Report of two unlinked cases of infant botulism in the UK in October 2007

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Infant botulism is a rare disease in the UK, with the first case being recognized in 1978 and only five subsequent cases being reported before 2007. This study reports two unlinked cases of infant botulism, caused by two distinct strains of Clostridium botulinum (toxin types A and B, respectively), that occurred within a single month in the south-east of England in October 2007. The use of real-time PCR to detect C. botulinum neurotoxin genes in clinical specimens to improve the diagnostic procedure and to follow carriage of the causative organism in the infant gut is described. The laboratory investigation of these two cases demonstrated that a combination of the mouse bioassay, real-time PCR assays and conventional microbiological culture can provide rapid confirmation of a clinical diagnosis and affect patient management. Both infants (aged 4 and 8 months) were previously healthy prior to the onset of symptoms, and in both cases, a diagnosis of infant botulism was delayed for at least 10 days after initial admission to hospital. Once diagnosed, one of the infants was the first in the UK to be treated with human-derived botulism immunoglobulin. Real-time PCR was used to demonstrate that C. botulinum was excreted in the infants’ faeces for up to 68 and 81 days, respectively. Despite the infrequency of infant botulism in the UK, clinicians should be aware of this rare but serious condition and should seek microbiological advice when presented with young infants with compatible symptomologies.

INTRODUCTION

Infant botulism is a disease that involves a descending bilateral paralysis, usually within the first 6 months after birth, and presents with characteristic symptoms including constipation, difficulty feeding, lethargy, decreased head control, ptosis and difficulties with breathing: hence the name floppy baby syndrome (Arnon, 1992). The characteristic flaccid paralysis may persist for several weeks to months and ventilation may be required in the more severely affected cases. The disease results from colonization of the intestine by Clostridium botulinum and production of neurotoxin in vivo. Toxin is absorbed across the intestinal mucosa and transported via the circulation to neuromuscular junctions and other peripheral cholinergic synapses where it binds irreversibly, resulting in blocking the release of the neurotransmitter acetylcholine. Laboratory confirmation of the clinical diagnosis requires detection of botulinum toxin in serum or faeces using a neutralization bioassay and/or the recovery of C. botulinum from faeces (Arnon, 1992; CDC, 1997).

The source of C. botulinum is not known for the majority of cases of infant botulism; however, honey and corn syrup have been identified as sources of the organism in a small number of cases (Arnon et al., 1979; Arnon, 1992; Crawford & Gorrell, 2002). The bacterium is widely distributed in soil, dust and the environment, as well as
in other foods, and all have been postulated as reservoirs (Arnon et al., 1979; Arnon, 1992; Crawford & Gorrell, 2002).

Until recently, the only treatment for infant botulism was supportive therapy, as the antitoxin used to treat botulism in adults affords too great a risk of adverse reaction in infants. However, in 2003, human-derived botulism immunoglobulin became available (BabyBIG) and was licensed in the USA for the treatment of infant botulism (Arnon et al., 2006). The use of BabyBIG in the USA has been shown to reduce the length of hospital stay and associated hospital costs significantly (Arnon et al., 2006). In order to be effective, this treatment needs to be given as early in the onset of disease as possible so that circulating neurotoxin is prevented from reaching its target.

In the UK, there have been six reported cases of infant botulism between 1978 and 2006 (Turner et al., 1978; Smith et al., 1989; Jones et al., 1990; CDSC, 1993, 1994; Brett et al., 2005). We report here the results of microbiological and molecular studies on two apparently unrelated cases that occurred in October 2007. We also describe the use of real-time PCR to substantially improve the diagnostic process for infant botulism and thus facilitate rapid and appropriate patient management, as well as providing information to assess risks from foods and the environment.

**METHODS**

**Microbiological methods.** Serum and fecal extracts from two cases were tested for the presence of botulinum neurotoxins using a neutralization mouse bioassay (CDC, 1998). A portion of fecal extract from one case was trypsinized before testing by mouse bioassay. Monovalent neutralizing antisera were supplied by the Centers for Disease Control and Prevention, GA, USA, and appropriate UK Home Office licences were held for performance of the bioassay.

