MODEL OF INFECTION

Severe gastritis in guinea-pigs infected with Helicobacter pylori

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An appropriate animal model is essential to study Helicobacter pylori infection. The aim of this study was to investigate if H. pylori can colonise the guinea-pig stomach and whether the infection causes gastritis and a serological response similar to that observed in man. Guinea-pigs were infected either with fresh H. pylori isolates from human gastric biopsies or with a guinea-pig passaged strain. When the animals were killed, 3 and 7 weeks after inoculation, samples were taken for culture, histopathology and serology. H. pylori was cultured from 22 of 29 challenged animals. All culture-positive animals exhibited a specific immune response against H. pylori antigens in Western blotting and gastritis in histopathological examination. Antibody titres in enzyme immunoassay were elevated among animals challenged with H. pylori. The inflammatory response was graded as severe in most animals and consisted of both polymorphonuclear leucocytes and lymphocytes. Erosion of the gastric epithelium was found in infected animals. These results suggest that the guinea-pig is suitable for studying H. pylori-associated diseases. Moreover, guinea-pigs are probably more similar to man than any other small laboratory animal as regards gastric anatomy and physiology.

Introduction

The gastric pathogen Helicobacter pylori, first isolated in 1982 from a patient with chronic active gastritis, is a causative agent in duodenal as well as gastric ulcers in man [1,2]. There is a close association between chronic H. pylori-induced type B gastritis and gastric cancer [3,4]. The discovery of a key bacterial pathogenic factor for these diseases dramatically changed the strategies for the treatment of peptic ulcer disease and stimulated the development of new therapies and prophylactic methods. Promising results with vaccine candidates have been demonstrated in mice, but it remains to be seen whether these data are applicable to man [5]. To develop a highly efficient vaccine and other prophylactic and therapeutic methods, appropriate animal models to mimic H. pylori-induced disorders in man are essential. Earlier studies have shown that H. pylori can infect gnotobiotic and barrier-born pigs and monkeys, gnotobiotic dogs and nude mice [6–10]. However, some of these animals seem less appropriate for use as models of human disease. Furthermore, testing vaccines and therapies in some of these models could be too costly. The difficulties encountered in infecting animals with H. pylori have initiated the use of related Helicobacter spp. isolated from animals, such as H. felis from cats and H. mustelae from ferrets, in various animal models [11,12]. However, in the last 2 years new models for studying H. pylori-induced type B gastritis have been developed in euthymic mice and rats, and Mongolian gerbils [5,13–17].

Man has a simple stomach with a glandular epithelium throughout and indigenous microflora is either very limited or absent. Thus an animal with a similar stomach architecture would be preferable as an experimental model. Rats, mice, rabbits, gerbils and guinea-pigs all have a simple stomach, whereas hamsters have a complex stomach, probably less suitable as a model of H. pylori infection. The guinea-pig is the only species among common small laboratory animals with a stomach entirely lined with a glandular epithelium and it is the only commonly used laboratory animal (apart from primates) that requires a dietary source of vitamin C [18–21]. Furthermore, guinea-pigs and rabbits, but not mice and rats, express interleukin-8, important for the
mucosal inflammatory response [22]. This study describes a guinea-pig model for studying *H. pylori*-induced gastric disorders; this was presented earlier as a poster [23].

**Materials and methods**

**Animals**

Thirty-seven Dunkin-Hartley guinea-pigs weighing 200–300 g were purchased from the animal holding unit at the National University of Singapore. They were given water and chow *ad libitum* and kept in a 12-h light/dark schedule. Animal work was performed according to the International Guiding Principles for Animal Research [24].

