 25 μg piperine ml⁻¹.

Time–kill studies

Kill curves were constructed by plotting log₁₀ c.f.u. ml⁻¹ against time over 24 h (Fig. 1). The growth curve of piperine alone at 25 μg ml⁻¹ was similar to the growth control curve, indicating that piperine alone was not associated with any antibacterial activity. Mupirocin alone showed bacteriostatic activity at its MIC (0.25 μg ml⁻¹) and sub-MIC (0.12 μg ml⁻¹), whereas in combination with

![Fig. 1. Time–kill kinetics curves of S. aureus for mupirocin with and without piperine over a period of 24 h in MHB. The experiment was conducted a minimum of three times and the results were normalized. Results are shown as means ± SD. ●, Mupirocin (0.25 μg ml⁻¹); ♦, mupirocin (0.12 μg ml⁻¹); ■, piperine (25 μg ml⁻¹); ■, mupirocin (0.12 μg ml⁻¹) + piperine (25 μg ml⁻¹); ▲, control.]
piperine at 25 μg ml⁻¹, the sub-MIC concentration of mupirocin exhibited superior inhibitory activity compared with the MIC concentration of mupirocin alone. The combination further reduced the c.f.u. by a further 1.5 logs with respect to the starting inocula and maintained the bacteriostatic regime up to 24 h.

**Effect on mutation frequency**

Mutation frequency was calculated by dividing the total number of colonies appearing on the drug-containing plate by the total number of c.f.u. plated (Table 2). There was a reduction in the frequency of mutants with the increase in concentration of mupirocin until there was no mutant selected at 2 μg ml⁻¹ (8 × MIC). This concentration of mupirocin was defined as the mutation-prevention concentration (MPC). Interestingly, mupirocin in combination with piperine significantly lowered the mutation frequency and there was a >2 log reduction in mutation frequency at 0.5 μg mupirocin ml⁻¹ (2 × MIC) in combination with 25 μg piperine ml⁻¹ when compared with the same concentration of mupirocin alone. In addition, at 1 μg mupirocin ml⁻¹ (4 × MIC) in combination with 25 μg piperine ml⁻¹, no mutants were selected, thereby reducing the MPC of mupirocin from 2 to 1 μg ml⁻¹. When the concentration of piperine was further increased to 50 μg ml⁻¹, there no mutants were detected, even at 0.5 μg mupirocin ml⁻¹.

**Susceptibilities of selected mutants**

A total of ten resistant mutants showing an MIC of ≥128 μg mupirocin ml⁻¹ were selected (data not shown). The MIC of ethidium bromide was also determined for these mutants. Table 3 shows the MIC results for mupirocin and ethidium bromide of wild-type *S. aureus* ATCC 29213 and one of the ten mutants, Mup⁴⁻¹. The reduction of the MICs of mupirocin and ethidium bromide by piperine was studied using reserpine, which is a known efflux pump blocker and served as a control. Mup⁴⁻¹ showed a 2048-fold increase in the MIC of mupirocin and a twofold increase in the MIC of ethidium bromide when compared with the wild-type. The MICs of mupirocin and ethidium bromide for both isolates (wild-type and Mup⁴⁻¹ mutant) were reduced by piperine and reserpine. As efflux is the only known mechanism for ethidium bromide resistance, the reduction of its MIC for the Mup⁴⁻¹ mutant to a value similar to that of the wild-type indicated that piperine has a role as an efflux pump inhibitor.

**Table 2. Frequency of mutation in *S. aureus* ATCC 29213 with mupirocin in the presence and absence of piperine**

<table>
<thead>
<tr>
<th>Piperine (μg ml⁻¹)</th>
<th>Mutation frequency with mupirocin at:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2× MIC (0.5 μg ml⁻¹)</td>
</tr>
<tr>
<td>–</td>
<td>&gt;10⁻⁶</td>
</tr>
<tr>
<td>25</td>
<td>1.6×10⁻⁸</td>
</tr>
<tr>
<td>50</td>
<td>&lt;10⁻⁹</td>
</tr>
</tbody>
</table>

