Reactivity of various leishmanial antigens in a
direct agglutination test and their value in
differentiating post-kala azar dermal leishmaniasis
from leprosy and other skin conditions

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A direct agglutination test (DAT) for the detection of post-kala azar dermal leishmaniasis (PKDL) was evaluated in conditions that simulate the disease clinically or immunologically. A reference strain of Leishmania donovani (LEM 1399), and antigen preparations from two Leishmania isolates from Bangladeshi patients with post-kala azar dermal leishmaniasis or visceral leismaniasis were used. A titre of at least 51200 was obtained in tests of patients with PKDL with all three antigens, whereas a maximum titre of 1600 was recorded in patients with cutaneous leishmaniasis, mucocutaneous leishmaniasis or leprosy. Antigens from dermal isolates of L. tropica (LV 140) and L. braziliensis (LV 65) yielded titres of 1600–6400 in patients with PKDL. The lowest titre recorded in 70 patients tested with the homologous PKDL antigen was 409 600. In patients with leprosy, cutaneous leishmaniasis, syphilis, onchocerciasis, tuberculosis, blastomycosis or vitiligo, titres ranged from 100 to 1600. The DAT is better than current parasitological and histopathological methods for the diagnosis of PKDL in areas in which leprosy is co-endemic.

Introduction

As well as being the main source of transmission of visceral leishmaniasis, post-kala azar dermal leishmaniasis (PKDL) is easily confused with leprosy in the Indian subcontinent and East Africa [1–3]. Absence of leishmania parasites in skin lesions of patients with PKDL may lead to a misdiagnosis of leprosy, especially as impaired organ sensation may occur in PKDL through involvement of dural nerves [4]. The mononuclear cell infiltration of peripheral nerves characteristic of lepromatous leprosy may contribute to further confusion in the histopathological diagnosis of PKDL. Exclusion of other dermal abnormalities due to cutaneous and mucocutaneous leishmaniasis, syphilis, yaws, blastomycosis and other fungal infections is also imperative for the correct diagnosis [5]. Previous history of visceral leishmaniasis, although important, could be misleading since such infection may have been asymptomatic or subclinical [3, 5].

Demonstration of the causative micro-organisms in PKDL and leprosy is impeded by the insensitivity of present laboratory methods [2]. Despite recent improvements, differentiation between the two infections by antibody detection or cellular stimulation techniques is still lacking [5]. Use of a different panel of antigen preparations in the leishmanin skin test did not improve the specificity of the test. Serum IgG and IgM antibodies revert to normal after resolution of visceral leishmaniasis and may be hardly measurable in the immunofluorescence (IFAT) or aldehyde tests in patients with PKDL [6].

Previous results with an improved direct agglutination test (DAT) showed a satisfactory sensitivity and specificity for the routine diagnosis of visceral and canine leishmaniasis [7, 8]. The sensitivity of DAT for the detection of anti-leishmania antibodies in parasitologically or clinically diagnosed cases of PKDL by use of antigens from a reference strain and two isolates from Bangladesh has now been evaluated. The specificity of the test in dermal conditions known to be clinically indistinguishable from PKDL was also assessed. Because of their immunological relationship, leishmanial antigens prepared from cases of visceral leishmaniasis and PKDL were compared for reactivity in DAT with sera from both patient groups.
Patients and methods

Antigens

*L. donovani* MHOM/SD/00/LEM 1399, *L. tropica* MHOM/LI/75/LV-140, *L. braziliensis* MHOM/BR/00/LV-65 and two uncharacterised Bangladeshi strains from the bone marrow of patients with kala azar (IEDCR-131) or nodular skin lesions of PKDL (IEDCR-3) were maintained in *vitro* in Novy, MacNeal and Nicolle's (NNN) or brain heart infusion culture media. For preparation of DAT antigen, promastigotes were mass cultured in RPMI-1640 supplemented with fetal calf serum (FCS) 15%. After repeated washing in Locke's solution (pH 7.6), promastigote pellets were treated with trypsin as described previously [7]. The comparative effects of trypsin and 2-mercaptoethanol in the preparation of antigen were tested with the indigenous PKDL isolate (IEDCR-3). Logarithmic phase promastigotes were washed and suspended at a density of 10⁸/ml in Locke's solution (pH 7.6) containing 2-mercaptoethanol 1.2% v/v or trypsin. Promastigotes so treated were incubated at 37°C for 45 min, washed and fixed for 18 h in Locke's solution supplemented with formaldehyde 2% w/v. After fixation, parasites were stained with Coomassie Brilliant Blue and finally resuspended (5 × 10⁷/ml) in formaldehyde-saline 0.4% w/v. Parasites so treated were incubated at 37°C for 45 min, washed and fixed for 18 h in Locke's solution supplemented with formaldehyde 2% w/v. After fixation, parasites were stained with Coomassie Brilliant Blue and finally resuspended (5 × 10⁷/ml) in formaldehyde-saline 0.4% w/v.

