REVIEW ARTICLE

Staphylococcal scalded skin syndrome

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Summary. Staphylococcal scalded skin syndrome (SSSS) is a recognised clinical entity that affects primarily the very young and, in rare cases, the very old or the immunocompromised. Koch’s postulates have been fulfilled in that: (i) Staphylococcus aureus is isolated from every case; (ii) S. aureus can reproduce the syndrome in an experimental animal model; (iii) a specific extracellular toxin can reproduce the syndrome; and (iv) antibody to the toxin can protect experimental animals. Although exfoliative toxin (ET) is responsible for the skin loosening seen in SSSS, it does not account for all the symptoms of the disease. Purified ET does not cause erythema in either neonatal mice or man, and the lesions are not painful unless the loosened epidermis is removed. This suggests that other factors, e.g., haemolysin, are involved in the pathogenesis of this condition. Although much has been learned about the pathogenesis of the syndrome, we are still largely ignorant of the factors which govern host resistance to SSSS (i.e., intoxication by ET-producing strains of S. aureus). It is fortunate from the patient’s point of view that the aetiological agent can be destroyed readily by the use of appropriate antibiotic therapy.

History and discovery of the syndrome

Staphylococcus aureus continues to be a pathogen of major importance and to evolve new pathogenic capabilities. This propensity is well illustrated in the syndrome known today as staphylococcal scalded skin syndrome (SSSS). The ability of S. aureus to survive and multiply on the skin surface demonstrates its capacity to adapt to a potentially noxious environment comprising various other commensal bacteria and host products of metabolism. Once established in the flora, and this can happen very early in life, S. aureus may colonise rapidly and spread over large areas of the skin surface. In 1956, Lyell1 described a clinical syndrome in which the skin looks and feels as though it has been scalded by hot water. The syndrome was named toxic epidermal necrolysis (TEN), and has been described in infants as Ritter’s disease,2 and in young children3 as staphylococcal TEN (fig. 1). It is very rare in adults. A sudden onset of widespread reddening of the skin is followed by loosening of large areas. Where the loosened skin peels off, a dark red, painful, glistening surface is exposed (fig. 2).

The original description of TEN in four adults1 was followed by multiple descriptions of the syndrome in children.11 S. aureus could be isolated from any of these patients, with most strains belonging to phage group II. It had been shown already that staphylococci belonging to this phage group were associated with impetigo, pemphigus neonatorum and the extremely rare Ritter’s disease.12-17 In particular, phage group II strains are able to cause opacity on serum agar. Subsequently, Parker18 emphasised the correlation between a positive serum opacity reaction, a negative egg-yolk reaction, and the ability to give a sharply delineated zone of inhibition of Corynebacterium diphtheriae amongst impetiginous strains of S. aureus.

However, no attempt was made to differentiate strains of S. aureus isolated from cases of TEN or Ritter’s disease from those isolated from impetigo contagiosa sensu stricto until Arbuthnott et al.19 compared 15 strains from TEN (group E) with 11 strains from impetigo (group L) for their ability to elaborate haemolysins and various exo-enzymes in vitro. Strains from groups E and L were generally similar in their patterns of proteolytic activity, low incidence of positive egg-yolk reaction, possession of lipase and production of hyaluronidase (table I). A subsequent study20 of lipolytic activity amongst these strains showed that the range of lipid substrates attacked by the lipase-esterase complex was greater amongst group E than amongst group L strains. In particular, lipids containing C16 and C18 saturated and unsaturated fatty acids were susceptible to attack by
STAPHYLOCOCCAL SCALDED SKIN SYNDROME

**Clinical features, aetiology and epidemiology of the disease**

The disease originates from a focus of infection in which the producer organism, *S. aureus*, releases an exfoliative toxin (ET) (or epidermolytic toxin) that causes cleavage of the middle layers of the epidermis, bulla formation and, ultimately, slippage of the superficial layer of the epithelium on gentle pressure (a positive Nikolsky sign). Lyell described the clinical manifestations of epidermolytic toxin activity in different age groups and divided them into two groups, A and B (table II). The distinction between groups A and B is usually clear-cut, but can occasionally be difficult, e.g., in confluent impetigo.

