Interferon-β and mycophenolic acid are potent inhibitors of Middle East respiratory syndrome coronavirus in cell-based assays

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The Middle East respiratory syndrome coronavirus (MERS-CoV) presents a novel emerging threat to public health worldwide. Several treatments for infected individuals have been suggested including IFN, ribavirin and passive immunotherapy with convalescent plasma. Administration of IFN-α2b and ribavirin has improved outcomes of MERS-CoV infection in rhesus macaques when administered within 8 h post-challenge. However, detailed and systematic evidence on the activity of other clinically available drugs is limited. Here we compared the susceptibility of MERS-CoV with different IFN products (IFN-α2b, IFN-γ, IFN-universal, IFN-α2a and IFN-β), as well as with two antivirals, ribavirin and mycophenolic acid (MPA), against MERS-CoV (Hu/Jordan-N3/2012) in vitro. Of all the IFNs tested, IFN-β showed the strongest inhibition of MERS-CoV in vitro, with an IC50 of 1.37 U ml−1, 41 times lower than the previously reported IC50 (56.08 U ml−1) of IFN-α2b. IFN-β inhibition was confirmed in the virus yield reduction assay, with an IC90 of 38.8 U ml−1. Ribavirin did not inhibit viral replication in vitro at a dose that would be applicable to current treatment protocols in humans. In contrast, MPA showed strong inhibition, with an IC50 of 2.87 μM. This drug has not been previously tested against MERS-CoV and may provide an alternative to ribavirin for treatment of MERS-CoV. In conclusion, IFN-β, MPA or a combination of the two may be beneficial in the treatment of MERS-CoV or as a post-exposure intervention in high-risk patients with known exposures to MERS-CoV.

INTRODUCTION

In June 2012, a novel betacoronavirus was isolated from a fatal case of pneumonia with renal failure (Zaki et al., 2012). Owing to the genetic similarities as well as the development of respiratory disease, the new virus was commonly referred to as severe respiratory syndrome coronavirus (SARS)-like virus. The virus was later renamed Middle East respiratory syndrome coronavirus (MERS-CoV). MERS-CoV has been confirmed in 150 cases with 64 deaths to date (as of 4 November 2013; World Health Organization, 2013). Whilst the majority of the cases have occurred in the Kingdom of Saudi Arabia, cases have been identified across the Arabian Peninsula (Qatar, Jordan and United Arab Emirates). Imported cases have also been identified in the UK, Italy, Spain, Germany and Tunisia. Importantly, there are no approved medical countermeasures for MERS-CoV disease, and thus case management has relied on supportive care, contact tracing, monitoring of close contacts and appropriate infection control (ISARIC, 2013).

Appreciable efforts have been made to identify novel antiviral therapeutics for MERS-CoV. It has been demonstrated that compounds targeting host effectors can be beneficial when administered alone or in combination with antivirals during the course of viral infection (Josset et al., 2010; Ludwig, 2011; Tisoncik et al., 2012). Falzarano et al. (2013a, b) recently reported that the administration of IFN-α2b and ribavirin resulted in synergistic antiviral activities both in vitro and in vivo in rhesus macaques.

This paper expands on reported studies to evaluate the efficacy of a variety of IFNs and mycophenolic acid (MPA)
for the inhibition of MERS-CoV infection in vitro (Chan et al., 2013a, 2013b; de Wilde et al., 2013; Kindler et al., 2013). Similar to ribavirin, MPA has broad antiviral activities. Whilst the mechanism of action for MPA remains under debate, data suggest that it may have both direct antiviral activity and indirect activity through modulation of IFN response activities (Henry et al., 2006; Khan et al., 2011; Leyssen et al., 2005; Morrey et al., 2002; Pan et al., 2012; Smee et al., 2001). Here, we applied a cell-based ELISA screen to test the activity of MPA and the IFN products and compared them with ribavirin and IFN-α2b in vitro.

RESULTS

A cell-based ELISA was developed to screen candidate antivirals for MERS-CoV. To optimize this assay, Vero E6 cells were inoculated with MERS-CoV (Hu/Jordan-N3/2012) at an m.o.i. of 0.03, 0.1 or 0.3 for 48 h. Viral antigen was detected with an antibody specific to the MERS-CoV viral spike protein S and with an Alexa Fluor 594-conjugated secondary antibody. Data from over 10 experiments indicated that an m.o.i. of 0.1 consistently demonstrated a robust fluorescent signal with signal-to-noise ratios in the range of 6–16 with no visible cell death at 48 h (Fig. 1). Based on these results, an m.o.i. of 0.1 was used in all subsequent MERS-CoV ELISA drug screens.

