Epidemiological typing of coagulase-negative staphylococci from nosocomial infections

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Biotyping, antibiograms, bacteriophage typing, plasmid profile analysis and SDS-PAGE protein profiles were used to determine the relatedness of 44 Staphylococcus epidermidis and four S. haemolyticus isolates from 14 patients. A selection of these were further characterised by ribotyping. Biotyping classified the isolates into three major groups but was considered a poor strain marker. Although antibiograms classified the S. epidermidis isolates into 20 groups, some changes in the susceptibility patterns of related isolates from a single patient were demonstrated. Bacteriophage typing was the least discriminatory of the methods used. SDS-PAGE gave highly related patterns for the majority of S. epidermidis isolates. Plasmid profile analysis and ribotyping, with a minimum of two restriction endonucleases, were the most discriminatory methods for typing S. epidermidis. Nonetheless, some isolates from the same patient – probably representing a single strain – varied in plasmid profile indicating plasmid instability. One of six related isolates from a single patient lacked two bands from the ribotyping pattern of the other isolates. Although no single method proved entirely satisfactory on all occasions, the combination of typing methods was sufficient to provide evidence of the relatedness of S. epidermidis isolates from individual patients.

Introduction

The coagulase-negative staphylococci (CNS), particularly Staphylococcus epidermidis, are recognised as important nosocomial pathogens, especially in patients with prosthetic implant devices and immunocompromised patients [1]. Recent studies have also demonstrated CNS to be the most common blood culture isolates in neonatal intensive care units [2]. However, strains of S. epidermidis are also the most prevalent species on human skin surfaces, representing up to 90% of all staphylococci recovered [3]. Weinstein et al. [4], using both clinical and microbiological data obtained from a large series of blood culture isolates, were able to differentiate true pathogens from contaminants and considered 94% of the CNS to be clinically insignificant. Therefore, the isolation of CNS from blood cultures raises important questions both clinically and for the microbiology laboratory as to whether or not there is true clinical infection. Other species of CNS, especially S. haemolyticus, may also cause clinical infection [5, 6]. Strains of this species are often multiresistant and may exhibit reduced susceptibility to vancomycin [7].

Isolates of CNS can be readily identified to species level in diagnostic laboratories and it is rarely considered necessary to confirm the relatedness of uncommonly isolated species. However, repeated isolates of the ubiquitous S. epidermidis and the increasingly important S. haemolyticus from individual patients necessitate typing to confirm rapidly and reliably their relatedness. This is important not only to identify nosocomial outbreaks but also to distinguish true infection, represented by repeated isolation of the same strain, from contamination, indicated by the isolation of different strains. In certain patient categories it is also important to distinguish relapse of infection with the same strain from re-infection with a different strain.

Until recently the typing of CNS was based on traditional methods such as biotyping, antibiogram and bacteriophage (phage) typing. Serological methods were generally not sufficiently discriminatory [8]. Pfaller and Herwaldt [9] found the majority of S.
epidermidis isolates to be contained within a few distinct biotypes. Instability of antibiotic resistance to S. epidermidis has been demonstrated [10] and a large proportion of nosocomial S. epidermidis isolates are resistant to multiple antibiotics, thus reducing the number of unique antibioticograms [11]. Parisi [11] deemed phage typing of CNS as discouraging, as many strains of clinical importance were either not typable by the phage sets used, or gave long lytic patterns.

Because traditional methods were largely unsatisfactory, molecular methods – including SDS-PAGE, plasmid profiling and restriction endonuclease analysis of chromosomal DNA, with or without the use of a probe – have been tried [12-15]. However, these methods are comparative and, therefore, more suited to batch analyses. Although these techniques have been used with varying degrees of success, a recent review by Birnbaum et al. [16] concluded that 'no entirely satisfactory typing system currently exists for the CNS'. The aim of this study was to determine the relatedness of CNS isolates by the traditional typing methods of biotyping, antibiogram and phage typing in combination with the more recent molecular methods of plasmid profile analysis, protein profile analysis and ribotyping. The strains chosen were either representative of repeated or multiple CNS isolates from clinical infections, from episodes of uncertain clinical significance or selected on the basis of phenotypic variation.

