EVALUATION OF MYCOBACTERIAL ANTIGENS IN AN ENZYME-LINKED IMMUNOSORBENT ASSAY (ELISA) FOR THE SERODIAGNOSIS OF TUBERCULOSIS

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SUMMARY. Five mycobacterial antigens were compared in an enzyme-linked immunosorbent assay (ELISA) for the serodiagnosis of tuberculosis. The antigens studied were an unheated sterile culture filtrate of Mycobacterium tuberculosis, tuberculin purified protein derivative (PPD) from M. tuberculosis (PPDₐ), purified cytoplasmic protein antigens 5 and 6 from M. tuberculosis, and a PPD prepared from M. kansasi (PPDₜ). Multivariate analysis of variance showed that geometric mean titres obtained with each of the antigens in ELISA were significantly different in tuberculosis patients and in control groups. The covariation of the ELISA results with the five antigens was highly interdependent. Analysis of receiver operating characteristics revealed that the most accurate test was obtained with antigen 5. M. tuberculosis PPD, M. tuberculosis antigen 6, and M. tuberculosis culture filtrate were, in descending order, less accurate.

INTRODUCTION

Recent studies have shown encouraging results with enzyme-linked immunosorbent assays (ELISA) for the serodiagnosis of tuberculosis (Nassau, Parsons and Johnson, 1976; Tandon et al., 1980; Stroebel et al., 1982; Benjamin and Daniel, 1982; Kalish et al., 1983; Radin, Zeiss and Phair, 1983). There have been some differences in the ELISA methodology, but the major differences have been in the antigens used to detect antibody in patient and control sera. The main types of antigen preparations studied have been highly purified antigens, including proteins and lipids, and, more commonly, antigen mixtures adapted from skin-test preparations.

We recently reported (Benjamin and Daniel, 1982) encouraging preliminary data on the use of purified protein antigen 5 in the serodiagnosis of active pulmonary tuberculosis. The ELISA in that report was both sensitive and specific for the disease when compared with results obtained with a number of control groups. Others have reported good results with nonpurified antigen mixtures (Nassau et al., 1976; Tandon, et al., 1980; Kalish et al., 1983; Radin et al., 1983).

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In the present study we compared several antigen preparations, including two purified proteins and two purified protein derivatives (PPD). They were tested with sera from patients with active pulmonary tuberculosis and from five control groups. The experimental design enabled determination of sensitivity and specificity.

**Materials and Methods**

*Antigens.* Five antigen preparations were studied. Unheated culture filtrate of *Mycobacterium tuberculosis* strain H37Ra was prepared, as previously described (Daniel and Ferguson, 1970), from cultures grown on totally synthetic medium and used at a concentration of 10 μg/ml. Antigens 5 and 6 were prepared from *M. tuberculosis* culture filtrate by immunoabsorbent affinity chromatography, as previously described (Daniel and Anderson, 1977 and 1978), with monospecific goat antisera and used at a concentration of 5 μg/ml. PPDs were prepared from heated culture filtrates of *M. tuberculosis* and *M. kansasi* respectively by precipitation with ammonium sulphate at 50% saturation as previously described (Ma and Daniel, 1983). We designated the product prepared from *M. tuberculosis* PPD, and that from *M. kansasi* PPDk. Each was used at a concentration of 10 μg/ml.

*ELISA.* The assay was performed in round bottomed PVC microtitration plates (Disposable U Plates, Flex Vinyl, Dynatech Laboratories, Alexandria, VA) as described previously (Benjamin and Daniel, 1982). The wells were sensitised with antigen in the presence of glutaraldehyde at a final concentration of 1%. All titrations were performed in duplicate. IgG antibody was measured with a swine anti-human IgG-alkaline phosphatase conjugate (Orion Diagnostika, Helsinki, Finland). Each titration was read against a standard control serum to limit plate-to-plate and day-to-day variation. All sera were coded to eliminate observer bias.

*Sera.* Sera were obtained from a collection stored at −70°C for various periods up to 15 years. Six subject groups were tested comprising three groups with active disease due to mycobacterial infection, and three control groups.

(i) Pulmonary tuberculosis. A non-homogeneous group of 27 sera from patients in Cleveland hospitals with active pulmonary tuberculosis defined by infiltrates on chest radiographs and identification of *M. tuberculosis* in sputum by smear or culture or both.

(ii) *M. kansasi* infection. Sera from 10 patients seen at University Hospitals of Cleveland or the National Jewish Hospital, Denver, Colorado, with active lung disease caused by *M. kansasi*, defined by isolation of the organism from sputum by culture in the presence of an infiltrate on chest radiograph.

(iii) *M. intracellulare* infection. Sera from 11 patients seen at the National Jewish Hospital with active lung disease caused by *M. intracellulare*, defined by isolation of the organism from sputum culture in the presence of an infiltrate on chest radiograph.