The MERS-CoV ELISA screen was first used to evaluate four compounds, MPA, ribavirin, IFN-α2a and IFN-β. Subsequently, a set of different IFNs (IFN-α2b, IFN-γ, IFN-universal, IFN-α2a and IFN-β) was compared in the MERS-CoV ELISA screen. Vero E6 cells were treated with threefold dilutions of MPA, ribavirin, IFN-α2a or IFN-β approximately 1 h prior to infection with MERS-CoV. Following 48 h incubation, the cells were fixed and stained, and nine image fields per well were acquired with an Operetta high-content imaging platform (Fig. 2). Use of the Operetta provides the advantage of monitoring different fluorescence parameters within the same well. Hoechst 33342 nuclei staining was used to determine cell numbers in each well to quantify the cytotoxic effect, and Alexa Fluor 594-conjugated secondary antibody bound to a MERS-CoV S protein-specific primary antibody was used to determine the percentage of infected cells per well. In the wells containing virus alone, 46–66% of the cells were positive for viral antigen when left untreated (Fig. 2a, left column). MPA treatment had a significant inhibitory effect on MERS-CoV replication, whilst ribavirin did not show inhibition at the tested concentrations (Figs 2b and 3).

Further analysis at lower concentrations confirmed strong inhibition of MERS-CoV replication with MPA at an IC50 of 2.87 μM (Fig. 4). Ribavirin exhibited activity only at concentrations of 250 μM or higher (Fig. 4). This inhibition of MERS-CoV with MPA is in contrast to the reported inability of MPA to inhibit SARS-CoV infection with MPA (Barnard et al., 2006).

Strong anti-MERS-CoV activity was observed in the lower dose range (starting at 5 U ml−1, Figs 2b and 3). A detailed comparison of various IFN products demonstrated that antiviral activity of IFN-β (IC50 = 1.37 U ml−1) was 16-, 41-, 83- and 117-fold higher than those of IFN-α2b, IFN-γ, IFN-universal type 1 and IFN-α2a, respectively (Fig. 5). The ability of IFN-β to inhibit MERS-CoV growth was confirmed in a virus yield reduction assay (Fig. 6). Vero E6 cells were infected at an m.o.i. of 0.1 and incubated in the presence of IFN-α2b (10–1000 U ml−1) for 48 or 72 h. IFN-β reduced MERS-CoV yield very effectively with an IC90 of 2.87 μM or higher (Fig. 4). This inhibition of MERS-CoV with MPA is in contrast to the reported inability of MPA to inhibit SARS-CoV infection with MPA (Barnard et al., 2006).

DISCUSSION

Since the emergence of MERS, several potential treatments for clinical patients have been reviewed and recommended by the International Severe Acute Respiratory and Emerging Infection Consortium (Brown et al., 2013). Whilst neutralizing antibody-based treatments such as convalescent plasma are considered to have the most probable beneficial effect, such plasma is limited in availability. The repurposing of Food and Drug Administration (FDA)-approved drugs typically provides the most viable treatment option during emergency situations if efficacy can be demonstrated. Previous in vitro and in vivo studies have indicated that IFN-α2b alone, or in combination with ribavirin, could have a clinical effect if given early in the disease course (de Wilde et al., 2013; Falzarano et al., 2013a, b). Here, we demonstrated that IFN-β showed even higher (16 times) biological activity against MERS-CoV infection in vitro than IFN-α2b. In addition, we also demonstrated that another broad-spectrum antiviral,
MPA, was effective against MERS-CoV infection in vitro. Furthermore, MERS-CoV was susceptible to MPA inhibition with an IC$_{50}$ of 2.87 µM. Importantly, both IFN-β and MPA have been approved by the FDA for other indications and currently are in use. As a result, both of these drugs are readily available and can be used off label at the discretion of the clinician. There are also data in the literature to indicate that improved efficacy and potential synergy can be achieved when these drugs are combined.

Similar to ribavirin, there have been a number of proposed mechanisms of action for MPA. Previously, MPA treatment was shown to induce the expression of IFN-stimulated genes, including IFN regulatory factor 1, suggesting that the antiviral activity of MPA is dependent on the modulation of both inosine 5’-monophosphate dehydrogenase activity and IFN-stimulated gene expression (Pan et al., 2012). These data also support the hypothesis that MPA may increase the responsiveness of cells to