Patients

Blood samples were collected by venepuncture for sera or by finger-prick on to filter-paper (Whatman no. 3) from individuals with the following diagnoses.

Post-kala azar dermal leishmaniasis (PKDL). A group of 15 cases confirmed by demonstration of leishmania parasites at the Institute of Epidemiology, Disease Control and Research (IEDCR)-Dhaka, Bangladesh; serum samples were collected before or during treatment.

A second group of 70 patients identified during a cross-sectional survey of visceral leishmaniasis in Bangladesh, covering an endemic population of 37 954 inhabitants [9]. PKDL was diagnosed either by demonstration of parasites in skin slit smears (42 cases) or clinically (28 cases) on the basis of symptoms and normal organ sensation to exclude leprosy and visceral leishmaniasis. Most patients were from Mymensingh (32 patients) and Sirajganj (18 patients); 20 were from Palna, Bogra, Comilla, Manikgong, Gazipur, Chaudpur, Patuakhali, Laximipur and Dhaka districts. Air-dried blood spots were packed in polythene bags and mailed to the collaborating laboratory at the University of Amsterdam.

Visceral leishmaniasis. Thirty-two cases from Mymensingh district diagnosed by bone marrow aspiration at IEDCR. Serum samples were collected either before or during administration of sodium antimony gluconate.

Cutaneous leishmaniasis. Parasitologically confirmed cases from Algeria (24 cases) and Brazil (24 cases) diagnosed at Institut Pasteur D’Alger (Algers), Instituto Lauro de Souza Lima (São Paulo) and Instituto Alfredo da Matta (Manaus-Amazonia); serum samples were donated by R. Belazzoug, F. Morosa and D. Opramolla.

Mucocutaneous leishmaniasis. Parasitologically diagnosed cases from Bolivia (five cases) and Brazil (three); sera were provided by P. Desjieux (Institut Pasteur, Paris).

Leprosy. Patients were diagnosed clinically or histologically by demonstration of *Mycobacterium leprae* in skin, nasal mucous membrane or nerve biopsy specimens. Sera from 27 patients (20 from the Netherlands, seven from the Philippines) were donated by P. Klatser (Royal Tropical Institute, Amsterdam). Thirty-two samples were obtained from patients diagnosed during collaborative studies in Spain (10), Surinam (six), Thailand (three), Morocco (three) or at the Academic Medical Centre in Amsterdam (10). Patients were classified according to the Ridley-Jopling scale [10]: 24 lepromatous, 19 border-line lepromatous, seven tuberculoid, six border-line tuberculoid and three border-line. All of these sera had high antibody levels to mycobacterial immuno-cross-reactive antigen(s) as demonstrated by both Western blotting and enzyme-linked immunosorbent assay (ELISA) [11].

Syphilis. Dutch patients with active (24 patients) or treated (26 patients) *Treponema pallidum* infection diagnosed at the National Institute of Public Health and Environmental Protection, Bilthoven, the Netherlands (R. V. W. van Eijk).

Onchocerciasis. Confirmed cases from Sierra Leone with dermal presentation of nodular lesions (19 cases) or positive skin snip for microfilariae (16 cases). Diagnosis was established at Lunsar Eye Hospital by E. Rietveld and J. Stilma (Free University of Amsterdam). Venous blood for sera was collected before administration of chemotherapy.

Vitiligo. Five patients were diagnosed at the Department of Dermatology of the Academic Medical Centre, Amsterdam.