(iv) Sarcoidosis. Sera from 23 patients at University Hospitals of Cleveland with sarcoidosis and no evidence of mycobacterial infection.

(v) PPD-positive controls. Sera from 23 healthy hospital employees who were skin-test positive on testing with intermediate strength PPD.

(iv) PPD-negative controls. Sera from 23 healthy hospital employees who were skin-test negative on testing with intermediate strength PPD.

*Serum preparation.* All the sera were diluted in preparation for titration at the time of coding and the same diluted sample was used throughout to ensure consistency.

*Statistical Methods.* A comparison of the efficiencies of the six antigens in the ELISA was performed by measuring the extent to which titres varied amongst the six subject groups. This comparison utilised a two-level, nested (or hierarchical) experimental design. The major classification dichotomy, healthy or diseased with respect to mycobacterial infection, was broken down so that patient groups 1, 2 and 3, with mycobacterial disease, were identified as categories within the group of diseased patients and control groups 4, 5 and 6, without mycobacterial disease, were identified as categories within the group of nondiseased control subjects. This experimental design enabled the testing of differences in responses between health groups and differences between categories within each of the two groups of subjects. It did not allow us to test differences in responses between individual categories in different health groups.
To gain insight into multivariate antigen relationships and, simultaneously, to test the relevant hypotheses concerning differences among patient groups for each antigen used in the ELISA, multivariate analysis of variance (MANOVA) with two factors (health group and category within group) and six outcome variables (results with the six antigens) was used. To conform with requirements for linearity and homoscedasticity, the data were transformed logarithmically so that the titration end-points were expressed as log₂ (titre/10). This transformed variable represented the maximum number of doubling dilutions that gave a positive reaction over the concentration range tested.

Receiver operating characteristic curves were plotted by the method of Metz (1978). True- and false-positive fractions were calculated for each dilution in the titration series of doubling dilutions.

**RESULTS**

The results of the individual serum titrations are presented in figs 1–5. The geometric mean titres and 95% confidence limits for the results with each antigen in each group of subjects are included in these figures.

Multivariate considerations of the scores of category within patient and control groups showed that ELISA results with *M. tuberculosis* culture filtrate depended on linear combinations of values of the other four antigens. Consequently they did not contribute additional information and were excluded from subsequent analysis. The

![ELISA titration results with *M. tuberculosis* antigen 5 in six groups of subjects: A, patients with pulmonary tuberculosis; B, PPD-negative controls; C, PPD-positive controls; D, patients with *M. intracellulare* infection; E, patients with *M. kansasii* infection; F, patients with sarcoidosis. Each result is shown by a single point. Geometric mean titres are indicated by horizontal bars with the cross-hatched area representing the 95% confidence interval.](image-url)
Fig. 2.—ELISA titration results with *M. tuberculosis* antigen 6 in six groups of subjects (see caption to fig. 1).

Fig. 3.—ELISA titration results with PPDₐ in six groups of subjects (see caption to fig. 1).
**MYCOBACTERIAL ANTIGENS FOR ELISA**

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**Fig. 4.**—ELISA titration results with *M. tuberculosis* unheated culture filtrate in six groups of subjects (see caption to fig. 1).

**Fig. 5.**—ELISA titration results with PPDk prepared from *M. kansas* in six groups of subjects (see caption to fig. 1).
other outcome variables were not completely independent of each other; however, the amount of information in each remaining variable required that the results with all four be analysed.

Three related statistical tests (Morrison, 1976), Pillai’s F, Hotelling’s T, and Wilks’ $\lambda$ suggested that the manner in which ELISA results with each antigen varied over the spectrum of patient groups was different with the different antigens. Hence, univariate analyses of variance (ANOVA) were performed. These analyses showed that all antigens significantly differentiated between diseased and nondiseased groups. Furthermore, ELISA with PPD$_a$ and PPD$_k$ significantly differentiated between individual categories within health groups (table I). Estimates of the effect attributable to each health group and each category within health groups are given in table II. Compound scores based on either the sum of the values obtained with the four antigens

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<th>TABLE I</th>
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<td><strong>Univariate analyses of variance of ELISA results</strong>*</td>
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<td><strong>Sources of variation</strong></td>
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<td>Between health groups mean square</td>
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<td>Between categories within health group mean square</td>
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<td>$F_{1,4}$ Ratio for effect of health group</td>
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<td>Between categories within health group mean square</td>
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<td>Within categories mean square</td>
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<td>$F_{4,110}$ Ratio for effect of category within health group</td>
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* Results of titrations were expressed as log$_2$ (titre/10) for statistical analysis.
† Significant value ($P < .01$); ‡ Significant value ($P < .05$); § value not significant.

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<th>TABLE II</th>
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<td><strong>Estimates of effects attributable to health status for antigen 5, antigen 6, PPD$_a$ and PPD$_k$. Predicted scores are given for each antigen within parentheses in the order (antigen 5, antigen 6, PPD$_a$, PPD$_k$)</strong></td>
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<td><strong>Main effect</strong></td>
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<td><strong>Baseline score</strong> (1·60, 1·53, 1·83, 1·46)</td>
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* Predicted mean score for a given health status was obtained by adding the effect of health group and category to the baseline score.
or on transformation of paired combinations of them failed to yield significant new information.

