A paradigm for the molecular identification of Mycobacterium species in a routine diagnostic laboratory

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The aim of this study was to improve the identification of Mycobacterium species in the context of a UK teaching hospital. Real-time PCR assays were established to enable the rapid differentiation between Mycobacterium tuberculosis (MTB) complex and Mycobacterium species other than tuberculosis (MOTT), followed by 16S rRNA gene sequencing for the speciation of MOTT. Real-time PCR assays gave comparable results to those from the reference laboratory. The implementation of these PCR assays using an improved bead extraction method has enhanced the mycobacterial diagnostic service at the Royal Free Hospital by providing a rapid means of differentiating between MTB complex and MOTT, and would be simple to implement in similar laboratories. Sequence analysis successfully identified a range of Mycobacterium spp. representative of those encountered in the clinical setting of the authors, including Mycobacterium avium complex, Mycobacterium fortuitum group, Mycobacterium chelonae–Mycobacterium abscessus group, Mycobacterium xenopi and Mycobacterium gordonae. It provides a useful tool for the identification of MOTT when clinically indicated.

INTRODUCTION

The rapid detection and identification of clinically important Mycobacterium spp. is essential for patient management and infection control. Mycobacterium tuberculosis (MTB) remains one of the leading causes of morbidity and mortality worldwide, but Mycobacterium species other than tuberculosis (MOTT) are increasingly important pathogens. Speciation is particularly important when choosing antibiotic regimens for immunocompromised patients, in whom the presence of any acid-fast bacilli may be considered significant (Katoch, 2004).

In recent years, the development of molecular techniques has had a major impact on the diagnosis of mycobacterial infections (Davies et al., 1999; Conaty et al., 2005). Methods for the detection and identification of mycobacteria include nucleic acid probes (Arnold et al., 1989), conventional PCR amplification, PCR hybridization with species-specific probes (Fiss et al., 1992; Zolg & Philipp-Schulz, 1994; De Beenhouwer et al., 1995; Portaels et al., 1997; Hong et al., 2004), PCR RFLP analysis (Vanechettue et al., 1993; Kasai et al., 2000; Lee et al., 2000; Roth et al., 2000; Kim et al., 2005) and nucleic acid sequence analysis. Genes that have been targeted for sequence analysis include hsp65 (Ringuet et al., 1999), 32 kDa protein gene (Soini et al., 1994), gyrB (Kasai et al., 2000), recA (Blackwood et al., 2000), rpoB (Kim et al., 1999; Adekambi et al., 2003) and the 16S rRNA gene (Han et al., 2002; Hall et al., 2003; Pauls et al., 2003). Duplex, multiplex and real-time PCR assays for the identification of mycobacteria have also been described (Broccolo et al., 2003; Shrestha et al., 2003; Tanaka et al., 2003; Kim et al., 2004; Kurabachew et al., 2004).

Several commercial systems using various technologies for the detection and identification of Mycobacterium spp. are in routine use, including the INNO-LiPA Mycobacteria assay (Innogenetics; Tortoli et al., 2001), GenoType Mycobacterium (Hain Diagnostika; Padilla et al., 2004), the Cobas Amplicor PCR system (Roche; Bogard et al., 2001), the LCx Mycobacterium tuberculosis ligase chain reaction assay (Abbott Laboratories; Lindbrathen et al., 1997), the BD ProbeTec strand displacement amplification (Becton Dickinson; McHugh et al., 2004) and the amplified Mycobacterium tuberculosis direct test (Gen-Probe Inc; O’Sullivan et al., 2002).

The Royal Free Hospital is a UK teaching hospital and tertiary referral centre for transplantation and HIV, receiving 146 mycobacterium isolates in 2005. Due to our large immunocompromised population, a significant proportion (35%) of these were MOTT and it is essential that these are...
rapidly identified to enable appropriate patient management. All new isolates are currently sent to a reference laboratory (Mycobacterial Reference Unit, Dulwich, UK, now at Barts & Royal London, Queen Mary School of Medicine and Dentistry, London, UK) for identification. We proposed to improve the mycobacterial diagnostic service at the Royal Free Hospital by the validation and implementation of real-time PCR assays for the differentiation between MTB complex and MOTT, and 16S rRNA gene sequence analysis for the speciation of MOTT isolates.