Fecal, food and medicinal products were examined for *C. botulinum* by enrichment in pre-reduced cooked meat medium (CMM) broth with added glucose and starch (CDC, 1998). Soil and vacuum cleaner dust were cultured as described by Nevas et al. (2005) by inoculation into pre-reduced CMM broth with added glucose and starch. Duplicate specimens and samples were inoculated into pre-reduced CMM, one of which was heat-shocked at 60 °C ± 2 °C for 30 min. Enrichment cultures were incubated anaerobically at 30 °C for up to 5 days and subcultured onto solid medium with or without antibiotics after 1, 3 and 5 days’ incubation (Dezfoulian et al., 1981). Plates were incubated in an anaerobic cabinet (Don Whitley Scientific) at 30 °C in an atmosphere of 80% N2, 10% H2 and 10% CO2 for 1–5 days.

For DNA extraction from CMM broths, the biomass from 1 ml was harvested by centrifugation at 13 000 g for 3 min, washed once in 1 ml nuclease-free water (Sigma) and resuspended in 200 μl pre-mixed Instagene matrix (Bio-Rad Laboratories) by vortexing. Samples were then heated for 30 min at 56 °C, followed by 8 min at 100 °C, and DNA present in the supernatant was recovered by centrifugation. DNA was extracted from inoculated broths after 1, 3 and 5 days’ incubation and tested for the presence of *C. botulinum* neurotoxin (*bont*) genes by real-time PCR. DNA was extracted from individual bacterial colonies using micro.LYSIS (Microzone), a rapid DNA release reagent, following the manufacturer’s instructions. Briefly, a portion of a single colony was mixed into 19 μl micro.LYSIS reagent using a sterile disposable 1 ml microbiological loop and heated in a thermocycler using the following cycle: 65 °C for 5 min, 96 °C for 2 min, 65 °C for 4 min, 96 °C for 1 min, 65 °C for 1 min and 96 °C for 30 s, followed by 20 °C hold. DNA extracts were then tested for the presence of *bont* genes by real-time PCR assays.

**Real-time PCR assays.** Real-time PCR assays for *bontA*, *bontB* and *bontE* gene fragments were performed as described previously (Akbulut et al., 2004) except that PCR primers (Fi: 5′-CCTGG-CATTTCACTAGTCATG-3′; F2: 5′-GCTTATAGGGTTTTCC-GCTAT-3′) and a 5′ Yakima Yellow-labelled fluorescent probe (5′-TTGATACATGACTGATGATTACGGG-3′) were also included for the specific detection of a fragment of the *bontF* gene. PCR analysis was performed as two duplex reactions: one for the detection of *bontA* and *bontB* gene fragments, and the other for the detection of *bontE* and *bontF* gene fragments. To detect any inhibition of PCR from extracted DNA, a commercially available internal control assay (Applied Biosystems) was run independently on all DNA samples. All assays were performed in duplicate in 96-well MicroAmp optical plates with MicroAmp optical plate seals (Applied Biosystems). Each reaction comprised 25 μl containing 1 × qPCR Master Mix (Eurogentec), 0.1 μM of the appropriate fluorescent probe, 0.3 μM each of the corresponding reverse and forward oligonucleotide primers and 5 μl DNA extract. Negative controls of sterile distilled water only and positive controls containing 5 μl extracted DNA from NCTC strains of *C. botulinum* types A, B, E and F were included in each assay.

Amplification and detection were performed under the default conditions of an ABI Prism 7000 Sequence Detection System, which comprised: 2 min at 55 °C and 10 min at 95 °C, followed by 40 cycles of 95 °C for 15 s and 60 °C for 1 min. PCR products were detected by monitoring the increase in fluorescence due to release of reporter dyes from the probes, resulting from the heat-dependent 5′ exonuclease activity of Taq polymerase. Assay results were calculated using the manufacturer’s software as signal threshold cycle (*C* T) values, where *C* T is the PCR cycle number at which fluorescence of the released reporter dye reaches a threshold level. Samples were designated positive when *C* T values of <35 were obtained and negative for *C* T values of ≥35.

