In vitro reconstructed human epithelia reveal contributions of Candida albicans EFG1 and CPH1 to adhesion and invasion

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The individual and synergistic contributions of two transcription factors, EFG1 and CPH1, have been characterized with regard to adhesion to, and invasion of, human epithelia by Candida albicans. For this purpose two in vitro reconstructed tissue models were developed. A multi-layered model of human epidermis was used to simulate superficial infections of the skin, whereas a reconstructed human intestinal model was used to mimic the first steps of systemic infections. It was shown that C. albicans deleted for both transcription factors CPH1 and EFG1, in contrast to the congenic clinical isolate Sc5314, was neither able to adhere to, nor to penetrate, either of the model systems. A strain deleted for EFG1 alone showed significant reduction in adhesion and was not able to penetrate through the stratum corneum. However, strains deleted for CPH1 showed phenotypes paralleling the phenotypes of the clinical isolate Sc5314. Using different types of multi-layered human tissues reconstructed in vitro the individual contributions of Efg1p and Cph1p to two important virulence factors of C. albicans, namely adhesion and invasion, could be defined.

Keywords: fungal pathogen, yeast, dimorphism, test system

INTRODUCTION

Candida albicans is the most frequently isolated fungal pathogen in humans. It causes superficial infections of the skin, and mucous membranes, that may lead to life-threatening, deep-seated systemic infections in immunocompromised patients. Since Candida naturally occurs in the gastrointestinal tract of humans it is considered an opportunistic pathogen, causing secondary infections (Odds, 1987). One main port of entry for systemic candidosis is through the epithelial layers of the gut. Invasion into blood vessels then leads to further dissemination of Candida throughout the body, resulting in a life-threatening systemic infection (Cole et al., 1996; Cutler, 1991).

Within the last few years our knowledge about the genes required for the virulence of Candida has increased dramatically, due to the ability to create deletions, or to introduce mutations, in the genome (Fonzi & Irwin, 1993; Wilson et al., 1999). Mice are common animal models for determining the virulence of Candida strains for systemic or vaginal infections. However, infections of mice by Candida have not been reported to occur naturally (Ekenna & Sherertz, 1987). To provide additional insights into the pathogenesis and treatment of fungal infections in vitro, systems mimicking infections of the human body as closely as possible can be important tools. Human cell systems reconstructed in vitro have already been used successfully to characterize Candida infections. For example, models of human cutaneous candidosis based on reconstructed human epidermis have been described (Korting et al., 1998; Schaller et al., 2000). Furthermore, endothelial, as well as epithelial, cell layers have been used to assess virulence mechanisms in C. albicans (Filler et al., 1995; Zink et al., 1996). Thus, in vitro systems have added significant new insights into the virulence mechanisms of Candida that can be gathered from animal models only with difficulty.

Two transcription factors have been described as being essential for virulence in C. albicans, EFG1 and CPH1. Candida deleted for both EFG1 and CPH1 has been
shown to be avirulent in a mouse model of systemic infection (Lo et al., 1997) and in an immunosuppressed gnotobiotic piglet model (Andrutis et al., 2000). This strain, as well as a strain deleted for EFG1, also showed limited abilities to damage endothelial cells (Phan et al., 2000).

To further characterize the contributions of the individual transcription factors with regard to adhesion to and invasion of human tissue, we have developed two three-dimensional model systems. One model is composed of human enterocytes and fibroblasts, isolated from small intestine biopsies, that are embedded in a collagen matrix. The second model consists of human keratinocytes that differentiate on a collagen matrix containing dermal fibroblasts to an epidermal layer. Using both model systems we show that deletion of EFG1 in C. albicans leads to a significantly reduced ability to adhere to, or to invade, the epithelia, whereas deletions in CPH1 show much weaker phenotypes. In addition, we show that a strain defective for both efg1 and cph1 neither adheres to, nor invades, either of the human tissue models. Thus, even in the absence of detectable components of an immune system this strain is unable to damage host tissue.

METHODS

_Candida_ strains. Strains used in this study were the clinical isolate Sc5314 (Fonzi & Irwin, 1993), Can16 (cph1::hisG/cph1::URA3::hisG), Can33 (efg1::hisG/efg1::hisG::URA3::hisG), Can34 (cph1::hisG/cph1::hisG, efg1::hisG::URA3::hisG), Can37 (efg1::hisG/efg1::hisG, EFG1::leu2-URA3) and Can38 (cph1::hisG/cph1::hisG, efg1::hisG/efg1::hisG, EFG1::leu2-URA3) (Lo et al., 1997). Strains were cultured overnight in YPD (yeast extract/peptone/dextrose) medium containing 2% glucose (Difco) from glycerol stock cultures, or plated onto YPD agar plates (2%; Bacto Agar, Difco) for 48 h at 30°C. Growth during the invasion or adhesion assays was performed in the absence of antibiotics unless otherwise mentioned.

