INTRACELLULAR GROWTH AND TYPE VARIATION OF
NEISSERIA GONORRHOEAE IN TISSUE CELL-CULTURES

SHEENA A. WAITKINS AND J. FLYNN

Department of Medical Microbiology, University of Sheffield, Sheffield, S10 2TN

PLATES XIII AND XIV

Even today the cultivation of Neisseria gonorrhoeae on laboratory media may present difficulties. Despite a wide range of media, including those containing ascitic fluid or other native protein, the long-term cultivation of gonococci without spontaneous degradation to avirulent forms is almost impossible. The gonococcus can be maintained in a fully virulent form only by the selective transfer of type I (virulent) colonies (Kellogg et al., 1963).

The failure to infect small laboratory animals with the gonococcus has limited research, especially into the immune response of the host and the in-vivo behaviour of the organism. However, these disadvantages have been partly overcome by the use of tissue-culture cells to study the reactions of the cell to N. gonorrhoeae and the subsequent sensitivity of engulfed organisms to antibiotics (Thayer et al., 1957; Meyer-Rohn and Rohde, 1961; Rohde and Meyer-Rohn, 1961). Long-term cultivation, in which the gonococcus survived up to 88 days has been reported by Gavrilescu et al. (1966), who used a KB cell-line. Diena et al. (1971) developed a technique for assay of the antibacterial action of serum antibody against the gonococcus; they used monkey-kidney cells infected with gonococci as an indicator system. Kenny and Aris (1969) claimed that after growth for 48 hr in monkey-kidney tissue cultures, avirulent gonococci of types III and IV (Kellogg et al.) subcultured on laboratory medium yielded colonies of virulent types I and II.

We have studied the growth and stability of colonial types I and IV gonococci in mouse (3T3) and monkey (Vero and LLC-MK₂) tissue-culture cells.

MATERIALS AND METHODS

Antibiotics

Antibiotic solutions were made up in 100-ml amounts in the following concentrations: vancomycin HCl (Lilly) 5 μg per ml; penicillin (Vestric) 100 units per ml; streptomycin 100 μg per ml; nystatin 25 IU per ml. The solutions were dispensed in 0.5-ml volumes per 1000 ml of media used.

Media

Five per cent. lysed horse-blood agar: Columbia Agar Base (Oxoid) 39 g, distilled water 1000 ml. Soak for 15 min. Mix and autoclave at 121°C for 15 min. Allow to cool to 55°C and then add 50 ml of sterile horse-blood (Wellcome) lysed by repeated freezing and thawing.

Difco GC Medium Base plus defined supplement (GCMB medium): Difco GC Medium Base 36 g, distilled water 1000 ml. Heat to 70°C for 10 min. then autoclave at 121°C for 15 min. Allow to cool to 60°C and add 20 ml of supplement.

Supplement: prepared by adding 1 ml of solution 2 to 99 ml of solution 1 and sterilising by Sietz filtration.

Solution 1. (A) Glutamine solution: 1 g of L-glutamine and 40 g of dextrose dissolved in 89 ml of distilled water. (B) Ferric nitrate solution: 0.05 g of ferric nitrate dissolved in 10 ml of distilled water. Add solution (A) to (B) (White and Kellogg, 1965).

Solution 2. Cocarboxylase 1 mg in 50 ml.

Eagle's M.E.M. (single strength): deionised water 450 ml, Eagle's M.E.M. (Wellcome) 50 ml, foetal calf-serum (Biocult) 50 ml, sodium-bicarbonate 4.4 per cent. (Analar) 5 ml. For cell lines that required it, 1 per cent. Non-essential Amino Acids (Biocult) was added to the medium just before use.

Dulbecco solution, pH 7.3 was made by adding 1 ml of sterile 1 per cent. magnesium chloride solution and 1 ml of sterile 1 per cent. calcium chloride solution to 100 ml of Dulbecco A (Oxoid) which had been sterilised at 115°C for 10 min.

Magnesium chloride solution: MgCl₂.6H₂O 1 g, NaCl 0.85 g, distilled water 100 ml; autoclaved at 115°C for 10 min.

Calcium chloride solution: CaCl₂ 1 g, NaCl 0.85 g, distilled water 100 ml; autoclaved at 115°C for 10 min.