**Amplified fragment length polymorphism (AFLP) analysis.** AFLP for molecular fingerprinting of isolates was performed in a manner similar to that described previously (Brett et al., 2005). DNA was extracted from pure cultures of *C. botulinum* growing on Columbia blood agar plates after 48 h at 30 °C in an anaerobic cabinet using a previously described automated method (Akbulut et al., 2004). Restriction digestion of DNA and ligation of the adaptors were performed in a single step using a modification of the method of Valsangiacomo et al. (1995). Briefly, 3 μl (~4 μg) extracted DNA was digested with 20 U HindIII (Sigma) and ligated to adaptor oligonucleotides ADH1 and ADH2 (1 μM each; MWG-Biotech) using 1 U T4 ligase (Invitrogen) and T4 DNA ligase buffer [25 mM Tris/HCl (pH 7.6), 50 mM MgCl2, 5 mM ATP, 5 mM dithiothreitol, 25% (w/v) polyethylene glycol 8000] in a final volume of 35 μl. Digestion of DNA and ligation of adaptors to restriction fragments was performed at 37 °C for 90 min in a thermal cycler. The ligated DNA was heated to 80 °C for 10 min and diluted 1:5 in sterile distilled water, and 5 μl was used for each PCR.

PCR reactions were performed in 25 μl final volumes and contained 5 μl diluted ligated DNA, 2.5 mM MgCl2, 300 ng primer HI-C (5′-GCTTATAGGGTTTTCC-GCTAT-3′; Gibco-BRL), which binds to the ligated adaptor sequences, and 1.25 U Taq DNA polymerase in 1 × PCR buffer (Gibco-BRL). The mixture was subjected to an initial
denaturing step of 94 °C for 4 min, followed by 35 cycles of 1 min at 94 °C, 1 min at 60 °C and 2.5 min at 72 °C. A non-template control was included in each batch of tests. Banding patterns were resolved by running 13 μl of the amplified product in a 1.5% agarose gel containing 0.5 μg ethidium bromide ml⁻¹ and were observed under UV transillumination. Fluorescent bands were recorded with a Gel Doc 2000 gel documentation system (Bio-Rad Laboratories), and banding patterns from different C. botulinum isolates were compared by visual inspection.

RESULTS AND DISCUSSION

On 10 October 2007, the HPA Foodborne Pathogen Reference Unit (FPRU) was contacted about a possible case of infant botulism. A previously healthy, predominantly breastfed, 8-month-old male infant was admitted to a hospital in London on 29 September with a 2-day history of poor feeding and lethargy. The infant became increasingly floppy and had poor urine output. Upon examination, the infant was apyrexic and had a clear chest and normal perfusion, but had globally reduced power and tone. A chest radiograph revealed a large cardiothoracic ratio, and blood gas analysis showed metabolic acidosis. Presumptive sepsis was treated empirically with broad-spectrum antibiotics and acyclovir. The baby was transferred to a second London hospital on 30 September for further assessment and on 1 October developed respiratory failure secondary to progressive weakness, requiring intubation and ventilation. A differential diagnosis of Guillain–Barré syndrome was initially suspected, but electromyography tests and cerebrospinal fluid results being inconclusive, infant botulism was considered. On 11 October, serum and faeces inoculated into CMM broth were sent to the FPRU for testing. The following day, C. botulinum neurotoxin was detected in serum and faeces from the infant by mouse bioassay and bontA genes were detected by real-time PCR in enrichment cultures from infant faeces. It is of note that C. botulinum type A was detected and isolated only from a non-heat-shocked enrichment broth inoculated with the original CMM broth containing faeces provided by the hospital microbiology laboratory. C. botulinum was not isolated from a duplicate enrichment broth that had been heat-shocked, nor from any enrichment broths inoculated directly with faeces by the reference laboratory. This indicated that viable C. botulinum cells were present in the faeces from the infant and that these were recoverable when faeces was inoculated into CMM by the sending laboratory; however, by the time the reference laboratory inoculated faeces into CMM, the bacteria were no longer viable and C. botulinum was not detected by PCR or isolated from enrichment culture. C. botulinum is a strict anaerobe and in order to maximize the likelihood of detection and isolation of C. botulinum from clinical material, specimens should be inoculated into CMM as soon as possible after being taken and transported to the reference laboratory. C. botulinum type A was isolated subsequently in pure culture from the non-heat-shocked enrichment broth and shown to have typical phenotypic characteristics on diagnostic agar (lipase-positive and lecithinase-negative) and to also contain the bontA gene. The isolate was confirmed as C. botulinum type A by the Anaerobic Reference Laboratory, Cardiff, UK. C. botulinum type A isolates from sequential infant faecal samples were characterized by AFLP analysis.