Reconstructed human epidermis. The reconstructed human epidermis was composed of dermal fibroblasts embedded in a biomatrix of collagen I, isolated from rat tails and keratinocytes. The keratinocytes differentiate during the cultivation process into a multi-layered epidermis with stratum corneum (Fig. 1a). Collagen I was isolated directly from rat tails (University of Hohenheim) after removal of the skin. The tails were frozen in liquid nitrogen, broken, and the collagen bundles were squeezed out and cleaned after thawing of the tail pieces. The isolated collagen was incubated for 1 h in 70% ethanol, washed with water and dissolved in 0.1% acetic acid for 2 d at 4°C. After centrifugation, for 1 h at 10000 g, the supernatant containing the collagen was lyophilized and could be stored at 4°C, or dissolved in 0.1% acetic acid at 4 mg ml⁻¹ (gel matrix). Both the human keratinocytes and the epidermal fibroblasts were generated from foreskin. The dermis was dissected, cut into small pieces and incubated overnight with 1 U dispase (Life Technologies) in PBS (Life Technologies) at 4°C. To isolate the keratinocytes, the epidermal tissue was removed from the dermis and incubated for 30 min at 37°C with trypsin (2.5%; GIBCO). The reaction was stopped by the addition of keratinocyte growth medium (KGM) plus 5% fetal calf serum (FCS) (Clonetics). After resuspension in KGM+5% FCS, cells were allowed to adhere for 4 h to

Fig. 1. In vitro reconstructed skin and intestinal equivalents. (a) Thin-section of the reconstructed epidermal model, consisting of the stratum corneum (sc), several layers of keratinocytes in different stages of differentiation (k), the basal lamina (b), and a collagen/fibroblast matrix (m). The arrow indicates fibroblasts. (b) Transmission electron micrograph of the reconstructed intestinal model showing Caco2 enterocytes forming a monolayer on top of a collagen/fibroblast matrix (m). The nucleus (n) for each cell is clearly visible. Microvilli (indicated by the arrow) are visible on the apical membrane. Bar, 30 µm. (c) Scanning electron micrograph of a confluent cell layer of Caco2 cells grown on a collagen/fibroblast matrix differentiating microvilli. Bar, 20 µm.
tissue-culture flasks coated with collagen I. The media was changed to remove tissue debris and thereafter every third day until the keratinocytes reached 80% confluency.

Epidermal fibroblasts were isolated by incubation of the human dermis for 45 min with 0.25% collagenase (GIBCO) in PBS + 2 mM Ca²⁺ and 2 mM Mg²⁺, at 37 °C. Cells were harvested and resuspended in M199 + 10% FCS (GIBCO). Cells were allowed to adhere for 24 h; the media was then changed to remove tissue debris. The medium was changed every third day until confluency was reached.

To generate the skin model, epidermal fibroblasts from primary culture were harvested and diluted with pre-cooled gel medium [4 °C; 2 × Dulbecco’s Modified Eagle Medium (DMEM) containing 100 mM HEPES (GIBCO)] to 5 × 10⁴ cells ml⁻¹. The cell suspension was carefully mixed with an equal volume of acidic collagen solution extracted from rat tails (4 mg ml⁻¹ in 0.1% acetic acid solution). Two hundred microliters of this formulation was instantly poured into each cell-culture insert (12 mm diameter, polycarbonate membrane, 0.3 µm pore size). The gels were allowed to solidify for 15 min at 37 °C, 5% CO₂. After solidification, 50 µl fibronectin (5 µg ml⁻¹; Life Technologies) was spread onto the gels. Each insert was transferred to a cavity of a 24-well plate, provided with 1 ml M199 medium (top and basolaterally) and equilibrated for 24 h. On day 2, the medium was replaced with 500 µl KGM + 5% FCS basolaterally, and 500 µl KBM + 5% FCS containing 1 × 10⁴ keratinocytes gel⁻¹ was added to the inserts. The incubation medium was changed after the first day, thereafter every second day, using KGM + 2% FCS. After 4–6 d growth, under submerged conditions, the cell layer was exposed to air (5% CO₂) (airlift culture) to allow formation of a stratum corneum. For this purpose the insert was transferred to a 6-well plate, and airlift medium (KBW, without supplements, except 1:88 mM Ca²⁺ and 0.025 M glucose) was added basolaterally only. The gels were cultivated for another 12–14 d, with daily change of medium, before use in the assay.

**Epithelial cell-line culture.** Three different intestinal cell lines, Caco2 (ATCC HTB-37), Lovo (ATCC CCL-229) and HT29 (ATCC HTB-38), were grown in 182 cm² tissue-culture flasks (Greiner) and split 1:3, by standard methods, just before reaching confluency. All media were obtained from GIBCO. Caco2 cells were maintained in DMEM supplemented with 10% FCS, 2 mM l-glutamine and 0.1 mg gentamicin ml⁻¹. Lovo cells were grown in Ham’s-F12 medium (Life Technologies) supplemented with 10% FCS and 0.1 mg gentamicin ml⁻¹. HT29 cells were grown in McCoy’s 5A medium (Life Technologies) supplemented with 10% fetal bovine serum, 2 mM L-glutamin and 0.1 mg gentamicin ml⁻¹. All cells were cultivated under standard conditions, 37 °C, 5% CO₂. All antibiotics were omitted during co-cultivation with C. albicans.

