Productive infection and subsequent interaction of CD4–gp120 at the cellular membrane is required for HIV-induced apoptosis of CD4+ T cells

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One of the hallmarks of human immunodeficiency virus type 1 (HIV-1) infection is the decline in CD4+ T lymphocytes which precedes the progression from an asymptomatic state to AIDS. Apoptosis (programmed cell death) is one of the mechanisms proposed to mediate this depletion. Infectious and inactivated preparations of HIV-1LAI were compared for their potential to induce apoptosis. Analysis with fluorescence-activated cell sorting using the DNA intercalative compound propidium iodide demonstrated that apoptosis occurred only with infectious HIV-1, implying that cell surface binding and signalling by the virus alone were insufficient to trigger apoptosis. Apoptosis was further confirmed by the presence of characteristic digestion of host cell DNA and morphologically by nuclear condensation observed by transmission electron microscopy. HIV infection of CD4+ T cell lines generated an accumulation of the cells in G1/M phase of the cell cycle and cells undergoing apoptosis appeared to originate from the pool of cells in the G1 phase. Inhibitors of HIV replication were used to identify the point in the virus replicative cycle at which apoptosis is induced. The reverse transcriptase inhibitor, ddI, or the HIV protease inhibitor, RO31-8959 (Saquinavir), were added either 2 h before or 6 h after HIV inoculation. Only ddI inhibited HIV-induced apoptosis when added before inoculation; however, neither treatment was effective in preventing HIV-induced apoptosis when applied 6 h after inoculation. These data indicate that apoptosis requires a single round of reverse transcription and the expression of virion proteins, but not the maturation of progeny virions. Two agents which compete with HIV for binding to CD4+ T cells, dextran sulphate and the anti-CD4 MAb Leu3a, were effective at preventing apoptosis when added 6 h after infection, implying that a subsequent gp120–CD4 interaction at the surface of an infected cell was required to complete the apoptotic process.

Introduction

The decline in CD4+ T lymphocytes is one of the hallmarks of HIV infection (Levy, 1993; Rosenberg & Fauci, 1991; Stein et al., 1992). The level of virus replication in asymptomatic infection is greater than previously thought (Embretson et al., 1993; Pantaleo et al., 1993; Piatak et al., 1993; Scadden et al., 1992). Because human immunodeficiency virus type 1 (HIV-1) can be toxic to CD4+ T lymphocytes, it is plausible that HIV may account directly for a significant proportion of the CD4+ T cell depletion seen in AIDS. In addition to immune-based mechanisms such as cytotoxic T cell killing (Zarling et al., 1990), natural killer cell-mediated killing of infected cells (Brenner et al., 1989) and antibody-dependent cellular cytotoxicity (Tanneau et al., 1990), HIV-induced apoptosis may also contribute to this depletion. Several mechanisms have been proposed to explain how HIV-1 infection leads to apoptotic cell death (Ameisen, 1994; Ameisen & Capron, 1991; Banda et al., 1992; Gougeon et al., 1993a; Groux et al., 1992; Laurent-Crawford et al., 1991; Meyaard et al., 1992; Terai et al., 1991); however, some uncertainty remains concerning the factors and pathways that trigger this process (Ameisen, 1992; Cohen, 1993; Gougeon et al., 1993b; Gougeon & Montagnier, 1993; Weiss, 1993). A recent report from Laurent-Crawford and collaborators concluded that HIV-induced apoptosis of infected CD4+ T cells is due to gp120–gp41 heterodimer complex programming death in these lymphocytes. The expression of the env gene in the lymphoblastoid T cell line CEM was sufficient to induce apoptosis (Laurent-Crawford et al., 1993).

The study presented here was aimed at elucidating the components necessary to induce apoptosis during HIV-1 infection in the absence of immune responses by defining the steps in viral replication that contribute to this process. It was found that virions containing

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expressed glycoproteins alone were not sufficient to trigger apoptosis. Rather, HIV-induced apoptosis required an initial round of replication followed by engagement of expressed gp120 with CD4 molecules to complete the process.

