Factors that influence the interaction of *Campylobacter jejuni* with cultured mammalian cells

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Summary. Although *Campylobacter jejuni* is now recognised as a common enteric pathogen, the mechanisms by which this organism produces enteritis remain ill-defined. It has been proposed that its abilities to adhere to and enter epithelial cells represent properties essential to virulence. However, the characteristics of these interactions and factors that may influence the association of *C. jejuni* with epithelial cells are incompletely described. We have determined that the ability of *C. jejuni* to bind to epithelial cell lines in vitro is significantly affected by the growth temperature and growth stage of the bacteria, but not by growth-medium composition. Binding of *C. jejuni* to cultured cells is not affected by temperature or phylogenetic origin of the target cell, and exhibits a non-uniform or patchy distribution. In contrast, internalisation is markedly diminished at low temperature, appears to involve active invagination of the target cell membrane via pseudopod formation, and is maximal when cells of human origin are employed.

Introduction

*Campylobacter jejuni* is a significant cause of enteritis in man. However, the pathogenic mechanisms associated with *C. jejuni*-mediated enteritis are unclear and the virulence factors of *C. jejuni* remain ill-defined. Proposed virulence factors include adherence, invasiveness and the production of toxins. Of these attributes, the ability of *C. jejuni* to adhere to host cells has been suggested to be essential for virulence. For example, Fauchere et al. found that *C. jejuni* isolates from patients with fever and diarrhoea more frequently bound to mammalian cell lines than isolates from individuals without diarrhoea or fever.

The goal of most investigations of the ability of *C. jejuni* to bind to mammalian cells has been the identification of potential adherence factors or adhesins. Possible adhesins include outer-membrane proteins, flagella and lipopolysaccharide, but their roles remain largely speculative. Although investigators have been attempting to identify outer-membrane components that play a role in bacterial adherence, bacterial growth conditions and their relationship to the expression of adherence and other factors remain largely unexplored. Indeed, there is little discussion in published works of the influence of conditions used for the culture of *C. jejuni* on experimental observations concerning adherence and internalisation. Buck et al. suggested that the age of the culture might influence various phenotypic properties of *C. jejuni*. They reported that, as the bacteria age or mature, their morphology alters from the typical spiral-shaped appearance to coccoid forms, which predominate in older cultures and are believed to represent a degenerate state produced by unfavourable growth conditions. Furthermore, the characteristics of *C. jejuni* interactions with cultured cells, including the kinetics of attachment and internalisation and other physical properties, are incompletely described. This lack of information has hampered comparisons with the properties of other, better-described invasive bacterial pathogens.

In the present study, factors influencing the association of *C. jejuni* with cultured mammalian cells were examined in vitro. The methodology allowed direct observation of the cultured cells and quantitation of cell-associated bacteria.

Materials and methods

**Bacterial strains**

*Campylobacter jejuni* isolates M129 and T6644 were obtained from Dr K. Ryan (University Medical Center, Tucson, AZ) as primary clinical isolates from patients with fever and bloody diarrhoea. *C. jejuni* isolate 87–95 (previously designated A3249) was obtained from Dr M. Blaser (Vanderbilt University, Nashville, TN) and has been described previously. *C. jejuni* isolates were stored frozen at $-70^\circ$C in citrated bovine blood
5% v/v as described elsewhere. The stock cultures were quickly thawed in a water bath at 37°C and 1–2 drops of the suspension were added to the surface of a Mueller-Hinton (MH) agar plate containing citrated bovine blood 5% v/v (MH blood agar). Cultures were incubated at 37°C in BBL Gas-Pak jars with BBL CampyPak Plus packets containing a palladium catalyst (Becton Dickinson, MD). The bacterial cultures were routinely passaged every 24 or 48 h. No bacterial isolate was passaged more than 12 times after primary isolation. Unless otherwise stated, all cultures were subcultured 24 h before use in experimental assays. The bacteria were harvested from MH blood agar plates with phosphate-buffered saline (PBS) and centrifuged at 6000 g for 10 min. Supernatant fluids were removed and the pellets were suspended in Eagle’s Minimal Essential Medium (MEM) supplemented with fetal bovine serum (FBS) 1% v/v for use in experiments.