**Primary culture of cells from human small intestine biopsies.** All small intestine biopsies were obtained from clinical surgery at the Katharinen-Hospital, Stuttgart. Tissue samples were cut into small pieces of 1 cm³ and washed thoroughly in PBS. The mucosa was separated from the muscularis by mechanical means. Pieces of the small intestine muscularis were additionally treated for 1 h at 37 °C solution with a 0.5% (w/v) collagenase (crude extract; GIBCO). Both components were washed in PBS again and placed in small tissue-culture flasks. Cells were allowed to outgrow from tissue pieces under standard culture conditions for up to 1 week. Less than twofold proliferation of the isolated enterocytes was observed under various media conditions within 1 week. Human small intestine fibroblasts and myoblasts were grown with best results in FMK-2 medium (fibroblast medium kit, Sigma), with a doubling-time of about 24 h, for up to 10 d (starting with 1 × 10⁴ cells to yield 3–4 × 10⁵ cells).

**Reconstructed intestinal model.** The three-dimensional intestinal model was generated over a 5 d period. At first, matrix cells, such as fibroblasts and myoblasts from primary culture, were harvested and diluted with pre-cooled (4 °C) gel medium (2 × DMEM containing 100 mM HEPES) to 5 × 10⁵ cells ml⁻¹. The cell suspension was carefully mixed with an equal volume of acidic collagen solution, extracted from rat tails (gel medium). Two hundred microliters of this formulation was instantly poured into each cell-culture insert (12 mm diameter); the gels were allowed to solidify for 15 min at 37 °C in 5% CO₂. Each insert was transferred to a cavity of a 6-well plate and provided basolaterally with 2 ml DMEM medium. On day 3 the medium was replaced by fresh medium and 2 × 10⁴ Caco2 cells were placed on top of the gel. Gels were kept at 37 °C, 5% CO₂, for at least 2 d to secure the formation of a confluent enterocytic layer (Fig. 1b, c). The vitality of the epithelium was determined microscopically by using trypan blue. For infection assays, any remaining supernatant on the epithelium was removed to avoid outgrowth of Candida into the medium. A simplified intestinal model omitting the primary fibroblasts was also used.

**Adhesion assay.** The adhesion assay was set up in 24-well polystyrene plates (Greiner). The cavities were either untreated, or pretreated to establish a confluent monolayer of Caco2 cells on the bottom of the well, using DMEM + 10% FCS medium.

To start the experiment, all culture medium was removed and 300 µl testing medium (YPD or DMEM without antibiotics) was added to each well. The assay was incubated at 37 °C, 5% CO₂. After 1 h 10³–10⁴ C. albicans cells from an overnight culture (grown in YPD at 30 °C) were added to each well. The exact inoculum was determined by c.f.u. counts on agar plates. After 0.5, 1, 2 and 3 h the assay plates were placed on a horizontal shaker for exactly 2 min at 200 r.p.m., and the contents of two cavities were spread onto agar plates. The proportion of non-adherent C. albicans cells was determined according to the c.f.u. counts. For YPD the c.f.u. counts had to be corrected for growth by counting the cells using a microscope, or by transferring all Candida to agar plates; with the exception of Can34, the cells in DMEM did not separate during the assay. The proportion of cells attached to the Caco2 cells was counted by removing the epithelial monolayer with 300 µl PBS containing 0.02% (w/v) EDTA. Each cavity was thoroughly rinsed and the cell suspension was spread onto agar plates to determine the c.f.u. count (Fig. 4c).

Cell numbers were normalized to the inoculum (100% of cells) and corrected for growth. The c.f.u. count of the culture supernatant represented the proportion of non-adherent cells. Each value was based on at least three separate experiments conducted in duplicate.