**Methods**

**Cell culture and virus preparations.** The lymphoblastoid CD4+ T cell line SupT1 was obtained from Dr J. Hoxie and is available from the repository of the NIH AIDS Research and Reference Reagent Program. CD4-enriched peripheral blood lymphocytes (PBL) were obtained from healthy HIV-seronegative donors after Ficoll-paque separation and depletion of CD8+ T cells and monocytes using a commercially available kit as described by the manufacturer (AIS microcollections: Applied Immune Sciences). All cells were cultured with RPMI 1640 (Gibco-BRL) supplemented with 10% FBS (v/v) and 2 mM-glutamine and penicillin G (100 units/ml) and streptomycin (100 mg/ml). Ten U/ml of interleukin (IL-2) were added to the PBL culture 3 days after stimulation with phytohaemagglutinin (PHA) (3 mg/ml). The cells were passaged (1:5) 24 h prior to the experiments to ensure that the cells were in log-phase growth.

A high titre stock of HIV-1LA (5 × 10^5 TCID_{50}/ml) was prepared and titrated using the endpoint dilution method of Kaber (1931). The high titre stocks were prepared by inoculating 10^7 CEM cells in 25 ml of culture medium at an m.o.i. of 0.001 and growing the cells for 6 to 10 days. Ten ml of this culture was then added to 400 ml of uninfected CEM (5 × 10^6 cells/ml) and grown for 7 to 10 days. The cells were pelleted (300 g for 10 min) and the supernatant was clarified by centrifugation (800 g for 10 min).

The stock of HIV-1LA was inactivated with 4'-aminomethyltrioxarsalen (10 µg/ml) (Calbiochem-Behring) in combination with long-wavelength UV light (320 to 380 nm) for 12 min to render the viral preparation non-infectious for 30% ethanol and kept at 4 °C. The cells were then washed twice with PBS and resuspended in 50 µg/ml and PI (50 µg/ml). Cell cycle analysis was performed using a EPICS V fluorescence-activated cytometer with a cell cycle analysis doublet discrimination protocol. PI was excited using a 488 nm argon laser and detected with a 620-700 nm long-pass filter.

**Electron microscopy.** The cells (10^6) were washed twice with PBS and centrifuged at 300 g for 5 min in a microcentrifuge tube. The pellet was treated with a modified Karnovsky’s fixative containing 2% paraformaldehyde and 1% glutaraldehyde in 0.1 M-sodium cacodylate buffer pH 7.4, for 1 h at room temperature, washed twice with 0.1 M-cacodylate buffer and fixed with a solution of 1% osmium tetroxide in 0.1 M-cacodylate buffer for 45 min at room temperature. The cells were then rinsed three times with 0.1 M-cacodylate buffer. The cells were stained with a saturated uranyl acetate solution in 50% ethanol and stained again with a bismuth subnitrate solution before dehydration with a graded series of ethanol solutions (60-90%), and the blocks were polymerized at 65 °C overnight. Thin sections (60-90 nm) were cut using a Reichert-Jung Ultracut E and post-stained with 4% aqueous uranyl acetate in 50% ethanol. The sections were then dehydrated with acetone and embedded in epon resin (Scipoxy 812 resin; Energy Beam Sciences) mixture overnight. The sections were stained with 4% aqueous uranyl acetate solution in ethanol, rinsed in distilled water and stained again with a bismuth subnitrate solution before visualization in a Zeiss EM10 transmission electron microscope.

**Results**

**Cell surface signalling by HIV-1 is insufficient to trigger apoptosis of target cells**

The ability of infectious and non-infectious HIV to induce apoptosis was compared. To prepare non-infectious virus, HIV-1_LAI was treated with 4'-aminomethyltrioxarsalen (10 µg/ml) in combination with long-wavelength UV light (Watson et al., 1990). This rendered a high titre stock (5 × 10^7 TCID_{50}/ml) essentially non-infectious (< 10 TCID_{50}/ml). We assessed the ability of untreated and UV-treated HIV-1_LAI to bind to CD4+ T cells (4 h at 37 °C) and quantified the amount of internalized virus. Treated virions were shown to bind specifically to the surface and to penetrate the cells as assessed by p24 ELISA (2590 ± 120 pg/ml per 10^6 cells).
HIV-induced apoptosis requires infection

Fig. 1. Percentage of HIV-induced apoptotic cells in SupT1 cells and CD4\(^+\)-enriched PBL. (a) Percentage of apoptotic cells present when SupT1 cells were treated with HIV-1, at an m.o.i. of 0.5 and the equivalent amount (as assessed by p24 concentration) of long wavelength UV psoralen-treated HIV-I at days 1, 2 or 3 post-inoculation. (b) Percentage of apoptotic cells present when CD4\(^+\)-enriched PBL were treated with HIV-1, at an m.o.i. of 0.5 and long wavelength UV psoralen-treated HIV-I. Representative experiments are shown. Key: (■), control; (□), UV psoralen-treated HIV-1; (□), HIV-1.