Other dermal conditions. Cutaneous tuberculosis (four cases) and psoriasis (three cases) diagnosed at the Academic Medical Centre or blastomycosis (two cases) at the Instituto Lauro de Souza Lima (São Paulo).

Tuberculosis. Sera from 33 culture- or X-ray-confirmed cases obtained from our serum bank. All samples showed high antibody levels to various *M. leprae* antigens (80 kDa, 66 kDa, 58–60 kDa, 38–40 kDa, 45 kDa, 20–27 kDa and 12–14 kDa) by Western blot technique and by ELISA with a crude
water soluble fraction. The samples also contained high antibody levels to mycobacterial A60 antigens as demonstrated by ANDA Kit (Biologicals, Strassbourg-France) [12].

Autoimmune disorders. Thirty-three Dutch nationals with positive rheumatoid factor (10), antimitochondrial (seven), anti-smooth muscle (seven) or anti-double stranded α-DNA (nine) antibody tests. Sera were provided by H. G. M. Geertzen (Central Laboratory for Blood Transfusion), Amsterdam.

Controls. Eleven healthy individuals from Bangladesh.

DAT procedures
Sera were examined by the improved procedure described elsewhere [7]. Air-dried specimens collected by finger-prick on filter-paper were processed as follows: excised blood spots of 6 mm diameter, equivalent to 8.4 μl serum content, were eluted overnight in 760 μl of saline solution (0.15 M NaCl) at 4°C. According to a checkerboard titration procedure, the resultant eluate corresponded to a 1 in 100 serum dilution [13]. Heterologous samples showing agglutinating reactivity at 1 in 200 dilution or higher were retested with 2-mercaptoethanol 1.2% v/v and incubated for 1 h at 37°C [8]. After further incubation at room temperature (21–22°C) for 18–20 h, the DAT was read visually against a white background.

Study design
The value of DAT for detecting the antibody response in PKDL was assessed in 15 sera from confirmed cases. Specificity was determined by tests in dermal disorders with a clinical presentation resembling PKDL: 11 patients with cutaneous leishmaniasis, eight with mucocutaneous leishmaniasis and 10 with leprosy were included in this part of the study. Since PKDL can be associated with visceral or cutaneous leishmaniasis by virtue of the tropism of the parasite, reactivity of the indigenous PKDL antigen (IEDCR-3) was compared with that of the visceral (IEDCR-131 and LEM-1399) and cutaneous (LV-140 and LV-65) strains. Performance of the PKDL antigen was further evaluated in 70 whole blood samples from Bangladeshi patients with PKDL. Sera from 49 patients with different forms of leprosy, 37 with cutaneous leishmaniasis, 35 with onchocerciasis, 50 with syphilis, 33 with tuberculosis, three with psoriasis, two with blastomycesis, 33 with autoimmune disorders, five with vitiligo and 18 with kala azar were included to further confirm the specificity for the diagnosis of PKDL. A batch of antigen processed with 2-mercaptoethanol was evaluated in those sera for which the DAT titres with the trypsinated antigen were ≥200.

Results
High titres were obtained for all 15 PKDL sera in DAT assays with antigen from the reference strain (LEM 1399); similar results were obtained with the analogous visceral leishmaniasis isolate (IEDCR-131) (Fig. 1). In all five patient groups studied, titres obtained with the PKDL isolate, IEDCR-3, were more similar to those of the visceral (LEM-1399 and IEDCR-131) than the cutaneous (LV-140 and LV-65) strains of leishmania (Figs 1 and 2). Compared with visceral leishmaniasis and PKDL antigen preparations, those of cutaneous and mucocutaneous leishmaniasis yielded extremely low titres with serum samples from patients with kala azar or PKDL (Fig. 2). Even when applied to homologous sera from patients with cutaneous or mucocutaneous disease, titres obtained with the cutaneous antigens (LV-140 and LV-65) did not exceed 12,800.

The indigenous PKDL (IEDCR-3) antigen was selected for comparison with antigen prepared from the reference strain LEM 1399 (Table 1). In none of the 70 PKDL patients examined was a titre below 409,600 recorded with either of the two antigens. Titres obtained with the PKDL isolate were generally higher than those seen with the reference strain. No appreciable difference in titre level was observed between 42 confirmed and 28 clinically diagnosed cases.