Mammalian cell culture

Stock cultures of INT 407 (human embryonic intestine, ATCC CCL 6), HeP-2 (human laryngeal epidermoid carcinoma, ATCC CCL 23), 293 (transformed human embryonic kidney, ATCC 1573-CRL), HeLa (human epithelial cervical carcinoma ATCC CCL2), Vero (African green monkey kidney, ATCC CCL 81), CHO-K1 (Chinese hamster ovary, ATCC CCL 61), and MDCK (Madin-Darby canine kidney, ATCC CCL 34) cell lines were obtained from the American Type Culture Collection. INT 407, HeP-2, 293, Vero, HeLa and MDCK cells were grown as monolayers in MEM supplemented with FBS 10% v/v. CHO-K1 cells were grown in Ham’s F12 medium with FBS 10% v/v. All cell lines were grown without antibiotics. The cultures were incubated in a CO2 5% v/v incubator at 37°C. For experimental assays, cultures were harvested by mild trypsinisation and seeded into 24-well tissue culture trays at 7.0 × 10^4 cells/well and incubated for 24 h at 37°C.

Adherence and internalisation assays

Semi-confluent monolayers of cultured cells in 24-well plates were rinsed once with pre-warmed MEM supplemented with FBS 1% v/v. The medium overlying the monolayers was then removed and the cultures were inoculated with 5 × 10^7 cfu of C. jejuni in 0.5 ml of MEM supplemented with FBS 1% v/v (c. 7 × 10^8 bacteria/mammalian cell) unless otherwise indicated. The plates were centrifuged at 600 g for 10 min to enhance the association of the bacteria with the cells and to minimise motility-dependent effects. Bacteria were allowed to adhere to the cells for 30 min at 37°C in a CO2 incubator. After incubation, the monolayers were washed three times with PBS and the cells were lysed with sodium deoxycholate 0.5% w/v. Adherent bacteria were counted by plating serial dilutions of the suspensions on MH blood agar plates and counting the resulting colonies. A modification of this assay was used to study the effect of temperature on the association of C. jejuni with INT 407 cells. Bacterial pellets were suspended in Dulbecco’s PBS, to avoid changes in pH associated with the different incubation conditions, and diluted to 1 × 10^6 cfu/ml. The cell monolayers were inoculated with 0.5 ml of the C. jejuni suspension and then incubated for the appropriate amount of time at various temperatures under ambient atmospheric conditions. The number of adherent bacteria was determined as described above.

To examine internalisation, the cell monolayers in 24-well plates were rinsed once with pre-warmed MEM supplemented with FBS 1% v/v and each well was inoculated with 5 × 10^7 cfu of C. jejuni. The plates were then centrifuged at 600 g for 10 min. Each 24-well plate was incubated for 3 h at 37°C in a CO2 incubator to allow the bacteria to adhere to and internalise within the epithelial cells. After incubation, the monolayers were rinsed three times with MEM and then incubated in MEM containing FBS 1% v/v and gentamicin sulphate 250 μg/ml for 3 h at 37°C in a CO2 incubator. After incubation, the infected monolayers were washed three times with PBS and lysed with sodium deoxycholate 0.5% w/v. The number of internalised bacteria was determined by diluting the suspensions in PBS and counting colonies on MH blood agar plates. When the effect of temperature on internalisation was examined, Dulbecco’s PBS was used instead of MEM.

The assays were performed a minimum of three times each in triplicate or quadruplicate. The 95% confidence intervals of the means for individual experiments were calculated from the SEM and the critical values of the Student’s t-distribution for the corresponding number of replicates. Statistical comparisons were done with the unpaired Mann-Whitney two-sample tests.

Preparation of hyperimmune serum

New Zealand White rabbits were immunised at 2-week intervals with formalin-inactivated C. jejuni isolate 87-95 by subcutaneous injection. After four immunisations, serum was collected and the presence of anti-C. jejuni antibodies was determined by indirect immunofluorescence and by immunoblotting.

