A model of acute infectious neonatal diarrhoea

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Summary. Oral inoculation of neonatal MFI mice with enterotoxigenic strains of Escherichia coli that possessed the K99 or F41 antigen or both resulted in severe diarrhoea with high mortality. The diarrhoea was associated with increased fluid in the gut, greatly increased numbers of E. coli in gut homogenates and reduced weight gain compared to control animals. Further studies with strain B44 demonstrated greatly increased numbers of E. coli on the surface of the intestinal mucosa and haemoculture. The infection was transmissible between litter-mates. There was no evidence of invasion of the intestinal tissue of infected animals. Gnotobiotic Balb C mice and endotoxin-resistant mice were susceptible to oral inoculation with bovine enterotoxigenic E. coli strains, but neonatal rats were not susceptible to infection with enterotoxigenic E. coli strains B44 or 431.

Porcine strains of E. coli that possessed K88 or 987P antigen did not infect neonatal MFI mice but an “atypical” porcine strain (431) which possessed both K99 and F41 antigens caused diarrhoea and a high mortality. The disease in neonatal mice resembled acute diarrhoea caused by these bacteria in other species, particularly the calf, and the model should be of value in assessing the efficacy of therapeutic agents.

Introduction

Acute infectious diarrhoea can cause considerable mortality in man and in domestic animals (House, 1978; WHO Report, 1983). Strains of Escherichia coli require two plasmid-mediated characteristics in order to cause the disease: (i) they must adhere to the small intestine of their host; and (ii) they must produce at least one enterotoxin (LT, STa or STb) that stimulates fluid secretion from the small intestine of their host (Smith and Halls, 1967; Gyles and Barnum, 1969; Burgess et al., 1978).

Bacterial attachment to the small intestinal epithelium is usually mediated by the production of adhesins on the surface of the bacteria. Antibacterial fimbriae (pili) have been described from human, bovine and porcine strains of E. coli (Ørskov and Ørskov, 1966; Evans et al., 1975; Ørskov et al., 1975; Nagy et al., 1976; Morris et al., 1982). Such fimbriae show considerable host specificity in their attachment to mucosal surfaces and this fact, together with differences in the secretory response of different species to the various enterotoxins produced limits the ability of E. coli strains to cause diarrhoeal infections in species which are not their normal host (Smith and Halls, 1967; Burgess et al., 1978; Smith and Huggins, 1978).

In order to investigate the pathogenesis of the disease and to evaluate anti-diarrhoeal therapies, several approaches have been adopted. Infections have been established in surgically-prepared or colostrum-deprived animals in which the need for bacterial attachment is reduced or the susceptibility of the animal increased (Smith and Halls, 1967; Bywater, 1977). Castor oil has been used but this agent causes histological changes in the large bowel which are not characteristic of enterotoxigenic bacterial infections (Niemeegeers et al., 1976). Various authors have studied the effects of sterile enterotoxins on intestinal fluid secretion either in vivo in animals such as neonatal mice, or in vitro with perfused sheets of tissue (Field et al., 1980). However, such models do not permit study of all the interactions between bacteria and host and are of limited use for the evaluation of anti-diarrhoeal agents. For these reasons, an infection of rodents that resembled diarrhoeal infection of larger animals and man would be of considerable benefit.

Although Mushin and Dubos (1965) described an
experimental diarrhoeal infection of young mice given a human strain of *E. coli* by mouth, few successful attempts to establish such infections have been reported (Mushin and Dubos, 1965; Davidson and Hirsch, 1975). Duchet-Suchaux (1980) found that three strains which were originally isolated from diarrhoeic calves caused diarrhoea and mortality in infant mice. However a strain of *E. coli* to which the enterotoxin and K99 plasmids had been donated failed to cause disease, whilst a strain lacking K88 and K99 retained its virulence in mice (Duchet-Suchaux, 1980; Bertin, 1983).

This paper reports the pathophysiological response of neonatal mice to oral inoculation with bovine and porcine enterotoxigenic *E. coli* strains with a view to developing a model of acute diarrhoea in laboratory animals.

