Comparison of two serological methods and a polymerase chain reaction-enzyme immunoassay for the diagnosis of acute respiratory infections with *Chlamydia pneumoniae* in adults

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*Chlamydia pneumoniae* is a common respiratory tract pathogen. Serological methods currently used for the diagnosis of *C. pneumoniae* infection lack specificity, give ambiguous results from a single serum sample and often provide only a retrospective diagnosis. A prospective study was undertaken to assess whether PCR could be a useful addition to the serological techniques routinely practised for diagnosis. This study investigated 68 adult patients with a diagnosis of acute respiratory infection. Acute and convalescent serological determination of antibodies to *C. pneumoniae* were performed by means of an rELISA test and a micro-immunofluorescence (MIF) test. Nasopharyngeal aspirates or bronchoalveolar lavage specimens and bronchial aspirates obtained from the 68 patients were evaluated by PCR-enzyme immunoassay (PCR-EIA) for the presence of *C. pneumoniae* and by immunofluorescence assay and cell culture for virus identification. *Mycoplasma pneumoniae* serology was also performed. Eight patients (11.8%) were positive by either rELISA or PCR-EIA, or both, with an infection rate of 5 (18.5%) of 27 in patients with community-acquired pneumonia, 2 (9%) of 22 in asthmatic patients and 1 (5%) of 19 in patients with an exacerbation of chronic obstructive pulmonary disease. Serological evidence of acute infection was found in four of these patients with the rELISA test and in three others with the MIF test. PCR-EIA detected *C. pneumoniae* DNA in four specimens, but there were concordant results with both rELISA and PCR-EIA in only one patient. A positive PCR-EIA was also obtained in a patient who did not show an antibody response in acute serum. The discrepancy between serological and PCR-EIA results reflects the difficulties in routine laboratory diagnosis of *C. pneumoniae* infection and the necessity for further studies with optimised techniques.

**Introduction**

*Chlamydia pneumoniae* is the third species of the genus *Chlamydia* and is an important respiratory pathogen [1–5]. It has been implicated as a cause of c. 10% of cases of community-acquired pneumonia. It has also been associated with bronchitis, pharyngitis, sinusitis and otitis in both children and adults [1–3]. Sero-epidemiological studies have shown that >50% of adults world-wide have serological evidence of previous infection. Seroprevalence increases slightly with age, and is higher in men than in women. Most primary infections occur in children and young adults, and the majority of infections are subclinical or asymptomatic. Re-infection and reactivation are common in adults, enhanced by immunosuppression [6] and can lead to chronic carriage. Persistent infection with *C. pneumoniae* has been associated with some chronic conditions such as coronary heart disease [7–10], chronic asthma and bronchitis [11], chronic pharyngitis [12] and chronic obstructive pulmonary disease (COPD) [13].

Diagnosis of *C. pneumoniae* infection is usually made serologically with the micro-immunofluorescence (MIF) test [2]. Single-point serology is the most frequent practice, but it is not reliable for an accurate diagnosis of acute infection. Difficulties arise because of the late onset of antibody production, the frequency
of re-infection or reactivation without an IgM response and the persistence of IgG for many months or years [2]. Ambiguous results or retrospective serological diagnosis are unhelpful for patient management and thus newer techniques are needed. Direct detection of *C. pneumoniae* by cell culture could provide more accurate diagnosis, but it is insensitive and difficult to perform. Recently, the polymerase chain reaction (PCR) has been investigated as a method for the detection of *C. pneumoniae* in clinical specimens. Initial studies have reported highly sensitive and specific results [14-16]. The present study was designed to compare the performance of two serological methods with PCR-EIA in the diagnosis of *C. pneumoniae* in patients with acute lower respiratory tract infections.