Immunofluorescence assays

Indirect immunofluorescence was performed on HeP-2 cell monolayers essentially as described by Knutton et al. Sterile, round coverslips (13 mm) were placed in each well of a 24-well plate and seeded with 3.75 × 10^4 cells. The cells were incubated at 37°C for 24 h in a CO2 incubator and washed once with MEM containing FBS 1% v/v immediately before the assay. The monolayers were inoculated with bacteria
and plates were centrifuged as described for the internalisation assay. Wells containing semi-confluent monolayers of HEp-2 cells without added bacteria served as controls. After centrifugation, the coverslips were processed immediately to assess the number of cell-associated bacteria. The cell monolayers were washed three times with PBS and fixed for 20 min with formaldehyde 3% w/v. After three washes with PBS, cells were permeabilised with Triton X-100 0.1% v/v in PBS for 5 min. The cell monolayers were then washed three times with PBS, treated with a hyperimmune rabbit antibody (diluted 1 in 100 in PBS) against C. jejuni for 45 min at 37°C, and rinsed three times with PBS. Each coverslip was then treated with the F(ab')₂ fragments of rhodamine-conjugated goat anti-rabbit IgG (final concentration 10 μg/ml) for 30 min at 37°C. The cell monolayers were permeabilised with Triton X-100 0.1% v/v in PBS for 5 min. The cell monolayers were then washed three times with PBS, treated with a hyperimmune rabbit antibody (diluted 1 in 100 in PBS) against C. jejuni for 45 min at 37°C, and rinsed three times with PBS. Each coverslip was then treated with the F(ab')₂ fragments of rhodamine-conjugated goat anti-rabbit IgG (final concentration 10 μg/ml) for 30 min at 37°C. In some experiments, the cells were incubated for a further 3 h at 37°C in a CO₂ incubator to examine the effects of C. jejuni adherence on cellular actin distribution. For all experiments, the coverslips were washed three times with PBS and mounted in glycerol-PBS. The samples were examined with a Leitz fluorescence microscope.

Scanning electronmicroscopy

Cell monolayers were grown on 13-mm round coverslips as described for the immunofluorescence assays. After inoculation and centrifugation of the plates, the monolayers were incubated in a CO₂ incubator at 37°C. The assays were terminated by washing each well three times with PBS and fixing the cell monolayers with glutaraldehyde 2.5% w/v. After dehydration, each sample was dried in a critical point dryer (Balzers Union). The coverslips were attached to stubs with double-sided tape and coated with 20 nm of gold-palladium. The samples were viewed in a Joel 35CF scanning electronmicroscope.

Results

Effect of bacterial growth conditions on adherence

To determine if bacterial growth phase influences the ability of C. jejuni isolate M129 to adhere to INT 407 cells, organisms were cultured on MH blood agar medium at 37°C for various periods. C. jejuni M129 cells were harvested and assayed for adherence after 24, 48 and 72 h and tested for their ability to adhere to INT 407 cells (fig. 1). Maximal adherence of C. jejuni to INT 407 cells was observed with cultures harvested at 24 h. Only slight reductions in adherence were noted for bacteria harvested after incubation for 48 h. However, a significant decrease in adherence was exhibited by cultures incubated for 72 h. Scanning electronmicroscopy revealed significant morphological differences among the cultures (data not shown). Bacteria harvested after 24 h exhibited a uniform spiral morphology typical of C. jejuni, whereas 50% of the bacteria from the 48-h culture and >70% of bacteria from the 72-h cultures exhibited a rounded morphology. C. jejuni M129 was also cultured in two different types of growth media to determine if medium composition or form affects adherence properties. No significant differences in adherence properties were detected between bacteria harvested from either brain heart infusion liquid medium or MH blood agar plates. C. jejuni was also grown at several different temperatures for 24 h on MH blood agar plates and examined for the ability to attach to INT 407 cells (fig. 2).

Fig. 1. Adherence to INT 407 cells of C. jejuni M129 grown for various times on MH blood agar plates. The values for a representative assay are the mean percentages of the number of adherent C. jejuni in the inocula and were derived from counts of triplicate wells. Error bars represent the 95% CI of the mean values. Adherence of cultures grown for 24 and 72 h was significantly different (p < 0.05).

