Chlamydial infections

Chlamydiae cause a wide spectrum of diseases in humans, other mammals and birds. Among the most important of these diseases are:

- **psittacosis** (Chlamydia psittaci), an acute infectious disease of birds and mammals, particularly cats, transmitted to humans via avian excreta.
- **pneumonia** (Chlamydia pneumoniae), which can cause chronic respiratory infections.
- **reactional airway disease** (Chlamydia trachomatis), affecting the respiratory tract in humans and animals.
- **enuris** (Chlamydia pecorum), which can cause chronic conjunctivitis and is a common cause of acute and chronic conjunctivitis in cats, particularly kittens.
- **sporadic abortion** (Chlamydia abortus), affecting pregnant animals.
- **abortion** (Chlamydia suis), particularly in pigs.
- **urethritis** and **pneumonia** (Chlamydia trachomatis), which can cause zoonotic infections in humans.

These organisms are important animal models for human chlamydial genital tract infections. Two other animal pathogens, *Chlamydia muridarum* and *Chlamydia caviae*, which respectively infect mice and guinea pigs, are important animal models for human chlamydial genital tract infections.

The principal pathogens of animals are *Chlamydia psittaci*, *Chlamydia abortus*, *Chlamydia pecorum*, *Chlamydia suis* and *Chlamydia felis*. *Chlamydia psittaci* is a cause of chronic conjunctivitis and is also the most common cause of sexually transmitted disease in humans. Infections can go unnoticed and, if left untreated, can ultimately result in scarring and fibrosis of ocular and genital tissues, resulting in trachoma (the leading cause of preventable blindness worldwide) and pelvic inflammatory disease, which can lead to infertility, ectopic pregnancy and pelvic pain. *Chlamydia pneumoniae* causes acute respiratory disease and is responsible for 5–10 % of the cases of community-acquired pneumonia, bronchitis and sinusitis. The organism also affects the respiratory tract in humans and animals. Infections can go unnoticed and, if left untreated, can ultimately result in scarring and fibrosis of ocular and genital tissues, resulting in trachoma (the leading cause of preventable blindness worldwide) and pelvic inflammatory disease, which can lead to infertility, ectopic pregnancy and pelvic pain. *Chlamydia pneumoniae* causes acute respiratory disease and is responsible for 5–10 % of the cases of community-acquired pneumonia, bronchitis and sinusitis. The organism also affects the respiratory tract in humans and animals.

In terms of animal infections, again there are problems associated with asymptomatic infections. Furthermore, in OEA, for instance, antibiotic treatment is not guaranteed to prevent abortion or stop the shedding of infectious organisms at lambing or oestrus, which can then infect other animals (Longbottom & Coulter, 2003). A combination of flock management, screening and vaccination is needed to control such infections.

Vaccine development

In order to develop effective vaccines for controlling and preventing chlamydial infections, it is important to understand the complex immunological mechanisms that occur during infection, to identify those antigens that elicit a protective immune response and also to develop effective methods for vaccine delivery. This brief overview summarizes the progress that has been made in these areas over the last 50 years and the future prospects for developing effective anti-chlamydial vaccines.

**Immunization with whole organisms**

Early animal and human vaccine studies in the 1950s and 1960s centred on the use of inactivated or live whole organisms (reviewed by Rank, 1999). However, in general, these vaccines have been more successful in controlling animal infections than human infections. In the veterinary field, highly effective live attenuated (a chemically induced temperature-sensitive mutant strain) and inactivated whole-organism vaccines against OEA and inactivated vaccines against feline chlamydial infections are available commercially. The vaccines also reduce the shedding of infective organisms significantly and so limit the spread of infection. In humans, although short-term protection against ocular infection has been achieved with whole-organism vaccines, re-infection exacerbated in some individuals, suggesting that much of the pathological damage that occurs during chronic infections is caused by the host response. Following these studies, the use of whole organisms for developing human vaccines was essentially abandoned.

However, once a stable genetic system for transformation of chlamydiae has been developed, it may be possible to produce a live attenuated vaccine, assuming that the causes of the immunopathological damage can be overcome.

**Immunization with chlamydial membrane components**

Following the identification of MOMP (major outer-membrane protein) as the major protein component (approx. 60 %) of the outer membrane in the early 1980s and the discovery that strong antibody responses are raised to the protein in infected animals and humans, vaccine studies focused on this protein.
Experiments with denatured MOMP purified from SDS-PAGE gels, native MOMP purified as the major component of chlamydial outer-membrane complex preparations (COMCs) and passive immunization studies with mAbs to MOMP demonstrated the importance of conformational epitopes and neutralizing antibodies in controlling infection (reviewed by Rank, 1999). Control is probably achieved through limiting initial infection at a mucosal surface and through reducing the shedding and transmission of infective organisms.