**Materials and methods**

**Patients**

Sixty-eight adult patients (29 female and 39 male; mean age 68.2 years, range 32-90 years), who required admission to the Pneumology Units of the University Hospital of Caen for acute lower respiratory tract infection, were enrolled in the study between Jan. and Oct. 1995. They were distributed into three groups according to clinical and radiological criteria as follows: community-acquired pneumonia (n = 27), exacerbation of COPD (n = 19) and acute exacerbation of asthma or asthmatic bronchitis (n = 22). Community-acquired pneumonia was defined as a typical clinical illness with a pulmonary infiltrate on the chest radiograph. The patients with an exacerbation of COPD were characterised by a worsening cough, in the presence of purulent or mucopurulent sputum, with or without fever and increasing dyspnoea. Finally, the asthmatic group was composed of patients affected by asthmatic bronchitis (acute bronchitis with bronchospasm) or by an acute exacerbation of asthma. The latter was defined as a reported increase in asthma symptoms or in the use of β2-agonists, or both, with objective evidence of wheezing and a fall of >20% in the forced expiratory volume in 1 s (FEV1). Increased dyspnoea and the presence of sputum were optional criteria.

All patients were investigated by both serology and PCR to assess the presence of *C. pneumoniae*, by serology for *Mycoplasma pneumoniae* and by immunofluorescence assay (IFA) and viral isolation techniques for respiratory viruses (Table 1).

**Specimen collection**

Posterior nasopharyngeal aspirates (NPAs) were obtained from 59 patients, and placed in 2 ml of sucrose-phosphate-glutamate transport medium. Samples were processed immediately for virus isolation (0.2 ml) and IFA (0.8 ml), and 1 ml was stored at -70°C for PCR-EIA assay. The same procedure was applied to the broncho-alveolar lavage (BAL) specimens and bronchial aspirates (BAs) obtained from the remaining nine patients. BA and BAL were performed under standard conditions if a clinical indication for bronchoscopy was present. BAL specimens were collected from four patients, BA from one patient and both BA and BAL specimens from four patients.

A serum specimen was collected at the time of enrolment from 67 patients (acute serum). One or two convalescent serum specimens, collected 10–21 days after the first specimen, were available from only 27 patients (38%). Eleven other serum specimens (17.6%), collected <8 days after the first sample, were excluded from the analysis as the interval between the two samples was too short. All serum samples were stored at -20°C.

**PCR-EIA assay**

The PCR-EIA was performed with two synthetic oligonucleotide primers (sense 76-103: 5’ CAGAAAGAAAAATAAAACATGGCATAG 3’; antisense 231-258: 5’ AACAGGTGTGGCTTITTTGTCTCCTGCAGCTA 3’) and a 5’-biotinylated probe (150-175: 5’ CGCTAACGAGTATGGCGAGTTGCTT 3’) based on the sequence of the gene encoding the 60-kDa

### Table 1. Summary of the diagnostic methods used for different respiratory pathogens and main results

<table>
<thead>
<tr>
<th>Bacteria and viruses</th>
<th>Specimen</th>
<th>Number tested</th>
<th>Detection method</th>
<th>Positive result (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>C. pneumoniae</em></td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>PCR-EIA</td>
<td>4* (5.9)</td>
</tr>
<tr>
<td></td>
<td>Serum</td>
<td>67</td>
<td>ELISA/MIF</td>
<td>4/7 (5.9/10.4)</td>
</tr>
<tr>
<td><em>M. pneumoniae</em></td>
<td>Serum</td>
<td>67</td>
<td>ELISA</td>
<td>1 (1.5)</td>
</tr>
<tr>
<td>Influenza virus A</td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>IFA/VIT</td>
<td>0</td>
</tr>
<tr>
<td>Influenza virus B</td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>IFA/VIT</td>
<td>0</td>
</tr>
<tr>
<td>Parainfluenza virus 1</td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>IFA/VIT</td>
<td>0</td>
</tr>
<tr>
<td>Parainfluenza virus 2</td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>IFA/VIT</td>
<td>0</td>
</tr>
<tr>
<td>Parainfluenza virus 3</td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>IFA/VIT</td>
<td>0</td>
</tr>
<tr>
<td>Respiratory syncytial virus</td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>IFA/VIT</td>
<td>1* (1.5)</td>
</tr>
<tr>
<td>Coronavirus</td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>IFA/VIT</td>
<td>3* (4.4)</td>
</tr>
<tr>
<td>Adenovirus</td>
<td>NPA/BAL/BA</td>
<td>59/8/5</td>
<td>IFA/VIT</td>
<td>0</td>
</tr>
</tbody>
</table>

NPA: nasopharyngeal aspirate; BAL, bronchoalveolar lavage; BA, bronchial aspirate; VIT, virus isolation techniques.