This infant was treated on 14 October with BabyBIG (human-derived botulism antitoxin immunoglobulin) obtained from the Infant Botulism Treatment and Prevention Program (IBTPP) in California, USA, and showed some improvement, but continued to receive supportive care in the paediatric intensive care unit. This was the first case of infant botulism to be treated with BabyBIG in the UK. After antitoxin therapy, the infant was also treated with metronidazole. The infant was transferred to a paediatric intensive care unit in another hospital in the UK in November 2007, where he remained for several months before being discharged.

On 20 October 2007, a second male infant of 4 months was admitted to a different hospital in the south-east of England with a 2-day history of feeding difficulties, ptosis and breathing difficulties and who had been suffering from constipation since 11 October. This infant had received antibiotic therapy (trimethoprim) for 7 weeks, including the whole of September, for a urinary tract infection. On 29 October, the infant was transferred to a hospital in a different part of London to that caring for the first case, for further assessment and where a differential diagnosis of myasthenia gravis or infant botulism was made. On the same day, a rectal washout and a CMM broth inoculated with rectal washout from the infant were submitted to the FPRU. The following day, bontB genes were detected by real-time PCR in the CMM inoculated with rectal washout by the sending laboratory, as well as in both heat-shocked and non-heat-shocked enrichment broths inoculated with rectal washout by the reference laboratory. In this instance, the rectal washout and CMM inoculated with rectal washout were received by the reference laboratory on the day they were taken, thus minimizing the length of time the rectal washout was subjected to non-anaerobic conditions. This is likely to explain why C. botulinum was detected and isolated from all enrichment cultures, unlike the first case described here. C. botulinum type B was isolated in pure culture from faeces and demonstrated typical phenotypic characteristics on diagnostic agar (lipase-positive and lecithinase-negative) and contained the bontB gene. It was confirmed as a type B, proteolytic C. botulinum by the Anaerobic Reference Laboratory, Cardiff. C. botulinum type B isolates from sequential faecal samples were characterized by AFLP analysis. Type B botulinum neurotoxin was detected only following trypsinization of a rectal washout extract and thus, in this case, a diagnosis of infant botulism was confirmed on the basis of PCR detection of bontB genes from a rectal washout.

Treatment of the infant with BabyBIG was discussed with clinicians at the IBTPP, but as the infant did not show signs
of severe intoxication and was showing signs of improvement, a decision not to treat was taken, unless there was a sudden deterioration in the progress of the infant.

The occurrence of two cases of infant botulism within a single month is unprecedented in the UK, although elsewhere in the world, in the USA for example, infant botulism is diagnosed far more frequently. It is suspected that the two UK cases were independent and an increase in diagnostic awareness is considered unlikely, as neither of the two groups of staff caring for these infants were aware of the other case prior to contacting the FPRU. Because this is such a rare disease in the UK, it may not be readily considered, as demonstrated by these two cases where infants were ill and hospitalized for 13 and 10 days, respectively, before infant botulism was considered. For BabyBIG to be effective, it must be administered early in the onset of disease and it is therefore important that diagnostic awareness is considered unlikely, as neither of the two UK cases were independent and an increase in the window of opportunity for infection for several weeks prior to developing symptoms of infant botulism and this may have perturbed the gut flora, enabling *C. botulinum* spores to germinate and produce neurotoxin.

Advances in nucleic acid detection technologies have seen a huge increase in real-time PCR-based methods for the diagnosis of a wide range of microbial pathogens. We reported previously on the evaluation of these assays for the diagnosis of botulism, which allows online monitoring of amplified gene fragments at each cycle of PCR, thus permitting simultaneous amplification and detection at high sensitivities of pathogen-specific nucleic acids within 1–2 h (Akbulut et al., 2004, 2005). Additionally here, we included the use of a fourth real-time PCR to detect a fragment of the *bont* gene. The use of real-time PCR for *bont* genes has provided a potentially faster, less expensive and ethically more acceptable approach (fewer bioassays are necessary) to conventional laboratory diagnostic approaches.