**Bacterial strains**

Four *H. pylori* isolates from gastric biopsies from patients at the Clinic of Gastroenterology at the National University Hospital, Singapore were designated 75, 78, 79 and 81. *H. pylori* strain gp4 was cultured from an antral biopsy of a previously infected guinea-pig. The bacteria were cultured on chocolate blood agar (CBA; Oxoid) supplemented with defibrinated horse blood (Gibco BRL, Auckland, New Zealand) 10%, in a CO₂ 5% incubator, at 37°C under micro-aerobic conditions. The isolates were subcultured on CBA no more than five times. Before inoculation, the bacteria were cultured in 1-L bottles containing 300 ml of Brain Heart Infusion Broth (BHIB; Gibco BRL), supplemented with yeast extract (Oxoid) 0.4% and horse serum (Gibco BRL) 10%. The bottles were aerated with CO₂ and incubated at 37°C under anaerobic conditions for 4–8 days and bacteria were identified as *H. pylori* by colony morphology and urease, catalase and oxidase tests. Colonies from one region of each stomach were tested by the API-ZYM test (bioMérieux, Marcy-l’Etoile, France).

**Experimental protocol**

Group 1 (10 animals) received 2 ml of NaHCO₃ 0.2 mol/L each followed 5–15 min later by 1 ml of a cocktail of fresh human *H. pylori* isolates containing 10⁸–10¹⁰ bacteria/ml. Group 2 (10 animals) received the same treatment, differing from group 1 only in that the animals were fed a suspension of cells of strain gp4. The amount of bacteria was the same as for the first group. Group 3 (nine animals) was also challenged with strain gp4 without pre-treatment with NaHCO₃. Group 4, a control group consisting of eight animals, was treated as the first group except that the animals were given 1 ml of sterile BHIB instead of a bacterial suspension. Guinea-pigs were killed either 3 or 7 weeks after the first day of inoculation.

**Serology**

Enzyme immunoassay (EIA) and Western blotting were done with acid glycine-extracted *H. pylori* cell surface protein antigen as described by Guruge et al. [26]. Western blotting was used to determine antibodies against specific *H. pylori* surface proteins, as described by Nilsson et al. [27], with minor modifications. Serum samples were diluted 1 in 50 in washing buffer and horseradish peroxidase-labelled goat anti-guinea-pig immunoglobulin (Dako, Glostrup, Denmark) diluted 1 in 600 was used as secondary antibody.
EIA was used to examine the total IgG levels against \textit{H. pylori}, as described by Guruge \textit{et al.} with minor modifications [26]. Wells were coated with \textit{H. pylori} surface proteins [28]; 100-\mu l volumes of the serum samples, diluted 1 in 200 in washing buffer (PBS, Twin 20 0.05\%), were added to each well, followed by 100 \textmu l of horseradish peroxidase-labelled rabbit anti-guinea-pig immunoglobulins (Dako) diluted 1 in 1000 in washing buffer. Human gammaglobulin was added to positive and negative control wells, followed by rabbit anti-human IgG antibodies (Dako) [26]. The substrate buffer used was 10 mg of 1,2-phenylenediamine diluted in 25 ml of sodium citric acid phosphate 0.1 mol/L buffer, pH 5.0, with 5 \textmu l of H$_2$O$_2$ 30\%. The absorbance at 450 nm was measured in a spectrophotometer (Labsystem Multiscan Plus, Helsinki, Finland). To eliminate inter-assay variation, background was subtracted and the absorbance was corrected for reference wells by the formula [relative antibody activity = mean absorbance \times 100/mean absorbance of reference] where mean absorbance is the average of the two wells run on each sample and mean absorbance of reference is the average of the four reference wells.

\textbf{Histopathology}

Guinea-pig stomachs were fixed in formaldehyde 10\% and embedded in paraffin. Sections, 4 \textmu m thick, were prepared and stained with haematoxylin and eosin following standard procedures. As the guinea-pig stomach has only a small cardia region and as the fundic region could not be distinguished histologically from the corpus region, only two areas of the stomach were examined: the corpus and canalis regions. The inflammation was graded from 0 to 3 'blindly' by two separate examiners by light microscopy. The inflammation in a stomach region was graded 0 when no inflammatory cells were observed in the corpus or canalis mucosa. If small groups of inflammatory cells were seen adjacent to the lamina muscularis mucosae, the inflammation was graded 1. If the number of cells in the inflammatory infiltrates was more intense, with inflammatory cells spreading up through the mucosal layer and if these infiltrates were noted in several locations, the inflammation was graded 2. The inflammation was graded 3 if it was severe, with numerous heavy inflammatory infiltrates spreading through the whole mucosal thickness and with formation of lymphoid follicles.