**Invasion assay.** The epidermal and intestinal models described were used to test the ability of C. albicans strains to invade human tissue. For this purpose, the infection of the model was conducted by embedding yeast cells in DMEM medium solidified with 1% agar (final concentration of 10⁵ cells ml⁻¹). Small agar slices were cut out with the end of a sterile pipette. The slices were carefully positioned on top of the epithelium and the cells were cocultivated under airlift conditions. The progression of infection was monitored by fixation of the tissue with acustain (Sigma) at time points of 0, 18, 24, 48 and 72 h post-infection. Paraffin sections 5 µm thick were obtained with a Leitz microscope. To distinguish between all components of
Fig. 2. Infection of a reconstructed skin equivalent with Sc5314, Can34 (Δcph1 Δefg1), Can16 (Δcph1), (Δefg1), Can37 (Δefg1, EFG1) or Can38 (Δcph1 Δefg1, EFG1) for 48 h at 37°C. The undisturbed reconstructed skin is shown in (a) (magnification ×200). (b) Sc5314 penetrates the protective layer of keratinocytes and invades through the epithelial cell layers into the matrix, leading to severe damage of the model system. The arrow indicates hyphae (thread-like structures) (magnification ×200). (c) Can34 is unable to penetrate or to damage the tissue, but superficially resides on top of the keratinocytic cell layer. Furthermore, Can34 does not form hyphae (see arrow) (magnification ×400). (d) Can16 (Δcph1) shows a similar phenotype to Sc5314. It forms hyphae that penetrate the epidermal layer and invade the collagen/fibroblast matrix (magnification ×200). (e) Can33 (Δefg1), similar to Can34, is neither able to form hyphae nor to invade through the stratum corneum of the epidermal equivalent (magnification ×400). (f) Can37 (Δefg1, EFG1), containing a reintroduced copy of EFG1, shows invasion comparable to Sc5314 or Can16 (Δcph1) (magnification ×200). (g) Can38 (Δcph1 Δefg1, EFG1), containing a reintroduced copy of EFG1, also invades in a manner similar to Can16 (Δcph1) or Sc5314 (magnification ×200).
RESULTS

Human epithelial test systems

We used two in vitro reconstructed human epithelial systems to characterize the adhesive and invasive properties of *C. albicans*, representing a dermal and an intestinal equivalent. The dermal equivalent was composed of two cell types usually derived from circumstances: dermal fibroblasts embedded in a collagen matrix, and epidermal keratinocytes that differentiated into a multi-layered epidermis including a stratum corneum (Fig. 1a). The embedded fibroblasts functioned in conditioning the medium and in facilitating differentiation of the keratinocytes in the reconstructed tissue. Similar to the dermal model, we also designed an intestinal equivalent. The model of the human gut consisted of cells derived from clinical biopsies of the small intestine. It was composed of a layer of collagen, embedding fibroblasts derived from the muscularis mucosae, and enterocytes. Cultivation of isolated enterocytes, however, did not generate sufficient amounts of cells for the assays (Grossmann et al., 1998). To establish a system that could be used for routine adhesion, invasion and drug-evaluation studies, we tested several enterocytic cell lines for growth rate, adhesion and confluence on the collagen/fibroblast matrix. Of the three cell lines tested (HT29, Lovo and Caco2) Caco2 showed the best performance with regard to adhesion to the collagen/fibroblast matrix, for differentiation to a compact cell layer and for generation of enough tissue for the assays. Electron microscopy studies showed a single cell layer that was ordered regularly and that differentiated microvilli on the apical membrane (Fig. 1b, c). No gaps between the cells were observed within the confluent cell layer (Fig. 1b, c).

**Avirulent C. albicans cannot penetrate the reconstructed tissues**

Two major virulence factors have been reported for *C. albicans*: adhesion and invasion. Two transcription factors, Cph1p and Efg1p, have been described to be essential for the virulence of *C. albicans* in a mouse model of systemic infection (Lo et al., 1997). To evaluate the individual contributions of the transcription factors Efg1p and Cph1p to invasion, we tested the ability of *Candida* strains deleted for one, or both, of the transcription factors to penetrate the two epithelial model tissues. For this purpose we exposed the reconstructed tissues described above to a defined number of cells ($10^2$–$10^8$) from either Can34 ($\Delta cph1 \Delta efg1$), Can33 ($\Delta efg1$), Can16 ($\Delta cph1$), or Sc5314 (clinical isolate). As a control, strains reverted for EFG1 [Can37 ($\Delta efg1$, EFG1), and Can38 ($\Delta cph1 \Delta efg1$, EFG1)] were included in this set of experiments. The *Candida* strains were embedded in soft agar and placed as a defined slice (4 mm in diameter) on top of the reconstructed tissue, to set a precise infection. In the human dermal model we found strong invasion by the clinical isolate Sc5314 and by Can16 ($\Delta cph1$) after 48 h of infection (Fig. 2b, d). Invasion through the stratum corneum was already visible after 24 h for both of these strains (not shown). In contrast to Sc5314 and Can16 ($\Delta cph1$), Can33 ($\Delta efg1$) and Can34 ($\Delta cph1 \Delta efg1$) were not able to invade the tissue of the reconstructed skin model, even after 48 h (Fig. 2c, e). Even prolonged periods of incubation, up to 72 h, did not result in detectable invasion of the dermal model. However, reintegration of EFG1, as in Can37 ($\Delta efg1$, EFG1) and Can38 ($\Delta cph1 \Delta efg1$, EFG1), resulted in induction of hyphae and invasion of the tissue as observed for Sc5314 and Can16 ($\Delta cph1$) (Fig. 2f, g). This result reflected the avirulence of Can34 that was shown in a mouse model of systemic infection (Lo et al., 1997). Furthermore, it revealed that deletion of EFG1 alone was sufficient to block invasion through the stratum corneum. Strains Can33 ($\Delta efg1$) and Can34 ($\Delta cph1 \Delta efg1$) were not able to form hyphae in the invasion assay (Fig. 2c, e). Deletion of CPH1 alone had no significant effect on the ability to invade the dermal model tissue when compared to Sc5314 (Fig. 2b, d).