Botulinum neurotoxins are synthesized as a single polypeptide which becomes active only following proteolytic cleavage to generate two subunits. It is of note that toxin was only detected by mouse bioassay in the faeces of the infant in the second case described here following *in vitro* treatment with trypsin. This observation may explain

Table 1. Summary of cases of infant botulism confirmed in the UK

<table>
<thead>
<tr>
<th>Month and year of onset</th>
<th>Age/sex</th>
<th>Received ventilation</th>
<th>Risk factors</th>
<th>Toxin type</th>
<th>Confirmation of botulism by isolation of <em>C. botulinum</em> or detection of toxin in:</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>December 1978</td>
<td>5 months/female</td>
<td>No</td>
<td>Weaning</td>
<td>A Organism and toxin</td>
<td>Faeces Serum</td>
<td>Turner et al. (1978)</td>
</tr>
<tr>
<td>June 1987</td>
<td>4 months/male</td>
<td>Yes</td>
<td>Weaning</td>
<td>B (F) Organism and toxin</td>
<td>Faeces Serum</td>
<td>Smith et al. (1989)</td>
</tr>
<tr>
<td>Month unknown 1989</td>
<td>2 months/female</td>
<td>No</td>
<td>Symptoms developed in the Yemen and fed honey</td>
<td>B Toxin</td>
<td>Faeces Serum</td>
<td>Jones et al. (1990)</td>
</tr>
<tr>
<td>June 1993</td>
<td>4 months/female</td>
<td>Yes</td>
<td>Travel to Spain</td>
<td>A Organism and toxin</td>
<td>Faeces Serum</td>
<td>CDSC (1993)</td>
</tr>
<tr>
<td>January 1994</td>
<td>4 months/male</td>
<td>Yes</td>
<td>Weaning and fed honey</td>
<td>A Organism and toxin</td>
<td>Faeces Serum</td>
<td>CDSC (1994)</td>
</tr>
<tr>
<td>June 2001</td>
<td>5 months/female</td>
<td>Yes</td>
<td>Weaning</td>
<td>B Organism and toxin</td>
<td>Faeces Serum</td>
<td>Brett et al. (2005)</td>
</tr>
<tr>
<td>September 2007</td>
<td>8 months/male</td>
<td>Yes</td>
<td>Weaning</td>
<td>A Organism and toxin</td>
<td>Faeces Serum</td>
<td>This report</td>
</tr>
<tr>
<td>October 2007</td>
<td>4 months/male</td>
<td>No</td>
<td>Antibiotic treatment</td>
<td>B Organism and toxin</td>
<td>Faeces Serum</td>
<td>This report</td>
</tr>
</tbody>
</table>
the less severe symptoms in this case compared with the first case.

Weekly samples of faeces were collected from the case 1 infant between 23 and 68 days after onset, and from the case 2 infant between 18 and 81 days after onset (Table 2). *C. botulinum* type A was isolated from the case 1 infant on days 23–28 (three samples) but not after 37 days. *C. botulinum* type B was isolated from the faeces of the case 2 infant on days 18–46 (four samples) but not after 53 days. It was not possible with any of the earlier UK cases to estimate the length of carriage of *C. botulinum* due to restrictions on the use of laboratory animals. However, the use of a PCR assay for detection of *bont* genes has, for the first time in the UK, enabled carriage of the organism in the human infant gut to be monitored. The observations on the two cases described here illustrate the potential for prolonged excretion of the bacterium and its neurotoxins in the faeces of affected infants, which is a source of exposure to contacts both within and outside hospital settings, including other infants. The IBTPP (California Department of Public Health; Anonymous, 2008) recommends scrupulous attention to hand washing by all hospital personnel who have contact with the infant, and that persons with open lesions on their hands should not handle soiled nappies. Close contact between these babies and other infants (including sharing cots and toys) should be avoided while excretion may be continuing. On the basis of this advice (Anonymous, 2008), both cases were barrier nursed and nappies were bagged and autoclaved prior to disposal until the organism was no longer detected on three subsequent occasions. In addition, cots from both homes were also disposed. No adverse infection control incidents were detected. The length of time of carriage for case 1 was much less than for the second case and this is most likely to be linked to the case 1 infant being treated with metronidazole following administration of BabyBIG. Antibiotic treatment to eliminate *C. botulinum* is not recommended in cases of infant botulism, as it can lead to the release of neurotoxin from bacterial cells. However, the case 1 infant had been treated with antitoxin prior to administration of metronidazole.