FACS analysis using a cell cycle discrimination protocol and the use of the intercalative compound propidium iodide permitted the assessment of the proportion of cells in a specific stage of the cell cycle and the amount of DNA present in this population. A comparison of the percentage of cells in an apoptotic state for each group demonstrated that apoptosis occurred only with infectious HIV-1, implying that cell surface signalling resulting from viral binding alone was insufficient to trigger apoptosis in both SupT1 (Fig. 1a) and CD4\(^+\)-enriched PBL (Fig. 1b). Furthermore, all cells excluded the viability dye trypan blue (> 95%) implying that the plasma membrane was still intact. This experimental approach also excluded the possibility that non-infectious cell-associated virus induced apoptosis through CD4–gp120 interaction. Variation in the percentage of apoptosis observed was noted among experiments, more so in the CD4\(^+\)-enriched T lymphocytes. This variation was probably due to the time elapsed between fixation and the time when flow cytometric analysis was performed (Darzynkiewicz et al., 1992). The divergence for the PBL may also be partly attributed to donor cell variation. Nevertheless the inability of inactivated virus to induce apoptosis was documented in all experiments.

HIV infection induced a drastic reduction of cell surface CD4 receptor expression [Fig. 2a; (i) to (iii)]. For example, a viral inoculum at an m.o.i. of 0.5 required 3 days to induce the complete disappearance of CD4 from the surface of nearly all SupT1 cells. This effect was accompanied by an increase in apoptotic cell death; however, only a minority of cells (19% at day 3 for this same experiment) was demonstrated to be apoptotic (Fig. 2b).

The presence of characteristic digestion of host cell DNA and nuclear condensation are hallmarks of apoptosis. To confirm that the process observed by FACS analysis was indeed apoptosis, morphological examination by electron microscopy and DNA fragmentation analysis were performed. Fig. 3(a) is a photomicrograph of an uninfected SupT1 cell. The nucleolus appeared as a darker electron-dense structure within the nucleus. Fig. 3(b) is a representative field at low magnification of SupT1 cells 48 h after infection with HIV-1 at an m.o.i. of 0.5. Cells were at various stages of apoptotic death as exemplified by the different degrees of chromatin condensation. This phenomenon could be seen at a higher magnification in Fig. 3(c) where extensive chromatin condensation occurred with invagination of the nucleus. Fig. 3(d) is a higher magnification of the inset of figure 3(c) showing that, despite the extensive viral budding and chromatin condensation, the membrane was still intact and the mitochondria appeared to retain their normal morphology. Fragmented DNA could be detected within 48 h in HIV-inoculated cell cultures (results not shown).

**Examination by FACS analysis of the point of induction of apoptosis in SupT1 cells**

The percentage of apoptotic cell death was assessed by FACS analysis in the presence of two HIV-1 inhibitors: ddi, a nucleoside analogue that prevents reverse transcription of input viral RNA and RO31-8959, an
Fig. 2. (a) Cell surface expression of the CD4 receptor during infection with HIV-1LA1. Samples were taken at days 1 and 3. The controls (i) were uninfected SupT1 cells stained either with the anti-CD4 antibody OKT4 and FITC-labelled goat anti-mouse antibody or with the FITC-labelled goat anti-mouse antibody only (2nd Ab). (ii) Represents the amount of cell surface expression of CD4 1 day post-infection where 30% of the cells still expressed CD4. (iii) Represents SupT1 cells, 3 days post-infection where only 4% of the cells retained CD4 expression on their surface. The control, uninfected SupT1 cells, at day 3 were similar to day 1 (results not shown). (b) Shows the percentage of HIV-induced apoptotic cells present when SupT1 cells were infected with HIV-1LA1 at an m.o.i. of 0.5. Aliquots were taken at days 1, 2 and 3 and the percentage of apoptotic cells assessed by flow cytometry using propidium iodide (see Methods). The percentages of apoptotic cells present are indicated in the top right corner of each panel (labelled apo). Control cells had less than 3% of cells in the sub-G1 region for all three days. An accumulation of cells in the G2/M period of the cell cycle was detected during the course of the infection with a concomitant reduction of cells in G1.