Test organism

The strain of N. gonorrhoeae (no. 71/4508) used in these experiments was isolated from a patient attending the Sheffield Venerale-diseases Clinic and was initially grown on 5 per cent. lysed horse-blood agar with 1 per cent. vancomycin solution 5 μg per ml. It was identified by Gram's stain, a positive oxidase reaction, and fermentation of glucose but not maltose or sucrose. Fermentations were tested in a modified carbohydrate medium containing Difco GC Medium Base (GCMB) with 1 per cent. of the sugar (Flynn and Waitkins, 1972). After the strain had been shown to be pure it was preserved by "snap freezing" in liquid nitrogen with 1 per cent. glycerol peptone broth as suspending medium. By selective transfers on GCMB, colonial variants I and N (Kellogg et al.) were isolated from this strain and incubated at 37°C for 18 hr in an atmosphere of 5 per cent. CO₂.

Tissue-cell culture

The tissue cell-lines used were 3T3 mouse-fibroblast cells, Vero monkey-kidney cells, and LLCMK₂ (derived) monkey-kidney cells. For the 3T3 and LLCMK₂ cells, 1 per cent. non-essential amino acids was added to the Eagle's medium. The tissue cells were passaged weekly in 100-ml medical-flat bottles containing the above medium plus penicillin 100 units per ml, streptomycin 100 μg per ml, and nystatin 25 IU per ml (Eagle, 1959). The monolayer was then broken up with versene, the cells were distributed in 2-ml volumes into tissue-culture tubes containing coverslips (1 x 4 cm), the final cell suspensions being approximately 10⁵ cells per ml. The tubes were sloped to form a monolayer on the coverslips and grown at 37°C for 3 to 4 days. Just before inoculation with N. gonorrhoeae, the overlay was poured off and the monolayer was thoroughly washed several times with warmed Dulbecco phosphate-buffered saline to remove extraneous antibiotics.

Each tissue-culture tube containing a 2-ml overlay of antibiotic-free Eagle's medium was then inoculated with 0.1 ml of a suspension containing about 60 x 10⁸ gonococci per ml, and incubated at 37°C. From each tube 1 ml of supernatant fluid was removed at 0, 2, 4, 8, 12, 16, 20, and 24 hr and the growth of N. gonorrhoeae was monitored by the Miles, Misra and Irwin (1938) method on 5 per cent. lysed horse-blood agar. Simultaneously coverslips from the corresponding tubes were thoroughly washed in phosphate-buffered saline to remove bacteria adherent to the tissue cells and were stained by Leishman's method. The supernatant fluid was also plated out on GCMB medium for colonial typing.
Fig. 2a.—Mouse-fibroblast 3T3 cell monolayer immediately after inoculation with Neisseria gonorrhoeae. No cytoplasmic inclusion of the organism can be seen. Leishman. × 700.

Fig. 2b.—Mouse-fibroblast 3T3 cell monolayer 2 hr after inoculation with Neisseria gonorrhoeae showing the earliest sign of cytoplasmic inclusion of the organism. Leishman. × 700.

Fig. 2c.—Mouse-fibroblast 3T3 cell monolayer 8 hr after inoculation with Neisseria gonorrhoeae showing maximum cytoplasmic inclusion of gonococci. Leishman. × 700.

Fig. 2d.—Mouse-fibroblast 3T3 cell monolayer 24 hr after inoculation with Neisseria gonorrhoeae, showing breakdown and death of the tissue cell with a few remaining intracellular gonococci. Leishman. × 700.
Fig. 3a.—Electron-microscopic photographs of monkey-epithelial LLCMK₂ cells 8 hr after inoculation, showing gonococci within the tissue cell. EM. ×7500.