**Materials and methods**

**Bacteria**

*E. coli* strains P16, P155, P307, Abbotstown and 431 were obtained from Dr H.W. Smith (Houghton Poultry Research Station, Huntingdonshire, England); strains HM 1676, HM 1706 and HM 1751 were from Dr H. Moon, National Animal Diseases Centre, US Department of Agriculture, Ames, 50010, USA; strains B41, B41M, B44 and B117 were originally isolated at the Central Veterinary Laboratories (CVL), Weybridge. The identity of the strains was confirmed with specific antisera with a view to developing a model of acute diarrhoea in laboratory animals.

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*E. coli* strains were streaked from Dorset egg slopes on to sheep-blood-agar plates and incubated for 24 h at 37°C. A loop from a confluent streak was then used to inoculate a Tryptone Soya Agar (Oxoid) slope which was stored at 4°C in the dark and sub-cultured every 12 months.

*A. hydrophila* strains were streaked from Dorset egg slopes on to sheep-blood-agar plates and incubated for 24 h at 37°C. A loop from a confluent streak was then used to inoculate a Tryptone Soya Agar (Oxoid) slope which was stored at 4°C in the dark and sub-cultured every 12 months.

Infection of neonatal mice and rats

Bacterial suspensions in PBS were prepared from TSA slopes and 50 μl were administered orally into the oesophagus of each test mouse with a blunt 23-gauge needle. Controls received 50 μl of sterile PBS. One-day-old rats were given 200 μl of bacterial suspension. Parenteral infection was initiated by injecting 50 μl of bacterial suspension subcutaneously into the loose skin behind the neck. Infected animals were observed daily and mortality was recorded. Some litters were observed more closely to measure bacterial counts, gut weight/bodyweight ratios and haematocrit values of animals killed in extremis. Blood samples for haematocrit were obtained by decapitation. For other measurements, the whole of the intestinal tract excluding the stomach was excised and weighed, as was the remaining body. The intestine was homogenised in nine times its weight of PBS and bacterial counts (colony-forming units, cfu) were made with a spiral plater on TSA agar. Healthy control mice were killed at the same times and treated similarly.

Histological examination

Animals were killed by cervical dislocation. Tissues for light microscopy were fixed in 10% buffered formal saline (pH 7·0) before mounting in Gurr's "Paramat" wax. Sections (4–5 μm) were cut and stained with haematoxylin and eosin. Tissue for scanning electronmicroscopy was prepared by the method of Malick et al. (1975) and viewed with a Philips SEM 501 scanning electronmicroscope. Tissue sections for transmission electronmicroscopy were stained with 1% aqueous uranyl acetate and lead citrate (Reynolds, 1963) and viewed with a Philips EM 300 transmission electronmicroscope.

Statistics

Statistical analysis of mortality data was performed with reference to tables by Finney et al. (1963) which provide exact significance levels appropriate to 2 × 2 contingency table data. Statistical analysis of weight gain data was performed by Dunnett's procedure (Steel and Torrie, 1980) for multiple comparisons. All other analysis was performed with Student's independent *t* test.

**Results**

**Virulence of *E. coli* in mice**

A significant difference was observed between the
responses of MFI mice aged 4 days challenged with bovine or porcine strains of *E. coli* (table). Entero-
toxigenic porcine strains P16, P307, Abbotstown and P155 (10^7-cfu dose) all failed to kill the mice. 
There was no reduction in normal weight gain and 
at necropsy gut coliform counts of 10^6 cfu/g of wet 
tissue were similar to those observed in uninfect ed 
controls. In contrast, five strains isolated from 
calves caused high mortality associated with diar-
rhoea and dehydration. Strain 431, which is an 
atyypical porcine strain and resembles calf strains in 
its pathogenicity for young piglets (Smith and 
Linggood, 1972), also caused high mortality in 
mice.

*E. coli* strains which lacked the K99 adhesin but 
produced the F41 adhesin caused disease similar to 
that caused by K99*+* strains in mice. This group 
included the "3P-" strains (HM1706, HM1676 and 
HM1751) originally isolated from piglets by Moon 
et al. (1980) and the B41 mutant of a bovine strain, 
previously described by Morris et al. (1982). F41*+, 
K88-, K99P-, 987*-* *E. coli* were isolated from the 
intestines of mice infected with each of these strains.