The aetiology of SSSS was established firmly when it was demonstrated that strains of *S. aureus* isolated from such patient groups could cause exfoliation in neonatal mice. This reaction was observed whether the staphylococci isolated were from cases exhibiting generalised exfoliation, bullous impetigo or only scarlatiniform rash. These manifestations of disease were assumed to represent the spectrum of clinical responses to infection with the same organism.

The generalised form of SSSS is generally associated
Table I. Enzyme patterns of *S. aureus* strains isolated from TEN (extensive disease, group E) and impetigo contagiosa (localised disease, group L)

<table>
<thead>
<tr>
<th>Source (n)</th>
<th>Gelatinase</th>
<th>Fibrinolysin</th>
<th>Egg-yolk factor</th>
<th>Lipase</th>
<th>Hyaluronidase</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group E (15)</td>
<td>15</td>
<td>8</td>
<td>2</td>
<td>13</td>
<td>14*</td>
</tr>
<tr>
<td>Group L (11)</td>
<td>11</td>
<td>7</td>
<td>2</td>
<td>8</td>
<td>11</td>
</tr>
</tbody>
</table>

*One strain not tested.

Table II. Hydrolysis of Tween and Span compounds by *S. aureus* strains isolated from TEN (extensive disease, group E) and impetigo contagiosa (localised disease, group L)

<table>
<thead>
<tr>
<th>Source</th>
<th>Tween 20</th>
<th>Tween 40</th>
<th>Tween 60</th>
<th>Tween 80</th>
<th>Span 20</th>
<th>Span 40</th>
<th>Span 60</th>
<th>Span 80</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group E</td>
<td>66.6</td>
<td>80</td>
<td>93.3</td>
<td>20</td>
<td>100</td>
<td>53.3</td>
<td>13.3</td>
<td>46.6</td>
</tr>
<tr>
<td>Group L</td>
<td>81.8</td>
<td>81.8</td>
<td>45.1</td>
<td>0</td>
<td>90.9</td>
<td>45.4</td>
<td>0</td>
<td>36.3</td>
</tr>
</tbody>
</table>

Table III. Clinical manifestations of epidemolytic toxin (Lyell\(^2\))

<table>
<thead>
<tr>
<th>Clinical group</th>
<th>Clinical manifestation in</th>
<th>Infants</th>
<th>Children</th>
<th>Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Pemphigus neonatorum</td>
<td>Impetigo (staph.)</td>
<td>Impetigo (staph.)</td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>Ritter’s disease</td>
<td>Toxic epidermal necrosis (TEN)</td>
<td>Adult TEN</td>
<td></td>
</tr>
</tbody>
</table>

with children aged < 10 years. The syndrome has been recognised in only a handful of cases in adults.\(^{28}\) Of these, underlying malignancy together with immunosuppressive therapy, rheumatic heart disease, diabetes mellitus or heroin addiction were recognised as predisposing conditions. Significant bacteraemia appears to be crucial in the development of SSSS in adults without underlying immunocompromise. It is now recognised that the condition is more common in children, where it occurs in previously healthy individuals, has a low mortality rate (3% with appropriate antibiotic therapy), and is usually associated with a trivial infective focus in the conjunctivae or skin. In contrast, in adults the disease is uncommon, the mortality rate is > 50% despite antibiotics, and the initiating infection is likely to be bacteraemia with additional involvement of some degree of host immunocompromise.