**Accumulation and efflux of ethidium bromide**

Figs 2 and 3 compare the level of accumulation and efflux, respectively, of ethidium bromide in the wild-type *S. aureus* ATCC 29213 and mutant Mup⁴⁻¹. The initial rate of accumulation of ethidium bromide in the mutant was significantly lower than in the wild-type. However, with the addition of piperine (25 μg ml⁻¹) after 30 min, this difference in accumulation was significantly reduced and there was increased accumulation of ethidium bromide in both strains (Fig. 2). The rate of ethidium bromide loss from Mup⁴⁻¹ increased significantly compared with that of the wild-type strain. Again, addition of piperine dramatically decreased the efflux rate of mupirocin in Mup⁴⁻¹. Similar results were obtained when reserpine was used as a known efflux pump blocker (data not shown).

**Sequence analysis of the promoter region of the mdeA gene**

The sequence of the promoter region of the *mdeA* gene of *S. aureus* Mup⁴⁻¹ was compared with that of a published *S. aureus mdeA* gene sequence (*S. aureus* Mu50, GenBank

**Table 3. Susceptibility of *S. aureus* ATCC 29213 and its mupirocin-selected mutant, Mup⁴⁻¹, in the presence of ethidium bromide or mupirocin and the efflux pump inhibitors piperine and reserpine at a concentration of 25 μg ml⁻¹**

<table>
<thead>
<tr>
<th>Compound(s) (μg ml⁻¹)</th>
<th>MIC (μg ml⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><em>S. aureus</em> ATCC 29213</td>
</tr>
<tr>
<td>Ethidium bromide</td>
<td>4</td>
</tr>
<tr>
<td>Ethidium bromide + reserpine (25 μg ml⁻¹)</td>
<td>2</td>
</tr>
<tr>
<td>Ethidium bromide + piperine (25 μg ml⁻¹)</td>
<td>1</td>
</tr>
<tr>
<td>Mupirocin</td>
<td>0.125</td>
</tr>
<tr>
<td>Mupirocin + reserpine (25 μg ml⁻¹)</td>
<td>0.06</td>
</tr>
<tr>
<td>Mupirocin + piperine (25 μg ml⁻¹)</td>
<td>0.06</td>
</tr>
</tbody>
</table>
accession no. NC_002758). Sequence comparison revealed single base substitution point mutations 54 bp upstream of the translation initiation codon (C→A) in the –10 region sequence and in the –35 region sequence from GTGCTA to TTGCTA (G→T) (Fig. 4).

Effect of piperine on the in vivo potency of mupirocin

The in vivo effect of mupirocin and piperine was evaluated by observing the physical appearance of the wound. Quantitative analysis of the wound was performed by estimating the bacterial load in a 1 cm² skin patch. The bacterial c.f.u. load in the skin patch placebo-treated control group was 1.7 × 10⁷ (Table 4). Mupirocin at 2 % (w/v) concentration was able to sterilize only two out of five mice, with a mean c.f.u. of 1.8 × 10⁴ in the three infected mice. A combination of 0.5 % (w/v) mupirocin with 0.5 % (w/v) piperine was found to be the most effective formulation in sterilizing the infected skin patch. Out of five mice treated with this formulation, four were cured completely. A c.f.u. count of 2.5 × 10³ was recovered from one infected mouse in this group. The other combination of 0.5 % (w/v) mupirocin with 0.25 % (w/v) piperine was inferior to the previous combination, exhibiting sterilization in three of the five mice, with a mean c.f.u. of 4.0 × 10⁴ in two infected mice. The two latter combinations containing 0.5 % mupirocin exhibited a better curing efficacy than 2 % mupirocin, which is available commercially as an ointment or cream (GlaxoSmithKline). A further reduction in the mupirocin concentration to 0.25 % (w/v) did not yield the desired therapeutic effect (not shown).