A strain of B44 (B44 non-mucoid) which lacked 
the K30 antigen was less virulent than the B44 
reference strain suggesting that this antigen played a 
role in the infection of mice.

**Signs.** Infected mice passed frequent liquid stools 
and some animals had faecal material around their 
anus. Before death, the animals appeared dehy-
drated, cyanosed and anoxic. Infected animals 
showed a statistically significant reduction in weight 
gain (fig. 1), accumulation of fluid in the intestine 
resulting in a significantly increased gut weight:body 
weight ratio, and greatly increased numbers of *E. 
coli* in the intestine (table). The effect upon haema-
tocrit was determined for strain B44 and a signifi-
cantly increased haematocrit value was observed 
(52 ± 2, control value 34 ± 1; p < 0.001, Student’s t 
test).

**Microscopy.** Sections of ileum from mice infected 
with *E. coli* strain B44 showed large numbers of 
bacteria in close association with the length of the 
 villi but no signs of tissue invasion or damage (fig. 
2B). Gram-stained sections confirmed that the 
bacteria were gram-negative. Control sections (fig. 
2A) showed no evidence of bacteria on the mucosal 
surface. The differences observed between micro-
graphs of infected and control mice were consistent 
with the differences in bacterial counts of homog-
enised intestine from infected and control animals.

In sections examined by scanning electronmicro-
scopy there was no detectable increase in the 
numbers of bacteria present as the disease pro-
gressed; in all cases large numbers of bacteria were 
attached to the epithelium with no evidence of tissue 
damage (fig. 3). In contrast, no evidence of bacterial 
colonisation was observed in scanning electronmic-
rographs prepared from control animals.

Fig. 4 demonstrates the close proximity of the
bacteria with microvilli and the lack of any tissue damage at the point of bacterial adhesion. Several protrusions from the bacteria can be seen with some evidence of contact with the micro-villus.

Comparison of oral and parenteral routes of infection. A significantly greater mortality was observed in those animals which received \textit{E. coli} strain B44 orally compared with the parenteral route (fig. 5; \(p < 0.002\) for a \(10^5\)-cfu dose orally compared with \(10^6\) cfu parenterally; 2 \(\times\) 2 contingency). Animals which did become infected by parenteral challenge showed signs of diarrhoeal disease similar to those in animals infected orally.

Susceptibility of C3H/HeJ-lps\(^d\) (endotoxin-resistant) Balb/C and MFI mouse strains to infection. To investigate whether the escape of bacterial endotoxin from the intestine contributed to the disease, an experiment was performed in C3H/HeJ-lps\(^d\) mice. These mice proved to be susceptible to infection with \textit{E. coli} strain B44 (fig. 6), in contrast to their reported resistance to salmonella infection (Plant and Glynn, 1976). Outbred MFI mice obtained from three suppliers showed some variation in their sensitivity to infection with \textit{E. coli} strain B44 (fig. 6). Gnotobiotic Balb C mice showed a mortality rate similar to that of some strains of conventionally reared mice.

Infection of neonatal rats with \textit{E. coli}

No signs of disease were seen when two groups, each of four litters of rats aged 1 day, were challenged with \(2 \times 10^6\) cfu of \textit{E. coli} strain B44 or \(2 \times 10^8\) cfu of \textit{E. coli} strain 431 orally. \textit{E. coli} B44, \(10^8\) cfu, caused 100% mortality in MFI mice aged 1 day.

Mouse to mouse transmission of infection

Examination of the cumulative mortality curves for litters of mice all challenged with \(10^5\) cfu of \textit{E. coli} strain B44 frequently revealed the presence of two peaks of mortality at about 2 and 6 days after infection. This suggested the possibility of mouse to mouse transmission of the infection. To clarify whether mouse-to-mouse infection was taking place, the effect of challenging half of each litter with \textit{E. coli} was examined (fig. 7). The uninfected mice showed an initial delay in the onset of diarrhoea and death but then succumbed to the diarrhoeal infection providing clear evidence of mouse-to-mouse transfer of infection between mice in the same litter. It was found practicable to avoid cross-infection between litters held in the same animal house by handling all mice with sterile surgical gloves and maintaining good animal housing procedures.