**Immunization with recombinant MOMP**

In the early 1990s, attention turned to the development of recombinant protein vaccines, which would be easier and cheaper to prepare than either the whole-organism or COMC vaccines, which require the large-scale production of purified chlamydiae, and would avoid all of the potential safety problems associated with live or oil-adjuvanted whole-organism vaccines. However, this approach proved difficult, because the expression of full-length MOMP in prokaryotic expression systems is generally toxic, even at low levels. It is also difficult to produce recombinant MOMP in a native form with intact, conformationally relevant epitopes on a large enough scale to make it a viable option for use in a commercial vaccine. Some protection was achieved with various forms of recombinant MOMP, although efficacies were variable and not as good as those achieved with whole-organism vaccines (Herring et al., 1998), suggesting not only that conformation was important but that antigens other than MOMP may also be required.

**Protective immunity**

Following the recognition that the T cell-derived cytokines IFN-γ and TNF-α are important for the resolution of chlamydial infection and the identification of protective T cell epitopes in MOMP, the importance of cell-mediated immune responses rather than neutralizing antibody became apparent in the mid 1990s. Adoptive transfer studies with chlamydia-specific T-cell clones and gene-knockout (particularly MHC class II, T-cell receptor α/β) mouse studies have shown that an MHC class II-restricted, CD4+ T-helper type 1 (Th1) response, mediated by IFN-γ and TNF-α production, is critical for resolving primary infection (reviewed by Rank, 1999; Ward, 1999; Igietseme, 2002). Dendritic cells have also been shown to play an important role in anti-chlamydial immunity, as mice immunized with dendritic cells pulsed ex vivo with chlamydial antigen develop a Th1 dominant response and produce large amounts of the cytokine IL-12, which stimulates IFN-γ production (Lu & Zhong, 1999). MHC class I-restricted cytotoxic CD8+ T cells may also be involved in resistance to infection, but this appears to be through IFN-γ production rather than cytolytic function (Buzoni-Gatel et al., 1992; Lampe et al., 1998b).

In contrast to cellular immune responses, the relative contribution of antibody to resolving infection is still a matter of debate. Studies in the guinea pig model for human genital tract infections have demonstrated a role for antibody in limiting primary infection (Rank et al., 1979; Rank & Batteiger, 1989), whereas B-cell-deficient gene-knockout studies have shown that there appears to be no requirement for antibody in the murine model, although these mice are more susceptible to re-infection than are immunocompetent mice (Bu et al., 1997). Studies in Fc receptor-knockout mice (Moore et al., 2002) suggest that the predominant role of antibodies is in resistance to re-infection, by enhancing the uptake, processing and presentation of chlamydial antigens by antigen-presenting cells for rapid Th1 activation and clearance of infection.

**Identifying other protective antigens**

Although MOMP has been the main target antigen for vaccine development over the last 20 years, other chlamydial components may also play a role in protection. In our laboratory, we have been particularly interested in the polymorphic (outer-) membrane proteins (POMPs or Pmps), which were identified as minor but immunodominant components of the protective COMC preparation (Longbottom et al., 1998b). Genomic sequencing of Chlamydia trachomatis and Chlamydia pneumoniae identified nine and 21 orthologous genes, respectively (Stephens et al., 1998; Read et al., 2000), while preliminary analysis of the recently completed Chlamydia abortus genome has identified at least a further 12 paralogous genes in addition to the original six (J. Parkhill, D. Longbottom and others, unpublished), revealing the complexity of this group of proteins. The POMPs, some of which have been shown to be surface-exposed (Longbottom et al., 1998a), share similarities with type-V autotransporters (Henderson & Lam, 2001) and one may function as a cytolsin (Lampe et al., 1998a). They have been suggested to play an important role in chlamydial host immune evasion, using recombination, strand-slippage or differential expression as possible mechanisms of antigenic variability. The fact that such a large proportion of the small chlamydial genome encodes this family of proteins suggests that host immune evasion is of prime importance for these organisms and that they are important vaccine candidate antigens. Indeed, the TRACVAX recombinant subunit vaccine from Antex Biologics, which will be assessed in phase I human clinical trials in 2003 (Antex Biologics, 2003), is based on the Chlamydia trachomatis ‘superfamily’ of nine POMPs. This will be the first human vaccine trial against Chlamydia trachomatis for nearly 40 years and represents an important milestone in human chlamydial vaccine development.

Other proteins of interest are the 60 and 75 kDa heat-shock proteins, the type-III secretion system structural proteins (Hsia et al., 1997), exogycyolipid (Stuart et al., 1987) and those that have access to the host-cell cytoplasm and therefore may be presented by the MHIC class I pathway to CD8+ T cells, such as the type-III secretion system effector proteins. Such proteins could include the Inc proteins (Rockey et al., 2000) and CapI (Hing et al., 2001), which are localized to the inclusion membrane. In addition, many other outer-membrane surface components that have been predicted following genome sequencing and proteomic analysis await investigation.