* NPA.

*BAL.
cysteine-rich outer-membrane protein (Omp2) of \textit{C. pneumoniae} strain IOL-207 \cite{17}. This set of primers, selected according to the original methodology based on K-tuple frequency disparity, is highly specific \cite{18}.

From each NPA specimen, 250 \( \mu l \) were treated with 250 \( \mu l \) of proteinase K-Tris EDTA lysis solution containing proteinase K (Sigma) 200 \( \mu g/ml \), Nonidet P-40 (Boehringer Mannheim, Germany) 1\% and Tween 20 (Sigma) 1\%. Samples were incubated at 60\(^\circ\)C for 2 h, extracted by standard phenol-chloroform extraction and precipitated overnight at \(-20^\circ\)C in sodium acetate-ethanol. The pellets were washed in ethanol 70\% and resuspended in 50 \( \mu l \) of distilled water. PCR was performed in a total volume of 100 \( \mu l \) overlaid with two drops of mineral oil. The final mixture contained 1 \( \times \) PCR buffer (10 \( mM \) Tris, pH 8.4; 50 \( mM \) KCl; 2 \( mM \) MgCl\(_2\); gelatin 0.01\%), 1 \( \mu M \) of each primer, 200 \( \mu M \) of deoxynucleoside triphosphates and 2.5 units of \textit{Taq} DNA polymerase (Perkin Elmer-Cetus). After a first cycle of denaturation at 94\(^\circ\)C for 5 min, amplification was performed in a Hybrid thermocycler for 40 cycles with the following conditions for each cycle: denaturation 94\(^\circ\)C (1 min), annealing 55\(^\circ\)C (1 min) and elongation 72\(^\circ\)C (1 min). The final elongation step was prolonged to 10 min. Each run included a positive and a negative control. Specimen preparation, PCR set-up, and analyses of the amplification products were all performed in separate rooms. The 183-bp PCR product was resolved on an ethidium bromide-stained agarose 2\% w/v gel under UV illumination. The specificity of the PCR products was verified by hybridisation with a 5\' biotinylated probe and detection with the DNA enzyme immunoassay (GEN-ETI-K DEIA Sorin). This detection system is based on hybridisation of amplified DNA with a biotinylated single-stranded DNA probe which is immobilised on the wall of the microtitre plate wells by a streptavidin–biotin bond. The hybrid of the probe and the denatured DNA sample is detected with an anti-DNA monoclonal antibody (MAB) that reacts with the double-stranded DNA PCR product, but not with the single-stranded DNA probe. The addition of an enzyme tracer (anti-mouse IgG labelled with horseradish peroxidase) detects the DNA-antibody bond. The assay was performed as recommended by the manufacturer. The optimal concentration of the biotinylated probe required for the test was 0.5 ng/\( \mu l \). All positive PCR results were confirmed by \textit{repeat} testing.

\textbf{Sensitivity and specificity of PCR-EIA}

To evaluate the sensitivity of the PCR-EIA, PCR was performed on DNA extracted from 100-\( \mu l \) serial dilutions of a culture supernate of \textit{C. pneumoniae}. A titre of \( 10^4 \) inclusion forming units (ifu) was obtained by culture with HEP2 cells and detection of \textit{C. pneumoniae} inclusions after incubation for 96 h at 37\(^\circ\)C by indirect immunofluorescence with an anti-C. \textit{pneumoniae} MAB (BMD, France). The PCR test allowed the detection of \( 10^{-2} \) ifu/\( ml \) after hybridisation. The specificity of this test was determined with a panel of 25 viral and bacterial species (Table 2). PCR of 0.1 \( \mu g \) of DNA of each species, performed with the \textit{C. pneumoniae}-specific primers, failed to produce the 183-bp fragment and no hybridisation was seen with the probe.