Fig. 2. Effect of bacterial growth temperature on adherence to INT 407 cells of C. jejuni M129 grown on MH blood agar. Cells were harvested and assayed for adherence after 24 h. The values for a representative assay are the mean percentages of adherent bacteria in the inocula derived from counts of quadruplicate wells. Error bars represent the 95% CI of the mean values. Adherence of bacteria grown at 37°C was significantly greater than adherence of organisms grown at either 30°C or 42°C (p < 0.05).
Maximum adherence was observed with bacteria grown at 37°C. Bacteria grown at 42°C exhibited a 66% decrease, on average, and bacteria grown at 30°C exhibited a 91% decrease in binding when compared to bacteria grown at 37°C. Scanning electromicroscopy of individual colonies revealed only minor differences in morphology among the bacteria grown at the different temperatures (data not shown). However, the organisms grown at 30°C were slightly more pleomorphic than bacteria grown at the other temperatures.

**Kinetics of bacterial adherence**

The number of adherent bacteria after centrifugation of *C. jejuni* on to INT 407 cell monolayers was determined at 15-min intervals for the first hour of incubation and at 30-min intervals for a further 2 h. No significant differences were found in the number of adherent bacteria during the 3-h period. However, the percentage of cell-attached *C. jejuni* increased with inoculum size (table). As the inoculum was increased from c. 1000 to 25000 bacteria/cell, an increase in the percentage of attached bacteria was observed. The percentage of attached bacteria did not change when the infective dose was less than 1000 bacteria/cell. Accordingly, inoculum ratios of less than 1000 bacteria/cell were used in further experiments. The percentage of HEp-2 cells with attached bacteria was determined by indirect immunofluorescence (fig. 3), and varied from 70 to 100% depending on the inoculum size. The assays also revealed that the bacteria did not bind evenly over the surface of the cultured cells, but exhibited a patchy distribution characteristic of localised adherence.

**Effect of temperature on adherence and internalisation of *C. jejuni***

Assay temperature did not have a significant effect on the ability of the bacteria to bind to cultured cells (fig. 4). Although the greatest number of attached bacteria was observed at 4°C, only slightly fewer adherent bacteria were found at 25°C and 37°C. In contrast, entry of *C. jejuni* into the epithelial cells was temperature-dependent. A decline, by a factor of 1000, in the number of internalised bacteria was observed when the adherence assay was performed at 4°C when compared to binding at 37°C. As a control, monolayers infected and washed at 4°C were then incubated at 37°C for 3 h before addition of gentamicin. Although the number of internalised bacteria was not equal to that in the samples incubated at 37°C alone, a sharp increase in the number of internalised bacteria was observed over those cultures incubated only at 4°C, indicating the reversibility of the effect.
Ultrastructural features of C. jejuni association with cultured cells

To visualise the interaction of the bacteria with host cells, the samples were examined by scanning electron microscopy (fig. 5). Contact between the bacteria and cells appeared to be initiated by the tips of the flagella (fig. 5b, c, e). After the initial contact of the bacteria with the host cells, pseudopods extending from the surfaces of INT 407 cells were often observed enveloping the bacteria (fig. 5d, f).

The non-uniform pattern of adherence revealed by fluorescence microscopy suggested the possibility that C. jejuni binding to epithelial cells might bear similarities to the adherence pattern exhibited by enteropathogenic Escherichia coli (EPEC). Such E. coli strains adhere to HEp-2 cells in a pattern described as localised adherence and induce the accumulation of filamentous actin beneath the sites of attachment. When C. jejuni cells were allowed to adhere to HEp-2

Fig. 4. Effect of temperature on adherence and internalisation in INT 407 cell monolayer cultures inoculated with C. jejuni M129 grown at 37°C for 24 h and incubated for 0.5 h to determine adherence (□) or 3 h to assess internalisation (■). The values for a representative assay are the means of counts derived from triplicate wells. Error bars represent the 95% CI of the mean values. Internalisation at 37°C was significantly different from that at 4°C (p < 0.05).

Fig. 5. Interaction of a 24-h culture of C. jejuni M129 with monolayer cultures of INT 407 cells. Cultures were washed and fixed immediately after centrifugation (a, b) or after incubation at 37°C for 30 min (c), 60 min (d) or 90 min (e, f) and processed for scanning electron microscopy. The spiral appearance of C. jejuni was typical of bacteria harvested from MH agar plates after incubation for 24 h. Thin arrows (in b, c, e) indicate areas where flagella are seen to interact directly with INT 407 cells. Thick arrows (in d, f) indicate pseudopods interacting with the bacteria. Bars, 1 μm.
or INT 407 cells, staining of cellular microfilaments with fluorescein-conjugated phalloidin did not reveal the presence of any dense concentrations of actin in association with the sites of C. jejuni attachment or other overt alterations in the distribution of cellular actin.