In order for knowledge of the ETs and their elaboration by strains of *S. aureus* to help in our understanding of the different clinical manifestations of staphylococcal infection, the host response must also be considered. Normally, impetigo is recognised as pemphigus neonatorum or staphylococcal impetigo contagiosa, and scalding as Ritter’s disease or staphylococcal TEN. It is likely that the age of the host predetermines, at least in some cases, whether impetigo and scalding are commoner in children than in adults—indeed, SSSS is very rare in adults and is seen usually only amongst the immunocompromised (table IV).\(^{23-35}\) With regard to race, it has been stated that black children are less prone to SSSS than white children.\(^{27}\)

**SSSS in adults**

A case of SSSS mimicking an acute graft versus host reaction was recognised in a 53-year-old man after an allogeneic bone marrow transplant for chronic myeloid leukaemia. The patient developed a necrotic rash 90 days after transplant. A diagnosis of SSSS was made when a skin biopsy revealed a typical split in the stratum granulosum and a strain of *S. aureus* belonging to phage group II was isolated from the patient’s blood.\(^{30}\) In some patients, the use of non-steroidal anti-inflammatory drugs may predispose to SSSS.\(^{36}\)
It has also been recognised that SSSS can occur in adults with no underlying disease or predisposing risk factors. In one case a phage group II strain was isolated, while a second case involved a group I/III strain. Both strains produced exfoliatin B (ETB), and a 23-kb plasmid with identical restriction endonuclease digestion fragments was identified in each strain. Such rare strains may be of greater importance than exfoliatin A (ETA)-producers in immunocompetent adults.

Patients with renal disease (decreased glomerular filtration and associated uraemic immunodeficiency) are predisposed to S. aureus. It has also been recognised that SSSS can occur in adults with no underlying disease or predisposing risk factors. In one case a phage group II strain was isolated, while a second case involved a group I/III strain. Both strains produced exfoliatin B (ETB), and a 23-kb plasmid with identical restriction endonuclease digestion fragments was identified in each strain. Such rare strains may be of greater importance than exfoliatin A (ETA)-producers in immunocompetent adults.

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Epidemiology

Epidemiological data on S. aureus strains producing ET are scarce. In a prospective clinical and bacteriological study, 94% S. aureus isolates from 577 dermatological patients were screened for ET production with the neonatal mouse model. Strains were differentiated as producing one of two types of ET—either ETA or ETB—by immunodiffusion. In total, 51% of the S. aureus isolates were identified as ETA producers, of which 98% produced ETA. ETB-producing strains could be isolated from patients in all age groups, although more often in those aged <20 years. A clinical picture of SSSS was seen in 32% of patients carrying ET-producing S. aureus. The remainder were suffering from skin conditions such as tinea, bullous dermatitis, atopic dermatitis, contact dermatitis and focal infections. Interestingly, 66% of patients carrying ET-producers also harboured non-toxinogenic strains of S. aureus. Epidemiologically, it can be concluded that the carriage of ET-producing strains of S. aureus in patients not showing SSSS but with other dermatological conditions may be important.

It has also been shown that there are geographic differences in the incidence of strains producing ETA, ETB, both ETA and ETB, or no exfoliation. Production of ETA alone, or ETA plus ETB, is associated strongly with phage group II staphylococci in the UK and Ireland, whereas there appears to be some association between ETB production and non-phage group II strains in Japan (tables V and VI).

Nursery outbreaks of SSSS are usually caused by a single toxin-producing strain of S. aureus and may involve many infants. The strain is usually of phage group II, but strains of different phage groups have also been implicated. However, one outbreak in a maternity hospital was shown to take place in three phases in which two distinct tetracycline-resistant strains producing different ETs were involved. In the first phase, the daytime staff of the delivery unit were implicated and eczematous skin conditions in midwives were the probable source. In the second phase, a source within a postnatal ward was suggested, with subsequent local cross-infection. In the final phase, both sources were linked epidemiologically to cases of SSSS. Thirty babies were involved—all 11 in phase I yielded ETB-producing S. aureus, 10 in phase II yielded ETA-producing S. aureus, and seven produced ETB and two produced ETA in phase III. Differences in plasmid content were also observed.