Specificity of the PKDL antigen was further demonstrated by the remarkably low titres (<1600) seen in tests on patients with dermal conditions clinically simulating PKDL (Table 2).

Incorporation of 2-mercaptoethanol in antigen processing resulted in further improvement in the specificity of DAT for the detection of PKDL (Table 3). Titres ranging from 200 to 1600 obtained with the trypsinated antigen in patients suffering from leprosy or other dermal conditions were reduced to ≤200.

Discussion
The potential of DAT in the diagnosis of PKDL is clearly demonstrated by the considerable titres obtained in confirmed and unconfirmed cases (Tables 1 and 2). The test was also specific in patients with dermal conditions difficult to separate from PKDL on clinical grounds. Many dermal features of PKDL such as hypopigmented macules, generalised nodules and papules, are also common in leprosy, psoriasis, syphilis, yaws and blastomycesis [2, 5]. Furthermore, the depigmentation characterising some non-infectious dermatoses, as in vitiligo, may resemble early onset PKDL or leprosy. As a high level of clinical expertise is required to diagnose PKDL, a highly specific confirmatory test is valuable.

The DAT method described retained its specificity in
cutaneous and mucosal leishmaniasis caused by *L. tropica* and *L. braziliensis*. In these two forms of leishmaniasis, lesions are mostly confined to tegumental and mucosal tissues and an excessive cellular response eventually leads to development of allergic nodular lesions harbouring very few leishmania parasites, a condition mimicking PKDL and leprosy. Moreover, because of the appearance of metastatic lesions on the face, and massive ulceration of the nasal cartilage and nasopharynx, diffuse cutaneous

<table>
<thead>
<tr>
<th>Clinical condition</th>
<th>HC (n=11)</th>
<th>CL (n=11)</th>
<th>MCL (n=8)</th>
<th>LEP (n=10)</th>
<th>VL (n=14)</th>
<th>PKDL (n=15)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fig. 1. Direct agglutination test (DAT) readings in patients with post-kala azar dermal leishmaniasis (PKDL), cutaneous (CL) and mucocutaneous (MCL) leishmaniasis, leprosy (LEP), visceral leishmaniasis (VL) or healthy controls (HC) tested against antigens from the reference strain (SD/LEM-1399; □) and two indigenous isolates from VL (IEDCR-131; □) and PKDL (IEDCR-3; ■) Bengali cases. Readings are expressed as means and SD (bar) of two-fold serial dilutions from 1 in 100 to 1 in 26214400 (20 dilution steps).</td>
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<th>MCL (n=8)</th>
<th>LEP (n=10)</th>
<th>VL (n=14)</th>
<th>PKDL (n=15)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fig. 2. Direct agglutination test (DAT) readings in patients with post-kala azar dermal leishmaniasis (PKDL), cutaneous (CL) and mucocutaneous (MCL) leishmaniasis, leprosy (LEP), visceral leishmaniasis (VL) or healthy controls (HC) tested against antigens from <em>L. tropica</em> (LV 140; □), <em>L. braziliensis</em> (LV 65; □) and an indigenous PKDL isolate from Bangladesh (IEDCR-3; ■). Readings are expressed as means and SD (bar) of two-fold serial dilutions from 1 in 100 to 1 in 26214400 (20 dilution steps).</td>
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</table>
Table 1. Reactivity of the indigenous (IEDCR-3) and reference (LEM 1399) Leishmania strain antigens against whole blood samples from patients with PKDL.

<table>
<thead>
<tr>
<th>PKDL diagnosis</th>
<th>Number of patients</th>
<th>Antigen preparation</th>
<th>13</th>
<th>14</th>
<th>15</th>
<th>16</th>
<th>17</th>
<th>18</th>
<th>19–20</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parasitological</td>
<td>42</td>
<td>IEDCR-3</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>19</td>
<td>10</td>
<td>4</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>LEM-1399</td>
<td>3</td>
<td>14</td>
<td>5</td>
<td>17</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Clinical</td>
<td>28</td>
<td>IEDCR-3</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>15</td>
<td>5</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>LEM-1399</td>
<td>2</td>
<td>13</td>
<td>4</td>
<td>8</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

*Expressed as the number of two-fold serial dilutions performed, representing titres from 409,600 to 26,214,400 (13–20 dilutions).