Adherence and internalisation of C. jejuni to various cell lines

The ability of C. jejuni to adhere to and enter various cell lines (INT 407, HEP-2, HeLa, 293, Vero, CHO-K1 and MDCK) was examined to determine if C. jejuni displays preferential interaction with cells of certain tissue or species derivation (fig. 6). C. jejuni isolate T6644 bound to each cell line tested with approximately equal efficiency. However, differences were noted in the number of viable, internalised bacteria with the different cell lines. C. jejuni appeared to be most effectively internalised by the epithelial-like cell lines of human origin (INT 407, HEP-2, HeLa, and 293). Both epithelial-like cell lines of non-human origin, MDCK and CHO-K1, appeared to be less effective targets for internalisation, as did Vero, a fibroblast-like cell line. Similar results were obtained with C. jejuni isolate M129.

Discussion

The structural and molecular bases for C. jejuni adherence to epithelial cells are ill-defined. The specific roles of flagella, lipopolysaccharide, and outer-membrane components in adherence remain conjectural. While the relevance of in-vitro observations of C. jejuni adherence to cultured epithelial cells in relation to the pathobiological behaviour of the bacteria in vivo is not known, it is likely that adherence to such types of cells is important to the ability of C. jejuni to colonise the human gastrointestinal tract. Furthermore, adherence and internalisation may be the primary virulence mechanisms that result in the overt manifestations of C. jejuni-mediated enteritis, including diarrhoea and inflammation. In-vitro models offer the advantage that parameters that could possibly influence the ability of organisms to interact with mammalian cells may be readily manipulated, thus allowing the evaluation of conditions that might lead to altered expression of virulence determinants. It is well known that bacterial culture conditions influence the expression of virulence determinants of other pathogenic bacteria. In this study, the effects of culture conditions and assay parameters were examined to determine if they affect the ability of C. jejuni to adhere to and enter cultured mammalian cells, and we have described the distribution and ultrastructural features of C. jejuni adherence to epithelial cells.

C. jejuni harvested from earlier phases of growth exhibited greater adherence to INT 407 epithelial cells than did bacteria obtained from older colonies (e.g., 72 h). Colonial age has also been reported to affect the adherence of Vibrio para-haemolyticus to human fetal intestinal cells. Bacterial growth temperature also had a marked effect on the ability of C. jejuni to bind to INT 407 cells. A significant and reproducible increase in C. jejuni adherence to INT 407 cells was observed when organisms were grown at 37°C rather than at either 30°C or 42°C. We do not believe that the increase in pleomorphic morphology observed amongst organisms grown at 30°C is, in itself, significant, because morphological alterations attendant to bacterial cultures grown for 48 h at 37°C did not appear to affect adherence. It is possible that temperature-dependent selection of less adherent variants occurs at either higher or lower temperatures. Different growth temperature may result in altered synthesis or deposition of bacterial surface components that affect adherence through specific binding or through the alteration of surface hydrophobicity or charge. Walan and Kihlström found that clinical isolates of C. jejuni with a high net negative charge and a weakly hydrophobic surface showed a greater tendency to adhere to human intestine HT-29 cells than strains with a less negative charge and a more hydrophobic surface. It is also noteworthy that we have been able to detect both qualitative and quantitative changes in the surface protein profile of C. jejuni isolates grown at various temperatures, as judged by cell surface radio-iodination (W. Cieplak and M. E. Konkel, unpublished observations). The effect of growth temperature on deposition of surface proteins and adherence may indicate the presence of a regulatory system that is directly affected by temperature and acts on one or more structural genes. Such temperature-dependent regulatory systems have been described for Bordetella,
Shigella and Yersinia spp. Accordingly, we are continuing to examine the extent to which growth temperature affects the surface properties of *C. jejuni*.