inhibitor of HIV aspartic protease that prevents viral maturation after budding and therefore yields non-infectious viral particles. These compounds had no intrinsic effect on cell viability when added alone. The reverse transcriptase inhibitor, ddI at a concentration that completely inhibited infection (20 μM), prevented apoptosis when added 2 h before viral inoculation; however, when added 6 h after inoculation ddI failed to prevent apoptosis (Table 1). At this time into the first round of the viral replicative cycle (which takes 20 to 24 h for HIV-1LA1) reverse transcription has been accomplished in a significant proportion of the target cells. The experiments were conducted in the continuous presence of the drugs and therefore only the cells infected in the first 6 h contribute to the apoptotic process because no viral spread should occur in the presence of the inhibitors.

The HIV protease inhibitor, RO31-8959 (2 μM), marginally reduced apoptotic cell death (but not to the extent of ddI) when added either before or after viral inoculation. A decrease in the percentage of apoptotic cell death was noted for HIV-1-inoculated SupT1 cells pretreated for 2 h with the protease inhibitor. This small decline may be attributed to some inhibitory activity in the early phase of the virus life cycle (Nagy et al., 1994). Apoptotic cell death peaked at day 2 or 3 for each of the experiments consistent with the amount of virus utilized and the rapid pace of the apoptotic process. However,
HIV-induced apoptosis requires infection.

Fig. 3. Morphological changes associated with HIV-induced apoptosis. Photomicrographs of SupT1 cells infected with HIV-1_LAI at an m.o.i. of 0.5. The cells were processed at 48 h p.i. (a) Uninfected SupT1 cell. Bar marker represents 1 μm. (b) HIV-infected SupT1 cells. Bar marker represents 5 μm. HIV-1 is seen budding out of an infected cell (arrowhead). Chromatin condensation and nuclear invagination can be seen in most cells with a very late stage cell at the bottom left corner of the photomicrograph. Apoptosis occurs at the single cell level and is independent of syncytium formation. (c) An HIV-infected SupT1 cell. Bar marker represents 1 μm. HIV-infected SupT1 cell showing budding and characteristic apoptotic features. (d) Inset of boxed region of (c). Bar marker represents 0.1 μm. Note the viral budding indicative of viral production and the chromatin condensation and that the mitochondria remain morphologically unaffected at this stage; both are characteristic of apoptosis. This is also an example of active viral synthesis in a cell at an early stage of apoptosis.
the results suggest that the protease inhibitor primarily interfered at a stage after the triggering point for the induction of apoptosis and therefore could not completely prevent apoptosis (Table 1). Of note, the cleavage of gp160 into its two components gp41 and gp120 would remain unaffected by the aspartic protease inhibitor utilized in this experiment because a cellular serine protease, unaffected by this inhibitor, is responsible for this enzymatic cleavage (Craig et al., 1991). Therefore, viral budding and the presence of viral glycoproteins at the surface of the infected cells and non-infectious virus budding would remain unaffected.

**A CD4-mediated interaction with a previously infected cell is essential in triggering apoptosis**

To assess whether a single round of HIV-1 replication was sufficient for triggering an infected cell to undergo apoptosis, dextran sulphate was used to prevent reinfection. Dextran sulphate (Mr 5000–8000) at concentrations of 1 and 10 μg/ml was added 7 h after inoculation with HIV-1. A concentration of 10 μg/ml of dextran sulphate completely inhibited HIV-1 inoculation of SupT1 cells when added before inoculation (m.o.i. 0.5; result not shown). The rationale for adding the dextran sulphate after 7 h was to permit an initial round of infection while preventing subsequent rounds of infection. The percentage of apoptotic cell death increased over time with HIV-1 induced apoptosis up to 60% of the cells at day 3. One μg/ml of dextran sulphate reduced apoptotic cell death significantly (48% at day 3). Ten μg/ml of dextran sulphate completely inhibited apoptotic cell death (< 5% at day 3) despite the presence of a large amount of virions in the supernatant of the culture. At day 3 of the culture the p24 values were 39.6 ng/ml for HIV-1 alone, 37.3 ng/ml in the presence of 1 μg/ml of dextran sulphate and 36.3 ng/ml with 10 μg/ml. The basal level of apoptosis that occurred in uninfected cells was slightly reduced when dextran sulphate was present. Blocking reinfection was also performed with anti-CD4 antibody Leu3a (0.5 and 5 μg/ml) with 20% apoptotic cells for HIV-infected cells at day 3 compared to 3% for both concentrations of anti-CD4 antibody added 6 h post-inoculation (Table 2).