To see if Can34 ($\Delta cph1 \Delta efg1$) or Can33 ($\Delta efg1$) could penetrate through tissue not protected by a stratum corneum we tested if these strains would invade the reconstructed human intestinal model. The intestinal model did not contain a protective layer of cells at the apical surface and thus might be more susceptible to the pathogen. In contrast, it differentiated microvilli that increased the surface area available for *Candida* to adhere to. Again a defined number of cells ($10^3$–$10^6$) of either Can34 ($\Delta cph1 \Delta efg1$), Can33 ($\Delta efg1$), Can16 ($\Delta cph1$), or Sc5314, as well as Can37 ($\Delta efg1$, EFG1) and Can38 ($\Delta cph1 \Delta efg1$, EFG1), were fixed in agar and placed on top of the reconstructed intestinal tissue. After infection, Sc5314 and Can16 ($\Delta cph1$), as well as Can37 ($\Delta efg1$, EFG1) and Can38 ($\Delta cph1 \Delta efg1$, EFG1), rapidly formed hyphae and penetrated the epidermal layer into the collagen matrix after 18 h (Fig. 3a, c, e, f, respectively). After 72 h, Sc5314 and Can16 ($\Delta cph1$) had penetrated the entire depth of the tissue system and led to its disintegration (not shown). In contrast to the infection studies with the skin model, Can33 ($\Delta efg1$) was able to penetrate through the epithelial cell layer of the gut model by 18 h of infection (Fig. 3d); however, this strain did not invade significantly into the collagen matrix, even after 72 h of incubation (not shown). Thus, the infection by Can33 ($\Delta efg1$) was restricted mainly to the surface of the intestinal model. Can33 ($\Delta efg1$) was not able to form hyphae in this assay; however, pseudohyphal formation could be observed (Fig. 3d, indicated by an arrow). In contrast to the other strains tested, Can34 ($\Delta cph1 \Delta efg1$) was not able to penetrate through the epithelial cell layers (Fig. 3b), even after 72 h of incubation at 37 °C. Prolonged incubation of the strains led to exhaustion of the medium due to overgrowth of the *Candida*. Can34 ($\Delta cph1 \Delta efg1$) also was not able to induce hyphae. In contrast to Can34 ($\Delta cph1$).
Fig. 3. Infection of the intestinal equivalent with Sc5314, Can34 (Δcph1 Δefg1), Can16 (Δcph1) Can33 (Δefg1), Can37 (Δefg1, EFG1) or Can38 (Δcph1 Δefg1, EFG1) for 18 h at 37 °C. (a) Rapid invasion of Sc5314 through the enterocytic cell layer into the collagen/fibroblast matrix (magnification ×400). The individual hyphae can be seen growing through the enterocytes into the gel matrix (indicated by the arrow). (b) Can34 is not able to penetrate the model system. Only a few, non-hyphal, Candida cells (arrow) are visible on the enterocytic cell layer (magnification ×400). (c) Can16 (Δcph1) shows a phenotype similar to Sc5314. It forms hyphae that penetrate through the enterocytic cell layer and invade into the gel matrix (arrow) (magnification ×200). (d) Can33 (Δefg1), in contrast to Can34 (Δcph1 Δefg1), is able to penetrate through the enterocytic cell layer, forming pseudohyphae (arrow) (magnification ×400). Invasion into the gel matrix, however, is significantly reduced if compared to Can16 (Δcph1) (c) or Sc5314 (a). (e) Can37 (Δefg1, EFG1), containing a reintroduced copy of EFG1, shows invasion comparable to Sc5314 or Can16 (Δcph1) (magnification ×200). (f) Can38 (Δcph1 Δefg1, EFG1), containing a reintroduced copy of EFG1, also invades in a similar way to Can16 (Δcph1) or Sc5314 (magnification ×200).

Δefg1) and Can33 (Δefg1), Sc5314 and Can16 (Δcph1) readily formed hyphae that were able to penetrate through both the epidermal and enterocytic cell layers, into the gel matrix (Figs 2b, d and 3a, c). In histological thin-sections, Can34 could rarely be observed directly attached to the enterocytic or keratinocytic cell layer. Most likely this was due to reduced adhesion of Can34 (Δcph1 Δefg1), which might have been removed during the extensive washing procedures in the course of the histological processing.

