ANTIBIOTIC TREATMENT

Antibiotic-loaded hydroxyapatite blocks in the treatment of experimental osteomyelitis in rats

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A novel drug delivery system for osteomyelitis was developed in which a porous hydroxyapatite block (HAB) is loaded with antibiotic by a centrifugation method. In this study, implantation of HABs loaded with the aminoglycoside antibiotic, arbekacin, were tested in established Staphylococcus aureus osteomyelitis in the proximal tibia of rats after debridement of the marrow cavity. The animals were observed for radiographic signs of infection and tissue was examined histologically. The infections were also evaluated by bone cultures. Bacterial counts were statistically lower in rats implanted with an antibiotic-loaded HAB than in those given a drug-free HAB. Radiographical and histological observations also showed beneficial effects of the antibiotic-loaded implant. The results suggest that the centrifugation method for loading HABs provides a simple drug delivery system. These antibiotic-loaded HABs may be useful for filling grafts in osteomyelitis.

Introduction

Despite various methods of therapy, chronic osteomyelitis still remains one of the most difficult diseases to treat. Hydroxyapatite (Ca$_{10}$(PO$_4$)$_6$(OH)$_2$; mol. wt 1004.63) has excellent biocompatibility and a porous structure. It can be used to fill the dead space after curettage and provides a drug delivery vehicle for antibiotics. We have reported a novel drug-delivery system for osteomyelitis in which a hydroxyapatite block (HAB) is loaded with antibiotics by a centrifugation method, and then gives a slow release of antibiotic activity in vitro [1].

The present in-vivo study assessed the efficacy of antibiotic-loaded HABs in a rat model of osteomyelitis caused by Staphylococcus aureus. Efficacy was evaluated by residual bacterial counts after treatment, radiographs and histological changes in experimental osteomyelitis in the tibia of rats.

Materials and methods

Preparation of antibiotic-loaded blocks

HABs (Boneceram-P, Sumitomo Pharmaceutical Co. Ltd, Tokyo) with the following properties were used: mol. wt, 1004.63; porosity, 50%; pore size, 50–300 μm; dimensions, 2 × 2 × 3 mm. Fresh HABs were mixed with arbekacin (Meiji Seika Ltd, Tokyo, Japan) 400 mg dissolved in 2 ml of physiological saline solution, and centrifuged at 1500 rpm for 15 min. The antibiotic absorption rate by this method was 35%/10-mm$^3$ volume, so that 0.84 mg of arbekacin was captured into one experimental block.

In-vivo study

Wistar male rats weighing 200–250 g, were used. The animals were anaesthetised with an intraperitoneal injection of pentobarbitatal sodium, 50 mg/kg. The medullary cavity of the proximal tibia was opened and an 8-mm long silk thread soaked in a bacterial suspension containing 1.0 × 10$^8$ cfu of S. aureus IM2-42 (Institute of Anaerobic Bacteriology, Gifu University School of Medicine) was inserted. The cavity was then closed with bone wax under sterile conditions. The rats were fed a standard antibiotic-free rat diet throughout. The MIC of arbekacin for the S. aureus strain used was 0.25 μg/l.

The HAB was implanted 4 weeks after the infection was induced. Each rat was re-anaesthetised and tibial X-rays were obtained. All rats showed gross pathological and radiographical signs of osteomyelitis at this time (purulent material, widening of the proximal tibia and disruption or pitting of bone architecture). The right proximal tibia was disinfected, and then prepared
for surgery. A 3 × 5 mm rectangular window was cut through into the medullary cavity with a dental burr. At this point the rats were divided into four groups. The first group consisted of three animals that received no treatment for 4 weeks after the inoculation of S. aureus. In experimental group I (n = 21) an arbekacin-loaded HAB was implanted into the marrow cavity of each rat after debridement and irrigation of the marrow cavity with 40 ml of normal saline. In control group II (n = 21) rats were similarly given implants of drug-free HABs. Animals in group III (n = 21) were treated with arbekacin 10 mg/kg daily for 1 week by subcutaneous injection after debridement and washing of the wound only.

**Bacteriological assessment**

The tibia was removed from soft tissues, crushed and homogenised with 2 ml of saline under sterile conditions. Serial dilutions of this suspension were inoculated onto three plates of Mueller-Hinton Agar (Nissui Co. Ltd, Tokyo, Japan). After incubation for 48 h, the viable count (cfu/ml) was calculated. Statistical significance was tested by Student's *t* test.

**Radiological evaluation**

Radiographs of tibias were obtained with Softex film (Fuji Co. Ltd, Tokyo, Japan) 1 and 7 weeks after implantation of the HABs.

**Histological examination**

Two animals from each group were killed 1, 3, 5 and 7 weeks after the implantation. Each tibia was fixed with formalin 4%, sliced into sections 3 μm thick, and stained with haematoxylin and eosin. For the non-decalcified sections cuts of c. 500 μm were made perpendicular to the long axis of the tibia. Tissues were milled down to c. 60 μm with a micromilling device (Maruto Co. Ltd, Tokyo, Japan) and stained with toluidine blue.

**Pharmacokinetic studies**

Samples of serum were obtained from three rats 30 min after implantation of an arbekacin-loaded HAB into the marrow cavity of the tibia and at random times thereafter. The specimens of serum were kept at −20°C until measurement of arbekacin concentrations by fluorescence polarisation immunoassay (Meijiseika Co. Ltd, Tokyo).