Table 2. Titres obtained with the antigen preparation from the indigenous Leishmania isolate, IEDCR-3, in sera of patients with PKDL or other conditions.

<table>
<thead>
<tr>
<th>Clinical condition</th>
<th>Number of patients with DAT titre of</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>100</td>
</tr>
<tr>
<td>Healthy controls</td>
<td>6</td>
</tr>
<tr>
<td>CL (Algeria)</td>
<td>3</td>
</tr>
<tr>
<td>CL (Brazil)</td>
<td>6</td>
</tr>
<tr>
<td>Leprosy (LL)</td>
<td>28</td>
</tr>
<tr>
<td>Leprosy (BL)</td>
<td>24</td>
</tr>
<tr>
<td>Syphilis</td>
<td>7</td>
</tr>
<tr>
<td>Pulmonary tuberculosis</td>
<td>2</td>
</tr>
<tr>
<td>Autoimmune disorders</td>
<td>18</td>
</tr>
<tr>
<td>PKDL (controls)</td>
<td>8</td>
</tr>
</tbody>
</table>

See Table 2 for abbreviations.

leishmaniasis and mucocutaneous leishmaniasis may be confused with leprosy in South America and PKDL in Eastern Africa [14, 15]. The DAT permitted PKDL to be clearly differentiated from these conditions especially when antigen from an indigenous isolate was used (Table 2).

The extremely low titres obtained in patients with cutaneous or mucocutaneous leishmaniasis, despite the use of homologous antigens, was unexpected. Previous results had indicated that the test was potentially useful in infections with L. aethiopica [15]. The present results are, nonetheless, in agreement with those reported for Sudanese patients infected with L. major [16]. Humoral immunity seems to be of less importance than cell-mediated immunity in the diagnosis of cutaneous and mucocutaneous leishmaniasis, as shown by the leishmanin skin test in South America [17]. However, use of the skin test did not improve the efficiency of detection of PKDL in the Sudan [3].

The DAT offers a significant improvement in sensitivity over the immunofluorescence and aldehyde tests [18] in the diagnosis of PKDL. Whether the humoral response measured is exclusively due to PKDL or is a
sequel to primary visceral disease is difficult to verify. Studies in Kenya have shown that high DAT titres sometimes persisted for as long as 36 months after completion of Pentostam therapy in patients with kala azar [7]. As assessment of cure in those patients was mainly clinical, it is uncertain whether complete clearance of the parasites had taken place. Unsuccessful therapy or under-treatment have been claimed to initiate PKDL [3]. Persistent DAT positivity was also observed in dogs with long-standing *L. infantum* infection that did not respond to repeated treatment [19].

Although PKDL and visceral leishmaniasis are clinically separate entities the present results indicate a considerable serological relationship. The antibody response in both patient groups and the cross-reactivity of the two corresponding antigens were very similar (Figs 1 and 2). Likewise, antigens of *L. tropica* and *L. braziliensis* gave low titres in tests of sera from patients with visceral leishmaniasis or PKDL. Iso-enzyme electrophoresis has revealed a similar zymodeme pattern in isolates from patients with these diseases [5], although cloned kinetoplast mini-circle DNA has been found to differ in hybridisation tests [20].

In India and Bangladesh, the prevalences of visceral leishmaniasis and PKDL are closely associated [21]. Recognition and treatment of PKDL would contribute significantly to the control of kala azar. The DAT method described here is simple and requires no special equipment [7]. Finger-prick samples were as reliable as serum, thus facilitating large scale application. Although the laboratory-adapted *L. donovani* strain LEM 1399 was previously employed for antigen preparation, the results indicate that indigenous *Leishmania* isolates can also be used.

Assuming that PKDL is a sequel to unresolved visceral disease, follow-up procedures are indicated in patients in whom DAT titres remain high after treatment. Insensitive and invasive parasitological procedures are unsuitable for conducting frequent follow-up, but the DAT provides a practical means for assessing recovery. The high sensitivity of DAT should facilitate the detection of early PKDL, prevent unnecessary tissue damage and possible organ deformation, and allow earlier, simpler treatment.

References