Duodenum samples were not analysed because a basal infiltration of inflammatory cells was present.

\textbf{Statistical analysis}

The unpaired, one-tailed Mann-Whitney U test was used for the inflammation distributions and EIA results. The level of significance selected was \(p < 0.05\).

\textbf{Results}

\textbf{Culture}

\textit{H. pylori} was recovered from the stomachs of 22 (76\%) of 29 challenged guinea-pigs (Table 1). Of seven challenged animals from which \textit{H. pylori} could not be recovered, two were seronegative in Western blotting and exhibited no gastritis, four exhibited mild to severe gastritis of which three were seropositive in Western blotting and one animal showed no gastritis but was seropositive in Western blotting. In the two groups infected with the gp4 strain, bacteria were recovered from 16 (84\%) of 19 animals, while in the group infected with four fresh human isolates six (60\%) of 10 were culture positive. \textit{H. pylori} was not cultured from any uninfected control animal. Bacteria were recovered on both Gab-Camp and CBA agar plates, but the former was a more reliable medium. Inoculation of gastric biopsy samples was a more successful method of recovering \textit{H. pylori} than was inoculation of mucosal tissue suspended in PBS.

\textbf{Serology}

All culture-positive guinea-pigs showed distinct immune responses against 19-, 25.5–26- and 29.5–30-kDa \textit{H. pylori} surface proteins in Western blotting at 3 and 7 weeks after infection (Fig. 1). To a lesser degree, immune responses towards 28-, 35-, 54-, 74- and 85-kDa proteins were detected. There was no difference between the groups with regard to the protein bands immunostained in Western blotting. In total, 25 of 29 \textit{H. pylori}-challenged guinea-pigs exhibited immunostained protein bands in Western blotting, compared with none of eight uninfected control animals. Serum could not be analysed from one culture-positive animal infected for 3 weeks. The mean EIA relative antibody activity was higher \((p < 0.05)\) in the \textit{H. pylori}-challenged groups than in the control group after 3 and 7 weeks (Fig. 2). No difference in EIA titre was found between the three \textit{H. pylori}-challenged groups.

\textbf{Histopathology}

All culture-positive animals showed gastritis – two with mild, four with moderate and 16 animals with severe gastritis. In the control group of eight animals, one had mild gastritis while the other seven had no

\begin{table}[h]
\centering
\begin{tabular}{|c|c|c|}
\hline
\textbf{Group no.*} & \textbf{3 weeks} & \textbf{7 weeks} \\
\hline
1 & 3/3 & 3/7 \\
2 & 3/3 & 5/7 \\
3 & 2/3 & 6/6 \\
4 & 0/3 & 0/5 \\
\hline
\end{tabular}
\caption{Culture results}
\end{table}

*Group 1, infected with fresh isolates of \textit{H. pylori}; group 2, infected with strain gp4; group 3, infected with strain gp4, not pretreated with bicarbonate; group 4, uninfected control animals.
Fig. 1. Western blotting results. Groups 1–3, infected animals 3 and 7 weeks after inoculation; group 4, uninfected control.

Fig. 2. Relative antibody activity (RAA) in serum towards glycine-extracted H. pylori antigens in infected and uninfected guinea-pigs, detected in EIA. Differences are seen between the infected and the uninfected animals at 3 and 7 weeks after challenge (* and **p < 0.05; Mann Whitney U test). Bars represents SEM of the analysed serum samples. Number of samples analysed in each group: infected 3 weeks (□) – eight samples; control 3 weeks (□) – three samples; infected 7 weeks (■) – 20 samples; control 7 weeks (■) – five samples.