Indirect fluorescence microscopy was used to determine the pattern of *C. jejuni* binding to epithelial cells. *C. jejuni* did not bind diffusely to the surface of HEp-2 cells, but rather bound in a localised manner. This may be a reflection of the distribution of surface constituents to which the organisms bind. Localised adherence has also been observed with *Helicobacter pylori* binding to HGT1 cells, a gastric cell line. *C. jejuni* appears to bind to HEp-2 cells in a fashion similar to that exhibited by certain strains of enteropathogenic *E. coli* (EPEC), specifically those serogroups which are most commonly associated with diarrhoeal disease. The attachment of EPEC strains to HEp-2 cells produces an attaching and effacing lesion that is characterised by dense concentrations of microfilaments which accumulate beneath the sites of attached bacteria. However, attachment of *C. jejuni* to HEp-2 cells did not produce an actin accumulation characteristic of the formation of attaching and effacing-type lesions.

Direct visualisation of infected cells by scanning electronmicroscopy revealed that the flagella may be involved in mediating the attachment of *C. jejuni* to host cells. McSweegan and Walker found that removal of the flagella by shearing reduced *C. jejuni* adherence to INT 407 cells, whereas treatment of the bacteria with KCN to immobilise the flagella increased adhesion. We have also observed a reduction in adherent *C. jejuni* when they are subjected to mechanical shearing before inoculation of INT 407 cell monolayers; however, the reduction was not observed when the bacteria were centrifuged on to the cell monolayers, suggesting that flagella promote adherence by facilitating cell contact through motility-dependent mechanisms (M. E. Konkel and W. Cieplak, unpublished observations). Our current efforts are directed at assessing the contribution of flagella to binding through the use of stable, non-flagellate mutants and their isogenic counterparts. Electronmicroscopic observations of colonies of *C. jejuni* also revealed the presence of flocculent extracellular material that appeared to be loosely associated with the bacterial cell surface (M. E. Konkel and S. F. Hayes, unpublished observations). This material is lost during the washing procedures employed in the preparation of bacteria for the adherence assay as judged by its absence on washed cells. The loosely associated extracellular material that was observed on freshly prepared, unwashed bacteria by electronmicroscopy did not have a significant effect on binding as judged by the failure of unwashed bacteria to exhibit reproducible increases or decreases in adherence to the cell lines employed. The biochemical nature of this material is unknown.

Scanning electronmicroscopy revealed that host cell pseudopods interact directly with attached *C. jejuni*. This event appeared to be a pre-requisite for bacterial internalisation. Consistent with active target cell participation, the internalisation of *C. jejuni* by INT 407 cells is a temperature-dependent event. When cells were incubated with *C. jejuni* at 4°C, a significant reduction in internalised bacteria was observed. Previous studies with *C. jejuni* have demonstrated that host cell microfilaments actively participate in bacterial entry. Cytochalasin B inhibits the internalisation of *C. jejuni* by various cells in a dose-dependent manner. Lack of entry at low temperature and the involvement of cellular pseudopods in entry have been observed during the interaction of *Y. pseudotuberculosis* with HeLa cells.

Finally, *C. jejuni* were tested for their ability to bind to human and non-human cell lines. Although the bacteria were found to bind to each cell line with equal efficiency, a greater number of internalised viable *C. jejuni* were found when cells of human origin were employed. The difference did not appear to be necessarily attributable to the tissue origin of the target cell or morphological appearance (epithelial-like vs fibroblast-like). Possible explanations for this finding are that the non-human-derived cell lines may express different types or amounts of binding components or that *C. jejuni* survival is increased in human-derived cell lines after internalisation. The apparent preference of human- over non-human-derived cell lines in internalisation may be relevant to the difficulty in establishing a simple, reproducible animal model of *C. jejuni*-mediated disease. Finding a non-human cell line which is capable of internalising *C. jejuni* with an efficiency equal to human-derived cell lines may help to identify a suitable animal model for human disease.

In-vitro models have been used with increasing frequency to study the adherence properties of *C. jejuni*. However, the methodology associated with such assays has, to a certain extent, lacked uniformity. For example, inocula have been prepared from *C. jejuni* grown at various temperatures (37°C or 42°C) and assays have utilised various cell types. This study has helped to identify the conditions that influence the interactions of *C. jejuni* with cultured mammalian cells and described their basic features. The results suggest that undefined variables associated with both the bacteria and cultured target cells affect adherence and internalisation. We are currently attempting to identify, in molecular terms, the factors responsible for mediating the binding and internalisation of *C. jejuni* by cultured mammalian cells.

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References