Discussion

The experiments described in this report clearly confirm the susceptibility of three strains of mice to enterotoxigenic \textit{E. coli} isolates from calves. This finding confirms the reports of Duchet-Suchaux (1980) and Bertin (1983).

The primary role of \textit{E. coli} as a pathogen in mice was confirmed by the ability of strain B44 to infect gnotobiotic Balb C mice. In our hands porcine strains of \textit{E. coli} carrying either K88 ab or K88 ac fimbriae failed to infect mice aged 4 days. This finding is in contrast to the report of Bertin (1983) who found that two K88 ac-producing strains (P2200 and P5148) were mildly pathogenic for mice.
Fig. 2. Light micrographs of mouse intestinal villi: (A) from an uninfected animal and (B) from an animal infected with *E. coli* strain B44.
Fig. 3. Scanning electronmicrographs showing association of bacteria with the ileal brush border: (A) from a diarrhoeic animal and (B) from a moribund animal; each was infected with $10^5$ cfu of *E. coli* strain B44.
Fig. 4. Transmission electronmicrograph of the ileal brush border from a mouse infected with $10^5$ cfu of *E. coli* strain B44.

Fig. 5. Comparison of the effects of inoculating groups of Olac MFI mice with varying numbers of *E. coli* strain B44 by oral and parenteral routes. Each group consisted of 20–60 mice: □= Uninfected controls, ●= $10^4$ cfu, ▲= $10^5$ cfu, ○= $10^6$ cfu, △= $10^7$ cfu.

Fig. 6. Comparison of the mortality caused by $10^6$ cfu of *E. coli* strain B44 in three strains and three MFI sub-strains of mice aged 4 days. Each group consisted of 25–107 mice: ○= MFI-(Olac); ▲= C3H/HeJ-lps<sup>3</sup>; ●= MFI-(Smith); □= MFI-(Beecham); △= Balb C.

Significantly higher mortality was observed in MFI-(Olac) mice than in either MFI-(Smith) or MFI-(Beecham) mice ($p < 0.01$, 2×2 contingency).
This difference possibly may be attributed to the use of different strains of mice or younger animals by Bertin (1983). We found that mice aged 1 day were more susceptible to infection than 4-day-old mice (10³ cfu of *E. coli* B44 caused 100% mortality at 1 day of age; p < 0.05, 2 x 2 contingency). However, we preferred to work with 4-day-old mice because, in our experience, younger mice are more susceptible to stress during handling and this factor is likely to be of particular importance if the model is used to assess therapy.

It would appear that the MFI mouse closely resembles the calf in its susceptibility to infection by K99 and F41 fimbriated *E. coli*; each of the nine strains which possessed either of the above adhesins caused mortality in MFI mice whilst none of the K88⁺ or 987P porcine strains did so (p < 0.01; 2 x 2 contingency). This finding strongly suggests that the pathogenesis of the disease is similar in calves and mice. However, we were interested to test further the analogy with acute *E. coli* diarrhoea of calves.

When calves are infected by enterotoxigenic *E. coli* there is extensive colonisation of the small intestine, an increase in the number of bacteria isolated from the intestine, and attachment of numerous bacteria to an undamaged and non-inflamed mucosa (Hadad and Gyles, 1982). Infected calves are dehydrated and consequently electrolyte imbalances are thought to be the cause of death. Dehydration can be demonstrated by increased haematocrit values (Fisher and de la Fuente, 1972) and is associated with loss of weight. Fisher and de la Fuente (1972) reported an increase in haematocrit from (%) 42.7 ± 8.3 to 51.7 ± 9.8. We have shown that mice infected with *E. coli* present a similar clinical picture. The numbers of *E. coli* isolated from the intestines of infected mice were significantly increased and comparable to those reported for calves (Smith and Halls, 1967), whilst the porcine strains failed to raise the numbers of *E. coli* in the intestine. When viewed by light microscopy or scanning or transmission electron microscopy, a similar picture of surface colonisation was observed, without evidence of any gross mucosal damage. Finally, infected mice showed an increase in haematocrit, a reduction in weight gain, and an accumulation of fluid in the intestine, all consistent with dehydration. The increase in gut weight/bodyweight ratio observed in our experiments was similar to that observed after oral administration of heat-stable *E. coli* enterotoxin, except that it was observed much later in relation to oral dosing (Mullan et al., 1978). Davidson and Hirsch (1975) have previously reported similar accumulation of fluid in mouse intestine 24 h after giving CD-1 mice 10⁷ cfu of porcine *E. coli*.