Materials and methods

Bacterial strains

This study characterised 49 isolates of CNS, (numbered 301–349, Table 1) from 14 patients. Thirty-eight were from blood cultures, four from colonised intravenous catheters, three from prosthetic heart valves, two from urine and two from peritoneal dialysate fluid.

Strains were preserved at −76°C. For this study stored bacterial strains were subcultured on to freshly prepared blood agar (Oxoid), containing defibrinated horse blood 5% and incubated for 18–24 h at 37°C. After checking for purity, a second subculture was prepared by taking six representative colonies from the original plate. Referral back to the original frozen culture minimised the possibility of both phenotypic and genotypic change during the study. Two unrelated S. haemolyticus isolates with similar biotypes to those from patient 6 were included for comparison of ribotyping patterns.

Identification and biotyping

The identification and biotypes of the staphylococcal isolates were determined by reference to the nine- and five-digit profile indices provided with the ATB 32 Staph™ identification system (bioMérieux) and the probabilistic identification scheme of Geary et al. [17] respectively.

Antibiotic susceptibility testing

The comparative disk diffusion method of Stokes and Waterworth [18], employing ISO-Sensitest agar (ISA, Oxoid) was used for all antibiotic susceptibility tests, with the exception of methicillin, in which case the media was ISA supplemented with NaCl 4%; the control strain was S aureus NCTC 6571. The antibiotics tested and disk content (Mast Diagnostics) were as follows: amikacin 30 μg, cefuroxime 30 μg, cephaloridine 30 μg, chloramphenicol 10 μg, ciprofloxacin 1 μg, clindamycin 2 μg, erythromycin 5 μg, fusidic acid 10 μg, gentamicin 10 μg, imipenem 10 μg, kanamycin 30 μg, methicillin 10 μg, mupirocin 5 μg, neomycin 10 μg, netilmicin 10 μg, penicillin 1 IU, rifampicin 2 μg, streptomycin 10 μg, sulphamethoxazole 100 μg, teicoplanin 30 μg, tetracycline 10 μg, tobramycin 10 μg, trimethoprim 2.5 μg, vancomycin 30 μg.

Lactamase production

Lactamase production was determined by the plate method of Park et al. [19].

Bacteriophage (phage) typing

The phage typing of CNS was done at the Staphylococcus Reference Unit, Colindale, as recommended by Richardson et al. 1992 [8]. Interpretation of the results was by the criteria used for S. aureus [20].

Plasmid profile analysis

The Brij-lysis method of Wilson et al. [21] with modifications suggested by Richardson et al. [8] was used. The supercoiled DNA ladder (Gibco BRL) was used as a molecular size marker and enabled the size of the plasmids to be determined.

SDS-PAGE protein profile analysis

Protein extracts of test isolates were made as described earlier [22] with Berhheimer’s yeast diffusate medium [23]. Proteins precipitated with saturated ammonium sulphate 90% w/v were redissolved and purified by dialysis against glycine, 1%. The supernate derived from this process was diluted four-fold in sample buffer and 20 μl was loaded on to SDS-PAGE gels prepared as recommended by Laemmli [24]. Electrophoresis was performed in a BioRad mini Protein dual slab system at a constant 60 V until the dye front was just released from the end of the gel. The gels were stained for 15 min with Coomassie Brilliant Blue 0.1% w/v and de-stained in methanol 40% v/v, acetic acid 10% v/v for 15 min and then again in fresh de-stain
### Table 1. Details of the 49 CNS isolates from the 14 patients with the resulting biotypes, plasmid profiles and major phage reactions