**HIV-induced apoptosis occurs at the single cell level and can be distinguished from syncytium formation**

The proportion of SupT1 cells with a DNA content greater than 4n (aneuploid) represents cells forming syncytia. Larger syncytia (greater than 10 cells) would be excluded by the presence of a size restriction filter in the flow cytometer. Despite observing 60% of apoptotic cell death in the diploid cell population at day 3, approximately 12% of HIV-1-infected cells were in an aneuploid state at this same time point implying that apoptosis of single cells rather than syncytium formation accounted for cell death in the majority of the infected cells (Table 2).

**Cell cycle disruption induced by HIV infection**

HIV infection caused an accumulation of SupT1 cells within the G1/M phase of the cell cycle as well as a depletion of cells present in the G0 phase (Fig. 2b). Furthermore, it appeared that HIV infection of SupT1 cells treated with dextran sulphate showed this same accumulation (from 13±1% in G0/M for the control cells to 32±1% in the dextran-treated cells) despite the fact

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**Table 1. Percentage of apoptotic cells in HIV-1-inoculated SupT1 cells treated with ddI or RO31-8959 before or after infection**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Time post-inoculation (p.i.) (h)</th>
<th>24</th>
<th>48</th>
<th>72</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Time of treatment p.i.</td>
<td>----</td>
<td>----</td>
<td>----</td>
</tr>
<tr>
<td>Control</td>
<td>-2</td>
<td>1.9*</td>
<td>2.9</td>
<td>1.1</td>
</tr>
<tr>
<td>ddI</td>
<td>+6</td>
<td>1.1</td>
<td>1.5</td>
<td>1.4</td>
</tr>
<tr>
<td>RO31-8959</td>
<td>-2</td>
<td>1.3</td>
<td>1.7</td>
<td>1.0</td>
</tr>
<tr>
<td>HIV</td>
<td>+6</td>
<td>1.4</td>
<td>1.6</td>
<td>1.3</td>
</tr>
<tr>
<td>HIV + ddI</td>
<td>+6</td>
<td>2.5</td>
<td>3.0</td>
<td>9.9</td>
</tr>
<tr>
<td>HIV + RO31-8959</td>
<td>+6</td>
<td>2.3</td>
<td>3.5</td>
<td>2.0</td>
</tr>
</tbody>
</table>

* Experiments were performed in duplicate and the value shown is the mean.

**Table 2. Percentage of apoptotic cells in HIV-1-inoculated SupT1 cells treated with dextran sulphate or anti-CD4 MAb Leu3a 7 h post-inoculation**

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Time post-inoculation (days)</th>
<th>Syncytia* at day 3 (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>1</td>
<td>4.2 32 1.3 1.6</td>
</tr>
<tr>
<td>Dextran 10 μg/ml</td>
<td>2</td>
<td>29 14 1.0 1.1</td>
</tr>
<tr>
<td>HIV</td>
<td>3</td>
<td>6.6 28.3 60.1 12.8</td>
</tr>
<tr>
<td>HIV + dextran 1 μg/ml</td>
<td>4</td>
<td>7.9 23.7 45.7 15.5</td>
</tr>
<tr>
<td>HIV + dextran 10 μg/ml</td>
<td>5</td>
<td>3.5 43.3 36.5 8.5</td>
</tr>
<tr>
<td>Leu3a 5 μg/ml</td>
<td>6</td>
<td>2.6 13 1.2 ND</td>
</tr>
<tr>
<td>HIV + Leu3a 0.5 μg/ml</td>
<td>7</td>
<td>5.3 33 30 ND</td>
</tr>
<tr>
<td>HIV + Leu3a 5 μg/ml</td>
<td>8</td>
<td>6.2 28 30 ND</td>
</tr>
</tbody>
</table>

* Syncytia were considered to be aneuploid. An aneuploid cell was defined as any cell with a DNA content greater than 4n (2n is the haploid content). ND, not done.
that apoptosis was completely blocked in these cells (4% only) [compare Fig. 4(c) and (e)]. Interestingly, this prevention of apoptosis by dextran sulphate (10 μg/ml) also increased the proportion of cells in G1 (from 25.7% for the HIV-infected cells to 35.2% in the dextran-treated cells) as compared to HIV-infected SupT1 cells (Fig. 4c) and HIV-infected SupT1 cells treated with a suboptimal dose of dextran sulphate (1 μg/ml) (Fig. 4d).