We also tested if invasion into agar, or collagen gel, lacking enterocytes could be observed. For this purpose we used a plate-wash assay as described by Roberts & Fink (1994). The strains described were grown on top of a collagen gel, or on DMEM agar plates (10% serum). After 3 d, the cell patches formed were washed away with water to visualize invasion by the different strains. Strains Sc5314, Can16, Can37 and Can38 invaded the agar, forming hyphae, whereas Can34 (Δcph1 Δefg1) was completely washed away. Can33 showed only a few pseudohyphal chains penetrating into the collagen, or agar, after 3 d at 37 °C, as observed for the intestinal model (not shown).

These results showed that even in the absence of any detectable component of the immune system Can34 (Δcph1 Δefg1) did not penetrate a single layer of
Adhesion to the substrate has been shown to be a second important virulence factor besides invasion, as cells that had a reduced ability to adhere to tissue also showed reduced virulence (Gale et al., 1998; Muller et al., 1999; Tsuchimori et al., 2000). We tested whether strains defective in one, or both, of the transcription factors, CPH1 and EFG1, were defective in their adhesion to polystyrene surfaces, or to the enterocytes used in the intestinal model. Sc5314 adhered rapidly to both surfaces. On polystyrene surfaces the yeast-form cells [when grown in YPD (not shown)] as well as the germ-tubes [when grown in DMEM containing serum (Fig. 4a)] adhered to a similar extent. Thus, adhesion of Sc5314 was largely independent of the medium used. Adhesion to Caco2 cells also proceeded rapidly (Fig. 4b). Fig. 4(c) shows that we could recover all cells from the supernatant; the hatched part of the bar indicates adherent cells recovered after thoroughly washing the cells out of the plate. (d) Sc5314 shows adhesion to Caco2 cells after a 4 h pretreatment with 2 \( \mu \)g fluconazole ml\(^{-1}\) in YPD. After 30 min 85% of the cells recovered adhered to the Caco2 cell layer in DMEM +10% FCS, whereas only 15% could be recovered from the supernatant. The white part of the bar indicates non-adherent cells recovered from the supernatant; the hatched part of the bar indicates adherent cells recovered after thoroughly washing the cells out of the plate.

**Avirulent C. albicans cannot adhere to tissues or plastic surfaces**

Fig. 4. Adhesion of Sc5314, Can16 (Δcph1), Can33 (Δefg1), Can34 (Δcph1 Δefg1), Can37 (Δefg1, EFG1) and Can38 (Δcph1 Δefg1, EFG1) on polystyrene surfaces (a) or enterocytes (b). All the experiments were conducted, at least, as three independent experiments in duplicate. ●, Sc5314; ○, Can16 (Δcph1); ■, Can33 (Δefg1); ▲, Can34 (Δcph1 Δefg1); +, Can37 (Δefg1, EFG1); ×, Can38 (Δcph1 Δefg1, EFG1). Error bars indicate the SE for each set of experiments. (a) All strains incubated with DMEM + 10% FCS (at 37 °C). Sc5314, Can16, Can37 and Can38 strongly adhere to the epithelia, resulting in <80% adhesive cells after 3 h. Can33 shows significantly reduced adhesion to the Caco2 cells, leading to only ~50% adhesion to the enterocytes after 3 h incubation. Can34 is not able to adhere significantly. (b) Adhesion to enterocytes (Caco2) cultivated in DMEM + 10% FCS (at 37 °C). Sc5314, Can16, Can37 and Can38 strongly adhere to the epithelia, resulting in <80% adhesive cells after 3 h. Can33 shows significantly reduced adhesion to the Caco2 cells, leading to only ~50% adhesion to the enterocytes after 3 h incubation. Can34 is not able to adhere significantly. (c) Overall recovery of *Candida* applied to Caco2 cells in the adhesion assays in DMEM +10% FCS. All of the Sc5314 cells applied in the assay can be accounted for, with a mean error over all time points of 10% (maximum error 23%, minimum error 2%). The white part of the bar indicates non-adherent cells recovered from the supernatant; the hatched part of the bar indicates adherent cells recovered after thoroughly washing the cells out of the plate. (d) Sc5314 shows adhesion to Caco2 cells after a 4 h pretreatment with 2 \( \mu \)g fluconazole ml\(^{-1}\) in YPD. After 30 min, 85% of the cells recovered adhered to the Caco2 cell layer in DMEM +10% FCS, whereas only 15% could be recovered from the supernatant. The white part of the bar indicates non-adherent cells recovered from the supernatant; the hatched part of the bar indicates adherent cells recovered after thoroughly washing the cells out of the plate.