**METHODS**

**Bacterial strains.** A total of 194 isolates from 194 patients were analysed. Group 1 (n=166) was retrospectively tested, and included all available isolates from different patients between September 2004 and May 2006, and group 2 (n=28) included all isolates prospectively collected between April 2006 and June 2006. The real-time PCR assays were performed for all 194 isolates. Sequencing was performed for 32 isolates from group 1.

**DNA extraction**

In our routine diagnostic practice, sodium hydroxide decontaminated samples were inoculated into an automated culture system (BacT Alert; bioMérieux) that reads positive when growth is detected. Selective 7H9 broths and two LJ slopes (one with pyruvate and one lysozyme (Sigma) for 1 h at 37°C) buffer were centrifuged at 7500g. DNA extraction (Chloroform extraction method. Isolates producing no results using the real-time PCR assays were restested following chloroform extraction (n=21). Briefly, heat killed bacteria were incubated with lysozyme (Sigma) for 1 h at 37°C, followed by digestion with 50 μg proteinase K (Sigma) in 10% SDS for 10 min at 65°C. A further incubation with 1% (w/v) cetrimonium bromide in ≥ 0.5 M NaCl for 10 min at 65°C was followed by partition using chloroform/isamyl alcohol (24:1, v/v) (Gillespie et al., 2000).

**Bead extraction method.** This was performed for all isolates in group 2 (n=28). Volumes of 500 μl 7H9 broth culture or a 10 μl loop full of cell growth in 500 μl Tris-EDTA (TE) (10 mM Tris, 0.1 mM EDTA, pH 8.0) buffer were centrifuged at 7500 g for 3 min, pellets were resuspended in 500 μl TE buffer and incubated at 80°C for 1 h.

**Chloroform extraction method.** Isolates producing no results using the real-time PCR assays were restested following chloroform extraction (n=21). Briefly, heat killed bacteria were incubated with lysozyme (Sigma) for 1 h at 37°C, followed by digestion with 50 μg proteinase K (Sigma) in 10% SDS for 10 min at 65°C. A further incubation with 1% (w/v) cetrimonium bromide in ≥ 0.5 M NaCl for 10 min at 65°C was followed by partition using chloroform/isamyl alcohol (24:1, v/v) (Gillespie et al., 2000).

**MTB rpoB real-time PCR assay.** Primer set Tbc1 and TbcR5 (Kim et al., 2004) was used to amplify a 235 bp region of the MTB complex rpoB gene in a reaction volume of 25 μl containing 12.25 μl Absolute QPCR SYBR green (ABGene), 2.5 μl extracted DNA, 0.5 mM each primer and PCR quality water.

**MOTT rpoB real-time PCR assay.** Primer set M5 and RM3 (Kim et al., 2004) was used to amplify a 136 bp region of the MOTT rpoB gene in a final volume of 25 μl containing 12.25 μl Absolute QPCR SYBR green, 2.5 μl extracted DNA, 1 mM each primer and PCR quality water. PCR cycles for both assays were performed using a