<table>
<thead>
<tr>
<th>Patient no.</th>
<th>Sex/age</th>
<th>Clinical diagnosis</th>
<th>Strain no.</th>
<th>Source of isolate</th>
<th>Date of isolation</th>
<th>Biotypes</th>
<th>Plasmid profile</th>
<th>Major phage reactions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>M: 40 years</td>
<td>PVE</td>
<td>301*</td>
<td>BC</td>
<td>Jan 88</td>
<td>A</td>
<td>1</td>
<td>27,155, A6C, A9C, 71, 275, 48, 82, 459, 275A, KC</td>
</tr>
<tr>
<td>2</td>
<td>F: 60 years</td>
<td>PVE</td>
<td>304*/5/6</td>
<td>BC</td>
<td>04/05/09 Nov 89</td>
<td>B</td>
<td>IV</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>M: 67 years</td>
<td>PVE</td>
<td>307</td>
<td>PHV</td>
<td>Mar 89</td>
<td>C</td>
<td>IV</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>M: 69 years</td>
<td>PVE</td>
<td>309*</td>
<td>BC</td>
<td>Feb 89</td>
<td>C</td>
<td>IV</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>F: 74 years</td>
<td>PVE</td>
<td>315/7*/8*/9</td>
<td>BC</td>
<td>04/12/17 May 89</td>
<td>D</td>
<td>III</td>
<td>9</td>
</tr>
<tr>
<td>6</td>
<td>M: 53 years</td>
<td>CRS</td>
<td>320*/1'/2'/3'</td>
<td>BC</td>
<td>17/18, 19, 20 Nov 90</td>
<td>G</td>
<td>V</td>
<td>12</td>
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<tr>
<td>7</td>
<td>M: 3 weeks</td>
<td>CRS</td>
<td>324/5*</td>
<td>BC</td>
<td>17/21 Nov 90</td>
<td>B</td>
<td>IV</td>
<td>13</td>
</tr>
<tr>
<td>8</td>
<td>M: 54 years</td>
<td>CRS</td>
<td>327/8/9</td>
<td>BC</td>
<td>27/28, 29 Nov 89</td>
<td>F</td>
<td>III</td>
<td>15</td>
</tr>
<tr>
<td>9</td>
<td>M: 2 weeks</td>
<td>CRS</td>
<td>331</td>
<td>IVC</td>
<td>30 Nov 89</td>
<td>F</td>
<td>VII</td>
<td>15</td>
</tr>
<tr>
<td>10</td>
<td>F: 7 days</td>
<td>CRS</td>
<td>332</td>
<td>BC</td>
<td>29 Nov 89</td>
<td>H</td>
<td>VIII</td>
<td>16</td>
</tr>
<tr>
<td>11</td>
<td>M: 68 years</td>
<td>UTI</td>
<td>333</td>
<td>BC</td>
<td>11 Mar 89</td>
<td>J</td>
<td>IX</td>
<td>17</td>
</tr>
<tr>
<td>12</td>
<td>F: 20 years</td>
<td>PER</td>
<td>340/1</td>
<td>IVC</td>
<td>21 Mar 89</td>
<td>H</td>
<td>X</td>
<td>18</td>
</tr>
<tr>
<td>13</td>
<td>F: 58 years</td>
<td>CRS</td>
<td>342/3</td>
<td>BC</td>
<td>02/03 Jan 90</td>
<td>F</td>
<td>II</td>
<td>24</td>
</tr>
<tr>
<td>14</td>
<td>F: 75 years</td>
<td>PVE</td>
<td>348*</td>
<td>PHV</td>
<td>08 Feb 91</td>
<td>J</td>
<td>XII</td>
<td>26</td>
</tr>
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</table>

M, male; F, female; PVE, prosthetic valve endocarditis; BC, blood culture; CRS, catheter-related septicemia; PER, peritonitis; UTI, urinary tract infection; PHV, prosthetic heart valve; *, chloramphenicol susceptible; †, chloramphenicol resistant. Biotype 1 with the probabilistic identification scheme includes the following profiles: A, 21354; B, 0.1310; C, 0.1320; D, 21330; E, 0.1300; F, 21310; G, 0.7360; H, 20310; J, 21314; K, 0.1340; L, 21210. Biotype 2 with the ATB 32 Staph system includes the following profiles: I, 3670 2661 0; II, 3660 3221 0; III, 3660 3220 0; IV, 3660 3021 0; V, 2663 3460 0; VI, 3660 3221 0; VII, 3660 3201 0; VIII, 3670 3221 0; IX, 1660 3220 0; X, 3660 3200 0; XI, 1660 3461 0; XII, 3670 3220 0.