Discovery, isolation and properties of ET (epidermolytic toxin)

The toxin responsible for the skin changes is an exotoxin elaborated by the staphylococci only during the logarithmic phase of growth. There appear to be two forms of the toxin—designated ETA and ETB—which differ in their antigenic specificity and heat stability. Many strains of S. aureus produce both toxins simultaneously. Control of synthesis of ETA is encoded by the bacterial chromosome, whereas ETB is encoded by a plasmid. Both genes have been sequenced and the ETA gene has been cloned in
Table VII. Properties of staphylococcal ETs

<table>
<thead>
<tr>
<th>Property</th>
<th>ETA</th>
<th>ETB</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mol. wt</td>
<td>30 000</td>
<td>29 500</td>
</tr>
<tr>
<td>Iso-electric point</td>
<td>7.0</td>
<td>6.9</td>
</tr>
<tr>
<td>Heat sensitivity</td>
<td>Stable</td>
<td>Labile</td>
</tr>
<tr>
<td>Genetic control</td>
<td>Chromosomal</td>
<td>Plasmid</td>
</tr>
</tbody>
</table>

The toxins also differ in mol. wt as well as immunologically (see table VII), with the plasmid-encoded toxin having the lower mol. wt.48 Furthermore, it was found that these toxins were elaborated by phage group I and III strains of S. aureus as well as the hitherto well-recognised group II strains.49 The toxin appears to act purely extracellularly, separating cells from the stratum granulosum and stratum spinosus cells with the epidermis.50 Splitting of the desmosomes produces a cleavage plane which results in exfoliation.51 No effect is seen on nearby basal cells (figs. 3 and 4). Toxaemia can be demonstrated in patients with generalised SSSS,52 but only at the limits of serological detection (1–5 μg/ml of serum).

Beneath and attached to the desmosome lies a condensation of filaments which help maintain the cytoskeleton by forming a framework within the cell. The toxin binds to the filaggrin group of proteins53 which support these filaments. The mechanism of epidermolysis is unknown, although it is assumed that intercellular cohesive forces, mostly generated by desmosomes, are disrupted. It had been postulated that ETA and ETB might themselves be, or be inducers of, proteolytic enzymes54 causing desmosome disruption.51 However, addition of protease inhibitors to both in-vitro and in-vivo models of epidermolysis failed to inhibit epidermal splitting55,56–58 and, until the demonstration of similarities between ET and serine protease (see below), it was agreed generally that ET had no proteolytic activity.

The nucleotide sequences of ETA and ETB have been established by three groups of workers.56–58 No evidence of a homologous relationship between the toxins and any other proteins was noted by these workers, but it was found subsequently that the amino-acid sequences of ETA and ETB have a marked resemblance to that of the proteinase of S. aureus strain V8, with c. 25% identity between ETA and the serine proteinase.59 In addition, it has been shown that both ETA and serine proteinase bind to di-isopropyl phosphorofluoridate.59 With serine proteinase, this binding takes place at serine-169, while with ETA it occurs at serine-195. Such information would suggest a functional relationship,60 but it is now well established that ETA has no proteolytic activity.55 Substitution of the serine-195 residue by a cysteine residue led to a biologically inactive protein.61 A potential Ca²⁺-binding loop was identified on the basis of sequence similarity with the second Ca²⁺-binding loop of rat intestinal calcium binding protein. Epid-

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Fig. 3. Histological section of biopsy material from a case of SSSS showing the characteristic sub-corneal splitting (reproduced courtesy of Professor J. P. Arbuthnott).
ermolysis caused by ETA in the mouse bioassay was shown to be inhibited by the presence of EDTA, i.e., consistent with a Ca\(^{2+}\)-dependent mechanism.\(^{49}\) Epidermolysis occurred without any change in rate through the pH range 3.8–8.7, and at an increasing rate in the temperature range 0–37°C. Even in the presence of inhibitors of energy metabolism, central metabolic pathways, receptor binding\(^6^3\) or proteolysis, epidermolysis was not prevented, and Smith and Bailey\(^6^2\) suggested that intoxication cannot depend on receptor-mediated endocytosis.