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**Fig. 2.** High content imaging of the MPA, ribavirin, IFN-α2a and IFN-β dose–response in MERS-CoV-infected Vero E6 cells. Vero E6 cells were treated with threefold dilutions of MPA and ribavirin (0.75–75 µM), and threefold dilutions of IFN-α2a and IFN-β (5–500 U ml$^{-1}$), and subsequently infected at an m.o.i. of 0.1 with MERS-CoV. (a) At 48 h post-inoculation, cells were fixed and stained with antibody to MERS-CoV S protein and Alexa Fluor 594-conjugated secondary antibody. High content imaging analysis (Operetta, Harmony 3.1) was performed to determine the percentage of infected cells per well, and Hoechst 33342 staining was used to determine the number of viable cells in each well. One out of nine acquired fields per well is shown. The left-hand column shows the positive control of cells infected with MERS-CoV without drug treatment. The right-hand column shows the negative control of uninfected viable cells without drug treatment. (b) Quantification of relative fluorescence intensity from fluorescence microscopic images shown in (a). Mean fluorescence intensity (MFI) was measured in relative fluorescence units (RFU) and normalized to the number of cells per well. Results are representative of one experiment (mean ± SD, n=4). The experiment was repeated at least twice.
IFN treatment and, when combined with IFN, may act synergistically to reduce viral loads. To account for this possibility, the initial screens presented in this paper were performed in Vero cells. Vero cells, whilst responsive to IFN, cannot produce IFN. As such, the data here suggested that the observed MPA activity is not through induction or sensitization of cells to IFN. Future analysis will assess the mechanism of action for the MPA inhibitory effect on MERS-CoV infection and possible additive or synergistic effects when combined with IFN.

In conclusion, the data presented here demonstrated that IFN-β and MPA, or a combination of the two drugs, should be considered for the treatment of MERS-CoV-infected patients. Previously published reports demonstrating IFN antagonist activity of MERS-CoV support

**Fig. 3.** Comparison of test compounds MPA (a), ribavirin (b), IFN-α2a (c) and IFN-β (d) for inhibition of viral replication and cell cytotoxic effects. The MERS-CoV screen was performed as described in Fig. 2. The MFI of infected cells was determined using Harmony 3.1 software and the percentage inhibition of treated wells was normalized to uninfected control wells and measured relative to untreated wells. Viable cell numbers were used to determine the percentage cytotoxic effect in infected/treated wells relative to uninfected/untreated wells. Results are representative of one experiment (mean ± SD, n=4). The experiment was repeated at least twice.

**Fig. 4.** Antiviral activity of MPA and ribavirin. Vero E6 cells were treated with threefold dilutions of MPA (0–75 μM) (a) or ribavirin (0–750 μM) (b) and subsequently infected at an m.o.i. of 0.1 with MERS-CoV. At 48 h post-inoculation, cells were fixed and stained with antibody to MERS-CoV S protein and Alexa Fluor 594-conjugated secondary antibody. Fluorescence was quantified on a plate reader and the percentage inhibition of treated wells was normalized to uninfected control wells and measured relative to untreated wells. Results are representative of one experiment (mean ± SD, n=4). The experiment was repeated at least twice.
the hypothesis that control of the host innate immune response, in particular the IFN response, is critical for survival of the virus. Early intervention with the use of exogenous IFNs alone or in combination with direct antivirals prior to complete subversion of the host's immune response may provide a viable treatment option. In addition, the data presented here, in combination with the current state of knowledge of MERS-CoV, suggest that exogenous IFNs may also provide an option for intervention in high-risk individuals with known exposure to MERS-CoV.

**METHODS**

**Cell lines and virus.** Vero E6 cell line (ATCC 1568) was maintained in Dulbecco’s modified Eagle’s medium (DMEM) plus 10 % FBS. The Jordan strain of MERS-CoV (Hu/Jordan-N3/2012, GenBank accession no. KC776174.1; de Groot et al., 2013), kindly provided by Drs Kanta Subbarao (National Institutes of Health, Bethesda, MD, USA) and Gabriel Defang [Naval Medical Research Unit 3 (NAMRU-3), Cairo, Egypt], was amplified in Vero E6 cells at an m.o.i. of 0.01. On day 4 after infection, when a cytopathic effect was visible, virus-containing supernatants were collected and clarified by centrifugation. MERS-CoV was titrated on Vero E6 cells by plaque assay.

**Cell-based ELISA screen for MERS antiviral agents.** Vero E6 cells were seeded using 40 000 cells in 100 μl DMEM plus 10 % FBS per well in black-, opaque- or clear-bottomed 96-well plates. Test compounds MPA and ribavirin were obtained from Sigma-Aldrich, and IFN-β, IFN-α2a, IFN-α2b, IFN-γ and a recombinant product based on the consensus sequence of the IFN-α subtypes designated ‘universal type 1 IFN’ were obtained from PBL. After 24 h, five dilutions of test compounds were added to the cells in 50 μl using
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