\textbf{IFA and virus isolation}

For direct IFA, the cells were separated by centrifugation, washed in phosphate-buffered saline, deposited on microscope slides, fixed in acetone and stained with a panel of specific FITC conjugate MAB reagents for influenza virus A and B, adenovirus, respiratory syncytial virus and parainfluenza 1, 2, 3 (Imagen, Dako Diagnostics). An indirect IFA with a MAB (Argene) was used for coronavirus detection. Cell culture was performed with MRC-5 human embryonic lung fibroblasts in 25-cm\(^2\) flasks and with two continuous cell lines (MDCK and NCI) in 24-well cell culture plates (Costar\textsuperscript{\textregistered}). MRC-5 cells were kept for 4 weeks before a culture was considered negative. MDCK and NCI cells were incubated for 4 days, harvested by trypsinisation and stained with the IFA reagents.

\textbf{Serological studies}

Chlamydial IgM, IgA and IgG antibodies were determined by an enzyme immunoassay with recombinant lipopolysaccharide as antigen (\textit{rELISAs} medac, Murex Diagnostics SA). The results were then confirmed by a MIF test.

The \textit{rELISA} test allows the quantitative detection of

\begin{table}[h]
\centering
\caption{Viral and bacterial species used in the PCR assay}
\begin{tabular}{ll}
\hline
Species & Assay \\
\hline
Respiratory syncytial virus A & Respiratory syncytial virus B \\
Parainfluenzavirus type 3 & Cytomegalovirus \\
Adenovirus & Rhinovirus \\
Coxackievirus B4 & Echovirus 11 \\
Chlamydia trachomatis & Mycoplasma pneumoniae \\
Mycoplasma orale & Mycoplasma salivarium \\
Mycoplasma hominis & Legionella pneumophila \\
Pseudomonas aeruginosa & \textit{Bordetella} pertussis \\
& \textit{Mycobacterium tuberculosis} \\
& \textit{Mycobacterium avium} \\
& \textit{Neisseria} gonorrhoeae \\
& \textit{Listeria} monocytogenes \\
& \textit{Streptococcus pneumoniae} \\
& \textit{Haemophilus influenzae} \\
& \textit{Bacteroides fragilis} \\
& \textit{Escherichia coli} \\
& \textit{Staphylococcus aureus} \\
\hline
\end{tabular}
\end{table}
genus-specific anti-chlamydia IgG, IgA and IgM antibodies. A chemically defined LPS antigen fragment is used that, theoretically, excludes cross-reactivity with other organisms. It is now accepted that LPS-antibodies appear very early in the course of infection [19, 20]. This rELISA test was performed as recommended by the manufacturer. For each result, an index value was defined according to the manufacturer's instructions as OD sample/OD cut-off value. Serological criteria for acute or recent chlamydia infection were either a four-fold rise in IgG index, or an IgG index ≥4 associated with an IgA index ≥2 (with or without the presence of IgM) in a single serum sample. A stable IgA, IgM or IgG index in two sera taken at an interval of 2 weeks was regarded as providing no evidence of acute or recent infection. The presence of an IgG response alone on a single serum sample was considered to be compatible with past infection. An IgA or IgM response, or both, with or without an IgG index ≤4 were considered as equivocal results.

The MIF test allows the quantitative detection of IgG, IgA and IgM antibodies specific to C. pneumoniae [21]. Purified elementary bodies of C. psittaci (6BC), C. pneumoniae (TW183) and C. trachomatis (serotype D-K) are used as antigens. The assay was performed as recommended by the manufacturer (Chlamydia Panel, Eurobio, France). A four-fold or greater rise in MIF antibody titre between paired serum specimens, an IgG antibody titre ≥512, and IgA titre ≥32 or an IgM titre ≥16 were considered as evidence of acute or recent infection with C. pneumoniae. IgM was detected after treatment with RF-factor (Behring) to exclude false-positive reactions. A single IgG titre <512 was compatible with past infection. A single IgA titre <32 either alone or associated with an IgG titre <512 was regarded as an equivocal result.