*Isolates characterised by EcoRI and ClaI ribotyping.
solution until the darkly stained protein bands were observed against a colourless background. To provide a permanent record the gel was dried by a vacuum drying system (Model 543, BioRad).

**Ribotyping**

A selection of isolates for which clarification of relatedness was sought were further characterised by ribotyping. Total cellular DNA was extracted by a modification of the method developed by Pitcher *et al.* [25] in which cells were pre-treated with 30 μl of lysozyme 1.0 mg/ml and 10 μl of lysostaphin 100 mg/ml for 30 min at 37°C. The probe was digoxigenin-labelled cDNA to 16S + 23S ribosomal ribonucleic acid (rRNA) of *Escherichia coli* [26].

Southern blots of 5 µg of ClaI: or 15 µg of EcoRI-digested DNA separated on agarose gels (0.7% in TBE buffer) were hybridised at 50°C, and the membranes were washed under conditions of high stringency [26]. Bands of hybridisation were detected with the BluGene kit (Boehringer Mannheim Biochemica). Molecular size markers were digoxigenin-labelled DNA marker VI (Boehringer Mannheim Biochemica) and HindIII-digested DNA from *Serratia fonticola* [27].

**Results**

**Identification and biotyping**

Forty-four of the 49 isolates were identified as *S. epidermidis*. For these, the ATB scheme gave 10 biotypes and the probabilistic identification scheme nine (Table 1). Four isolates, all from patient 6, were *S. haemolyticus* with indistinguishable biotypes. The remaining isolate was identified as *S. hominis*.

The antibiotic resistance patterns of the 44 isolates of *S. epidermidis* are given in Table 2. All 44 isolates were β-lactamase positive. There was little variation in the antibiotic resistance profiles. Fifteen of the 44 isolates were resistant to penicillin, trimethoprim, sulphamethoxazole, gentamicin, tobramycin and kanamycin, a further 18 isolates were resistant to five of these antimicrobial agents and five isolates were resistant to four agents. Two of the remaining six isolates (isolates 302 and 303, patient 1) were distinctive in demonstrating resistance to rifampicin, penicillin, trimethoprim and sulphamethoxazole. Isolate 333 (patient 10) was resistant to streptomycin but sensitive to gentamicin and to tobramycin. Isolates 340 and 341 (patient 12) were resistant to penicillin and fusidic acid only. The remaining isolate (345), differed from the five other isolates from this patient in exhibiting a loss of resistance to kanamycin and gentamicin, associated with the instability of a large molecular mass plasmid. Phenotypes with both the dissociated and undissociated macrolide resistance were observed.

**Bacteriophage typing**

Thirty-eight of the isolates tested were either untypable by this phage set or lysed only by phage KC. Five of the 11 typable isolates, three from patient 1 and two from patient 14 exhibited long pattern lysis. The remaining six isolates, all from patient 13, were lysed only by phage 155.

**Plasmid profiles**

Plasmids were detected in all isolates of *S. epidermidis* and *S. haemolyticus* (Fig. 1). The isolate of *S. hominis* was plasmid-free.

**Table 2. Antibiogram patterns of the 44 *S. epidermidis* isolates**

<table>
<thead>
<tr>
<th>Isolate (patient no.)</th>
<th>PE</th>
<th>TR</th>
<th>SX</th>
<th>TE</th>
<th>ER</th>
<th>KA</th>
<th>GE</th>
<th>TO</th>
<th>ST</th>
<th>RI</th>
<th>CD</th>
<th>FD</th>
<th>CH</th>
<th>MT</th>
<th>DR</th>
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<td>302/303 (1)</td>
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</table>

PE, penicillin; TR, trimethoprim; SX, sulphamethoxazole; TE, tetracycline; ER, erythromycin; KA, kanamycin; GE, gentamicin; TO, tobramycin; ST, streptomycin; RI, rifampicin; CD, clindamycin; CH, chloramphenicol; FD, fusidin; MT, methicillin; DR, dissociated resistance; R, resistance; 1, chloramphenicol-sensitive cells; 2, chloramphenicol-resistant cells.
Protein profiles (SDS-PAGE)

Distinct protein profiles were obtained from the 44 isolates of *S. epidermidis*. The number of bands varied from 25 to 40. These were used for within-patient comparisons. Indistinct patterns were obtained for the four isolates of *S. haemolyticus*, possibly reflecting insufficient protein loading of the gel. The strain of *S. hominis* was not examined.