Invasive intestinal infections, such as those caused by *Salmonella* species, are well documented in calves and mice, but are generally associated with greater histological damage than we have demonstrated with *E. coli* in mice. Also, the results of our experiments with parenterally challenged mice did not support the possibility that orally challenged mice became systemically infected, because about 100 times more *E. coli* strain B44 were required to infect mice by this route. This contrasts with the report of Collins and Carter (1978) who found that *Salmonella* species were at least 50 times more virulent by parenteral routes. However, we felt it necessary to investigate if escape of bacteria or endotoxin from a reservoir of infection in the small intestine might cause death, since escape of endotoxin from the gut of hypovolaemic animals has been demonstrated, leading to fatal endotoxic
shock (Gaffin et al., 1981). To test this hypothesis we used an inbred strain of C3H/HeJ-lps\(^4\) mice which had been shown to be resistant to endotoxin and to salmonella infection (Plant and Glynn, 1976; Kelly and Watson, 1977). These mice were as susceptible to infection with \(E.\) \(coli\) strain B44 as were endotoxin-sensitive strains; this result would be expected for an infection which was localised in the gut lumen without egress of bacteria or toxin.

We found evidence of transfer of infection from diarrhoeic mice to healthy mice within the same litter. Half the animals which were not given \(E.\) \(coli\) developed lethal infection if they were kept as litter-mates with infected mice. We also observed a biphasic mortality curve for mice given \(E.\) \(coli\) strain B44. The shape of this curve possibly may indicate that not all of the mice received a lethal dose of \(E.\) \(coli\) at the time of inoculation, but that some of these became re-infected or cross-infected by severely diarrhoeic litter-mates. We believe that such cross-infection should enhance the value of the \(E.\) \(coli\)-infected mouse as a model of calf diarrhoea because it should be possible to simultaneously assess the effects of any therapeutic measure on the primary infection and on the susceptibility to cross-infection.

Like Duchet-Suchaux (1980) we found differences in the susceptibility of different in-bred and out-bred strains of mice to a single strain of \(E.\) \(coli\) but these variations were no larger than those which we observed between MFI mice obtained from different suppliers. Differences in the diet of pregnant females are known to affect the susceptibility of young mice to intestinal infection with rotavirus although it is questionable if these differences would be large enough to account for the differences we observed (Noble et al., 1983). Since all three MFI colonies were conventionally maintained, differences in their intestinal flora at the time of inoculation might be of greater significance than diet (Newsome and Coney, 1985).

The present work has provided further evidence for the importance of the F41 antigen as a virulence factor in enterotoxigenic \(E.\) \(coli\). The role of F41 as an adhesion factor in calves was described by Morris et al. (1982), following the appearance of an adherent mutant of the reference strain B41 (B41M) lacking the K99 antigen. They demonstrated that strain B41 possessed both K99 and F41 adhesins and could lose K99 and still retain virulence. Bertin (1983) showed that another mutant of B41 (B41A), which lacked K99, retained virulence in neonatal mice, but he did not characterise this mutant as F41\(^+\). Our results show that four strains of \(E.\) \(coli\) (including B41M), characterised previously as F41\(^+,\) K99\(^-\), are all virulent in mice. We therefore conclude that F41 and K99 are alternative virulence characters for mice (as for calves) although other antigens may be involved. The reduced virulence of a non-mucoid strain of \(E.\) \(coli\) B44 observed in the present study suggests that the K30 capsular antigen may also augment virulence in the mouse. This finding is consistent with the observation in calves that antibody to the K30 antigen reduces calf mortality (Myers, 1978).

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