Rapid identification of *Mycobacterium species*
to give results, 21 had been extracted using the crude and chloroform DNA extraction methods. A further seven isolates had failed to give results following the crude extraction method but these were resolved by re-extracting DNA using the chloroform extraction method (Table 2). The majority of isolates (19 of the 21) failing to give an identification following chloroform extraction were from 2005, it is therefore likely that the age of the isolates affected the results. Chloroform extraction methods are time consuming and labour intensive, and therefore not suitable for rapid identification assays. To address this, in 2006 a bead extraction method was adopted and used to test samples prospectively. Using this method all samples except one (96%) were identified as MTB or MOTT (Table 2). The real-time PCR assays have proved to be a rapid and reliable method of differentiating between MTB complex and MOTT. They demonstrated a specificity value of 100%, and a sensitivity value of 83% using the crude extraction method, which was improved to 96% using the bead extraction method although this was with a smaller sample number (Table 2). Using the bead extraction method and the real-time PCR assays, an identification of MTB complex or MOTT can be achieved in 2.5 h. We have found the combination of bead extraction and real-time PCR to be a rapid method that is user friendly and reagent costs (approx. £3 per patient) are relatively inexpensive compared to commercially available tests (approx. £15 per patient depending on assay selected). It can therefore be easily implemented in any diagnostic laboratory with a real-time amplification platform to differentiate *Mycobacterium* spp. from culture.

During this study 16S rRNA sequence analysis was successfully performed for 30 MOTT isolates giving results comparable to a reference laboratory (Table 3). Two isolates failed to give a 16S rRNA PCR product. Sequence analysis of 16S rRNA did not differentiate between *M. kansasii* and *Mycobacterium gastri*; *M. chelonae–M. abscessus* group and *Mycobacterium fuerthii*; *M. mucogenicum* and *Mycobacterium ratisbonense*; or *M. peregrinum,* *Mycobacterium septicum* and *M. fortuitum*. The inability to differentiate between *M. kansasii* and *M. gastri* using 16S rRNA gene sequence analysis has been noted previously, but these species can be distinguished by culture characteristics (Han et al., 2002). Although treatment is the same for both species, *M. kansasii* isolates are usually regarded as clinically significant, but there have been few reported cases of clinically significant *M. gastri* infections (Subcommittee of the Joint Tuberculosis Committee of the British Thoracic Society, 2000; Velayati et al., 2005). *M. fuerthii* and *M. ratisbonense* are newly described species previously shown to be identical to *M. chelonae* and *M.

### Table 1. Real-time PCR results compared to reference laboratory reports

<table>
<thead>
<tr>
<th>Reference laboratory</th>
<th>MTB complex</th>
<th>MOTT</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>MTB assays</td>
<td>98</td>
<td>–</td>
<td>98</td>
</tr>
<tr>
<td>MOTT</td>
<td>–</td>
<td>74</td>
<td>74</td>
</tr>
<tr>
<td>No result</td>
<td>14</td>
<td>8</td>
<td>22</td>
</tr>
<tr>
<td>Totals</td>
<td>112</td>
<td>82</td>
<td>194</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MTB complex</th>
<th>MOTT</th>
<th>No result</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crude</td>
<td>74</td>
<td>64</td>
<td>28</td>
</tr>
<tr>
<td>Chloroform*</td>
<td>6</td>
<td>1</td>
<td>21</td>
</tr>
<tr>
<td>Bead</td>
<td>18</td>
<td>9</td>
<td>1</td>
</tr>
</tbody>
</table>

*Performed on isolates not giving results following the crude extraction method.

### Table 2. Real-time PCR results using different extraction methods

### Table 3. Comparison of 16S rRNA gene sequence analysis for group 1 isolates (n=32) with reference laboratory identifications