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enterocytes, whereas a strain deleted for EFG1 still retained this ability. However, invasion into more rigid material, such as the collagen matrix or the stratum corneum, was restricted. Deletion of CPH1 had no detectable impact on invasion of the enterocytes. Adhesion to the substrate has been shown to be a second important virulence factor besides invasion, as cells that had a reduced ability to adhere to tissue also showed reduced virulence (Gale et al., 1998; Muller et al., 1999; Tsuchimori et al., 2000). We tested whether strains defective in one, or both, of the transcription factors, CPH1 and EFG1, were defective in their adhesion to polystyrene surfaces, or to the enterocytes used in the intestinal model. Sc5314 adhered rapidly to both surfaces. On polystyrene surfaces the yeast-form cells [when grown in YPD (not shown)] as well as the germ-tubes [when grown in DMEM containing serum (Fig. 4a)] adhered to a similar extent. Thus, adhesion of Sc5314 was largely independent of the medium used. Adhesion to Caco2 cells also proceeded rapidly (Fig. 4b). Fig. 4(c) shows that we could recover all cells from the supernatant; the hatched part of the bar indicates adherent cells recovered after thoroughly washing the cells out of the plate. (d) Sc5314 shows adhesion to Caco2 cells after a 4 h pretreatment with 2 \( \mu \)g fluconazole ml\(^{-1}\) in YPD. After 30 min, 85% of the cells recovered adhered to the Caco2 cell layer in DMEM +10% FCS, whereas only 15% could be recovered from the supernatant. The white part of the bar indicates non-adherent cells recovered from the supernatant; the hatched part of the bar indicates adherent cells recovered after thoroughly washing the cells out of the plate.
that seen for strains deleted for CPH1 or for wild-type cells (Fig. 4a), whereas adhesion to enterocytes was reduced to a level of about 50% of the wild-type adhesion (Fig. 4b). Thus, Efg1p again played a more pronounced role than Cph1p with regard to adhesion to host tissue. For Can34 (∆cph1 ∆efg1), again, we saw significant additive effects of both transcription factors with regard to adhesion; Can34 was unable to adhere either to polystyrene surfaces or to tissue (Fig. 4a, b), independent of the medium used for cell culture. Reintegration of EFG1 into Can33, or Can34, reverted these phenotypes (Fig. 4a, b). These results could indicate a change in cell-wall composition of Can34 already in the yeast form as compared to the corresponding clinical isolate, Sc5314. Can34 thus lacked not only the ability to form hyphae, but also the ability to adhere to both host tissue and polystyrene, and had therefore lost two important virulence factors.

Adhesion of the non-pathogenic yeast Saccharomyces cerevisiae to polystyrene, under low-glucose conditions depending on the presence of the cell-surface protein Flo11p, was shown recently (Reynolds & Fink, 2001). In contrast to C. albicans, neither haploid nor diploid S. cerevisiae (Σ1278b background) adhered significantly to enterocytes in the assay described above (data not shown).

To investigate the effect of commonly used antifungal drugs on adhesion, we tested if treatment of Sc5314 with subinhibitory concentrations of fluconazole had an effect on adhesion, we tested if treatment of Sc5314 with subinhibitory concentrations of fluconazole had an effect on adhesion to enterocytes. Sc5314 treated with fluconazole in DMEM + 10% serum was not able to form hyphae; this phenotype has been observed previously (Ha & White, 1999). These cells, however, adhered to the enterocytes at least as well as the untreated cells (Fig. 4d). Thus, fluconazole did not inhibit adhesion of C. albicans to enterocytes.

DISCUSSION

Two virulence factors, adhesion and invasion, have been found to be central for pathogenesis of bacteria and fungi. Efg1p and Cph1p have been characterized as two transcription factors essential for virulence in C. albicans (Lo et al., 1997). To gain further insight into their individual contributions to adhesion and invasion, we developed two in vitro reconstructed human model tissues: a dermal model and an intestinal model. Both systems were composed of differentiated layers of human cells, grown on a collagen/fibroblast matrix. The main difference between the two systems, with regard to invasion, was the existence of a stratum corneum in the dermal model (Fig. 1). The stratum corneum has been reported to act as a barrier that could block invasion (Korting et al., 1998). However, Sc5314, the clinical isolate used in this study, has been shown to penetrate through the stratum corneum (Schaller et al., 1999). The reconstructed human intestine completely lacks a barrier like the stratum corneum, thus representing a more accessible system to pathogens. The model tissues described here contain an additional connective-tissue-like component, consisting of a collagen matrix and fibroblasts from the respective organ. Similar human tissue equivalents have been described (Korting et al., 1998; Schaller et al., 1999); however, these systems lack a collagen/fibroblast matrix. The embedded fibroblasts lead to conditioning of the medium and function like feeder cells to promote differentiation of the keratinocytes. The growth rates and number of cell layers, as well as stratification of the keratinocytes, was much less reproducible if fibroblasts, as feeder cells, were omitted from the skin model (see also Maruguchi et al. (1994) and Sugiura et al. (2001)). Thus, the feeder cells ensure the quality of the skin model. For the intestinal model, growing the Caco2 cells on the collagen matrix with or without fibroblasts did not result in differences in the quality of the tissue nor in the adhesion or invasion of the Candida strains. However, the collagen matrix enabled us to visualize the invasion processes in more detail (see Fig. 3) and facilitated the handling of the tissues for histology. Further improvement of both systems to mimic the in vivo situation more closely could be achieved in the future by addition of components of the immune system into the collagen/fibroblast matrix, such as Langerhans cells or cells that are a first-defence line against fungal pathogens, e.g. neutrophils or macrophages, to generate simple aspects of an immune system.