DISCUSSION

Antibiotic efflux was first discovered in 1980, when it was recognized as a mechanism for tetracycline resistance in enterobacteria (Levy, 1992). Since then, it has been shown that almost all antibiotics are subject to resistance by efflux in Gram-positive and Gram-negative bacteria (Nikaido, 2001; Li & Nikaido, 2004). The findings revealed that upregulation of efflux systems through physiological induction and spontaneous mutation can significantly lower the intracellular concentration of many such agents, causing an impact on their clinical efficacy.
The approach of identifying molecules that can interfere with the process of efflux to enhance the potential of existing antibiotics has become the process of choice to tackle antibiotic resistance and explore genomic-driven new lead molecules (Poole & Lomovskaya, 2006). Such compounds can significantly improve antibiotic efficacy by raising physiological levels of an antibiotic and act synergistically by reducing bacterial efflux. In this regard, preliminary success has already been achieved in determining efflux pump inhibitors of various efflux pumps of Gram-positive and Gram-negative bacteria. The first report of piperine as an inhibitor of the NorA efflux pump in *S. aureus* came from our group (Khan et al., 2006). Recently, we have reported that it is also an inhibitor of Rv1258c, a putative multidrug efflux pump of *Mycobacterium tuberculosis* (Sharma et al., 2010). To investigate further its broad-spectrum efflux pump inhibitory activity, in the present study we tested piperine for potentiation of the activity of mupirocin.

Table 4. *In vivo* efficacy of mupirocin alone or in combination with piperine against MRSA 15187 in a Swiss albino mouse dermal infection model

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>Growth/total no. mice</th>
<th>Mean log$_{10}$ c.f.u. recovered per infected skin patch</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>5/5</td>
<td>7.2304 ± 0.16</td>
</tr>
<tr>
<td>2 % Mupirocin</td>
<td>3/5</td>
<td>4.2552 ± 0.19</td>
</tr>
<tr>
<td>0.5 % Mupirocin</td>
<td>4/5</td>
<td>5.3979 ± 0.18</td>
</tr>
<tr>
<td>0.5 % Mupirocin + 0.5 % piperine</td>
<td>1/5</td>
<td>3.3979 ± 0.25</td>
</tr>
<tr>
<td>0.5 % Mupirocin + 0.25 % piperine</td>
<td>2/5</td>
<td>4.6020 ± 0.24</td>
</tr>
</tbody>
</table>

The relative probability of the mupirocin and piperine combination to select resistant mutants was found to be significantly lower in comparison with mupirocin alone. The MPC has been proposed as a new measurement of antibiotic potency by which the ability to restrict selection of resistant mutants is evaluated. It was observed that there was an increase in the MIC of ethidium bromide in *S. aureus* Mup$^+$1 and there was enhanced accumulation of ethidium bromide in these cells. Piperine reversed the MIC of ethidium bromide and inhibited the efflux from these mutant cells pre-loaded with ethidium bromide, thus indicating inhibition of the efflux mechanism.

Overexpression of MdeA confers resistance on *S. aureus* to a range of quaternary ammonium compounds and antibiotics including mupirocin. It is a 52 kDa protein with 14 predicted transmembrane segments (Huang et al., 2004). Sequencing analysis of the promoter region of *S. aureus* Mup r-1 revealed single base substitution point mutations of C$\rightarrow$A between the initiation codon and the $-10$ region, and G$\rightarrow$T in the $-35$ region. Similar mutations have also been reported by Huang et al. (2004) in a mutant which showed a 320-fold increase in the transcription of *mdeA*.

The *in vitro* potentiation of mupirocin by piperine was successfully translated into improved *in vivo* efficacy shown by the formulation containing a combination of mupirocin and piperine in a mouse skin infection model. The combination of 0.5% mupirocin and 0.5% piperine exhibited maximum sterilization effect at one-quarter of the dose of the commercially available 2% mupirocin formulation (Table 4). Piperine is pharmacologically safe and also features in the US Food and Drug Administration list of ‘Generally Regarded as Safe’ or GRAS compounds. Therefore, a topical formulation of piperine and mupirocin should not have any toxicity concerns and may prove to be useful in nasal decolonization therapy and the treatment of dermatological infections.
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REFERENCES