Ribotyping

Ribotyping patterns were obtained from digests with either *ClaI* or *EcoRI*. A total of 18 isolates was examined; 10 patterns comprising five-to-eight bands were obtained with *ClaI* and 12 patterns comprising 15–20 bands were obtained with *EcoRI* (Fig. 3).

Assessment of relatedness of intra-patient isolates using the typing methods in combination

Nineteen isolates were from five patients (1–5) with endocarditis in whom re-infection (with a different strain) or relapse with the same strain was suspected. Two different strains, indicating probable re-infection, were isolated from patients 1 and 4. Although the strains from patient 1 were distinct by all methods they demonstrated only minor differences in ribotype (Fig. 3). Alternatively, the first isolate from each patient may not have been clinically significant, whereas the latter ones were. Nosocomial cross-infection was suspected for the prosthetic valve endocarditis in patients 2 and 3, but the results indicated that although each patient was infected with a single strain, the infecting strain was distinct in each case. The five isolates from patient 5 were indistinguishable, with the exception of the chloramphenicol-resistant cells within 318 which were probably contaminants (Figs 2 and 3), indicating a relapse of infection. Although the two isolates from the prosthetic heart valves of patient 14 had very different colonial morphology with distinct phage types, plasmid types and SDS-PAGE protein profiles, their antibiograms, biotypes and ribotypes were identical. Similar colonial variants had been isolated previously from multiple blood cultures from this patient (although these were not typed) and may have represented either relapse of infection, possibly with two strains concurrently, or a single strain demonstrating significant changes in typing characteristics.

Twenty-four isolates were from six patients in whom catheter-related sepsis was suspected. The isolates from patients 6, 8 and 9 all probably represented single strains as only minor differences in biotype (patients 8 and 9) were detected. The six isolates from patient 13 represented an unusual phage type – 155 with indistinguishable biotypes and SDS-PAGE profiles. However, minor differences were found in the antibiograms; five isolates were resistant to gentamicin and kanamycin, one was not (isolate 345, Table 2), correlating to the presence or absence of a 19-kb plasmid. Of three isolates from this patient selected for ribotyping, two (isolates 342 and 345) exhibited identical ribotypes when digested with either *ClaI* or *EcoRI*. The third (isolate 347), whilst showing identity when a *ClaI* digest was probed, differed in the loss of two bands when the *EcoRI* digests were probed (Fig. 3). Nonetheless, it was concluded that these isolates belonged to the same strain, supporting the
Fig. 2. Plasmid profiles of *S. epidermidis* strains derived from single colony subcultures. Lanes 1, 14, DNA molecular size marker; 2-4, 6, strains 315-7, 319 (patient 5); 5, chloramphenicol-resistant variant of isolate 318 (patient 5); 7, 8, strains 331/2 (patient 9); 9-13, strains 342/4/5/6/7 (patient 13).

Clinical diagnosis. In contrast, the characterisation methods showed that isolates from patients 7 and 10 represented very different strains; the results therefore did not confirm the clinical diagnosis. Patients 11 and 12 suffered from a UTI and CAPD peritonitis, respectively. The two isolates from each of these patients had only minor differences and probably represented single, acute infections.

Discussion

The aim of this study was to use multiple typing methods, both phenotypic and genotypic, to determine the relatedness and hence clinical relevance of sets of isolates of CNS from a series of patients in which they were the only organisms isolated. None of the methods used – biotyping, antibiogram, phage typing, plasmid profiling, SDS-PAGE profiling and ribotyping – was ideal alone, but when results of these methods were considered in combination, it was thought that a realistic assessment of relatedness might be made. First, however, an assessment of the discrimination of each method was necessary.

The majority of strains of CNS from clinical infections are *S. epidermidis*; approximately 10% are *S. haemolyticus*. For any typing scheme to be useful epidemiologically, it must be able to recognise individual strains within these species.