Receiver operating characteristic curves are shown in fig. 6 for culture filtrate, PPD\textsubscript{a}, antigen 5 and antigen 6. These curves are based on results obtained with sera from tuberculosis patients compared with results obtained with sera from all of the healthy control subjects, both tuberculin-positive and tuberculin-negative. True positive and false positive fractions were plotted for each antigen at each serum dilution end-point from \(<1 \text{ in 20 to 1 in 320.}

**DISCUSSION**

It is apparent from our data that patients with active pulmonary tuberculosis develop IgG antibodies to many mycobacterial antigens and that these antibodies can be measured by ELISA techniques. If ELISA is going to be used as a serodiagnostic test, it is important to consider the results achieved with each antigen used in terms of receiver operating characteristics. High specificity is important, because in a situation of low prevalence, false-positive results in the many persons without disease may easily outnumber true positive results in persons with disease.

Nassau et al. (1976) used a filtrate of *M. tuberculosis* in their pioneering studies and
achieved a sensitivity of 61% and a specificity of 96% with serum diluted 1 in 500. In later studies (Grange et al., 1980; Kardjito and Grange, 1982; Kardjito, Handoyo and Grange, 1982) obtained similar good results with antigen preparations from sonicates of mycobacterial cells, although their data were not reported in sufficient detail to allow calculation of sensitivity and specificity. In the present study *M. tuberculosis* culture filtrate was distinctly inferior to the other, more purified antigens.

PPD has been used in ELISA by several investigators (Tandon et al., 1980; Viljanen, Eskola and Tala, 1982; Zeiss et al., 1982; Kalish et al., 1983; Radin et al., 1983) with good results. It is notable that Kalish et al. (1983), whose study included the largest number of control subjects reported to date in tests with PPD, achieved a sensitivity of 89% and a specificity of 87% when an optical density index of >0.30 was regarded as positive. In our present study, the receiver operating characteristics of ELISA with PPD reflect this favourable experience, although the results were not as good as those with antigen 5. However, PPD is more readily prepared and more generally available than antigen 5.

It is notable that our results with PPD<sub>a</sub>, prepared from *M. tuberculosis*, were essentially similar to those achieved with PPD<sub>k</sub>, prepared from *M. kansasii*. Neither antigen discriminated between patients with disease due to *M. tuberculosis* and *M. kansasii*. However, both antigens yielded significantly different geometric mean titres between these two infections and disease due to *M. intracellulare*.

In this study, antigen 5 was distinctly superior to the other antigens tested. As seen in fig. 6, at all levels of sensitivity, tests with this antigen produced the more specific result. In our previous work with this antigen (Benjamin and Daniel, 1982), sensitivity was 89% and specificity 87% at a 1 in 40 serum dilution; at a 1 in 80 serum dilution these values were 79% and 92% respectively. In the present study, ELISA with antigen 5 had a sensitivity of 85% and a specificity of 87% at a serum dilution of 1 in 40, and a sensitivity of 70% and a specificity of 89% at a serum dilution of 1 in 80, based on the results obtained with sera from patients with tuberculosis and from the tuberculin-positive and tuberculin-negative healthy control subjects. Despite our previous observation (Daniel et al., 1979) that antigen 5 is limited in distribution to *M. tuberculosis* and *M. bovis* among 14 species of mycobacteria studied, ELISA with antigen 5 was less effective than ELISA with PPD in discriminating between tuberculous and nontuberculous mycobacterial disease.

In the study of Stroebel et al. (1982), ELISA with antigen 6 was highly specific. That experience was not repeated in the present study. The only other study in which a highly purified antigen was used in ELISA is that of Reggiardo, Vazquez and Schnaper (1980) who used a glycolipid antigen and achieved a sensitivity of 96% and a specificity of 97%.

In conclusion, ELISA tests performed with antigen 5, antigen 6, PPD<sub>a</sub> and PPD<sub>k</sub> were capable of distinguishing between patients with mycobacterial disease and control subjects without mycobacterial disease, including patients with sarcoidosis. PPD<sub>a</sub> and PPD<sub>k</sub> ELISA results provided the greatest discrimination between the various mycobacterial diseases. However, the receiver operating characteristics of ELISA with antigen 5 were the most satisfactory when the results obtained with tuberculosis patients were compared with those of tuberculin-positive and tuberculin-negative healthy control subjects. If ELISA is to be applied to the serodiagnosis of tuberculosis in populations or groups of persons suspected of having tuberculosis,
antigen 5 is probably the best antigen among those studied. The ability to discriminate between individual mycobacterial infections is less important because of the rarity of disease due to mycobacteria other than \textit{M. tuberculosis}.

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