Discussion

In recent years rapid progress has been made in H. pylori research pertaining to the development of new animal models of infection. Preferably, an animal closely resembling man in stomach anatomy and physiology should be used for this purpose. Unlike other small laboratory animals, the epithelium of the fundic region of the guinea-pig stomach is covered by a cylindrical glandular epithelium and not a squamous epithelium. The fact that guinea-pigs, like man, produce interleukin-8 indicates that guinea-pigs are suitable for studies of local inflammatory response in the stomach, and the effect of vitamin C intake on H. pylori-related diseases can readily be studied in guinea-pigs as they require this as a dietary supplement.

The present study found that guinea-pigs can sustain H. pylori infection for at least 7 weeks and further investigations will determine whether the infection exhibits a long-term persistence, as in man. Feeding the animals bicarbonate to raise the pH in the stomach before inoculation is not essential for the ability of H. pylori to colonise the guinea-pig stomach. However, in a Tg4 human intestinal cell monolayer culture system, H. pylori adhesion was found to be pH dependent [29]. In the present study, the recovery rate of H. pylori from challenged animals was 76%. Culture of H. pylori from stomach biopsy samples is the most certain proof of colonisation and ideally the model should be optimised to ensure recovery from all challenged animals. H. pylori could not be recovered from any of the unchallenged control animals, indicating that there was no transmission of the infection between animals in different cages.

The serological response analysed by Western blotting demonstrated which proteins gave an early immune response. The 19-, 25.5–26- and 29.5–30-kDa pro-
Fig. 3. Histopathology of corpus region of guinea-pig stomachs (H and E). (A) Inflammation grade 3: diffuse infiltration of inflammatory cells throughout the mucosa (×45). (B) Inflammation grade 3: lymphoid follicle formation and erosion of gastric epithelium with elevated levels of mucin production (×45). (C) Inflammation grade 3: higher magnification of inflammatory cell infiltration of the mucosa (×250). (D) Inflammation grade 0: no inflammatory cells present in the mucosa (×140).

These proteins may be candidate antigens for an experimental vaccine. Western blotting provides the opportunity to monitor the immune response in infected animals without killing them. The uninfected...
control animals had no immune response against *H. pylori*, as seen in Western blotting, indicating that healthy guinea-pigs possess no natural cross-reacting antibodies against *H. pylori*. This makes Western blotting a method with high specificity to determine whether or not animals are infected. EIA showed significantly higher antibody titres against *H. pylori* after 3 weeks than in control animals and the antibody titres were still elevated 7 weeks after infection, which correlates well with the results in Western blotting. Two culture-negative animals challenged with fresh human isolates and killed 7 weeks after infection showed no serological immune response and no gastric inflammation. The fact that these animals were negative in Western blotting suggests that the challenge per se will not cause a long-lasting elevation of antibody titres – at least not in all cases. The other five challenged culture-negative animals could represent individuals that were infected but the culture from the biopsy was unsuccessful, individuals that were previously infected but the infection had healed or individuals that were never infected but the inoculum in itself caused a lasting gastritis and elevation of antibody titres. However, the latter explanation is not likely for the animals killed 7 weeks after inoculation, as at least the gastritis should have disappeared by then.

In light microscopy, the histopathological picture was very similar to that found in human *H. pylori* infection. A transmucosal inflammation with crypt abscesses, erosions and formation of lymphoid follicles was often found. Compared with the mouse model, the inflammatory cell response was much more pronounced, not only demarcated to the lamina muscularis mucosae, but also more extensively distributed [33]. Thus a severe gastritis was observed in most infected animals and a control group of uninfected animals showed no or very low levels of inflammation. These results suggest that the guinea-pig represents a good new model to study *H. pylori*-induced type B gastritis and associated diseases.

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References