<table>
<thead>
<tr>
<th>Reference laboratory identification (no.)</th>
<th>Sequencing identification (no.)</th>
<th>Homology (%)</th>
<th>Fragment size (bp)</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>M. avium</em> complex (11)</td>
<td><em>M. avium</em> complex (7)</td>
<td>97–100</td>
<td>500–634</td>
</tr>
<tr>
<td></td>
<td>No identification (4)</td>
<td>NA</td>
<td>NA</td>
</tr>
<tr>
<td><em>M. fortuitum</em> (11)</td>
<td><em>M. fortuitum</em> (8)</td>
<td>99–100</td>
<td>457–621</td>
</tr>
<tr>
<td></td>
<td><em>M. fortuitum</em> group (3)</td>
<td>92–99</td>
<td>623–627</td>
</tr>
<tr>
<td><em>M. kansasii</em> (1)</td>
<td><em>M. kansasii</em>, <em>M. gastri</em></td>
<td>100</td>
<td>532</td>
</tr>
<tr>
<td><em>M. chelonae</em> (1)</td>
<td><em>M. chelonae–M. abscessus</em> group</td>
<td>100</td>
<td>574</td>
</tr>
<tr>
<td><em>M. abscessus</em> (1)</td>
<td><em>M. chelonae–M. abscessus</em> group, <em>M. fuerthi</em></td>
<td>99</td>
<td>535</td>
</tr>
<tr>
<td><em>M. gordonae</em> (1)</td>
<td><em>M. gordonae</em></td>
<td>100</td>
<td>511</td>
</tr>
<tr>
<td><em>M. xenopi</em> (2)</td>
<td><em>M. xenopi</em> (2)</td>
<td>96–99</td>
<td>591–635</td>
</tr>
<tr>
<td><em>M. mucogenicum</em> (1)</td>
<td><em>M. mucogenicum</em>, <em>M. ratisbonense</em></td>
<td>100</td>
<td>527</td>
</tr>
<tr>
<td><em>M. peregrinum</em> (3)</td>
<td><em>M. peregrinum</em>, <em>M. septicum</em>, <em>M. fortuitum</em></td>
<td>100</td>
<td>448</td>
</tr>
<tr>
<td></td>
<td><em>M. fortuitum</em></td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td></td>
<td><em>Mycobacterium</em> spp.</td>
<td>100</td>
<td>525</td>
</tr>
</tbody>
</table>
mucogenicum, respectively, using 16S rRNA gene sequence analysis (Turenne et al., 2001), and there is no evidence that either cause infection in humans. There are reports of M. peregrinum and M. septicum causing infection in immunocompromised patients but there are no guidelines for treatment (Schinsky et al., 2000; Sakai et al., 2005). Both species have been proposed as members of the M. fortuitum group (Brown-Elliott & Wallace, 2002). In this study the identification was taken as the closest match. Fortuitum

Similarities generated by GenBank BLAST search analysis. Similarities study the identification was taken as the closest match for M. fortuitum group (Brown-Elliott & Wallace, 2002). In this study the identification was taken as the closest match.

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Fortuitum

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of the HPA Mycobacterium Reference Unit, Barts & Royal London, January 2006; 16S rRNA sequencing is an effective tool for the identification of Mycobacterium spp. It has been proposed that sequence analysis of several genes such as \textit{hsp65}, \textit{rpoB} and \textit{sod}, in addition to the 16S rRNA gene, increases the robustness and power of discrimination to provide a more accurate identification (Devulder et al., 2005). However, the increased commitment in time and labour must be weighed against the clinical value of increased discrimination in the context of our setting. Sequence analysis of the 16S rRNA gene has proven to be clinically useful in our hospital; however, the cost (£18 per patient) and time commitment (18 h total time, including 4 h hands on time) of sequencing is only justified when the clinical circumstance requires a rapid identification for patient management. For example, in November 2004 Mycobacteria spp. were isolated from the blood cultures of three haematology patients on the same ward over a period of 10 days. There were concerns that this may due to transmission within the ward. Sequencing of the isolates identified two as M. chelonae and one as M. fortuitum, and following analysis of the M. chelonae sequences the isolates were considered to be unrelated. This indicated that the three positive blood cultures were independent episodes with no cross transmission.

From our analysis of all specimens submitted to the Royal Free Hospital TB service over a 21 month period we have adopted a model for the rapid discrimination between MTB and MOTT, appropriate to a clinical practice with low levels of MTB in the community but a substantial immunosuppressed population at risk of MOTT infection. Implementation of a real-time PCR assay has provided us with a rapid means of identifying MTB in-house, and 16S rRNA gene sequence analysis provides early diagnostic input to the management of patients who are often on complex treatment regimes.

**ACKNOWLEDGEMENTS**

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**REFERENCES**