For both tests, serum samples without IgG, IgA or IgM were defined as negative.

Detection of M. pneumoniae-specific antibodies was performed with a commercial ELISA test (Platelia M. pneumoniae IgG and IgM immunocapture) according to the manufacturer's instructions. Evidence of infection was defined by one of the following results: a single positive serum IgM titre, seroconversion, a significant increase in IgG titre or an IgG titre >40 arbitrary units/ml.

### Results

#### Patients with proven C. pneumoniae infection

Eight (11.8%) of the 68 patients tested showed evidence of acute or recent infection with C. pneumoniae in one or more tests (PCR, rELISA and MIF test). The results are summarised in Table 3. Six patients were male and two were female. The C. pneumoniae infection rate in each group was 5 (18.5%) of 27 for patients with community-acquired pneumonia, 2 (9%) of 22 for the asthmatic patients and 1 (5%) of 19 for patients with an exacerbation of COPD. The rELISA and PCR tests had equal sensitivity. Among the eight proven C. pneumoniae-infected patients, four were rELISA positive (cases 1, 2, 3 and 4) and four were PCR positive (cases 4, 5, 6 and 7). Only one patient (case 4) had concordant results with both rELISA and PCR-EIA; two other patients (cases 5 and 6) had concordant results with the MIF test and PCR-EIA. The last patient (case 8) was PCR-EIA negative, rELISA negative but MIF test positive.

Among the four patients with a positive rELISA test, one seroconverted (case 1) and another (case 4) was PCR-EIA positive; these four patients were all MIF positive with anti-C. pneumoniae IgA titres ≥32 and IgG titres of 128–256. Of the four PCR-EIA positive patients, one was both rELISA and MIF positive (case 4), two were MIF positive but rELISA negative (cases 5 and 6), and one had negative serology on the single serum sample examined (case 7). There was no evidence of infection with M. pneumoniae or respiratory viruses in the eight patients with C. pneumoniae infection.

<table>
<thead>
<tr>
<th>Case no.</th>
<th>Diagnosis</th>
<th>Age/Sex</th>
<th>Serum</th>
<th>rELISA antibody index*</th>
<th>MIF antibody titre</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>IgG</td>
<td>IgA</td>
</tr>
<tr>
<td>1</td>
<td>Pneumonia</td>
<td>72/M</td>
<td>Acute</td>
<td>...</td>
<td>1.3</td>
</tr>
<tr>
<td>2</td>
<td>Asthma</td>
<td>79/F</td>
<td>Acute</td>
<td>4.2</td>
<td>6.7</td>
</tr>
<tr>
<td>3</td>
<td>Asthma</td>
<td>82/F</td>
<td>Acute</td>
<td>5.6</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>Pneumonia</td>
<td>66/M</td>
<td>Acute</td>
<td>5.3</td>
<td>4.7</td>
</tr>
<tr>
<td>5</td>
<td>Pneumonia</td>
<td>90/M</td>
<td>Acute</td>
<td>4.1</td>
<td>3.5</td>
</tr>
<tr>
<td>6</td>
<td>Pneumonia</td>
<td>78/M</td>
<td>Acute</td>
<td>2.4</td>
<td>2.5</td>
</tr>
<tr>
<td>7</td>
<td>Pneumonia</td>
<td>80/M</td>
<td>Acute</td>
<td>2.9</td>
<td>4</td>
</tr>
<tr>
<td>8</td>
<td>COPD</td>
<td>69/M</td>
<td>Acute</td>
<td>2.9</td>
<td>2.5</td>
</tr>
</tbody>
</table>

ND, not determined; -, not detected; COPD, chronic obstructive pulmonary disease.