Discussion

These studies were initiated to investigate the mechanism of HIV-induced apoptosis. Lymphoid cells are especially prone to apoptosis, a natural phenomenon in the life history of these cells. Apoptosis in mature T cells has previously been demonstrated to occur by separate ligation of CD4 and the T cell receptor (TCR) for antigen (Newell et al., 1990) and affect activated T cells (Wesselborg et al., 1993). At the onset, it appeared that aberrant cell surface signalling between HIV virions and an uninfected cell was insufficient to trigger the cascade of events resulting in cell death. Inactivated UV psoralen-treated HIV did not induce apoptosis despite being able to bind CD4 and be internalized in a manner similar to an infectious viral preparation. Interestingly, as described by Schwartz and collaborators, membrane-bound HIV-1 envelope glycoproteins stably expressed in HeLa cells were capable of inducing apoptosis in a human CD4+ T cell clone (SPB21) and primary blood mononuclear cells possibly through multimerization of CD4 molecules that impairs normal TCR stimulation and presumably this anergic state would result in apoptosis (Schwartz et al., 1994). In this particular system, however, the level of expression of gp120 may differ from a true infection because the cells express env products under dhfr selection. Moreover, cultured T cell clones are exquisitely susceptible to apoptosis. Laurent-Crawford and collaborators have demonstrated that gp120–gp41 heterodimer complex may be programming cell death in CD4+ lymphocytes (Laurent-Crawford et al., 1993). The expression of the env gene in the lymphoblastoid T cell line CEM was sufficient to induce apoptosis possibly by generating the multimerization of surface CD4. In the vaccinia virus system used to express their constructs, the presence of this virus, the absence of any mechanisms for CD4 downregulation (in particular Nef) and the disruption of intracellular signalling processes may also be triggering factors independently of
gp120/41 complexes being present. The expression of these same constructs in CD8+ T cells as a control would be reassuring.

In our experimental model, direct infection appeared to be an essential requirement for the induction of apoptosis. This phenomenon had been previously alluded to by a number of investigators (Groux et al., 1992; Laurent-Crawford et al., 1991; Terai et al., 1991). The extent of apoptosis observed was in direct correlation with the amount of virus inoculated suggesting that a viral factor must accumulate before initiating the steps leading to apoptosis or that a certain threshold of virus must be reached before inducing the necessary cellular factor(s) required for apoptosis (results not shown). Alternatively, HIV-1 may also inhibit essential cellular processes, as suggested by the cell cycle anomalies detected, and drive the cell to undergo apoptosis.

Downregulation of the CD4 receptor, through the expression of the nef gene product (Garcia et al., 1993), trapping by gp160 (Crise et al., 1990), or vpu induced degradation of CD4 (Willey et al., 1992), is an important feature of HIV infection. This nearly complete downregulation may be a prerequisite for the persistence of infected cells in the presence of high viral load and implies that CD4 downmodulation may be a mechanism for the virus to prolong its host cell's survival to increase viral propagation. Of note, the propensity of target cells to undergo apoptosis seemed to correlate with the amount of surface CD4 and the generation of chronically HIV-infected cell lines reflect both this resistance to apoptosis and downregulation of CD4.