Fig. 3b.—Electron-microscopic photographs of monkey-epithelial LLCMK₂ cells, showing cytoplasmic pseudopodia engulfing a pair of gonococci and a typical diplococcus already within the cell. EM. ×15,000.
Electron microscopy

A preparation that had been incubating for 8 hr was washed twice with warmed Dulbecco phosphate-buffered saline; versene was then added to break up the monolayer of cells. The dispersed cells were gently centrifuged at 400 r.p.m. for 4 hr and fixed with 3 per cent. glutaraldehyde at 4°C for 2 hr. The resulting pellet was washed gently three times in sucrose-phosphate buffer over a period of 24 hr. The pellet was fixed in 2 per cent. unbuffered osmium tetroxide, block-stained with 0.5 per cent. uranyl acetate (pH 5.0), dehydrated with increasing concentrations of alcohol, and impregnated with Araldite. Sections were cut by an ultramicrotome and stained with Reynolds' lead citrate. An A.E.I. EM/81 electron microscope was used for viewing.

![Graph showing growth of Neisseria gonorrhoeae in mouse-fibroblast 3T3 tissue-culture cells over a period of 24 hr.](image)

**Fig. 1.**—Growth of *Neisseria gonorrhoeae* in mouse-fibroblast 3T3 tissue-culture cells over a period of 24 hr. - type I; ■■■■ type IV.

**RESULTS**

Fig. 1 shows the number of *N. gonorrhoeae* in the overlay of 3T3 mouse fibroblast cells during a period of 24 hr. The number of viable bacteria was minimal at 8 hr. Goncocci could be seen to become progressively more abundant in the tissue cells over the same period, as seen by preparations of Leishman-stained cells (fig. 2a–d). Even after repeated vigorous washings with phosphate-buffered saline, the gonococci were not removed and therefore appeared to be within the cytoplasm of the tissue cells and not lying in intracellular areas or merely attached to the cell surfaces. The "haloed" effect, which could be seen as clear areas around the gonococci, may indicate the intracellular inclusions of these organisms.

To prove that *N. gonorrhoeae* were in fact intracellular, thin sections of 3T3, LLCMK2, and Vero cells were cut and examined under the electron microscope. In a cross-section of LLCMK2 cells 8 hr after infection with gonococci (fig. 3a), diplococci could be seen in the process of being ingested into the cell. At higher magnification (fig. 3b) cytoplasmic pseudopodia...
extending from the epithelial cell and engulfing a gonococcus could be seen, with diplococci already ingested in the same field. Sections of the Vero and 3T3 cells at 8 hr also showed the ingestion of the gonococci intracellularly. Organisms of types I and IV were ingested by the cell. To exclude extracellular multiplication of the organism as a possible explanation for their increase in the overlay, the following two experiments were made.

(i) The intracellular growth of *N. gonorrhoeae* was monitored in tissue cells killed by heating to 60°C, in live cells, and in the appropriate tissue-culture medium. After 24 hr, viable gonococci could be recovered only from the live cell-cultures.

(ii) Rat serum, which is bactericidal for gonococci, was added to tissue-culture cells containing *N. gonorrhoeae*. All extracellular organisms were killed and only after repeated washings with Dulbecco phosphate-buffer to clear the rat serum from the overlay was there a significant increase of viable organisms. This indicates that these organisms were "protected" from the rat serum within the cells (Flynn, 1972).

When grown for 24 hr within tissue-culture cells, *N. gonorrhoeae* did not change from avirulent type IV to virulent type I or vice versa. Even when the overlay medium was changed every 24 hr and the observation period extended to 96 hr there was no change of type in either direction.

**Discussion**

In this series of experiments the tissue-culture cells rapidly ingested gonococci by phagocytic action. If this represents the action of cells within the mucous membrane of the urinary tract, it is quite possible that live gonococci may be protected from the therapeutic action of antibiotics and even from local antibodies. Cells containing surviving gonococci may be the most effective inocula in the transmission of the disease. Because of the 24-hourly changes of overlay medium, tissue cell-cultures are not a convenient method for maintenance of type I colonies; the snap-freezing method with liquid nitrogen is more useful (Ward and Watt, 1971). There seems to be no apparent reversion of type IV to the virulent type I, as Kenny *et al.* (1969) suggested; this is in accordance with the findings of Kellogg *et al.* (1963) that type IV organisms failed to infect human volunteers.

**Summary**

Phagocytosis of *Neisseria gonorrhoeae* in tissue cell-cultures may protect it from the lethal action of bactericidal agents. Type reversal from avirulent to virulent gonococci was not observed. We believe that maintenance of type I organisms in tissue cultures is too tedious and that snap-freezing in liquid nitrogen is more convenient.

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