*Expressed as the index of positivity (OD sample/OD cut-off).
Serological tests for *C. pneumoniae*

Acute phase serum specimens from 67 patients were available for serological tests. A second serum sample was available from only 26 (38%) patients and the IgG index was stable in 25 of these patients while one patient seroconverted. With the rELISA test, 37 acute samples were negative for antibody to *C. pneumoniae*, 12 contained pre-existing IgG to *C. pneumoniae* compatible with past infection, six had IgG and IgA indices compatible with acute or recent infection and 12 had equivocal antibody indices in a single serum sample. Among the six patients with evidence of infection with *C. pneumoniae*, the diagnosis was confirmed by the MIF test in four patients. Of the 12 patients with equivocal rELISA results, the MIF test confirmed two past infections and three acute or recent infections; the seven other MIF tests were negative. In addition, two of the three patients with an equivocal rELISA test and a positive MIF test were PCR-EIA positive (Table 4). Specific IgM antibodies were detected in none of the patients, suggesting that the majority of these cases represented secondary infections. Therefore, seven patients were considered to have serological evidence of current or recent *C. pneumoniae* infection.

**PCR-EIA**

*C. pneumoniae* was identified by PCR-EIA in NPA specimens from four patients. All results were confirmed in a second run of PCR-EIA. One patient who was PCR-EIA positive had high indices of IgG and IgA with rELISA, two patients had an rELISA IgG index <4 but an IgA index >2 and a positive MIF test; one patient had negative serology by both tests.

**Other pathogens**

For seven (10%) of the 68 patients, direct isolation or antibody response, or both, suggested current or recent infection with one of the other pathogens investigated: one (1.5%) patient was infected by *M. pneumoniae* and six (8.8%) by viruses (two influenza virus B, one respiratory syncytial virus sub-group A, three coronavirus) (Table 1).

**Discussion**

This study showed that acute respiratory infections in adults were associated with viruses or intracellular bacteria, or both, in 22% of patients. *C. pneumoniae* was involved in eight cases (11.8%), viruses in six cases (8.8%) and *M. pneumoniae* in a single case (1.5%). Infection with *Legionella pneumophila* was not investigated. The infection rate for *C. pneumoniae* differed, depending on the group of patients. *C. pneumoniae* was identified in 18.5% of the patients with community-acquired pneumonia, 9% of the asthmatic patients and 5% of the patients with acute exacerbations of COPD. These results are similar to those found in previous studies [5, 11, 13, 22–26]. However, poor correlation was found between PCR-EIA and rELISA serology. Indeed, three of the eight patients with proven *C. pneumoniae* infection were positive only by rELISA and three others were positive only by PCR-EIA (Table 3). Concordant positive results were found in only one patient (case 4).

Several factors could explain the disparity between the negative PCR-EIA and the two positive serological tests which were found in three patients (cases 1, 2 and 3). Firstly, except for the seroconversion (case 1), the possibility that the interpretation of the serological results is incorrect cannot be excluded. Indeed, the non-differentiation of species and the arbitrary criteria proposed for positivity in the rELISA test (IgG and IgA index) may have overestimated the incidence of *C. pneumoniae* infection. It is generally accepted that IgG antibodies reflect past infection of exposure to *C. pneumoniae*, while IgA levels may reflect persistent or chronic *C. pneumoniae* infection [7, 8, 27]. However, some authors have reported a high seroprevalence of IgG and IgA antibodies to *C. pneumoniae*, sometimes with elevated titres [27, 28]. Secondly, false-positive serology due to non-specific polyclonal stimulation of chlamydial antibodies by other aetiological agents could also have occurred; of other possible agents, only serum antibodies to *M. pneumoniae* were assayed and were negative. Thirdly, false-negative PCR could also have occurred. Several factors may contribute to difficulties in the diagnosis of *C. pneumoniae* infection by PCR: the choice of specimen (throat, NPA, BAL), the quality of collected specimens, their transport to the laboratory, the delay from the time of onset of symptoms to the enrolment in the study; the low numbers of the organism present and the presence of inhibitors of the TaqDNA polymerase in the clinical samples. DNA purification steps and internal controls can overcome the latter problem. The sensitivity of PCR can also be improved by PCR