Molecular fingerprinting of the *C. botulinum* isolates using AFLP showed that each infant was colonized by a distinct strain, and this remained present in the faeces throughout the period of carriage (Fig. 1). These results are in contrast to those from a previous case in England in 2001 where multiple strains of *C. botulinum* were detected at the time of diagnosis (Brett et al., 2005).

The infant in the first case in 2007 had been breastfed on demand, and there was no history of formula feed, dairy products, gluten, meat, fish, sugar, honey, syrup, eggs, or canned or jars of food. This infant had eaten some organic fruit and vegetables, which were cooked thoroughly and pureed, and either eaten straight away or eaten within

| Table 2. Comparison of two cases of infant botulism in England in 2007 |
|-----------------------------|-----------------------------|-----------------------------|
| Feature                     | Case 1                      | Case 2                      |
| Age/sex                     | 8 months/male               | 4 months/male               |
| Toxin type                  | A                           | B                           |
| Ventilated                  | Yes                         | No                          |
| Nasogastric feeding         | Yes                         | Yes                         |
| Samples of faeces tested for *C. botulinum*: |                         |                             |
| Detected                    | 23, 27 and 28 days after onset | 18, 24, 32, 39 and 46 days after onset |
| Not detected                | 37, 57, 61 and 68 days after onset | 53, 76 and 81 days after onset |
| Food and environmental samples collected from home, *C. botulinum* not isolated | Honey, maple syrup, sesame seeds, millet seeds, rice and millet porridge, rice cakes, soil | Honey, gripe water, infant paracetamol suspension, infant wind-relief suspension, soil |
| *C. botulinum* neurotoxin genes detected in vacuum cleaner dust by PCR | Type A detected; types B, E and F not detected | Type B detected; types A, E and F not detected |

![Fig. 1. AFLP profiles of *C. botulinum* isolates from two infant botulism cases in 2007. Lanes: M, 100 bp DNA size marker; 1–3, isolates from first case after 23, 27 and 28 days, respectively; 4 and 5, isolates from case 2 after 18 and 46 days, respectively.](http://jmm.sgmjournals.org)
1 day after refrigeration. This infant had also eaten unsalted rice cakes, as well as porridge and millet. The second infant had been breastfed only, except for one feed of ready-prepared infant formula milk on 30 September. Foods, medicinal products (including infant paracetamol syrup and wind-relief suspension) and soil samples were collected from the homes of both infants (Table 2) and C. botulinum was not detected in any of these. However, the same botulinum neurotoxin gene as occurred in the infants’ faeces was detected by PCR in samples of vacuum cleaner dust from both households. Due to contamination with other bacterial species, it was not possible to isolate C. botulinum in pure culture from either of these samples. These findings, however, do not provide evidence of dust as a source of infection, as the organisms detected in the vacuum cleaner may have originated from the infants themselves, following infection. As mentioned earlier, dust, as well as soil, the environment and foods, have all been postulated as reservoirs for C. botulinum (Arnon et al., 1979; Arnon, 1992; Crawford & Gorrell, 2002). It is not clear why two ‘unrelated’ cases should occur within a short time period and we are not aware of any reason for an increase in environmental contamination in the south-east of England by C. botulinum types A and B. It may be of note that, where information was available for infant botulism in the UK (Table 1), cases predominantly occurred during the summer and autumn, in common with the two recent cases, when dust might be more likely to occur. Smart et al. (1987) reported that C. botulinum type C became more common in cattle in the UK during the 1980s following changes in poultry farming practices. It is not known whether other similar changes in agricultural practices might alter the ecology of these bacteria and increase exposure from the environment. At the time of writing (July 2009), no further cases have been detected in the UK, but if more cases are detected, there would be justification in re-examining the ecology of this bacterium.

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REFERENCES