With ATB 32 Staph™, 32 of the 44 *S. epidermidis* isolates included in the present study were subdivided into three major biotypes, which showed only minor differences in profile. The remaining 12 isolates were subdivided into a further six biotypes. Similarly, the probabilistic scheme subdivided 28 *S. epidermidis* strains into three biotypes. The remaining 16 isolates formed a further five biotypes. Clearly both identification schemes lack discriminatory power and are useful only for strains with an unusual biotype, as found in patient 9. The results from the ATB 32 Staph™ were often discordant with those from the other methods, suggesting that it is unreliable as a strain marker.

Antibiograms can be useful markers for given strains of CNS, particularly where, as in this study, the local strains are resistant to various combinations of antibiotics. However, the treatment of a patient may influence both gain and loss of resistance markers encoded by plasmid DNA [28]. The isolates from patient 13 provided an example of plasmid instability. Furthermore, the same pattern of multi-resistance was common to many of the *S. epidermidis* strains examined in this study. Therefore, antibiogram typing is not sufficiently reliable or discriminatory to assess the relatedness of multiple isolates of *S. epidermidis*.

Bacteriophage typing of CNS has proved disappointing, mainly because of low typability rates, <30% in some studies [29, 30]. In the present study, phage typing proved useful on two occasions but, in general, was the least discriminatory of the methods used.

Plasmid profiling is the most widely used of the molecular methods used to characterise CNS and is regarded as complementary to antibiogram typing. It is
extremely useful when examining sensitive isolates containing cryptic plasmids, but is limited when isolates are plasmid-free. Additionally, when multi-resistant strains are studied it is not possible, without time-consuming studies, to determine whether plasmids of the same apparent molecular mass encode the same resistance. With regard to the present study, the results from plasmid profiling were concordant with those from other methods according to the criteria of Hartstein et al. [13]. They suggested three types of comparative assessment: (i) those isolates considered to be identical, which should have the same number of plasmids of the same molecular mass; (ii) those considered to be related, which should have a core of similar plasmids; these isolates should be investigated further; and (iii) unrelated isolates which should show multiple differences both in plasmid number and molecular mass. Although selection of multiple colo-
nies for plasmid analysis is necessary to avoid loss of specific plasmids, as seen in this study with isolates from patient 13, great care must be taken to avoid the inadvertent selection of mixed strains, as seen in the initial plasmid analysis of isolate 318 from patient 5.

Thompson-Carter and Pennington [12] and Pennington et al. [31] suggested that although the SDS-PAGE profiles of isolates may be a useful adjunct to biochemical characterisation of a strain to species level, within a species there may be little easily observable difference in the profiles obtained. While the results of the present study largely concur with these observations, occasionally obvious differences in profiles were sufficiently useful to be an aid in the assignment of isolates to a specific strain; for example, isolates 333–337 from patient 10.

Ribotyping has been used primarily as a means to speicate staphylococci [31, 32]. However, De Buyser et al. [33] considered that, within *S. epidermidis*, ribotyping patterns were often sufficiently different to be used epidemiologically as well as taxonomically. However, it was necessary to digest with several enzymes separately. There is also evidence that, as with *S. aureus*, both the ribotype of clearly distinct strains may be indistinguishable and that several band differences, particularly when EcoRI digests are probed, may occur within isolates of the same strain [34]. Both phenomena were observed in this study. It would appear that although ribotyping is a useful adjunct to traditional typing methods, it may be higher up the hierarchical tree than some traditional typing techniques.

In conclusion, the combination of typing methods used in this study was sufficient to provide fairly conclusive evidence about the relatedness of patient isolates. The results strongly suggest that at least plasmid profiling and some form of chromosomal DNA analysis, e.g., ribotyping, are necessary to clarify the relationship of isolates of *S. epidermidis* that demonstrate similar typing characteristics when phenotypic typing methods are used. In agreement with Michelson et al. [10] and Etienne et al. [28] it was also shown that variations in strain characteristics of *S. epidermidis* may occur during the course of an infection, thus emphasising that experience is necessary when interpreting typing results. The use of a combination of typing methods necessary to discriminate within *S. epidermidis* may be beyond the remit of routine laboratories and hence will probably remain confined to reference laboratories.

References

22. Laemmli UK. Cleavage of structural proteins during the