The search for the cellular receptor of ET was described by Kondo and Sakurai,\(^6^4\) who showed that a substance could be extracted from emulsified skin tissue of new-born mice with SDS 1\% w/v. The extract was able to inactivate ET after incubation at 37°C for \(<\) 3 h. In contrast, the same fraction from adult mice showed only very weak toxin inactivation. The ability of the SDS extract to neutralise or combine with ET was not lost with trypsin, pronase or heat-treatment at 100°C, suggesting that the complexing agent is not a protein. On the basis of earlier knowledge that certain gangliosides can act as receptors for bacterial toxins (e.g., cholera toxin or tetanus toxin), the same authors used bovine brain gangliosides in their studies with ET and found that mixtures of ET with GM\(_1\) ganglioside failed to elicit a positive Nikolsky sign following injection into neonatal mice. However, the presence of this ganglioside in neonatal mouse skin has not been described.

Both ETA and ETB are now recognised as belonging to the group of bacterial exoproducts—known as superantigens\(^6^5\)—which are capable of stimulating T lymphocytes by a mechanism quite distinct from that induced by conventional antigens.\(^6^6\)

A conventional antigen is normally processed initially by an antigen-presenting cell, such as a macrophage, which then presents the antigen at the cell surface within a groove of the MHC class II molecule. This complex is recognised by a small number (1 in \(10^6\)) of T cells which bear specific receptors for this antigen. This highly specific interaction involves the variable joining and diversity positions of both the \(\alpha\) and \(\beta\) chains of the T-cell receptor.

In contrast, superantigens are able to stimulate a vast number of T cells by directly binding class II molecules of the antigen-presenting cells to the T-cell receptor. This interaction is restricted only by the specificity of the variable portion of the \(\beta\) (V\(\beta\)) chain. Any given superantigen stimulates a specific set of V\(\beta\) families, and since there are only about 20 V\(\beta\) families, a superantigen is capable of stimulating, \(\textit{per se,}\) \(c.\) 5\% of all T cells. The resultant excessive activation of cytokines, complement and clotting cascades, plus the production of free oxygen radicals and nitric oxide, may contribute to disease syndromes in which a superantigen is elaborated by the aetiological agent. Unlike another staphylococcal disease syndrome, toxic shock, the involvement of T-cell activation by a superantigen has not been investigated.

**Genetic control of ET biosynthesis**

Initial studies,\(^6^7\) involving growth at elevated temperatures in the presence of ethidium bromide, caused the loss of ET production by \(S.\) \(aureus\), thereby implicating a plasmid. Moreover, a plasmid band at 56S after sucrose density gradient centrifugation correlated with ET and bacteriocin markers in toxigenic strains. However, in some toxin-producing strains, the capacity to form ET could not be eliminated completely by ethidium bromide curing. This suggested a possible chromosomal involvement in the control of
ET biosynthesis. Later studies showed that control of synthesis of serologically distinct forms of ET (ETA and ETB) was encoded by the chromosome and a plasmid, respectively. It is now clear that a 42-kb plasmid is associated with ETB production, and restriction endonuclease analysis of this plasmid from several ET-producing strains has revealed similarities.

Antibody response to ET

Radioimmunoassay (RIA) has been used to measure the prevalence of antibodies directed specifically against ETA in normal individuals and those with SSSS. Evidence suggesting the presence of antibody was found in 88% of infant cord blood samples; thereafter, the level fell with increasing age until the age of 2 years (table VIII). A progressive increase in the presence of antibody with age followed. Patients with SSSS do not exhibit specific antibody during the acute phase of illness, but do so during convalescence. Similar results obtained by RIA have been reported by others. In contrast, patients with bullous impetigo possess circulating antibody against ETA. Similar results obtained by RIA have been reported by others.