**New approaches to chlamydial vaccine development**

Over the last 10 years, a number of new approaches have been taken to the identification of protective antigens other than MOMP that can be used in a subunit vaccine and to the development of effective methods for vaccine delivery that elicit systemic and mucosal immune responses, particularly sustained mucosal responses against Chlamydia trachomatis infections (reviewed by Igietseme, 2002). The use of microbial delivery systems such as attenuated Salmonella typhimurium
(Hayes et al., 1991), a hybrid poliovirus (Murdin et al., 1993), a novel potato virus X plant expression system (Herring et al., 1998) and Lactobacillus fermentum (Turner & Giffard, 1999), present as part of the normal vaginal flora, have shown some promise. Other bacterial delivery systems such as virulence-attenuated strains of Salmonella, Vibrio cholerae and Listeria monocytogenes (Gentschev et al., 2002) and viral vectors such as non-infectious adenovirus, canarypox virus and vaccinia virus could also be investigated (Igietseme, 2002). More recently, genetic or DNA vaccination has been explored as a means of inducing protective immunity in a variety of animal model systems (Entrican et al., 2001). However, this approach has been more successful in eliciting protective Th1 responses in the mouse model for human respiratory infections (Zhang et al., 1997), rather than for genital tract infections (Pal et al., 1999). DNA vaccination has also been effective in protecting turkeys from avian chlamydiosis (Vanrompay et al., 1999), but has so far been less effective in protecting sheep from Chlamydia abortus infection (L. Coulter, D. Longbottom and others, unpublished data). The reasons for the variability in success are unclear, but are probably a consequence of different immunization protocols and a reflection of the different protective mechanisms required for the different infections. Nevertheless, DNA vaccination represents an attractive method for delivery of subunit vaccines and should be explored further as a means of enhancing immunogenicity and eliciting protective immunity. Factors that could be considered to improve vaccine efficacy include codon optimization, the delivery vehicle, the route of immunization, a prime–boost vaccination strategy and the inclusion of co-stimulatory molecules, such as cytokines and chemokines, and CpG immunostimulatory sequences that enhance Th1 immune responses. Hormones associated with the oestrus cycle and pregnancy may also have a significant effect on the genital mucosal immune response to vaccination against Chlamydia trachomatis and the systemic response to vaccination against Chlamydia abortus.

DNA vaccination has also been used successfully as a tool for screening selected ORFs from the Chlamydiaophila pneumoniae genome to identify new potential vaccine candidates (Murdin et al., 2000). Using this approach, the 60 kDa cysteine-rich protein and an ADP/ATP translocase were identified in addition to MOMP as protective antigens. The use of bone-marrow-derived mouse dendritic cells pulsed ex vivo with chlamydial antigen (Su et al., 1998) provides another way of identifying antigens that elicit a Chlamydia-specific, IL-12-dependent, CD4+ Th1 immune response in vitro, although this is not necessarily predictive of the immune response generated in vivo (Shaw et al., 2002).

Future vaccine perspective

Vaccination remains the best approach for protection of the largest number of people and animals from chlamydial infections and their complications worldwide. The generation of a long-lasting, protective immune response will probably be best achieved with the development of a multi-component recombinant subunit vaccine. Therefore, the ultimate goal of chlamydial vaccine research is to identify protective antigens, as well as safe and effective vaccine delivery methods that are capable of inducing the necessary protective immune response. Central to this goal is the need to develop safe delivery vehicles and adjuvants for optimal antigen presentation. Novel methods are also now available, aided by the increasing availability of sequenced chlamydial genomes, for identification of antigens that could ultimately be incorporated in a subunit vaccine (Su et al., 1998; Murdin et al., 2000), avoiding the components responsible for mediating immunopathological damage. Ideally, any vaccine should elicit sterilizing immunity and, in the case of human infections, it should generate and sustain an adequate protective immune response at the mucosal surface and also offer cross-protection against the different serovars of Chlamydia trachomatis. Interestingly, computer modelling has suggested that even a partially efficacious vaccine would lead to a rapid decrease in the prevalence of Chlamydia trachomatis genital tract infection in the population (de la Maza & de la Maza, 1995) and so may be an acceptable short-term objective. Similarly, for animal infections, it would be important that vaccines protect against the different subtypes/serovars of Chlamydia psittaci and Chlamydia pneumoniae psittaci and also against the increasing number of isolated variant strains of Chlamydiaophila abortus. Importantly, they should also limit the shedding of infectious organisms to prevent the transmission of infection and limit possible zoonotic transmission to humans. Vaccine studies to date would suggest that an efficacious anti-chlamydial vaccine should induce not only strong mucosal and systemic Th1 immune responses, but also a humoral response that enhances Th1 activation following a secondary infection. It is therefore encouraging to see that protective efficacy results from animals immunized mucosally with the TRACVAX vaccine show that it protects against both upper and lower reproductive tract Chlamydia trachomatis infection and confers heterotypic cross-protection against the most common strains associated with urogenital tract infections and that protection correlates with both cellular and humoral immune responses. Therefore, overall, there is every reason to be optimistic about the prospects for developing safe and effective vaccines to control the wide range of chlamydial infections affecting both humans and animals.

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