**Introduction:** *Achromobacter xylosoxidans* is a water-borne organism that causes healthcare-associated infections and has been isolated from blood, cerebrospinal fluid, stool, urine, sputum, peritoneal fluid, skin, ear discharge, wounds, abscesses, bone, joints, endocardium and central venous catheters, mostly in immunocompromised patients.

**Case presentation:** We describe here the rare case of a young immunocompetent alcoholic male admitted with symptoms of acute pancreatitis who failed to improve with conventional management. Blood culture later showed the growth of *A. xylosoxidans*. The patient improved when he was treated with antibiotics as per the sensitivity report.

**Conclusion:** Although *Achromobacter* is rarely isolated from clinical samples, it should never be assumed to be a contaminant as this infection has propensity for progression to fatal bacteraemia, even in apparently healthy individuals.

**Keywords:** *Achromobacter xylosoxidans*; acute pancreatitis; bacteraemia.

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### Case report

A 32-year-old male was admitted to our hospital with the chief complaints of epigastric pain radiating to the back and vomiting for 3 days. He was a hypertensive and a known alcoholic for 2 years. There was no history of trauma, surgery, recent drug intake or similar episodes in the past. On examination, the patient was afebrile, anicteric and had a tense, distended abdomen with evidence of ascites. He had a higher total leukocyte count (25.6 \( \times 10^9 \) mm\(^{-3}\)) with relative neutrophilia (95 %), and raised serum amylase (275.2 U dl\(^{-1}\)), creatinine (1.6 mg dl\(^{-1}\)) and random blood sugar (160 mg dl\(^{-1}\)) levels. His serum calcium was low (6.0 g dl\(^{-1}\)) and his lipid profile was normal. A contrast enhanced computed tomography scan of the abdomen of the patient showed acute oedematous pancreatitis with diffuse peripancreatic, pararenal and mesenteric ascites.

There was no evidence of cholelithiasis. With the relevant clinical features and investigations, a diagnosis of acute pancreatitis was made and the patient was treated empirically with ciprofloxacin along with other medications following the guidelines for pancreatitis management after sending a blood sample for aerobic bacterial culture. In spite of the initial treatment, there was a progressively rising total leukocyte count along with neutrophilia, suggesting a probable infectious aetiology. On day 4 of admission, automated blood culture by BacT/ALERT (bioMérieux) was flagged positive. On subsequent subculture on blood agar plates, the colonies were pinhead-sized, translucent and non-haemolytic, and on MacConkey agar plates they were oxidase positive, Gram-negative bacilli. The biochemical characteristics of this isolate were similar to that of *A. xylosoxidans*.
**Discussion**

*A. xylosoxidans* is an aerobic, motile, Gram-negative rod. The organism can exist in any contaminated place, such as soil and water, but rarely causes infection in humans. This may be due to the fact that it is not a part of the normal human flora, thus ruling out chances of endogenous infection (Duggan et al., 1996), as well as being due to the low virulence potential of *A. xylosoxidans*. Colony morphology is also not specific enough for differentiation from other Gram-negative non-fermenting organisms.

While primary, uncomplicated bacteraemia is the most common manifestation of *A. xylosoxidans* infection, this organism has been associated with a few other clinical conditions. However, it rarely causes pancreatic infection such as pancreatic abscess (Appelbaum & Campbell, 1980) and acute necrotizing pancreatitis complicated with pancreatic pseudocyst (Eshwara et al., 2011).

Cholelithiasis, alcoholism and hypertriglyceridaemia are the common aetiologies of acute pancreatitis. In contrast, it has been stated that alcoholics have a very low incidence of pancreatitis (Robles-Diaz & Gorelick, 1997). Ingestion of 100–200 g ethanol day$^{-1}$ (Talamini et al., 1995) for more than 15 years is known to be associated with this disease, but our patient had a history of alcoholism for only 2 years with consumption of less than 100 ml day$^{-1}$. Thus, it is unlikely that alcohol was the sole aetiologic cause of the disease; instead, it may have been a precipitating factor in our case. A total leucocyte count in the range of 15 000–20 000 μl$^{-1}$ is common in acute pancreatitis, but a progressive increase in leucocyte count with neutrophilia in the absence of haemocentration suggests an infectious aetiology. Pancreatic infection has been reported in 40–70 % of patients with pancreatic necrosis and is the most life-threatening complication of the disease, leading to sepsis (Schmid et al., 1999). Thus, in the present case, *A. xylosoxidans* must have accentuated the injury to the pancreas, already triggered by alcohol, to cause acute pancreatitis followed by bacteraemia.

*Achromobacter* spp. are associated with opportunistic infections. Generalized infections caused by this organism are often severe. Poor prognosis and high mortality rates are expected in neonates and elderly individuals, patients with malignancies, neutropenia, sepsis syndrome and multi-organ failure, those on mechanical ventilation and patients with meningitis, endocarditis and pneumonia (Al-Jasser & Al-Anazi, 2007). However, our patient responded well to treatment, with a striking improvement in the clinical and biochemical profile. The improvement may have been facilitated by the normal immune status of the patient.

*A. xylosoxidans* generally causes nosocomial infection associated with a breach in infection control practices. The organism inhabits aquatic environments, and the source of infection is usually found to be contaminated fluids used in hospitals (Duggan et al., 1996). The source of infections has been evaluated to be disinfectant solutions, particularly quaternary ammonium compounds, dialysis fluids, saline solutions and deionized water contaminated with this organism (Holmes et al., 1977; Moffet & Williams, 1967). However, as there was no history of prior hospitalization, our patient must have had a community-acquired *Achromobacter* infection.

The treatment regimen for this organism has not been standardized, but prior studies have shown it to be sensitive to anti-pseudomonal penicillins and carbapenems (Aisenberg et al., 2004; Gomez-Cerezo et al., 2003) but
resistant to aminoglycosides and variably resistant to quinolones and trimethoprim-sulfamethoxazole (Aisenberg et al., 2004; Gomez-Cerezo et al., 2003; Teng et al., 2009). The combination of gentamicin and piperacillin has been shown to be effective in treatment of serious infections by A. xylosoxidans (Duggan et al., 1996). Our patient recovered well following treatment with amikacin and piperacillin-tazobactam. The present case thus highlights the significance of this organism in the context of rare cases such as pancreatitis. Proper identification of this infrequently isolated organism along with a thorough patient history, particularly in a clinical microbiology laboratory, can prove helpful in solving such diagnostic dilemmas.

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References

Objective: To describe a case of Achromobacter xylosoxidans bacteremia and review the literature.

Methods: Case report of a patient with A. xylosoxidans bacteremia and review of the literature.

Discussion: A. xylosoxidans is an infrequently isolated organism and its bacteremia is usually associated with malignancy. The combination of gentamicin and piperacillin is effective in treating serious infections caused by this organism.

Conclusion: Proper identification and understanding of this organism can aid in solving diagnostic dilemmas.


title: Acute pancreatitis by Achromobacter xylosoxidans