Table VIII. Influence of age on the prevalence of antibody to ETA

<table>
<thead>
<tr>
<th>Age of individual (years)</th>
<th>Number tested</th>
<th>Number (% of individuals with ETA antibody)</th>
</tr>
</thead>
<tbody>
<tr>
<td>At birth</td>
<td>21</td>
<td>18 (88)</td>
</tr>
<tr>
<td>0.25–2</td>
<td>47</td>
<td>14 (30)</td>
</tr>
<tr>
<td>2–5</td>
<td>57</td>
<td>30 (42)</td>
</tr>
<tr>
<td>5–10</td>
<td>34</td>
<td>17 (50)</td>
</tr>
<tr>
<td>10–20</td>
<td>13</td>
<td>10 (77)</td>
</tr>
<tr>
<td>20–40</td>
<td>88</td>
<td>72 (82)</td>
</tr>
<tr>
<td>40–70</td>
<td>23</td>
<td>21 (91)</td>
</tr>
</tbody>
</table>

Table IX. Effect of ETA immunisation on exfoliation in high- and low-responder mouse groups

<table>
<thead>
<tr>
<th>Mouse strain used</th>
<th>Treatment</th>
<th>Dose of ETA causing exfoliation</th>
</tr>
</thead>
<tbody>
<tr>
<td>High-responder</td>
<td>Immunised with ETA</td>
<td>8 µg</td>
</tr>
<tr>
<td></td>
<td>No immunisation</td>
<td>0.8 µg</td>
</tr>
<tr>
<td>Low-responder</td>
<td>Immunised with ETA</td>
<td>0.8 µg</td>
</tr>
<tr>
<td></td>
<td>No immunisation</td>
<td>0.8 µg</td>
</tr>
</tbody>
</table>

according to Mendelian principles. It was concluded that a single autosomal dominant gene within the H-2 complex controlled the production of antibody to ETA.

In contrast, mouse susceptibility to ETA was not related to their H-2 complexes. The granular layer in the skin of neonatal mice was the target of ET, with doses of ET as low as 0.38 µg showing activity. Immunisation of high-responders with ETA produced neonates resistant to 2.4 µg of ETA, but not 8 µg of ETA (table IX). Although the specific tissue location of the maternal antibody to ETA transferred to the newborn mouse was not identified, it is assumed that the placentally-transferred antibody has toxin-neutralising activity.

Experimental models of SSSS

Newborn mice (i.e., < 5 days old) are more susceptible to infection with *S. aureus* than older mice. Melish and Glasgow noted that phage group II isolates from both extensive and localised lesions produced a uniform response in newborn mice (fig. 5). Subcutaneous or intraperitoneal injection of viable bacteria resulted in extensive splitting of the epidermis that resembled TEN in man.

Employing the same neonatal mouse model, the existence of a diffusible factor (epidermolytic toxin; ET) in culture filtrates of a phage type II *S. aureus* strain isolated from a case of TEN was demonstrated. Subsequently, the same authors purified this toxin and showed that the purified product also displayed biological activity in the neonatal mouse model (fig. 6). No skin changes occurred in > 7 day old mice. The response was dose-dependent, with animals infected intraperitoneally with either 10⁶ or 10⁵ viable staphylococci displaying a similar clinical course with the development of a positive Nikolsky sign—i.e., peeling of the epidermis following slight rubbing of the skin—12 and 16 h after infection. For these animals, ET was first detected in the blood after only 2 h and reached a peak (14000 µg/ml) 6 h later. In contrast, animals inoculated with 10⁴ and 10² bacteria did not become ill and no ET was found in the animals' blood after 8 h. although 224 µg/ml was detected after 20 h. However, older mice proved to be much more resistant to infection by staphylococci.

The factor described as "exfoliatin", isolated by
Kapral and Miller,77 also displayed biological activity in mouse epidermis. Both toxins caused intense reddening of the skin within 2 h, extensive loosening of the skin at 4–5 h, and death after 5–8 h. Histological examination revealed splitting of the epidermis similar to that obtained with viable organisms. The minimum effective dose of lyophilised culture filtrate was 200 µg, and the response was age dependent. Two-day-old mice were more sensitive than 6-day-old mice. The development of resistance to ET may be caused by: (a)
the formation of an inhibitory substance in older mice; 
(b) an altered susceptibility of cells in the epidermis; or 
(c) immunological factors. It is not possible to state 
which mechanism is operating. Nevertheless, it is clear 
that the age difference in susceptibility to ET in mice 
may also be relevant in man. The neonatal mouse 
model remains one of the most sensitive assays for ET 
activity in strains of S. aureus.

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