The use of different HIV inhibitors allowed the selective blockade of different steps in the viral replicative cycle and thus demonstrated that completion of the replicative cycle with expression of viral proteins on the surface of the infected cell was necessary to induce apoptosis. It can be surmised that the machinery for cell death is fully operational at a point past reverse transcription and that HIV-infected cells are suitably primed to undergo apoptosis (Cohen et al., 1993; Gougeon et al., 1993a). Only ddI added 2 h before inoculation to block infection, prevented apoptosis (p<0.001). The HIV protease inhibitor RO31-8959 added either 2 h before or 6 h after (p<0.05 for both conditions) did not completely inhibit apoptosis presumably because it did not prevent the membrane expression of HIV glycoproteins. In addition, dextran sulphate and the anti-CD4 monoclonal antibody Leu3a blocked apoptosis in already infected cells indicating that a subsequent interaction mediated through the CD4 molecule was the triggering event which completed the process. It should be noted that the anti-CD4 antibody Leu3a binds the CD4 receptor at the binding site of gp120 (Sattentau et al., 1986) and paradoxically did not induce apoptosis although the interaction of membrane-bound gp120 and CD4 must be quantitatively (valence) and qualitatively (affinity) different than that of an antibody. The utilization of novel HIV inhibitors and anti-CD4 antibodies targeted to different sites on the CD4 receptor may further refine this analysis and delineate the critical interaction needed to commit the cell to undergo apoptosis and which cellular processes are affected.

A number of different triggering signals and alternate mechanisms might induce apoptosis of a target cell (McConkey et al., 1990). Death by apoptosis is the endpoint of a large number of biological and signalling events (Allen et al., 1993; McCabe & Orrenius, 1992). The actual intracellular events occurring during HIV infection that trigger apoptosis have yet to be uncovered. Following HIV infection of SupT1 cells, a substantial accumulation of cells in the G1/M phase of the cell cycle can be detected (Fig. 2 & 4). This accumulation was present despite completely preventing apoptosis by the addition of dextran sulphate (10 μg/ml) 7 h post-inoculation. This suggests that the block in G1/M is insufficient to trigger apoptosis. Another anomaly of the cell cycle profile of SupT1 cells upon HIV infection, apart from the appearance of an apoptotic population, was the selective depletion of the cells in the G1 pool (from 53.6% in the control to 25.7% in HIV-infected cells). This depletion was partly prevented by the addition of dextran sulphate (10 μg/ml) suggesting that the apoptotic cells possibly originated from the G1 pool of cells and were therefore unable to pass the G1-S transition checkpoint. We cannot however completely exclude the possibility that G0 cells kept cycling and were not renewed due to apoptotic depletion of G0/M cells, implying that the cells may be undergoing apoptosis during the G2/M-G1 transition. This situation is not unique to HIV infection since a number of virally transformed or tumour cells arrest in G0 (Traganos et al., 1994). A possible mechanism for this accumulation of cell in G0/M could be for HIV to induce the overproduction of Rb protein. The Rb protein is known to exert its activity at decision points in the G1 phase of the cell cycle and is interacting with some component(s) of the cell cycle-regulatory machinery during the G2 phase. It has been reported that overproduction of the Rb protein after the G1/S boundary causes G0 arrest in a number of cell lines (Karantza et al., 1993).

The mechanism for apoptosis described here is distinct from the one reported by Banda (1992) where cross-linking of bound gp120 on CD4+ T cells followed by signalling through the TCR by antigen-induced activation-dependent cell death. This cell surface signalling is also a different mechanism to the one described by Groux et al. (1992) where CD4+ T cells isolated from
HIV-infected individuals, despite being mostly HIV-negative, were predisposed to undergo apoptosis and some did so when confronted with another immunological challenge such as superantigens. Our results are in agreement with the apoptosis mechanism presented by Laurent-Crawford and collaborators (Laurent-Crawford et al., 1993) where membrane expression of HIV envelope glycoprotein, or in our case productive viral infection, would trigger apoptosis. However, subsequent CD4 engagement by gp120 in the context of an infected cell would be required according to our observations. Binding to CD4 by gp120 of virions alone was not sufficient to induce apoptosis (results not shown).

Our data suggest that HIV-1 penetrates the CD4+ T cell and generates a state perhaps analogous to the pre-apoptotic state found in thymocytes as proposed by Cohen et al. (1993). Upon further engagement of the CD4 molecule this process then proceeds to completion. This requirement for a productive HIV-1 infection may explain the slow decline of CD4+ T cells seen in vivo in the presence of persistently circulating virus (Piatek et al., 1993) since apoptosis is a very rapid mechanism which would quickly deplete the immune system if cell surface signalling events alone were required for triggering apoptosis. Hypothetically, a rate of only one cell death in a thousand per day would parallel the decline observed in most HIV-infected individuals (Adleman & Wofsy, 1993) and this rate could possibly be accounted for by the level of infection of CD4+ T cells found in asymptomatic individuals.

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