**Results**

**Bacteriological assessment**

Bacterial counts in untreated rats 4 weeks after infection with *S. aureus* averaged 2 × 10⁶ SEM 2.7 × 10⁶ cfu/ml of tibial homogenate. One week after implantation of arbekacin-loaded HABs bacterial counts averaged 1.8 × 10⁴ SEM 1.2 × 10⁵ cfu/ml; at 3 weeks average counts remained at 1.7 × 10⁴ SEM 0.9 × 10⁵ cfu/ml. After 5 and 7 weeks, bacteria were no longer detectable in some rats and were present in counts of (1.5 × 10³)-(9.5 × 10³) cfu/ml in others (Table 1). In rats given drug-free implants, bacterial counts 1 week after the implantation were on average 1.6 × 10⁵ SEM 0.4 × 10⁶ cfu/ml; counts remained above 3.8 × 10⁶ SEM 3.1 × 10⁶ cfu/ml for the 7-week period of observation. In rats treated with arbekacin by subcutaneous injection, bacterial counts after 1 week were 2.3 × 10⁵ SEM 1.8 × 10⁵ cfu/ml. Overall, total counts of bacteria in rats receiving arbekacin-loaded HAB implants (1.5 × 10⁴ SEM 0.5 × 10⁶ cfu/ml) were significantly lower than those observed in rats given drug-free implants (2.1 × 10⁵ SEM 1.0 × 10⁶ cfu/ml) or drug injections only (5.5 × 10⁵ SEM 4.6 × 10⁶ cfu/ml) (p < 0.01 and p < 0.05, respectively). No bacterial growth (limit of detection < 1 × 10² cfu/ml) was observed in five rats given the arbekacin-loaded implant, in one rat treated with antibiotic alone, and was not observed in any of the animals given a drug-free implant (Table 1).

**Radiological evaluation**

X-ray evaluation of the treatment with arbekacin-loaded HAB showed that a radiolucent area surrounding the implant diminished gradually (Fig. 1). Almost all of the implants were united with bone and a radiolucent lesion with a periosteal reaction was observed in only one case. In rats given a drug-free implant, a radiolucent area persisted in the vicinity of the implant and osteosclerotic areas still existed after 7 weeks (Fig. 2). Osteolytic and extensive lesions were observed in all cases.

**Table 1. Bacterial counts in tibial homogenates of rats experimentally infected with *S. aureus***

<table>
<thead>
<tr>
<th>Period after treatment (weeks)</th>
<th>Viable count (cfu/ml of homogenate)</th>
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<th>Group II</th>
<th>Group III</th>
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<td>1.5 × 10⁵</td>
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</table>

Group I, rats with arbekacin-loaded HAB implant; group II, rats with antibiotic-free HAB implant; group III, rats treated with arbekacin alone (no implant). Difference between results in groups I and II statistically significant, p < 0.01.
**Histological findings**

After implantation of arbekacin-loaded HABs, new bone formation was visible at the surface of the HAB and complete contact without fibrous tissue was evident at the interface between the bone and implant at 7 weeks (Fig. 3a,b). Few leucocytes were seen before 7 weeks without new bone formation. In animals given antibiotic-free HABs, leucocyte infiltration, proliferation of fibrous tissue and bone abscess formation were seen in the vicinity of the HAB (Fig. 3c).

**Pharmacokinetic studies**

The serum arbekacin concentration reached a peak of 8.7 SEM 1.4 µg/ml, 1 h after implantation (Fig. 4). Antibiotic was undetectable by immunoassay after 3 h.

**Discussion**

Despite advances in antibiotic treatment, chronic osteomyelitis is still difficult to cure, as low concentra-
Histopathological changes 7 weeks after implantation of HABs. Longitudinal section of bone with arbekacin-loaded HAB: a, ×9, b, ×90, showing block in contact with new bone (arrows) (non-decalcified toluidine blue staining); c, section of bone with drug-free HAB (×9) showing inflammatory cells and abscess formation (arrows).

Fig. 4. Changes in serum arbekacin concentration after the implantation of antibiotic-loaded HAB (0.84 mg arbekacin/block).

Itokazu et al. recently described a drug-delivery system in which HABs were loaded with antibiotics by a centrifugation method [1]. The slow release of the activity of the aminoglycoside antibiotic arbekacin was demonstrated. A concentration of 0.5 μg/L
(sufficient to inhibit most pathogens) was still maintained after 20 exchanges of phosphate-buffered saline over 40 days. In the present evaluation of the efficacy of arbekacin-loaded HABs in a rat model of osteomyelitis, bacterial counts in animals given implants of antibiotic-loaded blocks were lower than those in the control group throughout the experimental period. Moreover, complete cure was obtained in five of seven rats over a 5-week period of observation. Radiographical evaluation showed improvement in almost all animals with arbekacin-loaded implants. In contrast, deteriorating X-ray changes were seen in all animals given drug-free implants or subcutaneous arbekacin. Histological findings showed marked improvements in rats receiving antibiotic-loaded implants, confirming the benefit of the presence of antibiotics, although bacteria persisted in some lesions. Similar results have been reported in the treatment of experimental osteomyelitis of rabbits with gentamicin-loaded plaster of Paris [7]. In that study bacteria persisted in most animals but there was marked clinical improvement.

Monitoring of serum arbekacin concentrations after implantation of the antibiotic-loaded HABs showed that a peak concentration was achieved after 1 h. Antibiotic was undetectable 3 h after implantation. These results suggest that antibiotic-loaded HABs may be safe to use in combination with intravenous injections. Slow release of antibiotics from HABs produces high localised concentrations which cannot be attained by parenteral therapy because of the risk of side-effects. Antibiotic-loaded HABs prepared by centrifugation may offer a valuable new form of local antibiotic therapy primarily for strut graft and osteomyelitis. Such an approach may be particularly useful in treating bone and joints infected with methicillin-resistant *S. aureus*.

### References