Three congenic C. albicans strains deleted for CPH1, EFG1, or both transcription factors, as well as the respective reintegrants for EFG1, were compared to the clinical isolate Sc5314 with regard to invasion of, and adhesion to, the model tissues described above. Our results showed that a strain deleted for CPH1 behaved similarly to the corresponding clinical isolate Sc5314, whereas a strain deleted for EFG1 was significantly impaired for both adhesion and invasion. Can16 (∆cph1), as well as Sc5314, penetrated as hyphae into both the intestinal and dermal equivalents within 18–24 h, whereas Can33 (∆efg1) was not able induce hyphae or to invade into the stratum corneum of the dermal model, even after 72 h. However, pseudohyphal invasion through the enterocytic cell layer of the intestinal model could be observed (Fig. 3d). Thus, Can33 (∆efg1) showed only limited invasive abilities, which might reflect the reduced virulence of this strain in a mouse model of systemic infection (Lo et al., 1997). In addition to the reduced invasive potential of Can33 (∆efg1), its adhesion to enterocytes was reduced to 50% as compared to Sc5314. EFG1 has been reported to be the major regulator of HWP1, a cell-wall protein that contributes about 50% to the overall adhesion to human buccal epithelial cells (Staab et al., 1999). This parallels the reduced adhesion of Can33 (∆efg1) to enterocytes. Lack of Hwp1p also led to reduced virulence in a mouse model of systemic candidiasis, indicating the importance of adhesion for virulence (Staab et al., 1999; Tsuchimori et al., 2000). Thus, the lack of Hwp1p could explain the observed phenotypes in part. However, ∆hwp1 strains still form hyphae (Staab et al., 1999), implying that additional pathways contribute to virulence that are
defective in Δefg1 strains. The adhesion of Can33 (Δefg1) to polystyrene was only slightly reduced if compared to Sc5314. This might indicate that different cell-surface components are required for adhesion to plastic surfaces than to human tissue.

Deletion of both CPH1 and EFG1, as in Can34 (Δcpb1 Δefg1), had strongly additive effects. Can34 (Δcpb1 Δefg1) did not adhere significantly to the tissues or to the plastics tested, and was completely non-invasive in both epithelia. This is consistent with observations in other systems reporting that Δcpb1 Δefg1 strains were observed to cause only limited damage to tissue (Andrutis et al., 2000; Phan et al., 2000). Although Cph1p does not seem to be required for invasion or adhesion in Can16 (Δcpb1), it contributes significantly to the remaining invasive and adhesive properties of Can33 (Δefg1). The complete lack of adhesion of Can34 (Δcpb1 Δefg1) is also reflected in the limited presence of the mutant cells on the tissue after histological processing (Figs 2c and 3b). This newly discovered absence of adhesion to host tissue might be another reason, besides the inability to form hyphae, for the strongly reduced virulence of this strain. The phenotypes observed in strains with deletions in EFG1 could be reversed after reintegration of EFG1.

For endothelial cells it has been shown that endocytosis is one of the main mechanisms of C. albicans invasion (Filler et al., 1995). In fact, Δefg1 strains, and to a lesser extent Δcpb1 Δefg1 strains, have been shown to be taken up by endocytosis into endothelial cells (Phan et al., 2000); a similar mechanism has been suggested for epithelial cells (Drago et al., 2000). Thus, Δefg1 strains could penetrate not only by mechanical/enzymic force, but also by transcytosis. Stratified keratinocytes, however, lost their ability for endocytosis. This might be another explanation why we observed penetration of Δefg1 strains through the intestinal model, but not through the skin model.

We observed that fluconazole did not repress adhesion of Sc5314 to epithelial cells (Fig. 4d). Since Sc5314 was no longer able to form hyphae in the presence of fluconazole (Ha & White, 1999), adhesion, formation of hyphae and invasion into the host tissue are distinguishable processes. Thus it is important to monitor these processes individually.

Our studies reveal that the reconstructed epithelia presented here can be used to illustrate the infection process of human tissue and to differentiate between the virulence of the individual Candida strains used. Due to the three-dimensional nature of these tissue models each step required for infection, from adhesion to penetration of the tissue, could be monitored. These results not only reflect the results obtained with distinct model systems (Andrutis et al., 2000; Lo et al., 1997; Phan et al., 2000), but add additional information to the contributions of Efg1p or Cph1p to both adhesion and invasion. For Can34 (Δcpb1 Δefg1) we could show that it was devoid of both detectable invasive and adhesive properties. This resulted in the inability to damage even unprotected enterocytes, devoid of detectable components of the immune system. These results suggest that blocking virulence mechanisms in pathogens might inhibit host infections, even in severely immunocompromised patients. This opens the possibility for a much bigger selection of targets for the development of antifunycotic than targeting essential genes only.

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