### Table 4. Comparison of PCR-EIA, rELISA and MIF serological tests for the diagnosis of acute or recent *C. pneumoniae* infection

<table>
<thead>
<tr>
<th>PCR-EIA result</th>
<th>rELISA serological test</th>
<th>MIF serological test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>ARI Past infection Equivocal Negative</td>
<td>ARI Past infection Equivocal Negative</td>
</tr>
<tr>
<td>Positive</td>
<td>1 0 2 1</td>
<td>3 0 0 1</td>
</tr>
<tr>
<td>Negative</td>
<td>5 12 10 36</td>
<td>4 14 0 45</td>
</tr>
<tr>
<td>Total</td>
<td>6 12 12 37</td>
<td>7 14 0 46</td>
</tr>
</tbody>
</table>

ARI, acute or recent infection.
with nested primers [16, 29], but the risk of contamination is increased. The present study did not use an internal standard or β-globin control to detect PCR inhibitors, but DNA purification circumvented the inhibition. Optimisation of sampling, specimen handling and PCR techniques are required to improve the efficiency of direct detection of *C. pneumoniae* in the upper respiratory tract.

The reverse pattern of discordant results with a positive PCR-EIA but negative rELISA test was found in three patients (cases 5, 6 and 7). However, as no convalescent phase serum was available for these patients, the rELISA results were incomplete. It has been reported that the rELISA test is a sensitive and specific method for the diagnosis of chlamydial infection, allowing both an early diagnosis and detection of reactivation in older patients [30, 31]. The present study shows that the MIF test increases the sensitivity of diagnosis on a single serum (case 5, 6 and 8).

As a convalescent serum was missing for case 7, which was PCR-EIA positive but serology negative, asymptomatic nasopharyngeal carriage of *C. pneumoniae* at the time of an acute respiratory illness caused by another agent cannot be excluded [32, 33], but a second serum may have shown a significant increase in IgG titre. Several studies have demonstrated that some patients with positive cell culture or PCR results may not have a detectable antibody response in acute phase sera [4, 14, 16]. Thus the diagnostic value of serological tests on a single acute phase serum specimen is very limited. In primary infection, the diagnosis is missed because of the late onset of antibody production. In adult re-infection, which is a frequent phenomenon, the diagnosis is missed because of the common absence of detectable IgM. In addition, the possible persistence of IgG and IgA antibodies at elevated titres does not permit distinction between past and evolving infection [27, 28, 31, 34] and serological criteria for acute or recent infection are difficult to define. It can be argued that a second method of direct detection should have been performed in the present study. A 'gold standard' for the diagnosis of acute *C. pneumoniae* infection has not been established, but in most studies culture or direct fluorescent-antibody (DFA) staining, or both, have been chosen as the preferred method. Cell culture was not used to validate the PCR test in the present study, but it has been demonstrated that PCR is more sensitive than isolation [15, 16, 34, 35].

In conclusion, the present results highlight the difficulty in the diagnosis of *C. pneumoniae* infection. It is clear that a single serological test, a common clinical practice, can lead to misinterpretation. PCR-EIA is a promising technique for the early detection of *C. pneumoniae* in clinical specimens. The present findings show that the PCR-EIA test was both sensitive and specific. Oligonucleotide hybridisation provides confirmation of the specificity of the amplified product, but it also increases the sensitivity of the PCR assay by a factor of 10 over that achieved by detection on an agarose gel (data not shown). PCR should be considered as a diagnostic alternative to serology, but must be optimised for routine application. Further assessment of different detection methods, including PCR and serological investigation, with better definition of the serological criteria and improved performance of the PCR technique, are necessary to confirm the aetiological role of *C. pneumoniae* in acute and chronic respiratory infections.

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References


